

# **2025 UHSAA STATE CROSS COUNTRY DIVISIONALS**

## **CLASSIFICATIONS FORMAT 1ST ROUND OF STATE XC CHAMPIONSHIPS**

### **Overview**

- Region Championships will continue as in the past. (Sept 29.- Oct. 11, 2025) by 1:00 PM
- **All teams will compete at the first round of State Cross Country by competing at the UHSAA State Cross Country Divisionals Race**
- State will consist of two rounds. All teams will go to the first round (Divisionals) and it will be divided into two races of equal or close to equal in size. The top teams (each classification may have a different number in each section, explanation is below) and 6 individuals from non-qualifying teams, from each section, will advance to the second round. If 5 or more of the individual qualifiers are on the same team, the whole team of 7 runners will go to the second round.
- The first-round races for 2A, 4A & 5A Classifications will be held at the same venue and on the same day. It will be held at Lakeside Park. 400 S. 1850 W. Orem Utah, 84058 (Oct. 14, 2025) The second-round race for all Classifications will be held at Sugar House Park on Oct. 28, 2025 (1A, 2A & 4A) & Oct. 29, 2025 (3A, 5A, 6A).
- A team's placement in the first-round races will be determined by the team's placement at Region (explanation below). This is for dividing the teams into two equal races, all teams will have equal opportunity to compete for the top spots for the second round.

### **Payment information**

- A Team Fee of \$150.00 (Boys & Girls Combined) will be charged in order to compete at Divisionals. All fees **MUST** be paid to the UCCTCA by October 11, 2025.
- Payment can be accepted by Check or Credit Card, but must be paid in advance. **No payments will be accepted the day of the Meet!**
- For Credit Card Payments Scan the QR code or use the click the link:

- **CHECK PAYMENT TO:**  
UCCTCA  
931 S. 1000 E.  
Clearfield, UT 84015

#### **Credit Card Payments:**



<https://square.link/u/jArXyyf5>

## **Divisional By laws**

By Laws for Divisional and State.

## **EC (Executive Committee) and the UCCTCA (Utah Cross Country & Track Coaches Association)**

Any changes MUST be approved by (EC, UCCTCA). Such changes can include and are not limited to things such as but not limited to: (Pandemics (Covid-19), Mass gatherings, updates/Changes to By-Laws, any other unforeseen circumstances.

## **State Qualifying Process**

If the number of schools in a classification is 20 or more then there will be a divisionals race to determine those teams that will compete at the final UHSAA State Cross Country Meet. In classifications with 19 or less teams all schools will advance to the UHSAA State Cross Country Meet (*See below for Classifications that will compete at Divisionals*)

## **Register for Divisional RACE**

When registering for the Divisionals Race, teams must declare the top-seven varsity runners for both boys' and girls', plus two alternates for each gender. These must be submitted within the registration window between Sept. 29<sup>th</sup> - October 11<sup>th</sup> Before 5:00 pm after all region races have been completed. Further instructions for registration can be found on Athletic.net. ALL rosters will be submitted by registering at Athletic.net and may not be changed after the deadline.

## **SUBSTITUTION RULE**

When needing to substitute a registered alternate please contact the meet manager by email @ [licketysplittiming@gmail.com](mailto:licketysplittiming@gmail.com) so that they can be replaced on the Divisionals Varsity team roster with the runner they are replacing.

## **SUBSTITUTION EXCEPTION OF REGISTERED TEAM ALTERNATES**

If a runner not originally listed on the registered team roster needs to be substituted, you must contact the Divisionals Meet Manager by email. The Substitute MUST be changed prior to the meet. Substitutions may only be made for a medical issue, injury or illness. For any changes that need to be made after the scheduled deadline due to medical issues, injuries or illness please contact the Divisionals Meet Manager. Tyler Hill @ [licketysplittiming@gmail.com](mailto:licketysplittiming@gmail.com)

## **DIVISIONAL RACE: (UHSAA STATE CHAMPIONSHIPS FIRST ROUND OF STATE)**

Once you have selected your TOP 7 representing your school for the Divisional Race, both boy's and Girl's teams, these will be your teams for this race. Divisionals is the first round of the state Championships. If needing to Substitute a runner we refer you to the section titled: **Substitution Rule or Substitution Exception**

## **STATE: (FINAL ROUND OF THE STATE CHAMPIONSHIPS)**

When registering for the State Championship Race, teams must declare the top-seven varsity runners for both boys' and girls', plus two alternates for each gender. These must be submitted within the registration window that is set by the State Championship Meet management. (All Substitution rules for the final round of state will be determined by the UHSAA)

### **REASONING**

- All teams will compete at the first round of State (UHSAA State Championships Cross Country Divisionals)
- To create a fair and reliable qualifying championship that allows the best teams and athletes to be represented at the final State Championships round.
- To have a system that is unbiased and consistent despite the frequent changes of Regions and Classifications within the State and to eliminate the problem of unequal sized Regions
- This format will help in the development of the sport, the teams, and individuals across the State by giving a more equal opportunity to all.

## **DIVISIONALS FORMAT FOR TEAM PLACEMENT & ADVANCEMENT**

**1A:** No Divisionals (see UHSAA handbook for qualifications)

**2A: (20-25 Teams)** 75% of full teams from section A and 75% of full teams from section B and the top 6 individuals from a non-qualifying team, from each section, will advance to the final round.

Regions 15 and 17 would send their odd number finishing teams to section B and their even to section A.

Regions 16 and 18 would send odd number teams to section A and even number teams to section B.

The region splits to go to section A and B would alternate each year

**3A: (16 Schools)** No Divisionals: All teams move on to the final round of the UHSAA Cross Country State Championships after region competition.

**4A: (29 Teams)** 75% of full teams from section A and 75% of full teams from section B and the top 6 individuals from a non-qualifying team, from each section, will advance to the final round.

Regions 8 and 10 would send their odd number finishing teams to section A and their even to section B.

Regions 9 and 11 would send odd number teams to section B and even number teams to section A.

The region splits to go to section A and B would alternate each year.

**5A: (30 Teams)** 75% of full teams from section A and 75% of full teams from section B and the top 6 individuals from a non-qualifying team, from each section, will advance to the final round.

Regions 4 and 6 would send their odd number finishing teams to section A and their even to section B.

Regions 5 and 7 would send odd number teams to section B and even number teams to section A.

The region splits to go to section A and B would alternate each year.

**6A: (17 Schools)** No Divisionals: All teams move on to the final round of the UHSAA Cross Country State Championships after region competition.

### **Divisional Race Site:**

- Lakeside Park. 400 S.1850 W. Orem Utah, 84058 84118 (Oct. 15, 2024)

Factors to consider:

- 2A will have 20-28 schools, 4A will have 30 schools, 5A will have 30 schools.
  - Bus drop off and pick up area.
  - Bus parking.
  - General parking.

### **MANAGEMENT ASSIGNMENTS** (2A, 4A & 5A coaches)

- Course set up
- Course take down
- Finish chute help
- Water and First Aid station

## **MEET SCHEDULE**

Tuesday, Oct. 14, 2025

2A

8:30 Packet Pick-up

9:00 Girls A

9:20 Boys A

9:40 Girls B

10:00 Boys B

4A

10:30 Packet Pick-up

11:00 Girls A

11:20 Boys A

11:40 Girls B

12:00 Boys B

5A

12:30 Packet Pick-up

1:00 Girls A

1:20 Boys A

1:40 Girls B

2:00 Boys B

### Future Divisional Races

Classifications competing in the UHSAA Cross Country State Divisionals will rotate each year one early and the other late.

**\*\* This document, qualifying team percentages and individual qualifying athletes from the UHSAA State Cross Country Divisionals are Subject to change at any time by recommendation from UCCTCA & UHSAA**