

UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION

DANCE- EXECUTION SCORE SHEET

The emphasis of this routine is technique, style and interpretation. The overall focus of this routine should be on DANCE. Any stylized dance movement is accepted. Kicks, leaps, turns and any dance steps may be used. Tumbling and lifts, which adhere to UHSAA and NFHS rules and safety guidelines, may be included. Formation changes are recommended for effect. The movement, music and uniform may be stylized but cannot carry a storyline or portray a character. School uniforms or modest dance attire, which adheres to NFHS rules, shall be worn. Props/backdrops/sets are prohibited.

School: _____ Classification: 6A 5A 4A 3A 2A

Competition: _____ Location: _____ Date: _____

(✓) Denotes **Superior** Performance (O) Denotes **Improvement** Needed

	SCORING CATEGORIES	RATING	SCORE
STRENGTH OF MOVEMENT	<input type="checkbox"/> Power of Movement/ Endurance <input type="checkbox"/> Balance <input type="checkbox"/> Completion of Moves <input type="checkbox"/> Maneuvering Transitions <input type="checkbox"/> Body Control <input type="checkbox"/> Flexibility <input type="checkbox"/> Strength of Core/ Torso <input type="checkbox"/> Strength of Arms, Legs & Feet	<p>Superior 23.25 - 30 (Almost the whole time)</p> <p>Excellent 15.25 - 23 (Most of the time)</p> <p>Good 7.25 - 15 (About 1/2 the time)</p> <p>Fair 0 - 7 (Very little of the time)</p>	(30)
TECHNIQUE	<input type="checkbox"/> Body Alignment <input type="checkbox"/> Turns <input type="checkbox"/> Shoulders/Posture <input type="checkbox"/> Leaps/Jumps <input type="checkbox"/> Arms/Hands <input type="checkbox"/> Timing <input type="checkbox"/> Feet/ Footwork/Legs <input type="checkbox"/> Spacing/Interval Spacing <input type="checkbox"/> Extensions <input type="checkbox"/> Unision/In Step	<p>Superior 23.25 - 30 (Almost the whole time)</p> <p>Excellent 15.25 - 23 (Most of the time)</p> <p>Good 7.25 - 15 (About 1/2 the time)</p> <p>Fair 0 - 7 (Very little of the time)</p>	(30)
OVERALL EFFECT	<input type="checkbox"/> Authenticity of Emotions <input type="checkbox"/> Facial Expressions <input type="checkbox"/> Eye Contact <input type="checkbox"/> Confidence <input type="checkbox"/> Posture <input type="checkbox"/> Musicality <input type="checkbox"/> Esprit De Corps <input type="checkbox"/> Vocals <input type="checkbox"/> Energy <input type="checkbox"/> Consistent Performance Throughout	<p>Superior 15.25 - 20 (Almost the whole time)</p> <p>Excellent 10.25 - 15 (Most of the time)</p> <p>Good 5.25 - 10 (About 1/2 the time)</p> <p>Fair 0 - 5 (Very little of the time)</p>	(20)
Judge's Signature: _____ Tabulator's Signature: _____		TOTAL SCORE	(80)