



Utah High School Activities Association

2023 STATE COMPETITIVE CHEER COMPETITIONS

State Finals

**1A/2A All-girl, 1A/2A Co-ed, 3A Co-ed, 3A/4A All-girl and 4A/5A Co-ed:
Wednesday, January 25 @ 9:00 a.m.**

5A All-girl, 6A All-girl and 6A Co-ed: Friday, January 27 @ 9:00 a.m.

Utah Valley University, UCCU Center

TICKET PRICES & SPECTATOR ADMISSION

All tickets must be purchased through GoFan, with links on the UHSAA website. The UCCU ticket office will open 60 minutes prior to the competition start time for **pass holders only**. Ticket Prices for State Competitive Cheer Competitions: Adults \$10.00, Students (grades K-12) \$5.00, Senior Citizens (65+) \$5.00. A service fee is added to all digital ticketing.

Spectators will not be allowed to enter the arena for seating until 1 hour prior to each event. **Saving seats is not allowed**. Blankets or other items shall not be used to save seats. **No overnight camping will be allowed at UVU.**

IF SPECTATORS PLAN TO SHOW UP EARLY TO STAND IN LINE, BE PREPARED TO STAND OUTSIDE!!!! THERE WILL BE NO FORMING OF LINES INSIDE OF THE UCCU CENTER.

TEAM DROP-OFF, CHECK-IN & ARENA SEATING

Coaches shall provide their driver with the map of the drop-off route posted on the competitive cheer page at www.uhsaa.org.

Buses must follow the designated route through the UVU parking lot to the team drop-off area by the entrance to the North Back Service Lot (see map). TEAMS SHALL WALK DOWN THE RAMP ON THE NORTH SIDE OF THE UCCU CENTER AND CHECK-IN AT THE NORTH ENTRANCE (the large garage door on the north side). Bus parking will be available at UVU West Campus in Lot 1. Drivers can take UTA's UVX Bus Service from Orem Central Station to UVU free of charge. Bus drivers will need to purchase a ticket for admittance through GoFan.

Parking and transportation guidelines are located on the Competitive Cheer page from the UHSAA website.

Please come prepared with the number of team members you have, as this information is needed for the check-in process. After dropping off the team, buses proceed north out of the parking area and follow the designated route as outlined on the map. Coaches shall have their team check-in as a group to have their hands stamped for the day. If the weather is bad (wet or snowy ground) please enter the arena with shoes that are NOT your performance shoes. We want to make sure that the performance floor stays free of water or any debris.

Teams may check in one hour prior to their assigned practice/warm up time.

TEAM DRESSING AREAS & PROP STORAGE

Each team will be provided with a pipe and drape area in the **WEST TUNNEL** for any uniform changes and to store small flags, signs, poms, and all props. These are not secure areas, so do not leave possessions unattended. Mirrors and plugs will be limited so please come prepared. Do not leave curling irons unattended at any time. Remember that this is just a curtain area as well as a walkway, so please come mostly ready or utilize the dressing rooms and do not leave any valuables unattended. UVU has asked that we do not plug curling irons into the hallway outlets near their offices. There are two restrooms in the west tunnel and one locker room for males (**locker room 5**) and one for female cheerleaders (**locker room 6**). This is NOT a team area. This locker room is for restroom purposes only and will be strictly monitored. Any team taking advantage of the use of this locker room may receive a **sportsmanship penalty**. The storage area will consist of pipe and drape with chairs inside of the area. Locker rooms will **not** be available for teams to camp out in.

ATHLETE SEATING

With limited seating for spectators, teams will be seated in sections 3-9 on the lower east side of the arena. When you are finished competing DO NOT GO AND SIT WITH FAMILY MEMBERS, this will reduce the number of seats for spectators. Athletes are asked to have only a small bag with them while in this area. No blankets or large bags allowed. To prevent saving of seats, team members will NOT be allowed to sit or leave items in the spectator seating area prior to the competition starting or during the competition. No saving seats.

UCCU DOES NOT ALLOW OUTSIDE FOOD

UCCU does not allow outside food in their arena. However, teams will be allowed to bring no more than ONE cooler to provide nourishment for the athletes. Teams can eat at the concessions level or in an area outside the arena. Meals for your teams may be purchased through UVU ahead of time.

CERTIFIED COACHES

Only coaches who are certified through Register My Coach will be allowed on the floor at UVU. Coaches must bring their issued credential and wear it at all times.

PRACTICE/WARMUP

Remember that in the practice/warmup room it takes a lot of work to keep things running in sync with the performing floor. Make sure you know your warmup times. Coaches, please make sure that you don't DEMAND any changes and be respectful to the staff. The practice area will be in the balcony behind the bleachers on the EAST side of the arena. This will require us to keep the noise in that area to a limit. Music will be played at a lower volume and unfortunately a lot of cheering and clapping will disrupt the competitors on the performing floor.

UVU TRAINER ON STAFF

A certified trainer will be on staff 30 minutes prior to the start of the warmup times for the competition. Teams must bring their own tape. The trainer is available for on-site injuries and not to treat recurring injuries. Ice is available if needed for treatment of injuries. There will be a trainer in the warmup area and on the performing floor.

ENTRANCE, EXIT and PERFORMANCE INSTRUCTIONS

ALL TEAMS MUST ENTER & EXIT FROM THE NORTH END OF THE FLOOR (NO EXCEPTIONS). Coaches are responsible for compliance to all safety rules including jewelry, fingernails, etc.

All teams will face WEST.

ROTATION FOR TEAMS TO FOLLOW

The rotation of the day will be as follows: Teams will go from the dressing area or seating sections to the practice area (the balconies on the east side of the arena on the second level), down the north/east stairs to the performance floor. Following the performance, exit NORTHWEST.

Teams are responsible for going to the practice area on their own. Teams must be ready to perform at their designated time or risk receiving a penalty according to UHSAA rules. It is the responsibility of the coach to have their team in the proper place, at the proper time, so they do not miss their rotation onto the performing floor. There will be a deduction judge that will tell you when to enter the floor and listen to the MC announce "please welcome....." When teams have finished competing for the day, we suggest that teams remove all their belongings from the pipe and curtain dressing area because this will not be a secure area.

COACHING AREA

There will be a table seating area on the east side of the floor for COACHES WITH CREDENTIALS ONLY, to sit when your teams are not competing.

MUSIC

During the competition, a representative must be at the sound table ready to cue the music as the team performs. Failure to do so will result in a team being penalized. **Teams must have a representative certified coach at the table to start the music and to notify the sound technician immediately if there are any technical difficulties. If you are using your phone, make sure that it is on airplane mode.**

There will be three chairs set up on the WEST side of the floor for coaches ONLY while their team is competing, so they can sit and watch their team. **These seats are for coaches only. Cheerleaders not performing will not be allowed on the floor during the performances.**

SPORTSMANSHIP RULE

Unsportsmanlike conduct by cheer team members or coaches during the competition will result in a 2-point penalty per routine judge for each violation, which will equal 6pts. If unsportsmanlike conduct is committed during the competition, a written complaint must be submitted to the competition director within the time frame of the current competition category. Any member of the UHSAA Tournament Committee may assess these points. The points would be deducted before the final scores are tallied and found in the deduction column. The sportsmanship deduction would be assessed to routine category being performed nearest the infraction. A sportsmanship penalty may be assessed to any team who changes uniforms inside of the performance arena. Parents are not allowed on the arena floor level or the warmup area. A sportsmanship penalty may be given to teams who do not comply with this rule.

VIDEOTAPING FOR COMMERCIAL USE IS PROHIBITED

Parents and spectators are only allowed to videotape for personal use. Videotaping any portion of the state cheer competition for the purpose of selling or distributing any unedited or edited footage to other parties is strictly prohibited. Do not disturb or prevent other patrons from enjoying the competition when videotaping (i.e., standing, tripod, camera).



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