

## 2A Track & Field TRI Seeding

Athletes can qualify for the state track meet by meeting one of the following criteria:

1. Hit the UHSAA qualifying standard in a sanctioned meet.
2. Be a region champion
3. Be ranked in the top ## for your classification in an event (see b.).
  - a. After those who have hit the state standard, and those who are region champions have been accounted for, the remainder of the open slots will be filled according to the top performing individuals who did not qualify by meeting the two criteria above.
  - b.

Event	Number of Participants / Number of Heats
100	27 / 3
200	27 / 3
400	18 / 2
800	20 / 1
1600	24 / 1
3200	24 / 1
110H	18 / 2
300H	18 / 2
Shot Put	24 / 2
Discus	24 / 2
Javelin	24 / 2
Long Jump	20 / 2
High Jump	20
4 x 100	18 / 2
4 x 400	18 / 2
Medley	18 / 2

- c. All tied athletes will qualify.

\*The next top 5 additional athletes in each event will be listed as alternates in the event of a scratch and may be called up to compete at state. Starting with the next best mark (1st alternate) and working the way down (5th alternate).