#A

Region ##

Policy Manual

2011-2012

UHSAA Handbook

http://www.uhsaa.org/2011-12handbook.pdf

School 1

School 2

School 3

School 4

School 5

School 6

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Region ## Board of Managers

**School 1** Phone Number Fax Number

Principal

Address

, Utah 84

*ATHLETIC DIRECTOR: and email*

**School 2** Phone Number Fax Number

Principal

Address

, Utah 84

*ATHLETIC DIRECTOR: and email*

**School 3** Phone Number Fax Number

Principal

Address

, Utah 84

*ATHLETIC DIRECTOR: and email*

**School 4** Phone Number Fax Number

Principal

Address

, Utah 84

*ATHLETIC DIRECTOR: and email*

**School 5** Phone Number Fax Number

Principal

Address

, Utah 84

*ATHLETIC DIRECTOR: and email*

**School 6** Phone Number Fax Number

Principal

Address

, Utah 84

*ATHLETIC DIRECTOR: and email*

**School** Phone Number Fax Number

Principal

Address

, Utah 84

*ATHLETIC DIRECTOR: and email*

Coaches’ Representatives

Baseball Name School Phone Number

Basketball (Boys) Name School Phone Number

Basketball (Girls) Name School Phone Number Cheerleading Name School Phone Number

Cross Country Name School Phone Number

Drama Name School Phone Number

Drill Name School Phone Number

Football Name School Phone Number

Forensics/Debate Name School Phone Number

Boys Golf Name School Phone Number

Girls Golf Name School Phone Number

Music (Instrumental) Name School Phone Number

Music (Vocal) Name School Phone Number

Soccer (Boys & Girls) Name School Phone Number

Softball Name School Phone Number

Swimming Name School Phone Number

Tennis (Boys & Girls) Name School Phone Number

Track & Field Name School Phone Number

Volleyball Name School Phone Number

Wrestling Name School Phone Number

Host school coaches will be responsible for calling the Varsity Team scores to:

Deseret News (237-2162 after 4:00 p.m.) and

The Salt LakeTribune (257-8900 after 4:00 p.m.).

Region ## 2011-2012 Chairpersons

# **Activity School Chair E-mail address**

Baseball

Basketball Boys

Basketball Girls

Cross Country

Cheerleading

Drama

Drill

Football

Forensics/Debate

Boys and Girls Golf

Music-Instrumental

Music-Vocal

Soccer Boys

Soccer Girls

Softball

Swimming

Tennis-Boys

Tennis-Girls

Track

Volleyball

Wrestling

Host school coaches will be responsible for calling the Varsity Team scores to:

 Deseret News (237-2162 after 4:00 p.m.) and the

 Tribune (257-8900 after 4:00 p.m.).

SCHOOL 1 ROSTER

Address School Colors

City, Utah 84\*\*\* Mascot

Phone, Fax

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ACTIVITY** | **ADVISOR** | **E-MAIL ADDRESS** | **SCHOOL PHONE** | **CELL PHONE** |
| Principal |  |  |  |  |
| Admin. Secretary |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Trainer |  |  |  |  |
| Baseball |  |  |  |  |
| Basketball, Boys |  |  |  |  |
| Basketball, Girls |  |  |  |  |
| Cheerleading |  |  |  |  |
| Cross Country |  |  |  |  |
| Drill Team |  |  |  |  |
| Football |  |  |  |  |
| Golf, Boys |  |  |  |  |
| Golf, Girls |  |  |  |  |
| Soccer, Boys |  |  |  |  |
| Soccer, Girls |  |  |  |  |
| Softball |  |  |  |  |
| Swimming, Boys |  |  |  |  |
| Swimming, Girls |  |  |  |  |
| Tennis, Boys |  |  |  |  |
| Tennis, Girls |  |  |  |  |
| Track, Boys |  |  |  |  |
| Track, Girls |  |  |  |  |
| Volleyball |  |  |  |  |
| Wrestling |  |  |  |  |
|  |  |  |  |  |
| Drama |  |  |  |  |
| Forensics/Debate |  |  |  |  |
| Instrumental Music |  |  |  |  |
| Vocal Music |  |  |  |  |

 Last Updated July 31, 2011

SCHOOL 2 ROSTER

Address School Colors

City, Utah 84\*\*\* Mascot

Phone, Fax

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ACTIVITY** | **ADVISOR** | **E-MAIL ADDRESS** | **SCHOOL PHONE** | **CELL PHONE** |
| Principal |  |  |  |  |
| Admin. Secretary |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Trainer |  |  |  |  |
| Baseball |  |  |  |  |
| Basketball, Boys |  |  |  |  |
| Basketball, Girls |  |  |  |  |
| Cheerleading |  |  |  |  |
| Cross Country |  |  |  |  |
| Drill Team |  |  |  |  |
| Football |  |  |  |  |
| Golf, Boys |  |  |  |  |
| Golf, Girls |  |  |  |  |
| Soccer, Boys |  |  |  |  |
| Soccer, Girls |  |  |  |  |
| Softball |  |  |  |  |
| Swimming, Boys |  |  |  |  |
| Swimming, Girls |  |  |  |  |
| Tennis, Boys |  |  |  |  |
| Tennis, Girls |  |  |  |  |
| Track, Boys |  |  |  |  |
| Track, Girls |  |  |  |  |
| Volleyball |  |  |  |  |
| Wrestling |  |  |  |  |
|  |  |  |  |  |
| Drama |  |  |  |  |
| Forensics/Debate |  |  |  |  |
| Instrumental Music |  |  |  |  |
| Vocal Music |  |  |  |  |

 Last Updated July 31, 2011

SCHOOL 3 ROSTER

Address School Colors

City, Utah 84\*\*\* Mascot

Phone, Fax

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ACTIVITY** | **ADVISOR** | **E-MAIL ADDRESS** | **SCHOOL PHONE** | **CELL PHONE** |
| Principal |  |  |  |  |
| Admin. Secretary |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Trainer |  |  |  |  |
| Baseball |  |  |  |  |
| Basketball, Boys |  |  |  |  |
| Basketball, Girls |  |  |  |  |
| Cheerleading |  |  |  |  |
| Cross Country |  |  |  |  |
| Drill Team |  |  |  |  |
| Football |  |  |  |  |
| Golf, Boys |  |  |  |  |
| Golf, Girls |  |  |  |  |
| Soccer, Boys |  |  |  |  |
| Soccer, Girls |  |  |  |  |
| Softball |  |  |  |  |
| Swimming, Boys |  |  |  |  |
| Swimming, Girls |  |  |  |  |
| Tennis, Boys |  |  |  |  |
| Tennis, Girls |  |  |  |  |
| Track, Boys |  |  |  |  |
| Track, Girls |  |  |  |  |
| Volleyball |  |  |  |  |
| Wrestling |  |  |  |  |
|  |  |  |  |  |
| Drama |  |  |  |  |
| Forensics/Debate |  |  |  |  |
| Instrumental Music |  |  |  |  |
| Vocal Music |  |  |  |  |

 Last Updated July 31, 2011

SCHOOL 4 ROSTER

Address School Colors

City, Utah 84\*\*\* Mascot

Phone, Fax

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ACTIVITY** | **ADVISOR** | **E-MAIL ADDRESS** | **SCHOOL PHONE** | **CELL PHONE** |
| Principal |  |  |  |  |
| Admin. Secretary |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Trainer |  |  |  |  |
| Baseball |  |  |  |  |
| Basketball, Boys |  |  |  |  |
| Basketball, Girls |  |  |  |  |
| Cheerleading |  |  |  |  |
| Cross Country |  |  |  |  |
| Drill Team |  |  |  |  |
| Football |  |  |  |  |
| Golf, Boys |  |  |  |  |
| Golf, Girls |  |  |  |  |
| Soccer, Boys |  |  |  |  |
| Soccer, Girls |  |  |  |  |
| Softball |  |  |  |  |
| Swimming, Boys |  |  |  |  |
| Swimming, Girls |  |  |  |  |
| Tennis, Boys |  |  |  |  |
| Tennis, Girls |  |  |  |  |
| Track, Boys |  |  |  |  |
| Track, Girls |  |  |  |  |
| Volleyball |  |  |  |  |
| Wrestling |  |  |  |  |
|  |  |  |  |  |
| Drama |  |  |  |  |
| Forensics/Debate |  |  |  |  |
| Instrumental Music |  |  |  |  |
| Vocal Music |  |  |  |  |

 Last Updated July 31, 2011

SCHOOL 4 ROSTER

Address School Colors

City, Utah 84\*\*\* Mascot

Phone, Fax

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ACTIVITY** | **ADVISOR** | **E-MAIL ADDRESS** | **SCHOOL PHONE** | **CELL PHONE** |
| Principal |  |  |  |  |
| Admin. Secretary |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Trainer |  |  |  |  |
| Baseball |  |  |  |  |
| Basketball, Boys |  |  |  |  |
| Basketball, Girls |  |  |  |  |
| Cheerleading |  |  |  |  |
| Cross Country |  |  |  |  |
| Drill Team |  |  |  |  |
| Football |  |  |  |  |
| Golf, Boys |  |  |  |  |
| Golf, Girls |  |  |  |  |
| Soccer, Boys |  |  |  |  |
| Soccer, Girls |  |  |  |  |
| Softball |  |  |  |  |
| Swimming, Boys |  |  |  |  |
| Swimming, Girls |  |  |  |  |
| Tennis, Boys |  |  |  |  |
| Tennis, Girls |  |  |  |  |
| Track, Boys |  |  |  |  |
| Track, Girls |  |  |  |  |
| Volleyball |  |  |  |  |
| Wrestling |  |  |  |  |
|  |  |  |  |  |
| Drama |  |  |  |  |
| Forensics/Debate |  |  |  |  |
| Instrumental Music |  |  |  |  |
| Vocal Music |  |  |  |  |

 Last Updated July 31, 2011

SCHOOL 5 ROSTER

Address School Colors

City, Utah 84\*\*\* Mascot

Phone, Fax

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ACTIVITY** | **ADVISOR** | **E-MAIL ADDRESS** | **SCHOOL PHONE** | **CELL PHONE** |
| Principal |  |  |  |  |
| Admin. Secretary |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Trainer |  |  |  |  |
| Baseball |  |  |  |  |
| Basketball, Boys |  |  |  |  |
| Basketball, Girls |  |  |  |  |
| Cheerleading |  |  |  |  |
| Cross Country |  |  |  |  |
| Drill Team |  |  |  |  |
| Football |  |  |  |  |
| Golf, Boys |  |  |  |  |
| Golf, Girls |  |  |  |  |
| Soccer, Boys |  |  |  |  |
| Soccer, Girls |  |  |  |  |
| Softball |  |  |  |  |
| Swimming, Boys |  |  |  |  |
| Swimming, Girls |  |  |  |  |
| Tennis, Boys |  |  |  |  |
| Tennis, Girls |  |  |  |  |
| Track, Boys |  |  |  |  |
| Track, Girls |  |  |  |  |
| Volleyball |  |  |  |  |
| Wrestling |  |  |  |  |
|  |  |  |  |  |
| Drama |  |  |  |  |
| Forensics/Debate |  |  |  |  |
| Instrumental Music |  |  |  |  |
| Vocal Music |  |  |  |  |

 Last Updated July 31, 2011

SCHOOL 6 ROSTER

Address School Colors

City, Utah 84\*\*\* Mascot

Phone, Fax

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ACTIVITY** | **ADVISOR** | **E-MAIL ADDRESS** | **SCHOOL PHONE** | **CELL PHONE** |
| Principal |  |  |  |  |
| Admin. Secretary |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Asst. Principal |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Director |  |  |  |  |
| Athletic Trainer |  |  |  |  |
| Baseball |  |  |  |  |
| Basketball, Boys |  |  |  |  |
| Basketball, Girls |  |  |  |  |
| Cheerleading |  |  |  |  |
| Cross Country |  |  |  |  |
| Drill Team |  |  |  |  |
| Football |  |  |  |  |
| Golf, Boys |  |  |  |  |
| Golf, Girls |  |  |  |  |
| Soccer, Boys |  |  |  |  |
| Soccer, Girls |  |  |  |  |
| Softball |  |  |  |  |
| Swimming, Boys |  |  |  |  |
| Swimming, Girls |  |  |  |  |
| Tennis, Boys |  |  |  |  |
| Tennis, Girls |  |  |  |  |
| Track, Boys |  |  |  |  |
| Track, Girls |  |  |  |  |
| Volleyball |  |  |  |  |
| Wrestling |  |  |  |  |
|  |  |  |  |  |
| Drama |  |  |  |  |
| Forensics/Debate |  |  |  |  |
| Instrumental Music |  |  |  |  |
| Vocal Music |  |  |  |  |

 Last Updated July 31, 2011

Directions to Region ## Schools

**School 1 and Address**

Directions

Baseball Field:

Football Field:

Gymnasium:

Pool:

Soccer Field:

Softball Field:

**School 2 and Address**

Directions

Baseball Field:

Football Field:

Gymnasium:

Pool:

Soccer Field:

Softball Field:

**School 3 and Address**

Directions

Baseball Field:

Football Field:

Gymnasium:

Pool:

Soccer Field:

Softball Field:

**School 4 and Address**

Directions

Baseball Field:

Football Field:

Gymnasium:

Pool:

Soccer Field:

Softball Field:

**School 5 and Address**

Directions

Baseball Field:

Football Field:

Gymnasium:

Pool:

Soccer Field:

Softball Field:

**School 6 and Address**

Directions

Baseball Field:

Football Field:

Gymnasium:

Pool:

Soccer Field:

Softball Field

Region ## General Policies 2011-2012

1. **Admission Fees and Tickets**

A. $4.00 Visiting high school students with activity card and other school age children.

1. $5.00 Adults and high school students without activity card.
2. $20.00 Family Pass—family members within the immediate household (limit 6).
	1. Free Admission:
		* Home team students with activity cards—region games only.
		* Staff members of Region III schools with Region III passes and persons with UHSAA passes.
		* Senior Citizens (62 or over).
		* Cheerleaders, Pep Club, and Drill Team members in uniform.
		* Student officers in school sweaters and with SBO passes.
		* Children under school age.
	2. Tickets will be sold at Varsity Football, Boys' and Girls’ Basketball, Volleyball and Wrestling.
	3. Tickets will be sold through at least three (3) quarters of the varsity activity.
* Admission Fee Schedule will apply.
* Ticket sales will begin:

Football: 1 hour before varsity starting time

Basketball: 15 minutes prior to the start of the first game*.*

1. Tickets will be sold at Region Tournaments in swimming, wrestling, track, and drill team.
2. Admission will be charged at all State Playoff games as per UHSAA guidelines.
	1. **Supervision of Region Activities, Tournaments and Meets**

Any school hosting a Region Tournament, dual competition or activity is responsible for providing adequate administrative supervision of the activity. Although it is the responsibility of the chairperson of each individual activity to see that Region Tournaments and Meets are planned and well organized, it is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairperson, there should be a clear understanding between the activity chairperson and the host principal regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Region Chairs will not be compensated for time to administrate their region activity assignment. *(revised 2/25/09)*

1. **Accommodations for Visiting Teams**

All dressing room facilities must be left in a clean and orderly manner. Visiting teams must bring their own towels. The visiting head coach will check facilities prior to departure of the visiting team. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school or Athletic Director.

1. **Officials**

Any misconduct of officials, including failure to show, or tardiness is to be reported to the home school’s AD/Administration. A detailed report including names and improper conduct shall be submitted in writing to the Region III Board of Managers, the UHSAA office, and the arbiter involved. The host school should show the referees where the dressing rooms are located.

1. **Academic Eligibility:** see UHSAA Handbook (By-Laws: Article I; Section 1 a-d; Section 7, Section 8; Interpretations/Guidelines: #4 - #7 inclusive)
	* 1. **Policies Relating to Coach and Student Behavior in Region III Activities**
2. **Sportsmanship** (UHSAA Handbook and Raise the Bar)
	1. Administrators, teachers, coaches, and all participants, should emphasize sportsmanship in all preseason, region, or state competitions.

For coach ejection, see NFHSlearn course. [Link to Coaches Course](http://www.nfhslearn.com/electiveDetail.aspx?courseID=8000) (nfhslearn.com—Teaching and Modeling Behavior)

1. **Bands and Drums**
	* 1. Pep band will be provided by the host school only. Exceptions only by mutual agreement. During basketball games, pep bands are to play during regulation time-outs, quarters and half-times only. Advisors must be present at all times.
		2. Drums are to be used only to play with the band, as part of an organized cheer, and to be part of the pep club’s marching activities. Drums are not to be used indiscriminately as noisemakers.
2. **Cheerleaders/Mascots Conduct:**

Cheerleaders will follow all guidelines listed in the General Policies of the Region III Manual and those stated in the Cheerleading Policies. Note—what rule changes need to be implemented.

1. **Permitted Student and Spectator Conduct:**
	1. Other than authorized spirit groups (cheerleaders, drill team) no spectators will be allowed on the sidelines, field or floor during game time, quarters, or half-time, or pre-game. Students will not sit on the front row of the bleachers during the game.
	2. The throwing of any objects, including confetti, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
	3. In the chart, only those items marked “YES” will be allowed as fan/spectator sport items at all region contests. It is recommended that schools follow these regulations during the regular season and in Region Tournaments. Sportsmanlike vocal cheering and support from each bench are always encouraged.

[UHSAA HANDBOOK](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf) (p.51)- The items indicated on this chart are guidelines for spectators.

|  | Baseball | Basketball | Cross Country | Drill Team | Football | Golf | Soccer | Softball | Swimming | Tennis | Track & Field | Volleyball | Wrestling |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Wall banners except for welcome or corporate sponsors | N | N | N | N | N | N | N | N | N | N | N | N | N |
| Confetti/shredded paper | N | N | N | N | N | N | N | N | N | N | N | N | N |
| Hand-held signs of any size | N | N | N | N | N | N | N | N | N | N | N | N | N |
| Laser light/pointer | N | N | N | N | N | N | N | N | N | N | N | N | N |
| Miniature sports balls thrown into crowd | N | N | N | N | N | N | N | N | N | N | N | N | N |
| Megaphones | Y | N | Y | N | Y | N | Y | Y | N | N | Y | N | N |
| Artificial noise makers (horns, cowbells, bells, buzzers, clickers) | N | N | Y | N | Y | N | Y | N | N | N | N | N | N |
| Whistles | N | N | N | N | N | N | N | N | N | N | N | N | N |
| Shirts on fans | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Pom-poms, shakers, spirit towels | Y | Y | Y | N | Y | Y | Y | Y | N | Y | Y | N | N |
| Recorded music over PA w/approval only | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| School bands | N | Y | N | N | Y | N | N | N | N | N | N | N | N |
| Air horns/sirens | N | N | N | N | N | N | N | N | N | N | N | N | N |

1. **Region ## Sportsmanship Code of Conduct:**

(This statement should be read prior to every region event)

Ladies and Gentlemen, Region ## is proud to sponsor this game (event) today between \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ high schools. It is our mission to encourage the highest in athletic and sportsmanship standards. All players, coaches, students and other spectators are expected to be courteous to their opponents, their fans and their cheerleaders, to be respectful of officials’ decisions and to display appreciation for good performance regardless of the team. A region sportsmanship trophy will be presented at the close of this school year to the school that is judged to be most gracious in both victory and defeat. Enjoy the game (event) and represent your school with dignity.”

1. **Pre-Game, Half-Time and Post-Game Activities**
	1. The game announcer is an official of the game and is to announce the game in a neutral manner. His or her purpose is not to influence or incite the crowd.
	2. The starting line-up may be introduced prior to the activity. A well-planned flag ceremony should be presented.
		* All activity should come to a halt immediately when the flag ceremony begins. Headgear should be removed. Activity should remain suspended until the flag ceremony is over.
		* The announcer should call everyone to attention as the flag enters the arena.
		* All tickets and concession sales should cease. No one should be admitted during the flag ceremony. The doors should be closed where possible.
			1. Football half-time: Host performing group has 10 minutes which includes time to get on and off the field.
* Exceptions can be made by mutual agreement for special occasions.
* Any exception to the time limit must be approved by the visiting team administration one (1) week in advance.
	1. Basketball half-time: Maximum of seven (7) minutes for half-time entertainment which includes time to get on and off the floor.
* Exceptions: (Same as Football).
	1. Parades involving floats are not allowed during the time both schools are present.
	2. A supervisor must be present when student groups perform.
	3. Coaches are responsible for the conduct of their athletes. No team or individual activity will be conducted that could belittle or humiliate opponents, including organized post-game demonstrations on any floor or field. Infractions will be referred to the Region ## Board of Managers for disciplinary action.
	4. Any senior recognition at end of season cannot delay start of game. **Recognitions are limited to 10 minutes and must be mutually agreed upon by the visiting school**. Violations will be referred to the Region ## Board of Managers for possible sanctions.
1. **Banners and Signs**
	* 1. No negative banner or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
		2. A sign of a positive nature for the home teams to run through will be allowed.
		3. Each School may hang one (1) school banner at the Region Championship Meet; the maximum size for this banner being 5' X 8'. No other signs or banners will be allowed at the Region site.
		4. No banners or signs are allowed at any State competition site.
			1. **Change of Time and Date**
	1. A change of time of an activity may be effected through mutual agreement of both schools (coach, principal and athletic director). The host school must notify the arbiter of the change in time for him to notify the officials.
	2. The host Region ## school changing a game outside of Region ## must also notify other Region ## schools. All officials (Varsity, J.V., Sophomore) will be arbited by UHSAA. Call changes to UHSAA offices.
	3. A change of date must be approved by the Board of Managers after a mutual agreement is reached between schools concerned.
	4. All costs associated with changing the time and date of a contest will be incurred by the school requesting the change. Both schools are to agree to the change before a change can occur.
		1. **Game Starting Times and Participant Regulations**

No sports activity may begin before 3:30 p.m. on a school day. However, Varsity football may not start before 4:00 p.m. through October 1, thereafter, games may start at 3:30 p.m.

1. **Ties of Standings** (For all Athletic Activities except Drill Team)
	1. **Head to Head** **Region record** (with tied teams)--In the event of a tie between teams qualified for state tournament positions, the seed will be determined by the win/loss records in region play of the teams involved in the tie.
	2. **Compare against highest Region finish**--If the tie still exists, the seed will be determined by comparing each team’s record against the team with the highest region finish or next highest, etc. until the tie is resolved.
	3. **Coin Flip**--Once a team has been awarded a seed they are no longer part of the tie- breaking scenario. After this process, if only two teams remain the remaining two teams will be seeded based on head to head competition. If a tie still exists, a coin flip will be conducted under the direction of the Region Activity Chairperson. In the event of multiple teams tied that cannot be resolved as described above, all teams will flip coins with the team flipping the “odd coin” receiving the higher seed. The coin flip procedure will only be used as a last resort.
	4. In the event of multiple teams tied for fewer playoff berths than teams tied, the tie-breaking procedure as described above will be used until only two teams remain. The final two teams will playoff in a game to determine entry into the State Tournament.
	5. If multiple teams tie for one playoff spot, all teams will play in a format that best suits the specific sport. *Refer to the individual sport for multiple team playoff guidelines and procedures.*
	6. In the event that the above process fails to resolve a tie, region principals will convene for the purpose of a coin flip to determine seed. The winner of the coin flip will take the higher seed.

**NO TIED TEAM WILL BE ELIMINATED FROM STATE PLAYOFF PARTICIPATION WITHOUT THE OPPORTUNITY OF A PLAYOFF GAME.**

1. **Moratorium**

See UHSAA handbook

1. **Seeding meetings or other meetings**

Reimbursement expenses for region meetings or other activities may not exceed $10.00 per person, one representative per school and only one meeting per year. Expenditures above this limit must have prior approval by the Region Board of Managers.

1. **Number of Games—see UHSAA handbook for specific sports (32,33)**

Teams which exceed the number of games allowed in any season will forfeit from their region schedule the number of games exceeding the limit, beginning with game number one and proceeding on until the excess number is equaled.

1. **Failure to Participate**

The failure of a team to participate in a scheduled contest without prior mutualconsent and board approval at all levels, including Varsity, J.V., Sophomore, etc., will result in a fine of $100 payable to the Region Board plus reimbursement for the cost of any officials.

1. **Duties of Region Chairpersons**
	1. Conduct all meetings pertinent to respective activity.
	2. Coordinate and manage all region competitions and tournaments of respective activity.
	3. Select and honor respective All-Region teams where applicable.
	4. Be direct liaison to Region Board of Managers
	5. Be responsible for all awards, trophies, medals, etc. pertinent to respective activity.
2. **Undue Influence Rule, violation- see** [**handbook**](http://www.uhsaa.org/2010-11handbook.pdf) **for specifics**
	1. If there is clear evidence that a coach has violated the Undue Influence Rule of the **By-Laws section 10** of the UHSAA Manual, he/she will appear before the Region Board of Managers and may, under the direction of the UHSAA, receive any or all of the following for the first violation:
* A letter of reprimand
* Suspension
* Fine
	1. If a coach is proven to have violated the Undue Influence Rule a second time, the coach will be suspended a minimum of three contests or one half of the remaining region schedule (whichever is the greater).
	2. A third violation will mean suspension for the remainder of the current season.
		1. **Penalties**

Region ## upon having knowledge of an infraction of a rule or policy in assessing penalties may initiate action. Region ## may consider any of the following:

1. Forfeiture of contests because of rules violations, etc.
2. Reprimand by official letter to individual(s) and/or school in regard to the offense committed with a warning to correct the situation(s).
3. Probation of individual(s) and/or school by official letter advising parties of the probationary status and the conditions of the probation.
4. Restrictions which would restrict individual(s) and/or school in region, group or state activities.
5. Suspension would result in dropping the school from membership in region activities for a specific time period.
6. Fines to the coach, principal and/or school may be assessed.

**All penalties imposed by the Region Board of Managers are final.**

Trophies and Awards

**Baseball**

One Region Trophy

**Basketball (Boys and Girls)**

One Region Trophy each

**Cross Country (Boys and Girls)**

One Region Meet Trophy each

\_\_ Medals for places 1-\_\_\_

Certificates for J.V. places 1-\_\_\_

**Drill Team**

One Region Trophy

Plaques—1st, 2nd and 3rd place in each category: dance, military, and novelty or prop

Three drill down plaques for 1st, 2nd, and 3rd places

Certificates for State Qualifiers

**Football**

One Region Trophy

**Boys and Girls Golf**

One Region Trophy

\_\_ Medals for \_\_ low medalists

**Soccer (Boys and Girls)**

One Region Trophy each

**Softball**

One Region Trophy

**Swimming (Boys and Girls)**

One Region Trophy each

\_\_ Medals for places \_\_\_\_\_\_\_ individual and \_\_\_\_\_\_\_\_\_\_\_\_ in relays

**Tennis (Boys and Girls)**

One Region Trophy each

\_\_\_Medals for girls and \_\_\_Medals for boys

Medals: \_\_\_\_\_ place in 5 categories: 1st singles; 2nd singles; 3rd singles; 1st doubles; 2nd doubles

**Track (Boys and Girls)**

One region Meet Trophy

Medals for places \_\_\_\_\_\_ individual and \_\_\_\_\_ relays

Certificates for Sophomore 1st – 6th places individuals and 1st place relays

**Volleyball**

One Region Trophy

**Wrestling**

One Region Trophy

Medals: \_\_ Varsity, 1st – \_\_ place; \_\_\_ J.V. Medals, 1st \_\_\_ place

Supplied by host school

**Other Activities**

**Drama**

Medals or Plaques—

**Forensics/Debate**

One Region Trophy

**Music**

Certificates- Solo and Ensemble Instrumental

Certificates- Solo and Ensemble Vocal

Certificates- Individuals receiving Superior

Contest Limitations

**See** [**UHSAA Handbook**](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf) **, Section 4 for up to date limitations**

Baseball: 22 games **Each game played counts as one game.**

 a. A multi-game tournament (maximum of four games)--count it as **two** games and play **one** non-region double header on a non-school day for both schools and count it as **one** game – OR--

 b. They can play **two** non-region double headers on non-school days and count each double header as **one** game.

Basketball: Varsity—20 games.  **Each game played counts as one game.**

a. All non-varsity may play a maximum of 20 total games.

Cross Country: 10 meets.

Girls Drill Team: Three (3) competitions. Does not include region or state.

Football: Nine (9) games.

Golf: 14 meets.

Soccer: 16 games.

Softball: 22 games.

1. A single day tournament will count as **one** game with a maximum of **four** games.
2. A multiple day tournament (2-3 days) will count as **two** games towards contest limitations.
3. A maximum of **eight** games may be played in a multiple day tournament.

Swimming: 14 meets.

Tennis: 14 meets per individual.

 a. The number of meets counted for a tennis tournament shall be equal to the number of days scheduled for the tournament. A **one** day tournament shall count as **one** meet, a **two** day tournament shall count as **two** meets, etc.

Track: 12 meets per individual.

Volleyball: One of the following three options may be chosen:

16 matches and 0 tournaments

15 matches and 1 tournament

14 matches and 2 tournaments

(No more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day and tournaments may not exceed three (3) days in length.)

Wrestling: 24 credits per wrestler. All tournaments count as three (3) credits.

 a. Individuals may compete in no more than six (6) tournaments per season.

 b. Three (3) of the six (6) tournaments may be dual tournaments.

Music: Three (3) contests per category.

Forensics/Debate: 10 meet’s per individual.

Baseball Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

 **Games**

1. 22 Games
2. Game Time- Varsity, J.V., Soph
3. Each team will be allowed 15 minutes for warm-up and infield practice.
4. Game time may be changed only after agreement of the two principals involved. A date change must be approved through the Region Baseball Chairperson, who will inform all region principals. Date changes will only be approved for extraordinary circumstances rather than issues of convenience.
5. Each postponed game must be made up in the order of the postponement on the first available playing date.
6. The home team will be responsible to have an official scorekeeper, preferably an adult.
7. The winning team is responsible to report the results of the game to the newspapers.
8. The recommendation of the UHSAA on number of innings pitched per week will be followed.
9. May \_\_\_\_, \_\_\_\_\_ may be used as playoff dates to determine fourth seed (last play-off seed)

**Tie Breaker - See general policies**

**All-Region**

1. A Region coaches meeting will be held on the Monday following the last regularly scheduled Region Games (TBD).

Varsity Baseball Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

**VARSITY GAMES START @ \_\_\_\_\_\_\_\_PM**

# JV Baseball Schedule

Start Time:

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Sophomore Baseball Schedule

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Boys Basketball Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

1. 20 Games
2. Game Times—Varsity, JV, Soph
3. Games will start as scheduled or 20 minutes following the conclusion of the previous game.
4. Preseason game times and dates are site-based decisions.
5. Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region ## Board of Managers. (The home team will notify the arbiter in case of any change.)
6. The coaches have the option to agree on which ball to use. If an agreement can’t be reached, then the UHSAA contracted ball will be used.
7. General courtesies recommended for boys’ and girls’ games:
	1. Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and a table for taping. A room for private discussion during halftime should be provided.
	2. If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
	3. Conduct halftime activities within scheduled time—not to exceed seven (7) minutes for all activities. Minor variations can be made with mutual consent of schools involved.
8. Copies of schedules and team rosters must be emailed to each region school’s AD by November \_\_, 20\*\*.

**Tie- Breaker – See general policies**

**All-Region**

1. A Region coaches meeting will be held on the Monday following the last regularly scheduled Region Games (TBD).

Boys Basketball Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Girls Basketball Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

1. 20 Games
2. Game Times—Varsity, JV, Soph
3. Games will start as scheduled or 20 minutes following the conclusion of the previous game.
4. Preseason game times and dates are site-based decisions.
5. Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region ## Board of Managers. (The home team will notify the arbiter in case of any change.)
6. The coaches have the option to agree on which ball to use .If an agreement can’t be reached, then the UHSAA contracted ball will be used.
7. General courtesies recommended for boys’ and girls’ games:
	1. Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and a table for taping. A room for private discussion during halftime should be provided.
	2. If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
	3. Conduct halftime activities within scheduled time—not to exceed seven (7) minutes for all activities. Minor variations can be made with mutual consent of schools involved.
8. Copies of schedules and team rosters must be emailed to each region school’s AD by November \_\_, 20\*\*.

**Tie- Breaker – See general policies**

**All-Region**

1. A Region coaches meeting will be held on the Monday following the last regularly scheduled Region Games (TBD).

Girls Basketball Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Cheerleading Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Region Coaches Meeting:**

**Responsible School: School Name**

1. Cheerleaders must follow the National Safety Guidelines in order to qualify for catastrophic insurance coverage.
2. All spirit safety rules are to be followed during practices, games, and performances.
3. Cheerleaders in uniform and accompanied by an advisor will be admitted to the game without charge.
4. Cheerleaders may use hand held performance signs and pompoms at Region events. At football games, megaphones and a sign of a positive nature for the home teams to run through will be allowed. See chart of approved items and regulations on page 8.
5. Drums are to play only as part of the pep band or as accompaniment to a cheer by the cheerleaders.
6. Placement of the cheerleaders, drill team and general student body is at the discretion of the host school. Cheerleaders should encourage good sportsmanship at all times. Cheerleaders should refrain from conducting cheers during foul shots and must break behind the basket during the entire game. Cheerleaders will refrain from participating in any “in your face gestures” directed at the opposing spectators and finally, opposing cheer squads should not participate in competitive tumbling demonstrations.
7. Traveling cheerleaders, drill teams and pep clubs will be supervised by designated adult chaperones.
8. Only cheerleaders (no spectators) are allowed on the sideline, court or field for cheers, activities or demonstrations unless specifically sponsored by the host school administration.
9. Cheer squads should not pass the center court line when performing tumbling exhibitions.
10. Cheerleading squads and their advisor(s) **must** attend the UHSAA Safety Clinic in the spring prior to the new school year. Coaches are also encouraged to document stunt progression of each cheerleader.
11. Mascots will not display inappropriate movement nor will there by any physical confrontations or mock wrestling between opposing schools’ mascots. Mascots will stay in the area of their own cheer squads.
12. For safety reasons the host and visiting administrations will keep other students out of the space provided for cheerleaders. It is strongly recommended that cheerleaders store their gear in a secure and consolidated space behind their team’s benches.
13. Because academics are a priority, it is recommended that a cheerleader not be required to attend activities more than three times a week.

Cross Country Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Meets**

1. **10 meets plus region and state**
2. **Start time- 3:30**
3. NFHS Rules govern competition.
4. Qualification for State will be as per UHSAA rules in the current handbook.
5. The host school will designate a well-marked course. Distances for Region meets and the Region Championships will be approximately 3 miles or 5k.
6. Region Meet host will be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
7. Region meet will be held at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 20\*\*.
8. Two races will be run in Region meets, with girls and boys running separately.
9. The winner of the Region trophy will be determined by scores at the Region Championship Meet.
10. Each school will furnish their own ‘stickers’ or tags (file folder label size—1/3 cut preferable) for each dual/tri meet and the Region Championship Meet. Put name and school on the tag, and year in school (9, 10, 11, 12) on the Region Championship tag.
11. Coaches may run more than 7 runners in the ‘Varsity’ Region Championship race if desired (out to the maximum of 12 listed in the National Federation rulebook) but the scoring 7 must be clearly designated on the tag prior to the beginning of the race. Failure to do so disqualifies athletes from the top finisher of that school down, one for one over the limit of 7. These non-scoring individuals are NOT eligible for individual awards (top-10 medals). It is understood the reason for the option to race an extra individual (or more) is to determine positions for the State Meet only.

**Tie- Breaker – See general policies**

1. Tie-breaker is determined by the highest 6th-place finisher.

**All-Region**

1. Medals are awarded to the top 10 finishers at the Region Championship meet in the boys’ and girls’ varsity divisions. Certificates are awarded to the top 10 in Region JV.

## Cross Country Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Day, Date**

Region schools @ place

Girls @ 3:30

Boys @ 4:00

**Day, Date**

Region Schools @ Place (\_\_\_\_\_\_\_ hosts)

**Day, Date**

Region Schools @ Place (\_\_\_\_\_\_\_ hosts)

**Day, Date**

Region Schools @ Place (\_\_\_\_\_\_\_ hosts)

**Day, Date**

Region Schools @ Place (\_\_\_\_\_\_\_ hosts)

**Day, Date**

Open for Inter-Region or Make-Up

**Day Date**

Region Championship Meet @ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2:00 Region JV Girls

2:30 Region JV Boys

3:00 Varsity Girls

3:30 Varsity Boys

4:00 Awards

**Day, Date**

State Championships @ Sugarhouse Park

Time Girls (tentative)

Time Boys (tentative)

Drama Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Region Drama Meeting:**

**Region Plays:**

**State Entries:**

**Responsible School: School Name**

1. Teachers Meeting: All region drama teachers will meet at least one month prior to the Region Festivals to discuss any business deemed necessary before the Region Tournaments begin. Meeting is scheduled \_\_\_\_\_\_\_\_\_\_, \_\_, 20\*\*, at \_\_\_pm at \_\_\_\_\_\_\_\_\_\_ High School in the Drama Room.
2. Judges: Coaches, recent alumni (4 years), student teachers from any of the Region \_\_\_\_\_schools as well as family members of any competing student will not be used as judges for any portion of the play festival or individual event festival.
3. Cost and Fees for Judges:
	1. **One** to **seven** schools participating- \_\_\_ individual Event Judges at \_\_\_ per day.
	2. Presentations (plays)- three (3) Judges at \_\_\_\_\_\_\_ per day (mileage at UHSAA rate).
4. Qualifying for State: Each school may send up to four (4) entries per individual event as constituted for that classification. All four entries could qualify for the state festival by achieving the following guidelines:
5. Individual entries must receive a rating (superior, excellent, good or fair) and will not receive a ranking at the region level.
6. Rating System:
7. Any entry must receive at least two (2) superior ratings out of three to qualify for state.
8. Any entry receiving a straight superior rating (SSS) at region will receive a medal.
9. All festival plays receiving straight superior ratings OR one half of the numbers of festival plays presented at region drama festivals whichever is greater will qualify to perform in the state drama festival. In the case where fewer than half of the region festival plays receive straight superior ratings, the region play judges will determine the remaining plays to fill our regions allotment.
10. Double Entering: Each student may only qualify for State in one (1) Individual Event and in the Play Event.
11. Trophies and Awards:

## Drama Schedule

### Day, Date

#### Region Drama Meeting

Time--

Place – Drama Room

### Day, Date

#### Region Plays

Time

Place

### Day, Date

#### Region IE’s

Time Round One

Time. Round Two

Time Round Three

Time Awards Ceremony

Place

### Day, Date

#### State Drama

Place

 Drill Team Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Region Competition:**

**State Competition:**

**Responsible School: School Name**

1. Region Drill Team Competition will be conducted under the rules and guidelines of the UHSAA competition regulations.
2. Drill teams must follow the National Safety Guidelines in order to qualify for catastrophic insurance coverage.
3. The team coach must attend a UHSAA clinic for coaches and judges prior to the Region Meet or complete the UHSAA Drill Team test.
4. Beginning with the 2010-2011 school year, Drill Teams compete in the same three (3) categories head to head at region and state competitions. The UHSAA has designated **MILITARY, DANCE,** and **CHARACTER/KICK** as the three official categories for competition in the upcoming (**2011-2012**) school year.
5. Drill team coaches must attend a mandatory meeting prior to the Region ## Drill Team Competition. Each coach will draw a number for her team which will determine each team’s performance order for each category based on the following rotation. The order of events for the Region Tournament will be Military, Dance and Prop.
	* + 1. Military Dance Kick Line
			2. 1 4 6
			3. 2 3 5
			4. 5 6 1
			5. 4 2 3
			6. 3 1 4
			7. 6 5 2
6. All coaches must submit the following information for the Region Program no later than **Day, Date, 20\*\*.** Please submit information electronically to **the region chair**.
	1. A team picture (high quality with sharp contrast).
	2. Names of drill team members and officers
	3. Names of school administration and athletic director
	4. All-Region Team names (3) deserving drill team members, either seniors or second year members)
	5. Academic All-Region (Team members with 3.75 cumulative GPA).
	6. Please make sure all names are spelled correctly.
7. Drill teams will have 20 minutes of floor time on the day of competition at the host school and a one-hour practice session prior to competition scheduled by the Region Representative at the competition site.
8. Region ## Drill Representatives will be chosen from the Region ## Drill Competition host school.
9. The following awards will be presented at the Region Drill Competition:
	1. A region trophy will be awarded to the region championship team.
	2. Plaques will be awarded to 1st, 2nd, and 3rd place winners in each category.
	3. Plaques will be awarded to 1st, 2nd, and 3rd place team winners in drill down.
	4. Certificates will be given for 2nd and 3rd place overall.
	5. Certificates will be given for Academic All-Region.
	6. Certificates will be given for All-Region Team.
10. \_\_\_\_\_\_ teams from Region ## will qualify to move on to State Competition. If any team that does not qualify wins a specific category, that team will have the option of taking that first place routine to State.
11. Videotaping of other teams at Region or State Competition is not allowed.
12. No males will be allowed in the dressing rooms or team areas during any competitions.

**Competition Planning Dinner**

Day, Date

TBA

Time

**Region ## Drill Meet Rehearsal**

Day, Date

(Martin Luther King Day?)

Time

Football Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

1. Game Limit:- 9 plus endowment
2. Game time- 7:00 p.m.
3. Endowment game: 2nd Friday after Monday Start Date
4. Home team wears dark jerseys, visitors wear light jerseys.
5. Junior Varsity and Sophomore games: Each school will play a full schedule of
6. Sophomore and J.V. games. (All games will start at 3:30 p.m.— no evening games.) Sophomore games will be played at the same location as the Varsity. J.V. plays opposite. Home team wears dark jerseys. Visiting team wears light or white jerseys.
7. Sophomore jersey colors:
8. A: Color D: Color
9. B: Color E: Color
10. C: Color F: Color
11. Chain Crews: All schools are required to use adults on chain and down marker
12. (Varsity only).
13. Change of time: A change of time may be affected through mutual agreement of both schools (Coach, Athletic Director and Principal). The host school must notify arbiter of the change in time for him to notify the officials. The host school or Region ## school (pre-season) shall notify Region chair, arbiter, medical personnel, and other region coaches if a change is made. All officials (Varsity, J.V., and Sophomore) will be arbited by the UHSAA.
14. Change of Date: A change of date must be approved by the Region Board of Managers after a mutual agreement is reached between schools concerned.
15. Scouting: is to be done from the spectator stands. No video filming of future opponents will be allowed at the Varsity, J.V. or Sophomore levels.
16. Film Exchange: Each Region ## school is expected to exchange two (2) games DVD’s in preparation for their varsity games. Copies of original games must be made on new discs. Each school will meet on the day following the varsity game at \_\_\_\_\_\_\_\_\_\_\_\_. Exchange will take place at 8:00 a.m. Coaches will exchange the two (2) most recent game DVD’s unless otherwise agreed upon by coaches exchanging. All filming will be done by adults. All players on the playing field must be visible from the break of the huddle until the snap of the ball. Once the snap has occurred the angle can be changed. Film all plays; film the scoreboard after each scoring play and at the end of each quarter.
17. Sidelines: No one will be allowed on the field or sidelines during the game without a sideline pass. Each school will develop and distribute their own sideline passes.
18. Dress and locker room: Home school is to provide a lockable dressing facility. A white board or chalkboard with writing instrument needs to be available. Locker room needs to be available 11⁄2 hours before game time. The home team should provide a guide to meet the bus, show the team the locker room and be available if assistance is needed. J.V. and Sophomore teams should dress at their own schools. In case of inclement weather J.V. and Sophomore teams will be provided shelter at half-time. The visiting team is responsible for cleaning their locker-room immediately following halftime.
19. Visiting team spotters/coaches
20. Electronic communication equipment, other than coach’s equipment, including but not limited to computer, television, and videotape, shall not be used for coaching purposes during the game or between periods.
21. Rosters and meetings: Rosters and team photo are available at [UHSAA.org.](http://www.uhsaa.org)
22. Officials and Game Clock: Any current employee of a school may not officiate in any Varsity game in which that school is participating. The game clock is to be manned by an adult for Varsity games, and where possible for J.V. and Sophomore games.
23. Post game activities: At the conclusion of the Varsity, J.V., or Sophomore games and after the traditional "handshake," visiting teams will not participate in any post game activities. Teams are to gather their gear and load the bus.
24. Public Address Announcers: Public address announcers are not to be commentators, cheerleaders or to second-guess the officials.

**Tie- Breaker – See general policies**

1. Tie-Breakers and playoffs: Refer to region policies for tie-breakers

**All-Region**

1. The coaches will meet after the last Region game for the purpose of selecting the All-Region \_\_\_team, Day, Date. Time and location to be determined.

Football Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Forensics/Debate Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Region Coaches Meeting:**

**Region Meet:**

**State Meet:**

**Responsible School: School Name**

1. Starting Date: No forensic meets may be held prior to October \_\_, 20\*\*.

Ending Date: No forensic meets may be held after March \_\_, 20\*\*.

2. Region Pairing Meeting: This meeting will be held at Hillcrest High School no more than 10 days before the Region Tournament. The meeting will begin at 3:30 p.m. All coaches will be assigned pairing responsibilities. All coaches shall submit 30 Impromptu topics: (10 Famous Quotations, 10 Social Value Questions, 10 Abstract/one word) and 20 Extemporaneous topics (10 US/Foreign Economic topics; 10 US/Foreign topics). All coaches present at this meeting will receive copies of Student Congress legislation and topics. Seeding of debate contestants (A, B, C, D) will be determined at this meeting. All typewritten manuscripts, with complete bibliography, must be submitted at the Region Pairing Meeting. Schools not submitting manuscripts for Original Oratory will forfeit the entry.

3. Student Congress Pairing: All contestants will be placed in one house or two sessions, with assigned seating, with second session seating reversed. A panel of three judges shall be used. Student Congress for region will conform to State Tournament guidelines.

4. Registration: Registration forms must be submitted to the Region Coach Representative at the time of the Region Pairing Meeting. All orations and Student Congress Legislation must be submitted with registration.

5. Student Congress: Each student may submit one piece of legislation. The legislative calendar will be set randomly at the Region Pairing Meeting by placing the name of each school in a hat and drawing out one at a time to determine the first series of bill resolutions (B/R) to be considered. The order will then shift (i.e., 1 to 2, 2 to 3, etc.) to determine the next series of B/R to be considered. This method will continue until all legislation has been placed on the calendar. All legislation must be final at the Region Planning Meeting. Student Congress for Region will conform to State Tournament Guidelines which include: all speeches three minutes with one minute question after the proponent, amendments, serving as Presiding Officer. No removal of an obstructionist without approval of the tabulation room. Region coaches will assign a parliamentarian (optional).

6. Entries: The NFL March/April topic will be used for both Region and State Competition. In Individual Events and Congress, there will be three entries. In debate events, there will be four entries. Students may only compete at State Tournament according to qualifying rules and in the same event they entered for Region Tournament.

7. Scoring: The Quartile system will be used: 5 points for Superior, 3 points for excellent, 1 point for Good and 0 points for Fair. Quartiles will be based on the total possible entries of participating schools. In sweepstakes, when there is a team tied for third (state qualification), the tie will be broken on number of ratings and win/loss records. There will be double points for policy debate and public forum teams, since they consist of 2 students each.

8. Judging Requirements: Schools not meeting their judging commitments will be subject o the following procedures: a) drop the number of students to match number of judges present; b) the school will be ineligible for Region awards and State qualification; c) a letter will be sent to the Principal by the Region Coach Representative outlining the failure to provide judges and the impact on school registration/qualification. Judges will be paid according to UHSSA guidelines.

revised 5-6-10

Region ##—Where Every Student Counts Every Day!

9. Region Awards: There will be one Region championship trophy, and Region IV medals for the top five places in each of the 8 events. Extra medals will be ordered as needed.

10. Region Expenses: Expenses will be paid in accordance with State Activity Guidelines to include awards, coaches’ and judges’ hospitality and officials’ pay. Hosting School/Region Tournament Director will receive a $100.00 stipend. The Region Activity Chair will be responsible to make sure that all expenses of the tournament will paid by the host school. The host school will then request reimbursement from the region.

Region & State Tournaments:

Dates Event Location

February \_\_, 20\*\*

1 Region Tournament - School

February \_\_NFL Qualifiers Tournament TBA

March \_\_\_ State Tournament Weber State

Sweepstakes, the following tie-breaking procedure will be followed: The lowest total ranking score in all events wins the tie. Debate, Lincoln-Douglas and Public Forum will be counted as one (1) point for wins and three (3) for a loss in this tie breaking system. Only ties for 1st and 2nd Place Sweepstakes will be broken. All other ties will be listed and announced as a tie.

1. Rules Arbitration: The Region Activity Chairperson will be on call during the Region Tournament to help resolve disputes over interpretation or application of Region rules.
2. Region Costs: Region Schools will submit to the Region Activity Chairperson a list of their judges. The schools are responsible for paying their own judges. The Region will then reimburse schools for the cost of their region judges. The Region will also cover the costs of awards and of lunch for region coaches and judges at the Region Tournament.

**Region ## Tournament**

Saturday February 19, 20\*\* –School

**State Forensics Tournament**

March 11-12, 20\*\* – TBA

**Region ## Trophy Needs**

|  |  |
| --- | --- |
| **Event** | **Places** |
| Policy Debate | Two Each – Places 1-5 |
| Public Forum Debate | Two Each – Places 1-5 |
| Lincoln Douglas Debate | Places 1-5 |
| Student Congress | Places 1-5 |
| National Extemporaneous Speaking | Places 1-5 |
| Foreign Extemporaneous Speaking | Places 1-5 |
| Original Oratory | Places 1-5 |
| Impromptu Speaking | Places 1-5 |

Girls Golf Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

1. All general policies in the Region ## Activities Manual should be read and will apply to the sport of Golf.
2. There will be a maximum 6 9 hole region matches and 2 18 hole region tournaments
3. In case of a tie for the State berth, a nine (9)-hole playoff will occur with each team entering six (6) players. The top three (3) scores will count. In the event of a tie, the next player’s score will be determined until the tie is broken. A neutral course will be designated as the playoff site.
4. In varsity matches, each team will play up to six (6) players. The top three (3) scores will count.
5. Individual medals will be given to the 10 players with the lowest scores in the Region Tournaments.
6. No caddie is to be used by the golfers.
7. Electric carts are not to be used by the players. The Coaches’ Representative and Region Golf Chairperson will determine exceptions.
8. All coaches are responsible to see that their players are dressed in appropriate golfing attire and comply with local course rules. No denim.
9. Players must attend school the day of scheduled dual matches and tournaments to be eligible for play that day.
10. Play will be governed by the USGA rules and local course rules, stroke play, proper golf conduct, etiquette and Region III sportsmanship code. With the exception of the special stroke rule. Players will pick up once they reach ten (10) strokes.
11. Each school will be required to attend the region rules meeting.
12. All play will be played from the forward tees.
13. Mike Booth will serve as region statistician.
14. Stableford point system will NOT be used.
15. Scoring system Stableford?
16. Beginning and less experienced players will play from the fairway tees (1700-2000 yards) until they can score below fifty-five (55). At that point it will be up to their coach to determine if they play from the fairway tees or the varsity tees.
17. Varsity and JV matches will be played at the same time. However, JV will play 9-holes when the varsity plays 18-holes.

**Tie- Breaker** – **See general policies**

**AWARDS**

1 Region Trophy

10 Medals for 10 Low Medalists

Girls Golf Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Day, Date**

Rules Meeting

Glenmoor – 3:00 pm

**Day, Date**

Region 9 Hole

Riverbend – $8.00

2:00 pm shotgun

**Day, Date**

Region 9 Hole

River Oaks – $8.00

2:00 pm shotgun

**Day, Date**

Region 18 Hole

Fore Lakes – $14.00

2:00 pm shotgun

**Day, Date**

Region 9/18 Hole

Murray Parkway – $8.00-$16.00

1:00 pm shotgun

**Day, Date**

Region 9/18 Hole

Mountain View – $7.00-$14.00

2:00 pm shotgun

**Day, Date**

Region 18 Hole

Talon’s Cove – $15.00

2:00 pm shotgun

**Day, Date**

Region 9/18 Hole

State Site (TBA)

2:00 pm shotgun

**Day, Date**

Region 9/18 Hole

Glenmoor – $8.00-$16.00

2:00 pm shotgun

**Day, Date**

Region 18 Hole

Stansbury – $8.00

2:00 shotgun

**Day, Date**

Region 18 Hole

Davis Park – $17.00

9:30 am shotgun

**Day, Date**

State Entries Due

**Day, Date**

State Tournament (TBA)

Note: Some courses will be charging more for coaches to play. Call each course to find out what the cost will be.

Boys Golf Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

1. All general policies in the Region ## Activities Manual should be read and will apply to the sport of Golf.
2. There will be ten (10) 18-hole Region Tournaments. Points for the five Region Tournaments will be according to the following scoring: first—7; second—5; third—4; fourth—3; fifth—2; sixth—1, and will determine the Region Golf Champion. The team with the most points will be declared Region ## Champion.
3. In case of a tie for the State berth, a nine (9)-hole playoff will occur with each team entering eight (8) players. The top four (4) scores will count. In the event of a tie, the next player’s score will be determined until the tie is broken. A neutral course will be designated as the playoff site.
4. Individual medals will be given to the 10 players with the lowest scores in the 18-hole Region Tournaments.
5. No caddie is to be used by the golfers.
6. Electric carts are not to be used by the players. The Coaches’ Representative and Region Golf Chairperson will determine exceptions.
7. All coaches are responsible to see that their players are dressed in appropriate golfing attire and comply with local course rules.
8. Players must attend school the day of scheduled dual matches and tournaments to be eligible for play that day.
9. Play will be governed by the USGA rules and local course rules, stroke play, proper golf conduct, etiquette and Region III sportsmanship code.
10. Each school will be required to attend the region rules meeting.
11. All play will be from the Blue Tees.
12. Region golf statistician
13. Each team will be allowed four (4) extra playing slots in each region tournament. Any unused slots maybe used by other schools and will be determined by the coaches prior to the match.

**Tie- Breaker – See general policies**

1. Tie-Breakers and playoffs: Refer to region policies for tie-breakers

**All-Region**

Boys Golf Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Day, Date**

Region Rules Meeting

Mountain View (TBA)

**Day, Date**

Schneiter’s Bluff (801-773-0731)

12 noon — $16

**Day, Date**

Mountain View (801-255-9211)

1:30 pm — $14

**Day, Date**

Glendale (801-974-2403)

2:00 pm — $14

**Day, Date**

Rose Park (801-596-5030)

2:00 pm — $14

**Day, Date**

Glenmore (801-280-1742)

2:00 pm — $16

**Day, Date**

Sleepy Ridge (801-434-4653)

2:00 pm — $17.50

**Day, Date**

Meadowbrook (801-266-0971)

2:00 pm — $14

**Day, Date**

Riverbend (801-253-3673)

2:00 pm — $1

**Day, Date**

Wasatch (435-654-0532)

10:00 am — $1.50

**Day, Date**

5A State Tournament @ Sleepy Ridge

$30 per player

Please note that all 16 teams and individuals will play both days

**JV TOURNAMENT SCHEDULE**

**Day, Date**

Schneiter’s Bluff - $17.50

18 holes – 12:00 noon

**Day, Date**

Mountain View – $7

2:45 pm s.g. (West Jordan)

**Day, Date**

River Oaks - $8

2:45 pm (Bingham)

**Day, Date**

Meadowbrook - $7

2:45 pm (Taylorsville)

**Day, Date**

Mike Riley - $7

3:00 pm (Herriman)

**Day, Date**

Glenmoor - $8

2:45 pm (Copper Hills)

**Day, Date**

Riverbend - $8

2:45 pm (Riverton)

**Day, Date**

Soldier Hollow - $11.50

18 holes – 10:00 am tee times

Music Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**Eligibility List Due:**

**Region Festival:**

**State Festival:**

**Responsible School: School Name**

1. All general policies in the Region ## Activities Manual should be read and will apply to the activity of Music.
2. All region festivals will follow the current UMEA state festivals guidelines.
3. The following vocal awards will be presented:
4. Solo & Ensembles – certificates to soloists and ensembles that receive superior or excellent ratings.
5. Certificates for superior or excellent ratings at Large Choir, Madrigal or Solo & Ensemble Festivals will be presented to each participant.
6. Trophies will be awarded to teams that obtain superior or excellent ratings.
7. Choir Festivals – certificates will be awarded to all participants of teams that receive superior or excellent ratings. Trophies will be awarded for groups
8. receiving superior or excellent ratings.
9. The following Instrumental awards will be presented:
	1. Marching Band Festival – certificates for all participating bands according to rating. Trophies will be presented for: Music Caption, Visual Caption, Percussion Caption, and Drum Major.
	2. Solos & Ensemble Festival – certificates to soloists and ensembles that receive superior ratings.
	3. Jazz Band Festival – certificates for bands that receive superior ratings.
	4. Orchestra and Band Festivals – certificates for groups that receive superior ratings.
	5. Schools will be allowed to submit 30 total entries to the Solo & Ensemble Festival. It is **strongly recommended** that an individual student not enter more than three solo and/or ensemble events. Schools may submit as many alternates as they want; however alternates will be scheduled on a space available basis.
	6. At least three (3) judges will listen to all groups.
10. Large choirs will be limited to 15 minutes on and off the stage.
11. Large instrumental groups will be limited to 30 minutes on and off stage.
12. Groups that receive a minimum of two superior ratings will qualify for State Festivals.

Schools will not be allowed to enter more than one (1) large group unless approved by the festival chair.

1. In order to qualify for State, entrants must observe two (2) other group performances at that festival.
2. Music directors are expected to be present for Solo & Ensemble performances of their school. Those who are absent may jeopardize student eligibility.

The host school's music director will hire the judges and arrange for their payment.

Instrumental Music Schedule

**Day, Date**

Region Marching Band Festival @ School – 6:00 p.m.

**Day, Date**

Region Jazz Band Festival @ School – 4:00 p.m.

**Day, Date**

Region Instrumental Solo & Ensemble Festival @ School – 3:00 p.m.

**Day, Date**

State Jazz Band Festival @ School – (time TBA)

**Day, Date**

Region Concert Band Festival @ School – 4:00 p.m.

**Day, Date**

Region Orchestra Festival @ School – 4:00 p.m.

**Day, Date**

State Concert Band Festival – TBA

**Day, Date**

State Orchestra Festival – TBA

Vocal Music Schedule

**Day, Date**

Region Vocal Solo & Ensemble Festival @ School – 3:00 p.m.

**Day, Date**

Region Madrigal Festival @ School – 6:00 p.m.

**Day, Date**

Region Large Choir Festival @ School – 4:00 p.m.

**Day, Date**

Region Training Choir @ School – 6:00 p.m.

**Day, Date**

State Choir Festival – TBA

**Day, Date**

State Solo and Ensemble Festival @ School

|  |
| --- |
|  EVENT                            DATE                 TIME          LOCATION |
| Region Jazz Band | Tuesday,March 6, 2012 | 4:00 p.m. | School |
| Region Vocal/PianoSolo and Ensemble | Tuesday,March 13, 2012 | 3:30 p.m. | School |
| Region InstrumentalSolo and Ensemble | Tuesday,March 20, 2012 | 3:00 p.m. | School |
| Region Madrigal Festival | Wednesday,March 21, 2012 | 3:00 p.m. | School |
| Region Training Choir Festival \* | Tuesday,April 10, 2012 | 6:30 p.m. | School |
| Region Choir Large Group Festival \*\* | Tuesday,April 24, 2012 | 6:00 p.m. | School |
| Region Orchestra Large Group | Thursday,April 26, 2012 | 4:00 p.m. | School |
| **STATE** Solo and Ensemble | Saturday,April 28, 2012 | TBA | School |
| **STATE** ConcertBand Festival | Friday/Saturday May 4-5, 2012 | TBA | TBA |
| State Large Choir Festival | Friday/SaturdayMay 11-12, 2012 | TBA | School  |
| State Orchestra Festival | Friday/Saturday May 18-19, 2012 | TBA | School |

Soccer Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games—16 game limit**

1. **start time—Varsity 3:30pm JV 5:15pm**
2. All general policies in the Region ## Activities Manual should be read and will apply to the sport of Soccer.
	1. Changes in game time and/or site must be approved by the principals and coaches of both schools involved.
	2. Host schools are responsible for notifying officials in advance of any change in the schedule.
	3. Host school coaches will be responsible for calling the Varsity Team scores to the Deseret News (237-2162 after 4:00 p.m.) and the Tribune (257-8900 after 4:00 p.m.).
	4. Shin guards are mandatory.
	5. The uniform sportsmanship policy (adopted August 30, 2010, by the UHSAA).
3. **Ejections--- see rules at the front of the manual**
4. Fans must be seated 10 Feet from sideline- a painted white line must designate the fan seating area.
5. Home team must wear light jerseys and light socks; visiting team wears dark jerseys and dark socks.
6. Seating: The preferred seating arrangement is with both teams on one side of the field with fans seated on the opposite side of the field 10 Feet from sideline fans must sit with their team on the appropriate sides.

**Tie-Breaker: See Region Policy** for all activities.

1. Each postponed game must be made up in the order of the postponement.
* If there is a tie and a berth is at stake, then the tied schools playoff.  The teams play a full game.  If there are three teams tied for a playoff spot, then two teams play determined by flip, then winner plays bye team. Winner goes.  If three teams tie for two places, then the same format is used. However, the winner of the first game is in and the loser plays the bye team. All games are played on a neutral site.

Girls Soccer Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Boys Soccer Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Softball Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

1. 22 game limit
2. Tournament Limits

A single day tournament will count as one (1) game with a maximum of four (4) games.

A multiple day tournament (2-3 days) will count as two (2) games towards contest limitations.

A maximum of eight (8) games may be played in a multiple day tournament.

1. Teams agree to accept all National Federation Rules.
2. Pitching distance will be 43 feet.
3. All region varsity games shall begin at 3:30 pm.
4. Games will be a full seven (7) innings.
5. If the score is tied at the end of seven (7) innings, the international tiebreaker rule will be in effect.
6. The 10-run rule will be in effect after the fifth inning.
7. The 15-run rule will be in effect after the third inning.
8. All junior varsity games will immediately follow varsity games (same day/same site).
9. A team may only score six (6) runs an inning in a JV game.
10. Rules for junior varsity play will be agreed upon by the region in order to provide a developmental atmosphere and to accommodate facility use conflicts.
11. There is a 1.5 hour time limit
12. The visiting team will take the field at 3:00 pm; the home team will take the infield at 3:15 pm.
13. The home team will be responsible for:
	* Providing an official scorekeeper (a responsible adult)
	* Providing two (2) new game balls (same ball as used in State
	* Paying the officials
	* Field management
	* Calling the media with game results
14. Senior recognition day will be kept to a ten (10) minute maximum according to general policy F-8.
15. Postponed games will follow the UHSAA suspended game procedures.
	* The home team will call their opponent and the officials by 12:00 noon.
	* Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved by the involved principals.
	* Priority should be given to region games.
	* In the first round of region play, the postponed game may be “flip-flopped” to the visiting field if it is deemed playable. The second round field will be reversed.
16. Video taping of games is by playing teams only.
17. In the second round of region play, the game will be made up on the first available date at home field.

**Tie- Breaker – See general policies**

**In the event of a tie in the standings, the region tie breaker rule will be in effect.**

**All-Region**

 One region trophy will be awarded to the first place team.

 Academic All Region- senior players with a cumulative 3.85 GPA

Softball Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Swimming Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

* A maximum of fourteen (14) meets will be held which includes state qualifying meets. All region meets will begin at 3:30 pm. The region relay meet will count as a state qualifying meet.
* The Region Championship will be held on Date, at the Place at
* Each team in the region shall have a current version of Hy-Tek meet manager and team manager swimming software. Home team will be in the odd lanes, visiting team in the even lanes.
* Each school’s entries for the Region Championship will be limited to all official entries in each individual event and one (1) entry in each relay event. All entry times must be the best time from meets during the current season. NT’s will not be accepted as entry times.
	+ All swimmers must meet eligibility requirements as per National Federation Rules.
	+ The top four swimmers from each school will be used to score towards the Region Championship.
	+ Each school must submit their region entries as well as their Academic All-Region names (Seniors only, 3.75 or higher) at our Region Seeding Meeting. The meeting will be held on Thursday, January 27 at 6:30 pm at a place to be determined.
	+ The scoring format will be 12 places; 1 Region Trophy, 6 individual event medals, and 2 relay team medals.
	+ Awards will be passed out during breaks of the meet.
* All hosting schools of dual meets will have the following:

 Dual Meets Region Championship

 Starter $40.00 $60.00

 Referee $40.00 $60.00

 Stroke Judge $30.00 $30.00 (4)

 Head Timer/Runner $30.00 $40.00

 Announcer $30.00

 Hospitality Coordinator $30.00

 Meet Director $150.00

* Dual meet scheduling will be rotated forward and will alternate home and away meets.
* The Region Relay Meet will be held at Place on Thursday, October 28, beginning at 3:30 pm.

**Tie- Breaker – See general policies**

All-Region

* Academic All-Region Names (Seniors only, 3.75 Overall GPA or higher) must be submitted on Thursday January 29th at our seeding meeting.

Swimming Schedule

All Meets start at 3:30 p.m

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Tennis Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

* A maximum of 14 matches may be played plus Region and State Meets.
* Matches and court conduct are to be governed by USTA rules.
* Teams will consist of seven (7) players: three (3) singles players and two (2) doubles teams.
* Schools may have Varsity and J.V. level teams.
* League matches are scheduled to begin by 3:30 p.m.
* Matches are to be played on the date scheduled (subject to weather and court conditions). The host coach will be responsible to contact the visiting coach regarding the number of players for that day, court location, and/or cancellation and rescheduling plans by 12:00 p.m.
* Varsity matches will consist of two (2) out of three (3) sets with a 12 point tie break at 6-6. J.V. players will play a pro-set unless coaches agree to regular scoring before the match begins.
* Players are limited to a 10 minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
* Home team furnishes the balls (high altitude).
* Coaches will play their best players in rank order in singles and the doubles should be in order, ranked as a team.
* To qualify for the Region and State Tournaments, players will follow the state tennis rules.
* A coach may move players from singles to doubles or from doubles to singles. However, the players must be ranked according to ability in either position.
* The Team Championship will be determined as follows:
	1. One (1) point for each Region Dual Meet match, with a total of five (5 ) points possible per match.
	2. By the finish of each player in Region Tournament; i.e., five (5) points for 1st; three (3) points for 2nd; two (2) points for 3rd; and one (1) point for 4th.
* The Region will furnish the tennis balls for the Region Meet.
* The format for the Region Tournament will be determined by the coaches upon notification as to how many players from Region III will be entered in the State Meet.
* A player will not be required to play an opponent more than once in the Region Meet.
* Coaching will be allowed on changeovers during the allotted time and between sets for three minutes.
* Players may leave the court to go to the restroom.
* Stacking--- See current UHSAA rule---

**Tie- Breaker – See general policies**

Girls Tennis Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Boys Tennis Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Track and Field Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

* Athletes may participate in no more than 12 meets, not including Region and State as per UHSAA Rules. 6 of those meets may be State Qualifiers. There is NO starting date for practice.
* Track meets will start at 3:30pm with the exception of the Region Meet, which may begin at 1:30pm (field) and 2:00pm (track). The Region JV (Soph) Meet will start at 3:00pm.
* Host schools must have at least 4 paid officials at the combined boys’ and girls’ track meets paid for by the host school.
* Track meets for boys and girls are to be conducted concurrently.
* Responsibility of deciding whether a meet should be cancelled (or postponed) due to weather rests with the host school. However, input from other participating schools should be obtained whenever possible. The final decision rests with the host school’s principal. Schools who must cancel meets because of weather will not be required to reschedule them, however, they should make an effort to do so if possible.
* The Region JV meet is only for those athletes not scoring in the Region Meet.
* The top 3 participants (designated ‘varsity’ scorers) in lane races and all distance competitors (800m and above) will be required to be ‘stickered’ with regular file-folder labels at each meet in the Region including the Region Championship meet. Stickers are to be provided by each school’s coaching staff.
* Visiting schools should provide one responsible helper at the finish line for away meets.
* Each school is allowed 5 competitors per event in the Region Championship Meet and one relay team.

**Tie- Breaker – See general policies**

All-Region The Region will provide the following awards:

* 1. Region JV Meet certificates for the first six places in individual events and first place in relays.
	2. Region Championship Meets: Trophy for first place boys’ team and first place girls’ team; medals for first six places in individual events and first four places in relays.
	3. Scoring for the region championships will be based on the 2010 NFHS rulebook for seven team scoring.
* It is the responsibility of each coach to submit the names of seniors with a 3.75 or above cumulative GPA at the seeding meeting for academic certificates.
* A maximum budget of $300 will be paid by the Region for the funding of the Region JV Meet. This is to pay for awards and a starter and head finish judge. Each school will be required to bring 2 adults and 2 student-athletes to help run the meet. School assignments will be the same as the Region Meet. The 2010 JV Meet will be held on May 17th. Schools should arrive with the pertinent section of the rulebook in hand to run their event. Clipboards and event sheets will be provided by the host school and officials will bring their own tapes and field markers. These assignments will remain standard from year to year.

Field Event Assignments:

School Pole Vault

School Relay Exchanges & Hurdles

School Shot Put

School Discus

School Long Jump

School High Jump

School Javelin

* It is recommended that the site school for the Region Championships rotate among schools with sufficient lanes to run the event. The rotation for the Region Meet will be:

**Region Championships**

2011 School

2012 School

2013 School

**Region JV Championships**

2011 School

2012 School

2013 School

* NFHS Rules will govern the Region Meet.
* Region entries become finalized at the close of the Region Seeding Meeting.
* Academic All-State deadline date (to UHSAA) is Tuesday, April 26th.

Track and Field Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Volleyball Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

* Rally scoring will be in effect this year and must follow National Federation rules. All varsity matches will be best three (3) out of five (5) games. Games 1-4 shall be played to 25 points (no cap), the fifth and deciding game shall be played to 15 points (no cap).
	1. Sub-varsity matches: games 1 & 2 are to 25 points with games 3, 4, & 5 played to 15 points
	2. Sub-Varsity: games 1 & 2 are capped at 27, games 3, 4 & 5 are capped at 17.
	3. Each team will be allowed two (2) timeouts per game.
	4. Let serve shall be allowed
* Region Play will begin
* Game times will be sophomores at 3:30 p.m., varsity at 4:45 p.m., and junior varsity at 6:00 p.m.
* The contest limitation for volleyball will be 14 matches and two (2) tournaments with the following guidelines for tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day, and tournaments may not exceed three (3) days.
* Courts will be available thirty (30) minutes prior to game time.
* Net time will be four (4) minutes for home team, four (4) minutes for visiting team and two (2) minutes shared serving.
* Senior Night recognition will be kept to a **10 minute maximum**.

**Tie- Breaker – See general policies**

Volleyball Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

Wrestling Policies

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Responsible School: School Name**

**Games**

* Starting times for Region ## matches will be as follows
	+ Weigh-ins: 4:00 p.m.
	+ JV matches: 5:30 p.m.
	+ Varsity matches: 7:00 p.m.
* A change in starting time will require mutual agreement between the principals of the two schools involved.
* Host schools are responsible to notify the arbiter of any time or date changes.
* There is to be no weight allowance given unless there are back-to-back dual meets. A coach must contact the opposing coach 24 hours in advance if this situation occurs
* Please refer to the UHSAA website for complete information on wrestler weight certification.
* Platform scales must be certified (by a government agency) by November 20, 2010
* Coaches will exchange line-ups by ***email or fax***, by 10:00 a.m. to the opposing schools the day of the match; the line-up should include Varsity, JV and Extras. Exception: Weigh-in at home for Region Open JV tournament.
* The State arbiter for varsity, JV, will assign the officials for all Region and non-Region matches and sophomore meets. All officials must be certified
* A maximum of 24 encounters will be allowed plus Region and State Meets. All tournaments will be counted as three encounters. Dual meets count as one encounter.
* Any school with a wrestler who is unable to compete in the State Meet must notify the Region Chairperson immediately and the replacement wrestler’s coach. The Region Fifth place wrestler should be available to fill in a possible bye in the tournament bracket at the State Tournament.

**Tie- Breaker – See general policies**

1. REGION VARSITY TOURNAMENT
2. Each school may enter two wrestlers per weight division.
3. Wrestlers will be seeded into the tournament by criteria; attempts will be made to seed six.
4. All rounds will be scored in the tournament
5. Weigh-ins will be conducted as per state guidelines.
6. The seeding meeting will be under the direction of the host school with the head coach and Region Chair doing the pre-seeding. Byes will be assigned beginning with the first seed and moving down to subsequent seeds.
7. Each coach will be required to bring to the Region Open Tournament a list of each wrestler’s win/loss record with each opponent’s name and school by 1:00 p.m. This should include all Region duals highlighted with the weight in which the wrestler competed.
8. Wrestlers may not change weight class after the seeding meeting without a coach’s vote.
9. Double bonus points will be awarded to wrestlers who received byes and then win their subsequent match in the championship round only. Advancement points will be awarded to winners in the championship bracket with previous round byes.
10. Fifth and Sixth place will be wrestled and scored. Awards presented and provided by Region Host School
11. An outstanding Coach
12. Dual Meet Championship Award
13. Awards presented and provided by Region III
14. Region Tournament Trophy and medals first–sixth place
15. Outstanding Wrestler, Upper and Lower
16. Tournament times will be set by host school
17. The following criteria will be used for seeding wrestlers in RegionIII Wrestling Tournament:
18. Agreement among coaches who is the best wrestler (4-2 vote)
19. Head-to-Head record in Region ## Dual Meet competition
* a wrestler has a winning record over opponent, this will supersede the Region III dual meet win (2 out 3 rule).
1. Head-to-Head record in any competition.
2. Region wins at the same weight.
3. Common opponents
4. Region wins
5. Previous State finish in order of finish (same weight)
6. Previous Region finish in order of finish (same weight)
7. Previous State finish in order of finish (different weight)
8. Previous Region finish in order of finish (different weight)
9. Coin toss
10. In case of a three or four way tie, once the first place wrestler has been determined; seeding of subsequent places (2nd, 3rd, 4th) will be determined by starting at criteria number one.

**Region Open Tournament**

1. This Tournament is **not** limited to sixteen entries
2. Reminder; this tournament will count towards the 24 encounter limit
3. Eligible wrestlers:
4. A Wrestler with no Region varsity wins, excluding forfeits, may compete.
5. A Wrestler with a Varsity Region win may compete in **one** tournament: Region Open or Region Varsity Tournament; Forfeits not included.
6. Freshman, sophomores, juniors and seniors are eligible
7. No team points will be scored.

Wrestling Schedule

[UHSAA Handbook](http://uhsaa.org/Publications/Handbook/2011-12handbook.pdf)

[WWW.UHSAA.ORG](http://WWW.UHSAA.ORG)

**Region Representative:**

**Moratorium Dates:**

**Start Date:**

**First Contest**

**Eligibility List Due:**

**Academic All-State Accepted Between:**

**Roster and Photo Due:**

**Region Coaches Meeting:**

**Inter-Region Playoffs:**

**State Tournament:**

**Weigh-Ins begin**

 Proposed Region Six-Team Schedule 2011 – 2012 Double Round Robin

 No team with more than 2 away games in a row.

1 A @ D 6. D @ A

 B @ E E @ B

 C @ F F @ C

2 F @ A 7 A @ F

 C @ E E @ C

 D @ B B @ D

3. A @ C 8. C @ A

 F @ B B @ F

 E @ D D @ E

4. E @ A 9. A @ E

 D @ F F @ D

 B @ C C @ B

5. B @ A 10. A @ B

 C @ D D @ C

 F @ E E @ F

**JV Region \*\*\* Tournament**

Date at Place

**Varsity Region \*\*\* Tournament**

Date at Place

**State 5A Tournament**

Date at UVU

 **Region \*\*\* Tournament JV Region \*\*\***

 2011 2011

 2012 2012

 2013 2013

 2014 2014

 2015 2015

 2016 2016

**Medals**

One region Trophy, 84 Varsity Medals, 1st – 6th Place

\_\_\_\_\_\_\_\_ District Schedule

\_\_\_\_\_\_\_\_ District Schedule

[Calendar comparing District Calendars from USOE](http://schools.utah.gov/main/INFORMATION/School-Year-Calendar/DOCS/schoolCalendar2012.aspx)

[Link To UHSAA Calendars](http://uhsaa.org/new/index.php?option=com_content&view=article&id=133&Itemid=129)

Region Eight-Team Schedule Double Round Robin

No team with more than 2 away games in a row except Y.

1 R @ S 8. S @ R

 Z @ T T @ Z

 X @ W W @ X

 U @ Y Y @ U

2. S @ U 9. U @ S

 T @ R R @ T

 W @ Z Z @ W

 Y @ X X @ Y

3. R @ U 10. U @ R

 T @ W W @ T

 X @ S S @ X

 Z @ Y Y @ Z

4. S @ Z 11. Z @ S

 U @ X X @ U

 W @ R R @ W

 Y @ T T @ Y

5. R @ X 12. X @ R

 T @ S S @ T

 W @ Y Y @ W

 Z @ U U @ Z

6. S @ W 13. W @ S

 U @ T T @ U

 X @ Z Z @ X

 Y @ R R @ Y

7. R @ Z 14. Z @ R

 T @ X X @ T

 W @ U U @ W

 Y @ S S @ Y