

UHSAA Pitch Count Rule

Approved Nov 9, 2016 – Revised June 2017

Effective Spring 2017 Baseball Season

The revised pitching policy in Rule 6-2-6 for 2016 from the NFHS requires state associations to adopt a pitch count rule instead of the existing 14 maximum innings per calendar week.

Pitching Limits

All-Levels

Pitches	Required Rest
86-110	3 days
61-85	2 days
36-60	1 day
1-35	0 days*

More info

- * - Additionally, no pitcher may throw more than 75 pitches over two days. If they throw 75 pitches in two days, there will be one day of required rest.
- A pitcher will be allowed to finish a batter if they hit the limit of 110 pitches during an at-bat, but must exit the game after the hitter.
- Each contest must be recorded with the opposing team, noting the names of each pitcher and how many pitches that pitcher threw in the game. This information must be recorded in MaxPreps, along with the result of the contest, within 24 hours of the game. Note: The UHSAA recommends using Game Changer, as it is a free app for Apple products and can be easily exported into MaxPreps.

PENALTY: If the pitch count rule is exceeded, the first offense is a coach suspension for two games; second offense and subsequent offense is forfeiture of contest. If there is a post-season violation, it is a forfeit.

The Region Board of Managers will handle violations of non-reporting of pitch counts.

NOTE: Umpires will NOT mediate pitch counts. All concerns about pitch counts need to be addressed by the Athletic Director or UHSAA.

8/3/17 JJC