

UHSAA 2024-25 Unified Swimming
(Revised 10/2/24)

1. Unified Swimmers include Intellectual & Physical Disabled swimmers who are members of their High School Swim Teams.
2. Intellectually Disabled Swimmers may compete in the 50-yard Freestyle and a 100 Yard Freestyle Relay at the State Swim Meet in their School's classification. (The relay will be two intellectually disabled swimmers and two enabled swimmers, each swimming a 25-yard Freestyle).
3. Physically Disabled swimmers may swim a 50 Yard & 100 Yard Freestyle at the State Swim Meet in their school's classification.
4. Unified Swimmers will:
 - a. **It is recommended but not required that the Unified Swimmer compete in at least (3) three meets during the swim season one of which should be their school's Region Swim Championships.**
 - b. Swim their event(s) as a timed final during the Saturday finals session in their UHSAA Classification.
 - c. Swim their events in a heat just prior to the Women's Consolation Final of the enabled swimmers during the Saturday finals in their UHSAA Classification.
 - i. The 50-yard Freestyle will swim just prior to the Women's 50-yard Freestyle consolation heat.
 - ii. The 100-yard Freestyle & 100 Yard Freestyle combined relay will swim just prior to the Women's 100-yard Freestyle consolation heat.
 - iii. Intellectual & Physical disabled swimmers will swim together in one (1) heat.
 - iv. Awards shall be separated, male & female, Intellectual & Physical Disability in each UHSAA Classification.
5. Awards will be presented just prior to the Women's 50 & 100 yard Freestyle awards on Saturday in their UHSAA Classification.
6. Unified swimmers shall not score team points for their High School Teams.

For more information contact Steve Marsing at smarsing@uhsaa.org