Meet Information

Mountain America Credit Union and the Utah High School Activities Association are pleased to present the 2019 State Track & Field Championships on Thursday, Friday & Saturday, May 16-18, 2019 hosted at Clarence F. Robison Track & Field Stadium on the campus of Brigham Young University in Provo, Utah. **The following information should be read completely and followed carefully.**

Entries

**Entries are due by 8:00 p.m., Sunday, May 12 (Open May 7 at 8:00 a.m.).** Note: All deadlines are 24-hours earlier than previous years.

A contestant is entered in the state meet when an official entry has been submitted by the coach and verified by the UHSAA. This means that region meets are non-declaratory. **Entries must include the qualifying mark to be valid.** Only a valid qualifying mark should be submitted. When entering a contestant, the name and date of the qualifying meet where the mark was achieved are to be entered in the appropriate boxes. If the qualification is by place at a region meet, enter the name of the region meet and the place (for example Region 8, 3rd), and the enter the time/mark received at that region meet. For athletes that qualified by place at the region meet, her/his valid qualifying mark is the one she/he achieved in winning that place at the region meet, even if that mark is of lower value than other marks they achieved during the season. **Any athlete entered with an invalid qualifying mark will result in a $50.00 fine to the school.**

Individual schools are responsible to enter their own contestants. Regions do not submit entries. The entry for this meet will be accomplished through the RunnerCard web-site at [www.runnercard.com](http://www.runnercard.com). The access code to be able to enter the meet is: state2019


**Entries will be closed at 8:00 p.m. on Sunday, May 12.** Please be accurate in entry submission. Once entries are submitted please review them carefully with the student/athletes to assure accuracy. If errors are discovered after the entry deadline, they may be corrected by the school on the RunnerCard site during the correction/change window from 5:00 p.m. until 7:00 p.m. on Monday, May 13. At 7:00 p.m. on Monday, May 13 entries will be locked. No changes will be allowed after that time. Once entries are locked, the list of all entries with qualifying marks will be publicly posted on the RunnerCard site. Cor

**Entry Limitations**

Subject to rule 4-2, each school will be allowed to enter all contestants who have qualified either by place at their region meet or by standard at a sanctioned state qualifying meet (region meets are sanctioned state qualifying meets). A school may enter only one qualified relay team in each of the relay events. A competitor shall not compete in more than four events, **including** relays.
A contestant shall not be entered in more than four events, excluding relays. (NFHS Track & Field Rules Book 4-2)

Note: per action by the UHSAA Executive Committee competing in the 2A boys’ or girls’ pole vault does not count toward the 4 event limit.

**Relay Entries**

A minimum of four and a maximum of six names are to be listed on all relay entries. The entry done on-line is considered to be the relay entry card referred to in rule 5-10-2. Being listed on a relay entry does not count as one of the contestant’s four events. However, competing in a relay, in either the trials or finals, does count as one of the contestant’s four events. **Any substitutions must come from those names listed on the relay entry submitted on-line.** Relay entries, including all names of the contestants entered in a relay (4-6 names), are to be complete and submitted with a school’s entry prior to the deadline.

**Entry Timeline:**

Sun, May 12 8:00p.m………………………………………………………………………………..entries due
Sun, May 12 8:00p.m.-Mon, May 14 5:00p.m.………………..review of own entry for errors
Tues, Mon, May 13 5:00p.m.-7:00p.m………………………..error correction/change window
Mon, May 13 7:00p.m……………………………………………..entries locked, no changes or additions allowed
Mon, May 13 7:00p.m……………………………………………..entries will be made public
Mon, May 13 7:00p.m-Wed, May 16 12:00 noon……….challenges of marks accepted
Wed, May 15 12:00 noon……………………..heat, lane and flight assignments posted

**Entry Verification**

Coaches should carefully inspect the list of all entries once it is posted at 7:00 p.m. on Monday, May 13. Qualifying marks may be challenged until 12:00 noon on Wednesday, May 15. A school found to have entered an invalid qualifying mark is subject to a $50.00 fine per occurrence. Entries after the entries are locked will also be fined.

**BYU Track Opens at 8:30 a.m. Thursday, May 16 and Friday, May 17; 6:30 a.m. on Saturday, May 18**

No practice is allowed at the BYU Track & Field Facility within two weeks of the state meet. This means that at the conclusion of the BYU Invitational no athlete may be in the stadium area at all until the facility is open on the morning of the state meet. This includes setting up tents or shade tarps. **Teams will have to clear all materials from the BYU facility after each evening’s competition, meaning ALL tents and shade tarps must be removed from the facility.**

**Team Packets and Check-in**

Team packets will be available at the team check-in table set up in the southwest corner of the parking lot (48) across the street north of the track facility and immediately south of the football stadium. Packets will include the number of tickets for athletes entered in the meet only. The ticket colors for student-athlete entrance will be Blue (5A-6A Thursday), Pink (1A-4A Friday), Yellow (1A-3A Saturday) and Red (4A-6A Saturday). Coaches will be admitted with their UHSAA pass through the athletes’ entrance located on the fence on the north side of the track facility. UHSAA passes will also be honored at the main spectator entrance on the West side of the facility. A pass may only be used one time per day.

**Athlete Event Check-in**

All contestants shall check-in at the bull pen for their events upon the first call for that event. Contestants need not remain at the bull pen after check-in. Contestants shall report and remain at
the bull pen on the **third call** for their event(s). Only contestants and meet officials are allowed in the bull pen. Coaches, parents, non-contestants, etc. are not allowed in the bull pen. Contestants will be required to remain in the bull pen once they report. Competitors will be escorted from the bull pen to their events. The only access to competition areas will be through the bull pen. If a competitor in a field event needs to be excused to compete in a running event, permission from the field event judge must be obtained. A competitor thus excused must return in a reasonable time. The games committee may impose time limits for return. It is recommended that competitors in conflicting field and running events use a proxy to check in at the bull pen and obtain hip numbers. When it is time to run, the competitor must still get permission from the field event judge to leave the field event competition and compete in the running event.

**Tent and Team areas:**
Please be mindful of tent set up and team areas that have frontage to the track. It is appreciated by venue staff if schools would not take more than 10 feet of frontage space as they set up around the track area. Teams may set tents and equipment as deep as they would like in these areas.

**Schedule Change Procedure**
Lightning or weather conditions that present a danger to athletes and spectators may necessitate changes to the posted schedule. Changes may include, but are not limited to, delaying or moving events to the following day, moving events ahead of schedule, and/or eliminating trials and running timed finals in lane races. The length of the weather delay and where it occurs in the schedule would dictate the necessary changes. It is important that coaches and athletes are prepared for all potential changes.

**Trials and Finals Qualification**
Trials will be held in the following running events: 100M, 110M and 300M hurdles; 100M, 200M and 400M dashes; 4A, 5A, 6A 4x100M relay; The nine (9) fastest times in the trials will advance to the finals in each of these events. Any necessary run-offs will be scheduled by the games committee. In the shot put, discus, javelin and long jump the top nine performances in the trials will qualify for the finals. Finals only will be held in the 800M, 1600M, 3200M, High Jump, Pole Vault, all 1A, 2A and 3A relays as well as all Medley and 4x400M relays. In all relays in which finals only are run, if the number of entrants exceeds the number of lanes the final will be run in sections. Places will be determined by time from all sections.

**Pole Vault**
The pole vault will be a team scoring event in the 6A classification only. The boys’ 1A, 2A, 3A, 4A pole vault events will be held simultaneously on Friday. 5A (Thursday) and 6A (Saturday) will be held separately. The girls’ will follow the same procedure. In both boys’ and girls’ pole vault events, places will be determined and awarded for each classification even though the competition may be held together. One UHSAA certified coach per team will be allowed in the pole vault area during warm-ups only. They may enter the area on the center west gate directly across from pole vault pit. Coaches will be asked to leave immediately following warm-ups and before competition starts.

**Bus Parking and Team Drop Off**
Bus parking is in lot 48 south of the football stadium. Busses are to unload in the parking lot. **Busses are not to drop off teams on any road** and are not to block traffic ways within the parking lot to unload or park.

**Technology on In-Field**
For the safety of competitors, officials, and coaches, competitors can not use technology on the infield. The Games Committee will enforce that an athlete that uses ANY device that can transmit or receive data in the field of play will be disqualified.

**Track Composition and Spike Requirements**
The BYU track and field stadium is a world class facility, constructed with a state of the art Mondo Super X surface. In addition to the track, the high jump, pole vault, long jump, and javelin runway are the Mondo surface. **Only pyramid spikes no longer than ¼ inch (9 mm) will be allowed on surfaced areas.** Spikes will be checked at the bull pen. The Discus and Shot Put rings are concrete. Spikes will be sold at the main entrance to the facility. If the spikes in your shoe are not in compliance and the spikes can not be changed, your shoes must be changed.

**Awards**
In individual events the top six place-winners will be awarded medals. For relays the four members of the 1st, 2nd and 3rd place relay teams will receive medals. Trophies will be awarded to the first and second place boys’ and girls’ teams in each classification. Medals will be presented at the awards stand following finals in each event. Some of the medals from Thursday and Friday’s finals could be awarded Saturday.

**Spectator Admission**
Admission prices are $10.00 for adults and $5.00 for students each day. Spectators will be admitted through the west gate.

**Team Scoring**
In both individual events and relays, 8 places will be scored: 10-8-6-5-4-3-2-1.

**General Information**

1. After completion of each field event, all implements, vaulting poles, etc. must be removed from the field.
2. The 4x400 Meter Relay will be run in lanes the first three turns.
3. Each competitor will have three attempts in the trials of the shot put, discus, javelin, and long jump. The nine qualifiers for the finals will each have an additional three attempts. Any ties for the final qualifying spot will also advance to the finals.
4. In the high jump the cross bar will be raised 2” six times and then 1” thereafter. In the boys’ pole vault the cross bar will be raised 6” six times and then 3” thereafter. In the girls’ pole vault the cross bar will be raised 6” five times and then 3” thereafter. Starting heights are as follows:
   - Boys' High Jump: 1A=5’4” 2A=5’6” 3A=5’8” 4A=5’8” 5A=5’10” 6A=5’10”
   - Girls' High Jump: 1A=4’3” 2A=4’5” 3A=4’7” 4A=4’8” 5A=4’9” 6A=4’10”
   - Boys’ Pole Vault: 1A,2A,3A=8’0” 4A, 5A=9’0” 6A=11’6”
   - Girls’ Pole Vault: 1A, 2A, 3A=6’0” 4A, 5A=7’0”, 6A=8’6”

**Preferred Lanes**
In the 200 M. Dash, 400 M. Dash, 300 M. Hurdles and 4x100 M. Relay preferred lanes are as follows:


In the 100 M. Hurdles, 110 M. Hurdles and 100 M. Dash preferred lanes are as follows:


In the Medley and 4x400 Meter relays preferred lanes are as follows:

1st:lane 1, 2nd:lane 2, 3rd:lane 3, 4th:lane 4, 5th:lane 5, 6th:lane 6, 7th:lane 7, 8th:lane 8, 9th:lane 9
Relay Forms
For the purpose of assisting meet management, relay forms will be required to declare relays. Meet management will assist in bullpen with any questions coaches may have. Cooperation is expected and appreciation.

Implement Weigh-in and Inspection
The weigh-in and inspection station is located under the bull pen awning. Following weigh-in and inspection all legal implements will be marked and returned. Illegal implements will be impounded until the conclusion of the event. The weigh-in and inspection station will be open one hour prior to the first scheduled throwing event and will remain open until 15 minutes after the start of the final throwing event.

Head Bands
The meet officials, through the decision of the Games Committee, has the ability to ask student-athletes to remove head bands on the basis of safety or due to content on the headband. Please be respectful of NFHS rules related to this and all other uniform topics.
**Coaches’ Verification**
Rule 3-4-8 states, “Prior to the meet, the referee shall, either by a meeting or written communication, address the following with all head coaches and team captains:

a. All team members are expected to exhibit good sporting conduct.

b. The head coach shall verify verbally, or in writing, that all of his/her competitors are legally equipped (uniform, equipment) in compliance with these rules.

c. Any special circumstances, procedures and information pertaining to the meet.”

This information along with information distributed with packets the day of the meet, is the written communication to the coaches and captains. The act of entering contestants into the meet through the RunnerCard system is considered to be a coach’s verification in accordance with item “b” above.

**Coaches, please review rule 4 Competitors and Competition with your student athletes prior to the meet. Particular attention to section 3 regarding the uniform is highly recommended as it will be enforced as written at the state meet.**

It is the responsibility of the coach and their competitor to make sure competitors compete in a legal uniform. The uniform rule can be found on pages 24-26 in the NFHS Track and Field & Cross Country Rule Book.