

UHSAA Pitch Count Rule

Approved Nov 9, 2016 – Revised June 2017

Effective Spring 2017 Baseball Season

The revised pitching policy in Rule 6-2-6 for 2016 from the NFHS requires state associations to adopt a pitch count rule instead of the existing 14 maximum innings per calendar week.

Pitching Limits

All-Levels

Pitches	Required Rest
86-110	3 days
61-85	2 days
36-60	1 day
1-35	0 days*

Additional Notes:

- *No pitcher may throw more than 75 pitches over two consecutive days. If they reach **75 pitches in two days**, they must take **one full day of rest**.*
- A pitcher may finish a batter if they reach **110 pitches during an at-bat**, but they must exit the game immediately afterward.
- Each contest must be recorded with the opposing team, noting pitcher names and pitch counts. This data must be entered into **PitchKount Software** within **24 hours** of the game.

Penalty for Exceeding Pitch Count:

- **First offense:** Coach suspension for **two games**.
- **Second and subsequent offenses:** Forfeiture of contest.
- **Post-season violations:** Automatic forfeit.

Non-Reporting of Pitch Counts:

- The **Region Board of Managers** will handle any violations related to non-reporting. Reports are due within 24-hours and failure to report will be fined \$250 per incident payable to the region. (approved in EC 3/23/25)

Important: Umpires are NOT responsible for monitoring pitch counts. Any concerns should be directed to the Athletic Director or UHSAA.