

# Utah High School Activities Association

The Leadership Organization for Education-Based  
Interscholastic Athletic and Performing Arts Activities



# HANDBOOK 2023-24

*Containing Policies and Procedures Governing the  
Administration and Conduct of Activities in the  
UHSAA Member High Schools*

**May 3, 2024**

**Gray shaded areas highlight 2023-24 changes**

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## Utah High School Activities Association

**The UHSAA is the leadership organization for high school athletic and fine arts activities in Utah.** Since 1927, the UHSAA has led the development of education-based interscholastic athletic and fine arts activities that help students succeed in their lives. The belief is these activities are an essential part of the high school experience and go a long way to improving academic performance and producing better citizens.

The UHSAA reaches 158 member schools and over 100,000 participants in high school activity programs. The organization sanctions various sports and the activities of music, speech/debate and theatre in six different classifications. The UHSAA is governed by a 15-member Board of Trustees made up of elected school board members, superintendents and principals representing school districts and areas throughout Utah, a charter school representative, a private school representative and a state board of education representative.

**The organization is committed to stressing educational and cultural values, improving the participation experience in activities, promoting life skills and lessons involved in competitive activities, fostering sportsmanship and mutual respect and assisting those who oversee high school sports and activities in UHSAA member high schools.**

**WE INVITE YOU TO JOIN OUR TEAM AND SUPPORT EDUCATION-BASED ACTIVITIES!**

For more information, visit the UHSAA website at [www.uhsaa.org](http://www.uhsaa.org).

# UHSAA HANDBOOK

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# Utah High School Activities Association

# Mission Statement

The purpose of the UHSAA shall be to administer and supervise interscholastic activities among its member schools according to the Association Constitution and By-Laws.

Knowing that student activities are a significant educational force in the development of skills needed to become a contributing member of society, the UHSAA reaffirms that students are the focus and reason for the Association. As such, the Association will provide opportunities that:

- Promote sportsmanship and safe competition through standardized eligibility rules.
- Provide interscholastic sports, music, speech/debate and theatre.
- Create learning laboratories where practical life situations, teamwork, sportsmanship, winning and losing, hard work, leadership and cooperation are taught.
- Nurture self-realization and build self-confidence.
- Promote, through participation, higher academic achievement, better attendance, lower drop-out rates and positive citizenship.



# JOINT STATEMENT

## Utah High School Activities Association Utah State Board of Education

*(Revised January 2024)*

The central purpose of schooling is the academic program of studies for students. However, supportive to the instructional program is a diverse array of school-sponsored student activities that are frequently an extension of the academic program. They include such things as musical and dance performing groups, speech/debate and sports teams, student publications and government, clubs and social activities, etc. Those involved in student activities generally achieve better grades, attendance, citizenship and personal discipline than do nonparticipants.

Excesses and abuses in student activities detract from the central purpose of schooling. Keeping the academic program and the student activity program in perspective -excellence without excess- is the rationale for the following required standards and recommended guidelines.

### **Required Standards**

1. Activity disclosure statements. See Utah Code: 53G-4-409 and 53G-5-405(3).
  - A. A local school board shall require the development of activity disclosure statements for each school-sponsored group, club or program which involves students and faculty in grades 9 through 12 in contests, performances, events or other activities that require them to miss normal class time or takes place outside regular school time.
  - B. The activity disclosure statements shall be disseminated to the students desiring involvement in the specific activity or to the students' parents or legal guardians or to both students and their parents.
  - C. An activity disclosure statement shall contain the following information:
    - i. the specific name of the club, team, group or activity;
    - ii. the maximum number of students involved;
    - iii. whether or not tryouts are used to select students, specifying date and time requirements for tryouts, if applicable;
    - iv. beginning and ending dates of the activity;
    - v. a tentative schedule of the events, performances, games or other activities with dates times and places specified if available;
    - vi. if applicable, designation of any non-season events or activities, including an indication of the status, required, expected, suggested or optional, with the dates, times and places specified;
    - vii. personal costs associated with the activity;
    - viii. the name of the school employee responsible for the activity;
    - ix. and any additional information considered important for the students and parents to know.
2. Head coaches and assistant coaches must hold a current Utah Secondary Teaching License or successfully complete the UHSAA/USB E Coaches Training Program, including "Fundamentals of Coaching" and certification in First Aid and CPR.
3. All school leaders, including administrators, student activity leaders, coaches, assistant coaches, etc., should become acquainted with and adhere to Utah Code 53G-8-209 and USB E Board Rules R277-605, R277-107, R277-217, 277-316, and R277-407 thereby setting positive role models for students and others.
4. School personnel, activity leaders, coaches, advisors, etc., shall not require students to attend out-of-school camps, clinics, workshops, etc., for which they, activity leaders, coaches, advisors, etc., receive remuneration from a source other than the school or district in which they are employed.

**Recommended Guidelines**

1. Local boards of education and district superintendents should continually reaffirm the central purpose of schooling—the academic program of students. Extracurricular activities should support the academic program.
2. Local boards of education, superintendents and school principals should provide productive instruction for students who remain behind while their classmates and teachers are gone for participation in extracurricular activities.
3. Local boards of education and district superintendents should disapprove travel for extracurricular activities that result in teachers and students being gone for more than two consecutive school days.
4. The Utah High School Activities Association and schools should continue the practice of delaying the starting time for extracurricular activities until after school. In addition, the periodic realignment of the regions of the Utah High School Activities Association should continually seek to reduce travel and time out of school for students and teachers.
5. Local boards of education and district superintendents should disapprove all travel, trips, excursions, appearances, cruises, etc., which are sponsored by commercial interests for profit. Such travel represents a serious misuse and manipulation of schools and students. Approved travel for extracurricular activities should involve students in verified and documented educational experiences.
6. Applied technology programs of the USBE should continue to reduce and/or eliminate the interruption of daily instruction and school absences which result from student and teacher participation in vocational leadership organizations, competitions and state, regional and national meetings. State, regional and national meetings for vocational leadership students should be scheduled during the summer or at other times when school is not in session.
7. In order to maintain equity in competitive sports programs, school administrators should not schedule full-year fitness and movement (physical education/athletic) classes for specific school teams. In schools where in-season fitness and movement (physical education/athletic) classes are scheduled, such classes shall not be used to violate the starting and stopping dates for practice and competitive play as prescribed by the Utah High School Activities Association.

# UHSAA CONSTITUTION

Recognizing the growing need for an independent, private association to develop, regulate and organize interscholastic athletics and activities for high school students, the local boards of education of the State of Utah and the governing boards of public charter and private schools, whose official endorsements are attached hereto, approve this Constitution establishing the Utah High School Activities Association.

## ARTICLE 1: NAME, PURPOSE AND MEMBERSHIP

### SECTION 1: Name

The name of this association shall be the Utah High School Activities Association, Inc. (Herein referred to in brief as this "Association" or "Activities Association").

### SECTION 2: Purpose

- A. The Association shall develop, regulate, govern and administer a specific type of athletic competition and certain interscholastic activities. The Board of Trustees shall designate which sports and which activities shall be under the jurisdiction of the Association.
- B. The Association shall endeavor to:
  1. Create, administer, maintain and protect the unique type of athletic competition which has existed in high schools in the State of Utah, based on genuine competition between member high schools and suited to the greatest involvement of students. It should stress participation, fairness, competitive balance and foster in the public a belief that the competitions are fair and honest.
  2. Stress educational and cultural values, promote skills involved in competitive and performance activities and foster sportsmanship, mutual respect, knowledge of the importance of teamwork and the value of community.

### SECTION 3: Membership

- A. Any Utah high school, together with their respective governing boards, shall be eligible for membership in the Association.
- B. The Board of Trustees shall set the requirements, terms and conditions upon which a high school may become and continue to be a member of the Association.

## ARTICLE 2: ADMINISTRATION OF THE ASSOCIATION

### SECTION 1: Board of Trustees

#### A. Authority and Duties

1. The governing authority of the Association shall be vested in a Board of Trustees.
2. The Board of Trustees shall have overall responsibility for the administration of the assets and actions of the Association. Among its responsibilities are the following:
  - a. Set policy and give direction for the operation of the Association, including the creation of committees, panels, or any other subdivision of the Board as is deemed necessary for the best interest of the Association.
  - b. Appoint the Executive Director of the Association.
  - c. Approve an annual budget.
  - d. Take action on proposed amendments to the Association's Constitution and By-Laws in accordance with Article 4.
  - e. Prepare and approve, for the purposes of fair and prudent competition in the activities sponsored by the Association, a statewide classification of schools and region alignment in those classifications.
  - f. Provide notice of all material actions to Association members.

#### B. Membership

Voting members of the Board of Trustees include: District Classification Representatives, District Superintendents, District Principals, Charter Schools Representative, Private Schools Representative, and a State Board of Education Representative. No school district shall have more than one (1) school board member or superintendent on the Board of Trustees.

##### 1. District Classification Representatives

- a. To be eligible to serve as a District Classification Representative on the UHSAA Board of Trustees, an individual shall be an:
  - i. Elected member of a local district school board of an Association member school assigned to the classification they represent.
- b. One (1) representative from each UHSAA classification shall be elected by the members of the local district school boards of the schools represented in each classification.
- c. Elections may take place during the annual conference of the Utah School Boards Association. Elections shall take place as follows:
  - i. Nominations will be taken from each multi-district classification.
  - ii. Nominations will be closed and a ballot distributed one per district member school in the classification. The nominee with the majority of the votes wins the election. In the case where there are more than two nominees and none receive a majority of the votes, the election moves to a second round of voting with only the nominees receiving the two high vote counts eligible. In the case of a tie in the first round voting, the second round voting may result in more than two nominees being eligible. The election moves to a third round of voting only in the case of a tie for first place in the second round voting. In the case of a tie after the third round of voting, an on-site coin flip determines the winner.

- iii. Announcement of balloting results will be made during a general session of the USBA annual conference in the case the election is held at the conference. Balloting results will be posted on the UHSAA website.
      - d. District Classification Representatives shall serve three-year staggered terms. The term of office for the initial representatives shall be one (1) year for one-third (1/3) of the representatives, two (2) years for one-third (1/3) of the representatives and three (3) years for the remaining one-third (1/3) of the representatives. All newly elected District Classification Representatives shall take office on July 1 following their date of election.
      - e. Any District Classification Representative who ceases to meet the qualifications outlined in item "a," above, shall become ineligible to serve on the Board of Trustees. In case of a vacancy from any district, the board members from that district shall elect a new member to serve on the Board of Trustees. That new member shall take office upon election and serve the balance of the term of the District Classification Representative replaced.
2. District Superintendents
  - a. One (1) District Superintendent from 5A and 6A shall be elected/appointed by the Superintendents Association.
  - b. One (1) District Superintendent from 3A and 4A shall be elected/appointed by the Superintendents Association.
  - c. One (1) District Superintendent from 1A and 2A shall be elected/appointed by the Superintendents Association.
  - d. District Superintendents shall serve three-year staggered terms. The term of office for the initial representatives shall be one (1) year for one (1) superintendent, two (2) years for one (1) of the superintendents and three (3) years for the remaining one (1) of the superintendents. The newly elected/appointed District Superintendent shall take office on July 1 following their date of election/appointment.
  - e. Any vacancy occurring in a District Superintendent position shall be filled by the Superintendents Association for the remainder of the unfinished term.
3. District Principals
  - a. One (1) District Principal from 5A and 6A shall be elected/appointed by the UHSAA Executive Committee.
  - b. One (1) District Principal from 3A and 4A shall be elected/appointed by the UHSAA Executive Committee.
  - c. One (1) District Principal from 1A and 2A shall be elected/appointed by the UHSAA Executive Committee.
  - d. District Principals shall serve three-year staggered terms. The term of office for the initial representatives shall be one (1) year for one (1) principal, two (2) years for one (1) of the principals and three (3) years for the remaining one (1) of the principals. The newly elected/appointed District Principal shall take office on July 1 following their date of election/appointment.
  - e. Classifications shall alternate representation for each succeeding term.
  - f. Any vacancy occurring in a District Principal position shall be filled by the UHSAA Executive Committee for the remainder of the unfinished term.

4. Charter Schools Representative
  - a. One (1) representative shall be elected by the UHSAA member charter schools. Any person nominated and elected pursuant to this section must be employed by or affiliated with a member charter school.
  - b. Elections may take place during the spring at the Utah High School Activities Association. Elections shall take place as follows:
    - i. Nominations will be taken from each UHSAA member charter school.
    - ii. Nominations will be closed and a ballot distributed one per UHSAA member charter school. The nominee with the majority of the votes wins the election. In the case where there are more than two nominees and none receive a majority of the votes, the election moves to a second round of voting with only the nominees receiving the two high vote counts eligible. In the case of a tie in the first round voting, the second round voting may result in more than two nominees being eligible. The election moves to a third round of voting only in the case of a tie for first place in the second round voting. In the case of a tie after the third round of voting, an on-site coin flip determines the winner.
    - iii. Announcement of balloting results will be posted on the UHSAA website.
  - c. When any person elected as a Charter School Representative ends employment or affiliation with a member Charter School, the position of Charter School Representative shall be deemed to be vacant. Any vacancy occurring in a Charter Schools representative position shall be filled by an election of the UHSAA member charter schools for the remainder of the unfinished term.
5. Private Schools Representative
  - a. One (1) representative shall be elected by the UHSAA member private schools. Any person nominated and elected pursuant to this section must be employed by or affiliated with a member private school.
  - b. Elections may take place during the spring at the Utah High School Activities Association. Elections shall take place as follows:
    - i. Nominations will be taken from each UHSAA member private school.
    - ii. Nominations will be closed and a ballot distributed one per UHSAA member private school. The nominee with the majority of the votes wins the election. In the case where there are more than two nominees and none receive a majority of the votes, the election moves to a second round of voting with only the nominees receiving the two high vote counts eligible. In the case of a tie in the first round voting, the second round voting may result in more than two nominees being eligible. The election moves to a third round of voting only in the case of a tie for first place in the second round voting. In the case of a tie after the third round of voting, an on-site coin flip determines the winner.
    - iii. Announcement of balloting results will be posted on the UHSAA website.
  - c. When any person elected as a Private School Representative ends employment or affiliation with a member Private School, the position of Private School Representative shall be deemed to be vacant. Any vacancy occurring in a Private Schools representative position shall be filled by an election of the UHSAA member private schools for the remainder of the unfinished term.

6. State Board of Education Representative
  - a. One (1) member of the Utah State Board of Education as appointed by that Board shall serve as a member of the Board of Trustees.
7. Officers
  - a. The Board of Trustees shall annually elect from its membership a chairperson. The Board of Trustees may elect other officers and committee chairs as it deems appropriate.
8. Meetings
  - a. The Board of Trustees shall meet at least five times per year. The dates, place and time of the meetings may be set by the Board of Trustees while in session or may be deferred to the chair person for later determination.
  - b. Special meetings may be called by the chairperson or upon written request of the majority of the members of the Board of Trustees.
  - c. Each member of the Board of Trustees shall be given at least two weeks advance notice of the date, time and place of each regular meeting and reasonable advance notice of special meetings of the Board of Trustees.
9. Voting
  - a. Only voting members of the Board of Trustees shall vote on matters properly presented to the Board. Each voting member shall have one vote. A quorum of the Board of Trustees is required to take action or vote on any item. A quorum shall consist of at least 60% of the full voting membership of the Board of Trustees.
  - b. Existence of a quorum shall be established at the call to order of the Board of Trustees and, once established, shall be assumed for the remainder of the meeting. A majority of the quorum of the board members present is required to approve action.

## SECTION 2: Executive Director

- A. The Executive Director shall be the chief executive officer of the Association and shall operate under the direction of the Board of Trustees.
- B. Among other duties, the Executive Director shall:
  1. Faithfully carry into execution the By-Laws, rules and regulations of the Association.
  2. Take such action as is consistent with the best interests of the Association.
  3. Prepare the annual budget.
  4. Receive and deposit all funds belonging to the Association.
  5. Maintain complete and current records of the assets of the Association, including receipt and deposit of all funds belonging to the Association as well as a list of other Association assets, including rights to the nature of Association competition, copyright, trademark, and other tangible and intangible assets.
  6. Appoint all staff members subject to the approval of the Board of Trustees.
  7. Assign and direct the work of the office staff.
  8. Interpret the Constitution and By-Laws.

## SECTION 3: Executive Committee

- A. Authority and Duties
  1. The Executive Committee is organized for the purpose of assisting the Executive Director of the Association in administering the policies and directives of the Board of Trustees, including the function of enforcing the rules and regulations of the Association.
  2. The Executive Committee may appoint such committees to assist in that administration as may be reasonable.



## B. Officers

Every two years, the Executive Committee shall elect or retain in position a chairperson from outside its membership.

## C. Membership

1. The membership of the Executive Committee shall consist of one (1) member from each region selected by that region Board of Managers. Additionally, the State Superintendent of Public Instruction or designee shall be included in the membership.
2. The members of the Executive Committee shall serve three-year staggered terms, except that the term of office for the initial Executive Committee voting members shall be one (1) year for one-third (1/3) of the members, two (2) years for one-third (1/3) of the members and three (3) years for the remaining one-third (1/3) of the members.
3. A vacancy on the Executive Committee shall be filled by the Board of Managers of the region where the vacancy occurs. The newly appointed member shall serve the remainder of the term of the member who has been replaced.

## D. Meetings

The Executive Committee shall meet no more than seven times each year unless additional meetings are approved by the Executive Director.

## SECTION 4: Region Board of Managers

- A. Each member high school shall be assigned by the Board of Trustees to a classification and to a region within that classification.
- B. Authority and Duties: The schools in each region shall organize a Region Board of Managers which shall, under the direction of the Executive Director and the Executive Committee,
  1. Supervise and administer all interscholastic activities, under the jurisdiction of the Association, held in its region in conformance with the Constitution, By-Laws, rules, regulations and policies of the Association.
  2. Elect, from its membership, a chairperson.
  3. Elect, from its membership, a representative to serve a three-year term on the Executive Committee.
- C. Membership
  1. To be eligible to serve as a member of the Region Board of Managers, an individual shall be a:
    - a. Member of the governing board of the region member school; or
    - b. Chief executive of the governing organization (i.e. superintendent) of the region member school or their designee; or
    - c. Principal of the region member school or their designee.
  2. Each Region Board of Managers shall include at least one representative from each school within the region. Each school within the region shall have only one vote. The voting representative from each school shall be determined by the governing board of the member school.
  3. The term of office of the members of the Region Board of Managers shall be one year. Each term to begin July 1 and to end June 30 the following year, or until his/her successor has been duly elected and qualified.

### **Interps and Guidelines 2.4.1: RESPONSIBILITIES OF THE REGION BOARDS OF MANAGERS**

- A. General Responsibilities: *In fulfilling its duty to supervise and administer interscholastic activities in its region, the Region Board of Managers shall:*

1. *Create and publish to the region membership schedules of contests for its member schools in each of the sports/activities in which the region's schools participate.*
  2. *Create within the By-Laws, rules, regulations and policies of the UHSAA and publish to its membership, policies governing the conduct of intra-region contests among the region's schools.*
  3. *Conduct region tournaments/meets in those sports/activities that require them for advancement to state competitions.*
  4. *Represent the schools in the region in making policies regarding competition in divisions when such are in place for a particular sport/activity.*
  5. *Determine and publish tie-breaking procedures for teams and/or individuals regarding qualification to state competitions.*
  6. *Determine the awards the region will present to schools and/or individuals, and provide for securing and presentation of such awards.*
  7. *Such other responsibilities as assigned by the Board of Trustees, Executive Director and/or the Executive Committee.*
  8. *Submit Region Board of Managers' meeting agenda and minutes to UHSAA for posting on UHSAA website.*
- B. Responsibilities Regarding Violations of UHSAA By-Laws, Rules, Regulations and/or Policies at Region Member Schools:**
1. *In cases in which there is not a dispute as to the occurrence of a violation (i.e. self-report of a violation by a school), the Region Board of Managers shall:*
    - a. *Hear reports of violations and actions taken by the offending school in response to the violation; and*
    - b. *Adopt recommendations regarding penalties to be imposed (see UHSAA By-Laws Article 7, Section 6)*
      1. *The Chair of the Region Board of Managers or their designee shall notify the offending school's representative, the Executive Director and any other affected parties within 24 hours of the recommendation adopted by the Region Board of Managers, including actions taken by the offending school. Written notification shall be delivered by the Chair or their designee to the principal of the offending school and Executive Director within three business days.*
      2. *The recommendation of the Region Board of Managers will become binding 10 calendar days (or prior to the post season) after it is initially reported to the Executive Director, except in a case where a written request for a hearing before the Executive Committee is filed with the Executive Director prior to the recommendation becoming binding. Requests for hearings will only be considered when filed by the offending school, an affected member school or district, or by the Executive Staff of the UHSAA.*
      3. *The written recommendation should include a description of the violation, the recommended penalty and information considered by the Board of Managers in adopting the recommendation. The Executive Director shall immediately forward the written Board of Managers recommendation to the members of the Executive Committee and the principal of each UHSAA member school along with the date on which the recommendation will become binding without a request for a hearing.*
  2. *In cases in which there is dispute as to the occurrence of a violation (i.e. charge of a violation brought by another school in the region), the Region Board of Managers shall:*

- a. *Review the charge and supporting evidence, and*
- b. *Adopt a recommendation regarding:*
  1. *The credibility of the charge, and*
  2. *The sufficiency and credibility of the evidence supporting the charge.*
- c. *The recommendation shall be forwarded to the Executive Director.*
- d. *Review of a charge and the forwarding of a recommendation by a Region Board of Managers do not preclude action by entities within the UHSAA taken in the fulfillment of their duties and responsibilities under the UHSAA Constitution and By-Laws.*

## **ARTICLE 3: DUES, FUNDS, FEES AND EXPENSES**

### **SECTION 1: Dues and Funds**

- A. Dues of member schools shall be determined by the Board of Trustees. Such dues shall be paid from monies that are not State-appropriated funds.
- B. Each school year, the dues shall be payable on or before September 15.
- C. All membership dues collected shall be considered Association funds and shall be applied to payment of expenses involved in conducting the business of the Association.

### **SECTION 2: Fees and Expenses**

- A. The Board of Trustees is hereby authorized to levy entry fees and such other assessments upon all schools participating in any interscholastic activity as shall be adequate to meet the total expenses involved in the conduct of such activity and such proportionate share of overhead as is deemed necessary.
- B. The determination of additional activity fee receipts of contests, their collection and distribution shall be left to the discretion of the Board of Trustees.

## **ARTICLE 4: AMENDMENTS**

### **SECTION 1: Action on Proposed Amendments**

- A. Action on proposed amendments to the Constitution and By-Laws may be taken only in properly scheduled and noticed meetings of the Board of Trustees, and only after having been considered in at least two meetings, including the meeting in which the action is taken.
- B. Proposed amendments may be submitted by any governing board of a member school or any member of the Board of Trustees.
- C. Proposed amendments shall be submitted in writing to the Chairperson of the Board of Trustees.
- D. In considering proposed amendments, the Board of Trustees shall permit any member school authority or governing organization of a member school to appear and promote or oppose any proposed amendment or to counsel or advise the Board of Trustees regarding any proposed modifications.

### **SECTION 2: Process Required for Approval and Ratification of Amendments**

- A. A two-thirds (2/3) affirmative vote is required for Board of Trustees approval of amendments to the Constitution. A majority vote is required for Board of Trustees approval of amendments to the By-Laws.
- B. Amendments to the Constitution or By-Laws approved by the Board of Trustees shall be submitted within 30 days following approval to the governing boards of all member schools for ratification. If ratified by a two-thirds (2/3) vote of the governing boards of member schools, the proposed amendments shall become a valid part of the Constitution or By-Laws. Each governing board of member school(s) shall have a number of votes equal to the number of member high schools they govern.

## ARTICLE 5: CLASSIFICATION AND ALIGNMENT

### SECTION 1: Action on Classification and Alignment

- A. The Board of Trustees shall assign each member high school to a classification and to a region within that classification.
- B. Final action on assignment of member schools to a classification and region alignment shall be taken only in properly scheduled and noticed meetings of the Board of Trustees, and only after the subject has been considered in at least two meetings, including the meeting in which the action is taken.
- C. In classifying and aligning schools for participation in Association activities, the Board of Trustees shall have plenary power to make such classification and alignments as shall promote the best interests of the Association.

#### **Interps & Guidelines 5.1.1: ALIGNMENT OF SCHOOLS**

- A. *According to Articles 2 and 5 of the UHSAA Constitution, the Board of Trustees of the UHSAA has the responsibility and plenary authority for the classification of schools and the assignment of schools to a region within those classifications. In order to fulfill that responsibility, the Board of Trustees adopts format and procedures for aligning each of the UHSAA member schools into a classification and region.*  
*In considering the adoption of format and procedures for the alignment of schools, the Board of Trustees:*
  1. *May take into account any factors that affect "fair and prudent competition in the activities sponsored by the Association" (UHSAA Constitution Article 2, Section 1-A-2-e). These may or may not include school enrollment including demographics, travel costs, time out of school, natural rivalries, competitive success, etc.*
  2. *Shall permit any member school authority or governing organization of a member school to appear and promote or oppose the format and procedures under consideration or to counsel or advise the Board of Trustees regarding proposed format and procedures*
- B. **Format for 2023-2025 Alignment of Schools as Adopted by the Board of Trustees**
  1. *In classifying and aligning schools for participation in Association activities, the Board of Trustees shall have plenary power to make such classification and alignments as shall promote the best interests of the Association.*
  2. *Realignment shall be completed on a two year cycle.*
  3. *Realignment shall consist of a general alignment and a football alignment.*
  4. *Only bubble schools (see procedure #3) may move down a classification as determined by the Board of Trustees.*
  5. *Prior to the first consideration of assigned regions in all sports, any school may apply to a higher classification. Schools will be considered secondary bubble schools following the consideration of the original bubble schools (see procedure #3) as determined by the Board of Trustees.*
  6. *Prior to the first consideration of assigned regions in all sports except football, any school with at least 50.0% free and reduced lunch per state office of education 2020 Child Nutrition Program (CNP) survey may appeal to move down one classification. Schools will be considered secondary bubble schools following the consideration of the original bubble schools (see procedure #3) as determined by the Board of Trustees. A school may not apply both an original bubble status and a secondary bubble status in the general alignment.*
  7. *For the football alignment only, any school with at least 50.0% free and reduced lunch per state office of education 2020 Child Nutrition Program (CNP) survey may appeal to move down one classification after the consideration of original bubble schools (see procedure #3) and prior to the first consideration of assigned regions. A school may apply both an original bubble status and a secondary bubble status (double bubble) in the football alignment only.*

8. *Regions may be reduced to divisions by the Executive Committee depending on the sport.*
9. *Each classification shall qualify teams or individuals for post season as determined by the Executive Committee.*

**C. Procedures for the 2023-2025 Alignment of Schools as Adopted by the Board of Trustees**

1. *The BOT shall have adopted a range of schools in each classification and the total number of regions prior to October 1 of even calendar year.*
2. *Classifications are established based on October 1 data of senior and junior classes without self-contained students per state office of education in even calendar year. Alternative high school student enrollments shall be counted. (\*\*Alternative high school student enrollment counts are reported by the district. First entry alternative high school students are counted with the boundary school. If a high school student withdraws to attend an alternative school, the student is counted with the member school from which they withdrew.) Once schools have been aligned into classifications and the largest three classifications determined, the assignment of schools to the smallest three classifications shall be determined using enrollment numbers in the 10th, 11th and 12th grades.*
3. *Once schools are initially aligned into classifications, any school with a classification enrollment plus or minus 10% of the school with the highest enrollment in a classification shall be considered tied (bubble schools) in enrollment for the purposes of classification assignment. The BOT shall resolve the tie and retains the responsibility for alignment of all member schools.*
4. *Region assignments shall be finalized in December of even calendar years. Region organizational meetings are conducted the following spring of odd calendar years with competition under the new alignment beginning the following August of odd calendar years.*
5. *For consideration immediately following an established alignment, any school may apply to a higher classification in a specific sport or activity. Schools will be considered for the requested placement in the January Board of Trustees meeting immediately following an established alignment. Once a school is placed in the higher classification, then the school must remain in the new placement for that specific sport or activity for the duration of the established two-year alignment.*
6. *For consideration during an established alignment, any school with at least 40% reduction in enrollment may appeal prior to January 15 of even calendar years to move down no more than one classification.*

7. *The recommended range of schools in each classification is as follows:*

6A	24-32
5A	24-32
4A	18-28
3A	18-28
2A	18-28
1A	18-32

8. *The recommended range of schools in each football classification is as follows:*

6A	24-32
5A	24-32
4A	18-24
3A	10-16
2A	8+
1A	8+
8-player	8+

- D. *A school directly affected by a change in placement during the meeting in which an alignment is established, may petition for a reconsideration of placement. Such a petition for reconsideration shall only be based on new information or new circumstances not previously considered by the Board of Trustees and shall be filed in writing with the Executive Director no more than 10 days following the action of the Board of Trustees establishing an alignment of schools. The Executive Director shall publish the petition to association member schools, the Executive Committee and to the members of the Board of Trustees and provide a means of accepting comment for a period of no less than 10 days following the initial publication of the petition. Reconsideration of the alignment regarding schools indicated by such petition(s) shall take place in a meeting of the Board of Trustees (see UHSAA Constitution, Article 2, Section 1-B8).*

## ARTICLE 6: HEARINGS AND APPEALS

### SECTION 1: Uniform Procedure for Hearings and Process for Appeals

- A. The Association shall establish a uniform procedure for hearing and deciding all disputes, questions and allegations of violations of the Association's eligibility rules or any other issues which relate to the activities under the jurisdiction of the Association.
- B. Any person or member school subject to the authority of this Association who shall be charged with violating the Constitution, By-Laws or other rules and regulations of this Association shall be entitled to a hearing before the Association shall impose any penalty or sanction.
- C. Member districts' boards of education, member governing boards of charter or private high schools, UHSAA member schools and students through their high school, shall have the right to appeal any adverse decision which affects their interests. An appeal must be filed with the Association within thirty (30) calendar days of the decision to be appealed.

#### **Interps & Guidelines 6.1.1: HEARINGS**

- A. *In all cases in which the facts of an alleged violation of the Association's rules are undisputed, the Executive Director, pursuant to authorization to interpret the Constitution and By-Laws, may make a decision and rule on any such matter presented. Such action by the Executive Director shall be considered a hearing.*
- B. *In all applications for transfer eligibility, including full family moves, the Executive Director, together with such review committees as may be deemed necessary shall review all of the written information provided, together with such other evidence as may be available and relevant. Following such a review, the Executive Director may make a decision and rule on the application. In those cases in which the application is not based on the criteria set out in the Transfer Rule, the student shall be eligible for sub-varsity participation. This decision is not deemed to be an adverse decision or an penalty or sanction because the student remains eligible for participation in Association activities. In those cases in which the application is based on the criteria set out in the Transfer Rule, but the Executive Director does not approve the transfer, that decision is subject to appeal pursuant to UHSAA Constitution Article 6, Section 1-C and Section 2. In cases involving an appeal of a decision of the Executive Director regarding transfer applications, a hearing panel shall consist of no fewer than three members of the Executive Committee and/or members of the Board of Trustees none of whom shall represent the same region as any party involved in the hearing.*
- C. *All other disputes, questions and allegations of violations of the Association's By-Laws, rules, regulations and/or policies shall be heard by a panel of the Executive Committee.*
1. *A hearings panel of the Executive Committee shall be comprised of no fewer than three members.*
  2. *The decision of an Executive Committee hearings panel is subject to appeal pursuant to UHSAA Constitution Article 6, Section 1-C and Section 2.*

3. *Hearings before a panel of the Executive Committee shall be recorded and made available at cost to affected parties. No recording of a hearing shall be provided until payment is received.*
- D. *Written decisions of any hearing will be provided upon request. The cost of providing a written decision shall be borne by the party requesting the written decision and payment shall be received prior to a written decision.*

### **Interps & Guidelines 6.1.2: CONTEST OFFICIALS**

- A. *Once the game officials have determined that a contest has ended, there can be no protest of the outcome of that game. Decisions by contest officials are not subject to an appeal. Players may not appeal an ejection.*

## **SECTION 2: Appeals Panels**

- A. For matters other than student eligibility, an appeals panel shall review the evidence presented at the hearing and may, in its discretion, request additional written materials. The decision on appeal shall be limited to the evidentiary record presented in the hearing. The appeals panel's decision is final.
- B. Decisions of a hearings panel regarding transfer of eligibility may be appealed to a separate appeals panel established by the Utah Legislature. The statute describes the nature of the appeal and the procedures. There is an established appeals panel for an Association decision regarding a request to establish eligibility after a student transfers schools. The appeals panel shall consist of the following three members:
  1. a judge or attorney who is not employed by, or contracts with, a school;
  2. a retired educator, principal, or superintendent; and
  3. a retired athletic director or coach.
- C. A review and decision by the appeals panel is limited to whether the hearings panel properly followed the Association's rules and procedures in regard to a decision regarding a request to establish eligibility after a student transfers schools. The appeals panel's decision is final.

### **Interps & Guidelines 6.2.1: APPEALS**

- A. *In cases involving an appeal of a decision issued by a hearings panel of the Executive Committee, an appeals panel shall consist of no fewer than three members of the Board of Trustees.*
- B. *Written decisions of any appeals panel will be provided upon request. The cost of providing a written decision shall be borne by the party requesting the written decision and payment shall be received prior to a written decision.*

## BY-LAWS ARTICLE 1: ELIGIBILITY OF PLAYERS

### SECTION 1: Eligibility of Players

- A. To be eligible to participate in Association activities, a student must be enrolled in and attend a member high school or qualify for participation as a ninth grade student and must satisfy all of the Association's eligibility requirements. A student who meets all other eligibility requirements and is not enrolled at a member high school may be eligible to participate in Association activities provided the student is enrolled in ninth grade in a school other than a high school (see "C." Below) or all of the following apply:
1. The student is legitimately enrolled in grades 9-12 in one of the following school/educational programs, which do not provide an athletic/activity program in which the student intends to participate.
    - a. A public charter school
    - b. An online school
    - c. A private school
    - d. A district alternative school
    - e. A home school
  2. The school at which the student intends to participate is either:
    - a. The high school whose boundary is that in which the permanent residence of the parent/guardian of the student is situated; or
    - b. The high school from which the student withdrew to enroll in the school/educational program described in "1." above.
  3. The school at which the student is enrolled meets all legal requirements to allow its students to participate.
- B. A student establishes initial eligibility upon the first day of attendance at any high school, or its equivalent, or by trying out for and being selected for membership on a high school team.
- C. Students may participate in Association activities while enrolled in the ninth grade if the school permits. Ninth grade students enrolled in schools other than a high school (junior high, middle school, etc.), if otherwise eligible, may participate in Association activities with an appropriate high school. A ninth grade student enrolled in a school other than a high school who tries out for and is selected for membership on the team of a member high school has, by that action, established initial eligibility at that high school. A student who has established eligibility, at a school, even though they did not attend that school, shall be considered to have attended that school for the purposes of eligibility. If a student then transfers to a different school, or should that student enroll in a different high school for the 10th grade, that student should be subject to the requirements of the Association's transfer rule (Article I Section 9).
- D. Any student who is suspended from a member school for violation of the Safe Schools provision of that school's governing board shall be declared ineligible for participation (including practice) in any activity for a period equal to any suspension, bar or dismissal but in no case shall the period exceed twelve (12) months. If the student is transferred to another school, the suspension will follow that student and apply at the new school as fully as at the prior school. That student shall also be subject to the requirements of the Transfer Rule.



**Interps & Guidelines 1.1.1: NINTH GRADE STUDENTS & JR./SR. HIGH SCHOOL COMPETITION**

- A. Ninth grade students who are members of a junior high school student body may participate at an appropriate high school if such participation is approved by their local board of education. Any 9th, 10th, 11th or 12th grade student participating on a high school team will be governed by the rules of the UHSAA whether attending a three-year high school, a four-year high school or a separate junior high school. The names of all members of these teams must be included on an eligibility list.
- B. High school teams (9th grade, 10th grade, junior varsity, varsity, etc.) may play any other member high school team or junior high school team consisting only of 9th grade students. High school teams or individuals may not compete, practice, nor try out with or against any students below the ninth grade. Exceptions:
1. Eighth grade students may try out for competitive cheer or drill team in the spring at the designated time established by the high school.
  2. Seventh and eighth grade students of six-year schools may participate in music with those grades 9 through 12. (See music policy B.2)
  3. Students can participate in individual wrestling tournaments, not representing their school, after the start date of wrestling on the UHSAA calendar. All UHSAA weight management and contest limitations apply to these tournaments. These tournaments may include participants not enrolled in high school.
  4. Seventh and eighth grade students of six-year schools may practice only in speech and debate with students in grades 9-12.
- C. A student who has participated on a junior high team or its equivalent during the ninth grade year is ineligible to participate on a high school team in that particular sport during that school year.
- D. Initial eligibility is established by attending the high school, or its equivalent, as a student or trying out for and being selected as a member of a high school team, whichever comes first.
- E. Ninth grade high school teams may exist at any member high school. Such teams will be high school teams only if the team and coaches are under the authority and regulation of a member high school. Ninth grade high school teams and their individual members are subject to the same rules, regulations, by-laws, etc. as all other UHSAA member high school teams and their members. Only one freshman team in any sport for each gender may exist at a member high school.

**Q & A: Ninth Grade Eligibility**

- Q. How does a ninth grader establish eligibility at a high school?
- A. Either by attending a high school, or its equivalent, OR making a high school team. If a ninth grader, at a junior high, tries out but does not make the high school team, then they have not established their eligibility at that high school, but they have used a sport season.

**Interps & Guidelines 1.1.2: CO-OP RULE**

- A. When a given sport is not available at the UHSAA member high school where a student attends and thereby has established eligibility, the student may become eligible for that specific sport at another UHSAA member high school. In order to activate that eligibility, the student must secure written approval of both principals under one of the following circumstances:
1. **Students attending a UHSAA member charter high school or a UHSAA member private high school:**
    - a. Eligibility is only available at the UHSAA member district high school in the attendance area where the student's custodial parent or legal guardian resides (neither a power of attorney nor a district or school guardianship will suffice) or at a UHSAA member district high school from which the student withdrew for the purpose of attending a UHSAA member charter high school or a UHSAA member private high school. Charter high school and private high school students may only be eligible at a district high school for sports or activities which are not available at their charter high school or private high school. Students may continue to attend their charter high school or private high school while participating at the district high school.

- b. *If the UHSAA member district high school in the attendance area where the student's custodial parent or legal guardian resides or the district high school from which the student withdrew for the purpose of attending a UHSAA member charter high school or a UHSAA member private high school does not offer a given sport, then eligibility is available for that specific sport at another UHSAA member high school provided the student secures written approval of both principals and approved by the UHSAA.*
  - c. *If the student attends a non-UHSAA member charter or private high school or is home schooled, he/she must follow all dual enrollment rules set by the Utah State Board of Education for participation. The student must attend any classes required for participation in their sport at the district high school consistent with state board of education rules and policy (see Section 14).*
2. **High school students attending a UHSAA member district high school:** eligibility may be obtained at any UHSAA member school provided the student transfers to the desired school and gains full-time status at the new school. After the conclusion of that sport season, the student may not remain at new school without loss of eligibility in sports that are offered at the original school for up to one year, as stipulated in the UHSAA By-Laws. Upon re-enrolling at the original school of eligibility, the student is immediately eligible for other sports offered at the home school.
  3. **Ninth grade students attending a junior high/middle school who have established eligibility at a member high school:** may co-op to another member high school and remain attending their current junior high/middle school unless there is a ninth grade at the transfer high school. All other eligibility rules of the Utah High School Activities Association still apply.
- B. A student may not co-op to a charter or private school unless item A1b applies.

### **Interps & Guidelines 1.1.3: EXHIBITION ATHLETES OR UNATTACHED COMPETITORS**

*Athletes must compete for his or her school as an eligible member of that team. So called "exhibition" athletes or "unattached" competitors are not eligible to participate in UHSAA sponsored competitions.*

### **Interps & Guidelines 1.1.4: TRANSGENDER PARTICIPATION**

*For the protection of competitive balance and the integrity of women's sports, the UHSAA will review athletic eligibility decisions based on gender assignment of transgender student athletes in accordance with its approved policies and appeals procedures.*

*It will be the responsibility of the member school and the principal to verify they have followed this policy when a school district submits a roster to the UHSAA. The UHSAA will rely on such a verification to acknowledge that the school and the principal have determined that the students listed on a gender specific sports team are eligible for participation.*

*In compliance with Utah Code 53G-6-1004 a transgender student who has undergone or is undergoing a gender transition shall notify the UHSAA of the student's transition and the need for the State-appointed Student Eligibility Commission's approval to participate in a gender-designated interscholastic activity that does not correspond with the sex designation on the student's birth certificate. The UHSAA will notify the Commission that a student is seeking participation. The Commission shall notify the student regarding the process for determining the student's eligibility.*

*Students who may be affected by this policy should address the gender identification issue well in advance of the deadline for athletic eligibility determinations for a current sports season.*

*Nothing in this policy shall be read to entitle a student to selection to any particular team or to permit a student to transfer from one gender specific team to a team of a different gender during a sports season.*

**Interps & Guidelines 1.1.5: INELIGIBLE STUDENT-ATHLETE RESTRICTIONS**

- A. An athlete **may** try out or practice at the discretion of the school:
1. Having been suspended for an ejection
  2. Having been suspended as a result of the drugs, alcohol and tobacco rule after fulfilling the requirements specified within the rule
  3. Having been suspended as a result of local school or team rules
  4. Having been declared ineligible because of the scholastic rule
  5. Having had a request for a waiver of ineligibility denied.
- B. An athlete may not try out nor practice with the team under the following situations:
1. Having incurred a safe schools violation
  2. Being in violation of the age rule
  3. Being in violation of the years of eligibility rule
  4. Being in violation of the sports season rule
- C. A student who is ineligible to represent his/her school on any varsity, junior varsity, sophomore or freshmen team, whether it is pre-season, region or post-season competition shall not:
1. Be in uniform on competition day
  2. Warm up with the team
  3. Be introduced as a member of the team

**Interps & Guidelines 1.1.6: RATIONALE FOR ELIGIBILITY RULES**

- A. The right to and need for an education is paramount and superior to any privilege a student may enjoy to participate in interscholastic activities. However, because many activities are high-profile in high school, they can become over-emphasized and the target of manipulation by several different interested groups. It is the rare and exceptional athlete, for example, that can move from high school sports to college athletics. Unfortunately, not every student or the student's parents may recognize that fact. To protect individual students from the effects of over-emphasis on activities and athletic competition, which may interfere with the more important regular progression of the student's education, the following is provided as some of the prominent rationale for Attendance, Sports Season and certain other rules within the By-Laws of this Association. The listing here of these rationales should not be considered as the only basis for these rules:
1. To provide equality of eligibility among athletes. Each student is afforded the same number of years of eligibility without regard to number of years it takes to complete the high school curriculum.
  2. To prevent "red shirting" or holding back of athletes not for scholastic reasons but merely to gain a perceived advantage by affording them an additional year of eligibility at a time when they would be older and generally more experienced and mature. Moreover, the absence of a "red shirt" rule also prevents marginal coaches from manipulating a student's academic progress with promises or even misleading suggestions.
  3. Unfair displacement of other student athletes.
  4. To permit a greater number of students to start and play because the number of starting team positions is finite and the overall number of team positions generally is limited.
  5. To keep interscholastic activities competitive (providing for a "level playing field") and safe by allowing students of relative equal maturity to compete.
  6. To prevent exploitation by those seeking to obtain transfers or to delay a student's normal progress in school.

7. *To be responsible to member schools and each student-athlete. If participation is permitted beyond four years, there would be no rationale for denying requests for students who might not meet graduation requirements at the prescribed time. This could result in unfair competition. Moreover, it would create environments for manipulation of students and a delay in academic progress.*
8. *To discourage students transferring from one school to another for athletic purposes. Again, where such transfers are prohibited, it limits the ability of those who would manipulate students to do so.*
9. *To prevent enrollment by a student for the sole purpose of increasing his/her athletic skills and abilities.*
10. *To prevent injury to students who are less physically and emotionally mature than others.*
11. *To discourage students from delaying completion of their high school education.*
12. *To discourage students from interrupting their education.*
13. *To graduate students on time so that they do not become an undue financial burden on the taxpayers of Utah.*

## **SECTION 2: Age Rule**

No student shall be eligible to participate in Association activities who has reached nineteen (19) years of age prior to the first day of September of the school year in which such participation is intended.

## **SECTION 3: Sport Season Rule**

- A. No student shall participate in Association activities in more than four seasons in any one activity after entering the ninth grade.
- B. A student shall have no more than one season of eligibility per sport per year.
- C. A school may sponsor an activity only once in any school year.

### **Interps & Guidelines 1.3.1: SPORTS SEASON RULE**

- A. *Participation in a sports season ends at the conclusion of a student's participation in the sport. This includes, without limitation, the following:*
  1. *A student's participation in a tryout for a sport is considered the beginning of that student's sports season for that sport. In the event a student is not chosen for the school's program in that sport or is chosen and later terminated from the school's sport program as a result of action by the coach or administration, is considered the end of the sports season for that student.*
  2. *If the student withdraws from the tryout or participation in that sport, that is considered the end of the student's sports season for that sport.*
  3. *A student who has had a first tryout and made a high school team will not be permitted to withdraw from the high school team to play club sports and then rejoin the high school team in that sport in that year. A second tryout for the high school team will not be premitted after a student has participated in club sports in that sport in that year.*
  4. *Once a student has exhausted eligibility for a sport season, the student may not participate in that sport in that year at any other member school.*
  5. *A student who has tried out for a sport program and was not chosen or who was terminated or suspended from the school's sport program is ineligible to participate (or practice) in that sport during that sport season at any other member school.*
  6. *The end of the sport season as defined by the Association.*

## **SECTION 4: Years of Eligibility Rule**

At the time a student first enters the ninth grade of a high school or an equivalent level of education in any other system, that student shall have four consecutive years of eligibility for Association activities.

## SECTION 5: Participation on a Team of Higher Institution

No student shall be eligible to represent his or her school in interscholastic competition who has ever participated on the team of an institution higher than that of secondary grade.

### **Interps & Guidelines 1.5.1: PLAYING ON A TEAM OF HIGHER INSTITUTION**

*For purposes of this rule, practicing is also interpreted as playing. One-day auditions are permitted, as long as there is no coaching in the audition; and, workouts and/or tryouts for seniors after their high school season is over will not jeopardize eligibility in another sport. College sponsored club teams are the same as college or university teams.*

## SECTION 6: Amateur Rule

- A. In order to protect the high school athlete from exploitation, undue influence or unthinking action which may jeopardize a student's athletic future, the following rule definitions and interpretations shall apply to participants in athletic programs of member schools: an amateur sports person is one who engages in sport solely for the pleasure and the physical, mental and social benefits derived there from. A student must be an amateur to be eligible to represent his or her high school. An athlete has forfeited his or her right to compete as an amateur, and has thereby become ineligible for further high school competition, by any of the following actions:
1. Having knowingly competed as a member of a team which included professional athletes in organized athletic competition or against a team composed all or in part of professionals.
  2. Having competed for money in any organized athletic activity.
  3. Having competed under an assumed name in any organized athletic activity.
  4. Having accepted an award in non-school athletic activities which he or she has converted into cash by sale or by pawning.
  5. Having signed a professional athletic contract.

### **Interps & Guidelines 1.6.1: AMATEUR RULE**

- A. *The amateur rule applies to those athletic activities which are recognized and sponsored by the Utah High School Activities Association as part of the interschool program.*
- B. *Competition with or against professionals in individual sports is excluded from Section 6 provided no money is received by the amateur.*
- C. *It is permissible for a player to accept necessary meals, lodging and transportation if such are accepted in service rather than in money or any other material form.*
- D. *Competing for a cash prize is interpreted as competing either as an individual or as a member of a team for cash award. It matters not whether the amount awarded as a cash prize is only sufficient to cover expenses. Students who compete as members of teams in athletic events where cash prizes are offered or awarded are ineligible for further high school athletic competition.*
- E. *The ineligibility described in Article 1 Section 6 only relates to the sport in which the professional contract was signed.*
- F. *Although a student may accept money for the use his or her name, image, and likeness, doing so in the following manner will be considered a violation of the Amateur Rule:*
  1. *Wearing a school team uniform or any identifying school insignia while appearing in any advertisement, promotional activity or endorsement for any commercial product or service; or*

2. *Lending his/her name and team affiliation for purposes of commercial endorsement. Any appearances by students for nonprofit organizations must be approved by the Board of Trustees. This provision is not intended to restrict the right of any student to participate in a commercial endorsement provided there is no school team or school affiliation.*

## SECTION 7: Prohibition of Awards

Individual participants of any interscholastic activity sponsored and/or approved by the UHSAA shall not accept any cash award.

## SECTION 8: Scholastic Rule

- A. To be eligible to participate in Association sanctioned activities, a student:
  1. Must be a full-time student in the school he or she intends to represent, or otherwise comply with all Utah State Board of Education dual enrollment requirements;
  2. Cannot fail more than one subject in the preceding grading period (for purposes of this rule, a failure in a multi-period subject shall be counted as the number of failures equal to the number of periods in the class); and, must have obtained a minimum grade point average (GPA) of 2.0, for the preceding grading period, based on a 4.0 scale or its equivalent.
    - a. A student who has failed to meet the minimum requirements set forth shall be ineligible for participation in UHSAA activities throughout the next grading period, provided however, that deficiencies in the final grading period of the school year may be made up prior to the first term of the succeeding year by any method acceptable to the school district or the member private school. Deficiencies must be made up in the same subject area.
    - b. Eligibility under this rule is determined when grades are posted. Grades are “posted” when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than five (5) school days following the last day of the grading period. Grade changes after the posting date cannot restore lost eligibility, except for a documented clerical error.
    - c. These scholastic regulations are the minimum required for participation in Association activities. Nothing in this rule shall prevent local boards of education or governing boards of charter or private schools from establishing standards, related with grades, that exceed those of the Association. Any such rule, however, is not binding on the Association.

### **Interps & Guidelines 1.8.1: FULL-TIME STATUS & SCHOLASTIC ELIGIBILITY**

- A. *For the purposes of UHSAA eligibility, a full-time student is defined as a student who is enrolled at a UHSAA member high school for at least half of the periods offered at that high school OR who is a senior on-track for graduation. Parent approved Ed-Release periods count as periods of enrollment at a school. If a student is dual enrolled equally at two schools, the school where the student initially enrolls is determined to be the file holder and the school where full-time status applies. Any exceptions to the definition of a full-time student must be submitted in writing by the member school principal and approved by the UHSAA.*
- B. *For uniformity and for clear evidence of continued academic performance, for the purposes of the scholastic rule, a grading period can be no fewer than nine weeks.*
- C. *The scholastic regulations apply to students who are in the 10th, 11th, and 12th grades. The scholastic regulations do not apply to the first grading period of a ninth-grade student. However, scholastic regulations do apply to subsequent grading periods of any ninth-grade students at a high school, junior high, middle school or any other equivalent level of education who has established eligibility at a member high school as provided in the by-laws.*

- D. *A student who is ineligible at the conclusion of a grading period or who changes schools to avoid ineligibility, cannot be scholastically eligible before the end of this nine week period.*
- E. *Students who are scholastically ineligible for a grading period shall not represent their school.*
- F. *Incompletes (I), no grades (NG) and no credits (NC) are considered failures and must be factored into the grade point average (GPA) until made up. The GPA must be recalculated once an I, NG or NC has been made up, with the new grade replacing the deficiency. A recalculation of the GPA would also need to be done if deficiencies are replaced during the summer grading period. In order to replace the deficiency obtained during the final grading period, the new grade must be earned in the same subject area and must come from a summer program that has been approved by the school district, charter or private school. Deficiencies, for purposes of this rule, include any letter grade. No other makeup work is accepted to gain academic eligibility during the school year.*
- G. *Compliance with scholastic eligibility requirements for a home school student shall be demonstrated in compliance with state statute. The statute is found in Utah Code, Title 53A, Chapter 11, Section 102.6 accessed at the following link: [https://le.utah.gov/xcode/Title53A/Chapter11/53A-11-S102.6.html?v=C53A-11-S102.6\\_1800010118000101](https://le.utah.gov/xcode/Title53A/Chapter11/53A-11-S102.6.html?v=C53A-11-S102.6_1800010118000101). Subsections 5-14 of this section of state statute deal specifically with academic eligibility of home school students.*

**Q & A: Scholastic Eligibility, Summer Makeup and Recalculating the GPA**

- Q1. Does an “Advisory” class that meets once a week count toward a student’s eligibility?
- A1. Because seat time and credit for an “Advisory” class varies from school to school, it is up to the discretion of the member school/district to decide whether or not the “Advisory” class counts.
- Q2. How soon can a student declared scholastically ineligible at the end of the first grading period become scholastically eligible?
- A2. The student could not become scholastically eligible until grades are posted for the succeeding grading period and only if the student met the eligibility standards required.
- Q3. Can midterms or another formative assessment be used to restore eligibility prior to grades being posted at the end of a grading period?
- A3. NO! Only final grades for a grading period may be used to restore eligibility.
- Q4. What if grades for a college class are not available at the end of the high school grading period?
- A4. Eligibility at the end of the high school grading period would be determined by the grades posted by the high school and then re-evaluated when the grades are posted from the off-campus class.
- Q5. If a student was taking all classes on a college campus and grades were only issued on a semester basis how would you determine their eligibility for first and third terms?
- A5. Eligibility would be determined when the student’s grades are posted.
- Q6. If a student fails an elective class, can they take any elective to make it up?
- A6. No. Deficiencies replaced during the summer must be earned in the same subject area whether it was a core or an elective (i.e. social science, foreign language, art, applied tech).
- Q7. Can a student attend summer school and count that as a grading period?
- A7. No, but classes taken during the summer can replace deficiencies in the prior grading period.
- Q8. How do you recalculate the GPA after a summer makeup credit has been entered?
- A8. When recalculating the GPA, replace the failing or deficient grade from the last term with the new grade earned during the summer from the same subject area. For example, a student with eight classes fails English fourth term and then earns a “B” in a summer English makeup class. Replace the “F” in English with the “B” earned. Divide by eight classes, not nine. In the case where a “P” is the standard grade given for remediation courses, the “F” earned during the last term would be replaced with the “P” earned during the summer remediation. The GPA would be recalculated using the “P” in place of the “F”. Recalculate the GPA using only grades which generate a point value.

## SECTION 9: Transfer Rule

The Transfer Rule is an integral part of the Association's ability to create, administer and maintain the valuable and unique form of competition it offers. This unique form of competition is a carefully constructed system that promotes competitive balance and serves the mission and purpose of education-based sports and activities. Association sports and activities are intended to foster a sense of community as well as to teach teamwork and discipline. Other sporting organizations exist which promote free player movement and are primarily designed to promote athletic development of the individual and provide a showcase for the athletic talents of those individuals. These organizations do not share the primary purposes of the Association and therefore cannot provide the unique type of competition created and maintained by the Association. Efforts randomly to impose adjustments or favoritism on these rules damage the Association and, in turn, damage all the students who either participate in an Association sport/activity or who support them, from cheerleaders to band members to drill teams to parents. The Association is committed to maintaining its unique form of competition.

A student may request and an association shall grant a student eligibility to participate in an interscholastic activity after the student transfers to another school if the student participates in interscholastic activities at the new school and at least one of the following apply:

- A. The student's full family moves outside of the boundaries of the originating school and into the boundary of the new school;
- B. The student's transfer to the new school is a result of a death in the family, which requires the student to move from the student's original residence;
- C. The student's transfer to the new school is a result of a divorce, which requires the student to move from the student's original residence;
- D. The student moves to live with an individual who has legal custody of the student with full and complete legal guardianship, which includes therapeutic boarding schools for students who are involved in therapeutic treatment at the new UHSAA member school;
- E. The student has been a victim of bullying and the bullying was reported, documented, and investigated by the school or law enforcement.

Any student making such a request shall provide such documentation as the Association may require and all requests will be considered on the facts documented.

A student whose situation does not meet the criteria above may compete at the sub varsity level at the new school for a period of twelve (12) months from the last day of attendance at the former school provided they meet all other UHSAA and school/district eligibility requirements. Once a student has enrolled and attended at the new school, that student is no longer eligible at the former school.



**Interps & Guidelines 1.9.1: TRANSFER STUDENTS**

- A. *A student establishes initial eligibility upon entry to high school or its equivalent (either in the ninth grade or the tenth grade depending on the high school) for the first time. Whenever a student intends to participate in Association activities in this state, the student's entry to high school, irrespective of the location, shall be used for purposes of the application of this rule. A student enrolling in a Utah high school for the first time, as a result of a full-family move, will be deemed residentially eligible for interscholastic activities even if that first entry is at a school not within the student's residential area. This exception to the transfer rule regarding residency for students enrolling for the first time recognizes the prevailing law encouraging open enrollment. Unless otherwise exempted, the Transfer Rule will apply to any subsequent transfer (Article 1, Section 1).*
- B. *Recruiting Not Affected by First Entry Exception: The recruiting of student-athletes by a member school, coach, coaching staff or affiliated boosters is considered a serious violation of the UHSAA rules regarding the imposition of undue influence on students for the purposes of athletics. Although under most circumstances the UHSAA will not examine the motives behind a student's choice of school upon first entry, there may be other factors beyond residence that could affect a student's eligibility and could impose heavy sanctions on a school, a program and/or a coach. One example is recruiting. Where a student or students who, during the school year prior to initial high school participation, have attended a school or coach sponsored camp or have been players together on a "super-league," "all-star," "select" or other traveling or combined team, attempt to establish eligibility at a member school which is outside the residential area for any of those students, such enrollment may be considered prima facie evidence of recruiting. Similarly, where a transferring student transfers to a school and intends to participate with any member or coach of such a traveling or combined team, such transfer shall also be considered prima facie evidence of recruiting.*
1. *A panel may determine that there was no recruiting or may impose any or all of the penalties permitted, including fines, restrictions, suspensions and disqualifications. The UHSAA may ask the hearing panel to declare that recruited students cannot be eligible at any time at the school to which they were recruited.*
  2. *Principals should remind athletic directors, coaches and boosters of the prohibition on recruiting and make certain that any possible violations of these rules be reported immediately to the UHSAA.*
- C. *If a student's parents move, the student may remain eligible at the high school where he or she has established eligibility at the time of the move. Any subsequent transfer to another school will require the student to comply with the transfer rule.*
- D. *The Association will not recognize any purported guardianship granted to a student 18-or-older.*
- E. *The UHSAA will not review or act on any Application unless and until the transferring student has enrolled in the transferee school and has attended at least one day of classes. The UHSAA will not provide advisory opinions regarding potential eligibility.*
- F. *During the summer, if a student so requests, the UHSAA will review a Application upon the receipt of proof of enrollment alone. In such a case, however, enrollment at the transferee school, even without attendance, will preclude such a student from claiming eligibility at the former school.*

G. *Definitions:*

1. **Residence:** *A residence is a place where a student has established his/her true, fixed and permanent home, where the family regularly eats, sleeps and lives. It is the place where the student and his/her parent(s) are habitually present and to which, when departing, they intend to return. Evidence of residence may include but is not limited to the following: voter registration records, ecclesiastical membership records, vehicle registration, rent receipts, utility payments, mortgage documents or income tax documentation. **A student shall have only one residence for the purposes of Association eligibility rules.***
2. **Bona Fide Change of Residence:** *To be considered a bona fide change of residence under these rules, minimally, the following facts must be present in the change:*
  - a. *The prior residence must be abandoned. For purposes of these rules, that means that the prior residence has been sold, rented to third parties or transferred from the legal ownership or possession of the parents or guardians. The change of residence must include the transfer of personal property ordinarily associated with a legitimate change of residence.*
  - b. *To qualify as a change of residence, the prior residence must not be currently used as a residence by either parent or any relative under the circumstance in which it could reasonably be inferred that the change of residence was a sham.*
  - c. *The new residence must be situated in a high school attendance boundary different than the prior residence.*

H. *For the purposes of eligibility due to change of residence, one of the following conditions must apply as found through RegisterMyAthlete.*

1. **Full Family Move:** *A permanent change in residence by the student and his/her entire family into the established attendance boundary of the high school to which the transfer is made. The new residence must be situated in a high school attendance boundary different from the prior residence. For the purpose of this rule, the attendance boundary for public charter schools or private schools is defined as the public school attendance boundary in which the public charter school or private school is physically located unless a boundary change is approved by the Board of Trustees as filed with the UHSAA.*
  - a. *A boundary change may be presented prior to a new alignment of UHSAA member schools in odd number of years during the August Executive Committee meeting. The boundary change must also be presented and approved by the Board of Trustees in the August Board of Trustees meeting of that same year.*
  - b. *The new proposal for the boundary change cannot be larger (geographic) than the current boundary, but can be shifted. A new approved boundary must exist through the duration of the new alignment of UHSAA member schools.*
2. **Divorce:** *Immediately subsequent to a Decree of Divorce, a student transfers to a new high school attendance boundary with a parent who has legal custody of that student. Any subsequent transfer, even if to the residence of another parent with legal or joint custody, may not be considered a bona fide change in residence.*

I. *Special Circumstances Related to Eligibility:*

1. **Student of Full-Time Faculty Member:** *A student who is a child of a Varsity head coach, full-time faculty member and/or school administrator may become eligible for interscholastic activities at that school by petitioning and receiving approval of the Association.*

2. **Ward of the Court:** A student who is a ward of the court or the state and is placed in a member school by court order may become eligible for interscholastic activities at that member school by petitioning and receiving approval of the Association.
3. **Boarding School Students:** A domestic boarding school student at the new UHSAA member school may become eligible for interscholastic activities at that school by petitioning and receiving approval from the Association.
4. **School Closure:** If a member school closes, any student attending the school at closure shall be eligible at the new member school in whose aligned boundaries he/she resides. Students opting to attend and participate in a member school other than their aligned school must follow regular UHSAA transfer procedures. **NOTE: This circumstance does not apply to COVID-19 as per Board of Trustee decision.**
5. **Discontinued Programs:** If a school discontinues or suspends its participation in an Association-sponsored sport, any student who had previously participated in that sport while attending that school may transfer, without the loss of eligibility, to a different member school which offers that sport. **NOTE: This circumstance does not apply to COVID-19 as per Board of Trustee decision.**
6. **Alternative School Students:** Students attending alternative high schools are eligible only at the public high school in whose attendance boundary the student's parent(s) or legal guardian(s) resides (neither a power of attorney nor a district or school guardianship will suffice) or at the public school from which the student withdrew for the purpose of attending the alternative high school. Nevertheless, any placement or assignment of a student to or from a public high school and an alternative school shall be considered a transfer for purposes of this Rule and shall be subject to the requirements of the Transfer Rule.
7. **Dual Enrollment:** A student dual enrolled in special programs at a school other than the one he/she is attending is eligible to participate in interscholastic competition only at the school where the student's permanent records are maintained and he/she is considered a full-time student.
8. **Disciplinary Removal:** A student suspended, expelled or otherwise removed for disciplinary reasons, including revocation or non-renewal of open enrollment permit, from one high school shall be ineligible for interscholastic activities in any other school until all conditions for re-admittance have been fulfilled at the school where the suspension, expulsion, revocation or removal for disciplinary reasons occurred. In no case shall that period exceed twelve (12) months.
9. **Harassment Intimidation, and Bullying:** The UHSAA will address severe harassment, intimidation and/ or bullying that causes a student's continued enrollment at a high school to place that student's health and welfare in jeopardy. The UHSAA will entertain consideration of transfers under this provision only with documentation from the school in accordance with established School or Board of Education/governing board policies as outlined in R277-613-1 and R277-613-4. If a student is a victim of harassment, intimidation or bullying as those terms are defined in R277-613-1 which harassment, intimidation or bullying has been documented to the school district in accordance with R277-613-4 and as a result of this documented harassment, intimidation or bullying, the student is compelled to transfer.
  1. The District's Anti-Harassment, Anti-Intimidation, Anti-Bullying policies and procedures have been strictly followed and complied with; and
  2. The School or the District provides the UHSAA with a copy of the duly adopted policies and procedures; and

3. *The School or the District secures the appropriate releases from the student/student's parents authorizing the release of a complete record of the events and circumstances on which the policies and procedures were initiated including:*
  - a. *A specific, detailed report of the prohibited incident(s);*
  - b. *An outline of the procedures used to respond to and investigate the reported incident(s);*
  - c. *A copy of the findings that were a result of the complaint process and investigation;*
  - d. *A specific, detailed disciplinary procedure for any individual found guilty of harassment, intimidation or bullying;*
  - e. *All reports of notification to parents or guardians of any student involvement in the incident(s);*
  - f. *A report of the intervention strategies and remedial action the school has undertaken to assist the student and redress the complaint.*
4. *The School or the District provides the UHSAA with all of the above-referenced records.*

**NOTE: It is the responsibility of the receiving school to work with the parents and the sending school to obtain all of the required documentation. If a parent approaches a school administrator and informs him/her that they have never filed a formal complaint with the former school then this will disqualify the student from using this exception.**

*J. Foreign students and international boarding school students shall be considered as any other transfer student and must subscribe to the rules outlined in the UHSAA Handbook, Interps & Guidelines 1.9.2.*

*K. Other Activities: The Transfer Rule does not apply to activities other than athletics.*

*L. Statement of Philosophy/Rationale for the Transfer Rule:*

1. *Promotes the educational philosophy that participation in interscholastic activities is a privilege, which should not take a dominant role over academics.*
2. *Recognizes the overwhelming administrative difficulty in attempting to determine the motives or reasons for each and every transfer, and therefore, adopts a uniform objective standard to be followed by all member schools.*
3. *Helps to protect opportunities for participation by students who attend school in the attendance area of their residence.*
4. *Serves as a deterrent to students leaving their schools because of disciplinary action that has been or may be imposed.*

**NOTE: These changes to the Association Transfer Rule have been the result of discussions with the Utah State Board of Education and the Utah State Legislature.**

**Interps & Guidelines 1.9.2: SUB-VARSITY LEVEL APPLICATION**

- A. *Drill Team*
  - 1. *A student who has been deemed sub-varsity level may only compete and/or perform in non-state auxiliary routines.*
- B. *Cross Country, Golf, Swimming, Tennis, Track-and-Field and Wrestling.*
  - 1. *A student who has been deemed sub-varsity level may compete in a combined varsity/sub-varsity competition, but is not allowed to score.*
  - 2. *A student who has been deemed sub-varsity level MUST compete at the sub-varsity level when there are separate varsity and sub-varsity competitions.*
- C. *All UHSAA Sanctioned Sports*
  - 1. *A student who has been deemed sub-varsity level shall NOT compete in any region, divisional, or state competition in any UHSAA sanctioned sport*

**Interps & Guidelines 1.9.3: FOREIGN STUDENT ELIGIBILITY*****National Federation By-Law regarding eligibility for foreign exchange and international students***

- A. *Foreign Exchange Students (J-1 visa):*
  - 1. *A foreign exchange student is an international student who attends high school in the U.S. To be eligible for interscholastic athletics in the U.S., such a student must be under the auspices of, and be placed with, a U.S. host family by an international student exchange program that has been accepted for listing by the Council on Standards for International Educational Travel (CSIET) and be recognized by the U.S. Department of State, or be on a program approved by the USBE (Utah State Office of Education). The foreign exchange program must assign students to host families by a method that ensures no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The foreign exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities.*
  - 2. *A foreign exchange student is considered to be placed with a host family when written notice of placement is provided by the exchange organization to the student and his/her parents and to the host family.*
    - a. *Neither the school, the student nor any person associated with the school shall have input into the selection of the student.*
    - b. *No member of the school's coaching staff, paid or voluntary, shall serve as the host family.*
  - 3. *The foreign exchange student must possess a current J-1 visa, issued by the U.S. State Department.*
  - 4. *The foreign exchange student must comply with all eligibility requirements set forth by the state high school association of which the school he/she attends is a member. Conditions of eligibility for participation in UHSAA sponsored activities include:*
    - a. *Must be on a CSIET (Council on Standards for International Educational Travel) or USBE (Utah State Office of Education) approved placement program.*
    - b. *Must be attending school the first day of the term in order to be eligible for that term.*
    - c. *Student cannot participate if he/she has completed twelve (12) years of school (excluding kindergarten) prior to attending a Utah high school.*
    - d. *UHSAA age rule applies (cannot reach 19 years of age prior to September 1).*
    - e. *Student must be in an approved placement program that is at least one semester (90 days) in length.*
    - f. *Foreign exchange students are eligible for a maximum of one year.*

- g. *Student is only eligible at the school in the attendance area where he/she resides with the host family.*
  - h. *Student must meet all other UHSAA eligibility policies required of student athletes participating in UHSAA sponsored activities.*
  - i. *Student must complete online the Foreign Exchange Student Eligibility Application which includes:*
    - *Transcript of credits in English (to be evaluated and/or interpreted by USBE if necessary):*
      - *12 year stipulation (item c above)*
      - *UHSAA scholastic rule requirement*
    - *Date of birth*
    - *Type of visa issued and the title of foreign placement program*
    - *Reason for coming to this particular school; sports preferred*
    - *Signatures: student, principal, agent and host family, with disclaimer certifying that no sports recruiting occurred*
- B. *Other International Students (F-1 visa): An international student who is not living with a parent or legal guardian and is not under the auspices of and placed by a CSJET listed exchange program must meet the following requirements in order to be considered for interscholastic athletic eligibility:*
1. *The student must possess a current F-1 visa, issued by the U.S. Immigration and Naturalization Service.*
  2. *The student must provide to the principal of the school he/she attends an official untranslated transcript and a transcript that is translated into English by an acceptable agent or agency which indicates work taken in all grades in which the student was enrolled.*
  3. *The international student must pay tuition to the high school he/she attends as prescribed in Section 625 of U.S. Public Law 104-208 and receive an I-20 endorsement from the district or school before admission.*
  4. *No member of the school's coaching staff, paid or voluntary, shall serve as the resident family for the student.*
  5. *The international student must comply with all eligibility requirements set forth by the state high school association of which the school he/she attends is a member. Conditions of eligibility for participation in UHSAA sponsored activities include:*
    - a. *Student cannot participate if he/she has completed twelve (12) years of school (excluding kindergarten) prior to attending a Utah high school.*
    - b. *UHSAA age rule applies (cannot reach 19 years of age prior to September 1).*
    - c. *Student must meet all other UHSAA eligibility policies required of student athletes participating in UHSAA sponsored activities.*
    - d. *The UHSAA required process of international student as any other transfer student. Such student must complete required International Student Transfer Application Form in RMA.*
- C. *Noncompliance with one or more of the foregoing provisions shall render the international student ineligible for interscholastic athletics at any high school which is a member of any NFHS member state high school association.*

## SECTION 10: Undue Influence

The Undue Influence and Recruiting Rules are an integral part of the Association's ability to create, administer and maintain the valuable and unique form of competition it offers. This unique form of competition is a carefully constructed system that promotes competitive balance and serves the mission and purpose of education based sports and activities. Association sports and activities are intended to foster a sense of community as well as to teach teamwork and discipline. Other sporting organizations exist which promote free player movement, unrestrained recruiting and setting of lineups. Such organizations are primarily designed to promote athletic development of the individual and provide a showcase for the athletic talents of those individuals. These organizations do not share the primary purposes of the Association and therefore cannot provide the unique type of competition created and maintained by the Association. Efforts randomly to impose adjustments or favoritism on these rules damage the Association and, in turn, damage all the students who either participate in an Association sport/activity or who support them, from cheerleaders to band members to drill teams to parents. The Association is committed to maintaining its unique form of competition.

- A. The use of undue influence by any person, connected with or not connected with a member school, to secure the enrollment or transfer of a student to a member school for the purpose of participation in Association athletic activities is prohibited. Recruitment is a form of undue influence and is broadly defined as the use of undue influence or special inducement by anyone, on behalf or for the benefit of a member high school, who attempts to influence a student to enroll or transfer to a member school for the purpose of participating in athletics. Whether such action is taken directly by a person affiliated with the school or through a peer, a parent, a student, a non-school coach or other, the action shall nevertheless be considered a violation by the member school.
- B. Recruiting shall include, but is not limited to, promising or inducing the expectation of an advantage over others for a particular team, playing time, of any athletic advantage, of employment of the student or a relative, of housing, of transportation, of specific tutoring, of scholarship or financial aid.
- C. The Association may further describe, with particularity, specific circumstances which shall qualify as undue influence or recruiting.

## SECTION 11: Undergraduate Standing

No student shall compete in any high school activity who is a graduate of a regular four-year high school or who is a graduate of a secondary school which has the same requirements for graduation as a regular four-year high school. However, a student who finishes the required number of credits for graduation in fewer semesters than are normally required and is doing college undergraduate work shall not be barred from interscholastic competition to which he or she would otherwise have been eligible until the termination of so many semesters as normally would have been available for such a student's eligibility or participation.

## SECTION 12: Limited Team Membership

A student, while participating as a member of a high school team, may not compete on a team not sponsored by his or her school in the same activity during the same season. A student may compete in a non-school sponsored contest as an individual, not a team member, while a member of a high school team during an activity season.

**Interps & Guidelines 1.12.1: LIMITED TEAM MEMBERSHIP**

- A. *No member of a high school team may compete in any organized competition on any outside team for a particular sport after the competition start date in a given season, other than the exceptions listed below. One-day auditions or try outs are allowed during the season so long as no high school practices or games are missed.*
- B. *A student may practice and train on a team not sponsored by his or her school in the same activity during the same season.*
- C. *Tennis doubles and relays in track are not considered to be teams. Student athletes may play in a non-school sponsored contest, in individual sports, where no team scores are kept. Golfers may compete provided that no other team member plays in the same group (four-some, three-some, two-some).*
- D. *Olympic Development Program (ODP) for swimming: student athletes may be granted an exception to the Limited Team Membership Rule in order to participate on an ODP team if the following conditions are met:*
  1. *The outside team is a legitimate ODP team as verified by the national governing body for swimming.*
  2. *Student obtains written permission contract signed by player, parent/guardian, high school coach, principal and ODP coordinator.*
  3. *Team shall be selected, and UHSAA advised at least thirty days prior to ODP competition.*
  4. *Any missed academic lessons are completed.*
- E. *A high school soccer player may compete in up to two soccer tournaments, showcases, and/or events, including ODP for soccer, not sponsored by his or her school, where next-level opportunities exist, if the following conditions are met:*
  1. *The outside team is attending an approved opportunity as verified by the UHSAA/UYSAA Association Partnership Committee. (Process for club approval and next level opportunities, refer to Soccer policies and procedures on page 111).*
  2. *At least thirty days prior to the tournament, showcase or event, the student must provide written notification, signed by the player and their parent/guardian, to his or her high school coach and UHSAA.*
  3. *Any missed academic lessons must be completed.*
  4. *In the event an exceptional showcase opportunity, including but not limited to a trial, performance, or training opportunity with a professional soccer academy, team or college event, becomes available to a student athlete after he or she has already attended, or is scheduled to attend, two outside tournaments, showcases or events, the student athlete may submit a written request to the high school coach and UHSAA for approval of attendance beyond the two-event limit.*
- F. *A high school competitive cheerleader may compete in up to two (2) national qualifying competitions, not sponsored by his or her school, with a private cheer organization, if the following conditions are met:*
  1. *The outside team is attending an approved opportunity as verified by the UHSAA.*
  2. *At least thirty (30) days prior to the competition, or event, the student must provide written notification, signed by the cheerleader and their parents/guardian, to his or her high school coach and the UHSAA.*
  3. *Any missed academic lessons must be completed.*
- G. *A high school wrestler is allowed to participate in up to two (2) individual wrestling tournaments as an individual not representing their school, if the following conditions are met:*
  1. *The wrestler complies with their designated UHSAA weight management program.*
  2. *Contact points used during these tournaments contribute to the wrestlers overall season total.*
  3. *The student obtains a written permission contract signed by the player, parent or guardian, high school coach and principal.*
  4. *Any missed academic lessons are completed.*
- H. *The Limited Team Membership Rule applies only to competition. It does not apply to music, speech/debate and theatre performances. These groups are free to perform for parades, concerts, church/community functions, etc. However, Association catastrophic insurance will not be in effect for unsanctioned activities.*

**SECTION 13: Physical Examination Required**

No student shall be eligible to compete in any athletic contest sponsored by this Association unless such student has a physician's certificate stating that he/she is physically able to compete in inter-school athletic contests.



**Interps & Guidelines 1.13.1: HEALTH EXAMINATION POLICY**

- A. *A health examination must be performed and the student athlete cleared for participation in a sport before any student may compete in athletic activities sponsored by this Association. It is recommended that the 4th edition PPE forms from the American Academy of Pediatrics, or an equivalent, be used as the appropriate assessment for student athletes.*
- B. *To better maintain an efficient and accurate accounting of student athlete pre-participation physical exams (PPE's) in Register My Athlete, it is proposed that pre-participation physical exams have a common expiration date, so as to facilitate the current medical status of the student athlete. It is proposed that the pre-participation physical exam date should be performed on or after March 10th to be valid for the following school YEAR through July 15th of that year. (EXAMPLE: MARCH 10, 2023 GOOD THRU JULY 15, 2024).*
- C. *A properly completed and signed Pre-Participation Athletic Health Examination Form indicating the student's clearance to participate plus a properly completed Disclosure and Consent Form must be on file at the school. The health examination should be completed and the form signed by a qualified medical professional, operating within the legal scope of their practice. Forms may be obtained on the UHSAA Website. These are minimum requirements*

**Interps & Guidelines 1.13.2: COLD WATER IMMERSION**

*If exertional heat stroke is suspected, onsite cooling using cold water immersion before transport to the hospital. Cold water immersion tubs are required for onsite cooling.*

*Cold water immersion (usually understood as circulating, ice-water immersion) is considered the most effective strategy for rapid treatment of exertional heat stroke. The goal in any exertional heat stroke case should be to cool the athlete down to 102 degrees Fahrenheit within the first 30 minutes after collapse, prior to Emergency Medical Services (EMS) transport.*

*Accurate temperature measurement, via rectal thermometry, (PERFORMED BY HEALTH CARE PERSONNEL) is recommended. Exertional heat stroke is suspected if body temperature is higher than 105 degrees Fahrenheit and signs of central nervous system dysfunction are present (i.e. disorientation, confusion, dizziness, irritability, headache, inability to walk, loss of balance or muscle function, vomiting, diarrhea, loss of consciousness).*

*Working with EMS personnel toward a policy of "cool first, transport second" is the standard for suspected exertional heat stroke. Cooling an athlete via cold water immersion, if performed immediately, (HAS BEEN PROVEN TO) provides a 100% survival rate.*

**Interps & Guidelines 1.13.3: EMERGENCY ACTION PLAN**

*As part of each school's Emergency Action Plan (EAP), automated external defibrillators (AEDs) are accessible at (TO) each venue for early defibrillation by trained personnel for suspected sudden cardiac arrest (SCA).*

*Prompt recognition of SCA, immediate activation of the EMS system, early CPR, and immediate retrieval and application of the AED should be the initial steps of a comprehensive and thoughtful EAP. First responder programs, such as Anyone Can Save A Life ([anyonecansavealife.org](http://anyonecansavealife.org)) and public access to AEDs are strongly encouraged.*

*Consensus guidelines and several public-access defibrillation studies uniformly support access to early defibrillation, targeting a time interval of less than 3 to 5 minutes from collapse to first shock. The EAP also should identify the individual(s) responsible for documentation of personnel training, equipment maintenance, actions taken during an emergency, and the post-event evaluation of the emergency response.*

## SECTION 14: Home School and UHSAA Non-Member On-line School and UHSAA Non-Member Charter High Schools and UHSAA Non-Member Private High Schools

Students exempted from compulsory public school education by the local board for instruction in home or Utah charter schools or private schools may be eligible for participation in extracurricular public school activities provided they earn credit as outlined in the USBE policies.

The home, on-line, charter, or private school student may establish initial athletic eligibility at any UHSAA member high school by being selected for membership on a high school sports team. A student who has established eligibility at a UHSAA member high school, even though they did not attend that school, shall be considered to have attended that school for the purposes of eligibility. If a student then transfers athletic eligibility to a different UHSAA member high school, or should that student enroll in a different UHSAA member high school, that student shall be subject to the requirements of the Association's transfer rule (Article 1 Section 9).

UHSAA non-member charter and UHSAA non-member private school students may only be eligible at a UHSAA member high school for sports or activities which are not available at the non-member charter high school or the non-member private high school.

### **Interps & Guidelines 1.14.1: UHSAA NON-MEMBER SCHOOLS**

- A. *A home or UHSAA non-member on-line or UHSAA non-member charter high school or UHSAA non-member private high school student may participate in an extracurricular activity at:
 
  - 1. *The UHSAA member high school where initial eligibility is established, or*
  - 2. *The UHSAA member high school from which the student withdrew for the purpose of attending home school or UHSAA non-member on-line or a UHSAA non-member charter high school or a UHSAA non-member private high school.**
- B. *A student attending or affiliated with a UHSAA member on-line high school must participate at that UHSAA member high school while attending or affiliated with that UHSAA member on-line high school.*
- C. *The Association cannot waive this requirement due to Utah Code and will not accept any request to do so.*

### **Q & A: Charter or Private Schools Ending with Ninth Grade**

- Q. *Is a ninth grade student attending a charter or private school ending with the ninth grade treated the same as a ninth grade student attending a district junior high school?*
- A. *Yes. A charter or private school ending with the ninth grade is seen as the equivalent of a traditional junior high school for the purposes of this rule.*

## BY-LAWS ARTICLE 2: ACTIVITY LIMITATIONS

### SECTION 1: Schedules

- A. All scheduled interscholastic activities within the jurisdiction of this Association shall be governed by this Association.
- B. All schedules of activities shall be approved by the local Board of Education or its duly authorized representatives. All games or schedules shall be so arranged as to interfere with a minimum of schoolwork.

### SECTION 2: Practice, Pre-Season and Post-Season Contests

- A. The Board of Trustees shall have authority to determine the dates that schools may utilize for practice in each and all activities.
- B. Pre-season and post-season games and contests shall be governed by the Board of Trustees. The number of games to be played during the sports season shall be governed by the Board of Trustees.
- C. The alumni are to be considered as an outside team.

**Interps & Guidelines 2.2.1: ACTIVITY SEASONS**

- A. *The playing or competition season is completed with the last state meet for any of the classifications or tournament in that activity. UHSAA jurisdiction for seniors shall end at that time. No meets nor competitions will be sanctioned after the UHSAA state championships. Exceptions: All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request.*
- B. *The alumni are to be considered as an outside team. Alumni games may be played against only the member school's alumni. The game must count towards the contest limitations for that sport and certified officials must be used. Schools may not play their alumni in a UHSAA endowment game. Statistics from alumni games will not be accepted as UHSAA state records.*
- C. *From the beginning practice and team selection date to the competition start date, there can be no competition with other schools. This includes scrimmages and practices.*
- D. *Purposes for establishing starting dates are as follows:*
  1. *To provide a **"level playing field"** (parity) between schools so that one set of students is not placed at a disadvantage to others with whom they compete.*
  2. *To create **definable seasons of competition** which allow students to participate in various activities without coaches feeling the need to "compete" with each other for athletes within their own school.*
  3. *To discourage **specialization** in the sense that students are not deprived of a variety of extracurricular experiences which the high school "exploratory" life stage provides.*
  4. *To create a corridor which protects some **personal time** for students between activities.*
  5. *To provide opportunity for families to **clearly define times** for vacations and other family functions.*
  6. *To prevent the exploitation and **"burn out"** of participant athletes and coaches*
- E. *From the regular season end date for each sport in each classification to the beginning of post season competition, there can be no competition with other schools. This includes scrimmages and practices.*

**Interps & Guidelines 2.2.2: CONTEST LIMITATIONS**

- A. *Definitions:*
  1. *Contest: Any meet, game or competitive activity (including practices and scrimmages) in which one or more students participate, and at least one of whom is not a member of the student-body or the school sponsored program, counts toward the contest limitations listed below for that activity.*
  2. *Tournament: Competition among four or more schools.*
- B. *The following contest limitations apply from the starting date of competition until the season end date for each sport in each classification. This applies to all levels of competition (i.e., varsity, j.v., sophomore and freshmen). State qualifying tournaments do NOT count in the contest limitation totals for cross country, golf, swimming, tennis, track, wrestling, and speech/debate.*
  1. *Baseball: 25 games. **Each game played counts as one game.***
  2. *Basketball: 23 games, at all levels, if no region post-season is held. 21 games, at all levels, if post-season tournament is held. **Each game played counts as one game.***
  3. *Cross Country: 10 meets per individual. The UIAAA Cross Country Meet does not count toward the contest limitations.*
  4. *Drill Team: 4 qualifying competitions. The four competitions includes a region competition if held. The live practicum does not count toward the contest limitations.*
  5. *Football: 9 games. One additional varsity contest is allowed for an approved endowment game but schools may not play alumni teams in a UHSAA endowment game. **Each game played counts as one game.***
  6. *Golf: 10 meets. One (1) multi-day event may count as one (1) meet.*
  7. *Lacrosse: 16 games. Each game played counts as one game. Each team can attend one tournament where they may choose one of three options: 1) Teams may play tournaments where two regulation-length games count as one (1) game, (2-for-1), with each game afterwards counting as one game, or 2) Teams may play tournaments where either four, five or six (4-6) shortened-length games count as two (2) games, (6-for-2), with each game afterwards counting as one (1) game. 3) Teams may play in a tournament where the play up to three shortened length games that count as one (3-for-1), with each game afterwards counting as one (1) game. Teams may only use one (1) of the tournament exemptions in each season.*

8. *Boys Soccer: 14 games (until further notice). Each game played counts as one game.*
  9. *Girls Soccer: 16 games. Each game played counts as one game. Each team is allowed to attend one tournament where they may play up to three games and count it as two contests toward the contest limit. A tournament must be sanctioned as per UHSAA guidelines and occur on consecutive days (excluding Sunday). If the tournament exceeds three games, any additional games would count "one for one" against contest limitations.*
  10. *Softball: 22 games. Each game played counts as one game, except for the games played under the two tournament exemption rule which allows schools two tournaments, at least one must be a non-school single day tournament, where all games played count as a single game (a maximum of four games may be played) and one multi-day tournament, where all games played count as two games (a maximum of eight games may be played in a multiple day tournament). If the maximum number of games is exceeded, in either tournament, each additional game would count "one for one" against contest limitations*
  11. *Swimming: 14 meets per individual. Region & State Championships do not count as part of the 14-meet limit.*
  12. *Tennis: 16 matches per individual. The number of matches counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament; e.g., a one-day tournament shall count as one match, a two-day tournament shall count as two matches, etc.*
  13. *Track: 12 meets per individual. An individual may participate in no more than eight (8) qualifying meets in addition to the region meet.*
  14. *Volleyball: 28 matches. Each match played counts as one match. The following guidelines pertain to Varsity tournaments: No more than 8 total matches in a tournament and no more than 4 matches in a single day. Guidelines for Sub-Varsity Tournaments: (2 out of 3 matches): No more than 9 total matches in a tournament and no more than 7 matches in a single day. Tournaments may not exceed three days in length.*
  15. *Boys Wrestling: Each high school team will be able to utilize 16 contact points. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 10 duals and 6 tournaments before the post-season qualifying and state tournaments. Teams may not compete in more than 3 dual meet style tournaments.*
  16. *Girls Wrestling: Each high school team will be able to utilize 16 contact points. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 8 duals and 8 tournaments before the post-season qualifying and state tournaments. Teams may not compete in more than 4 dual meet style tournaments.*
  17. *Music: 3 contests per category.*
  18. *Speech: 10 meets per individual.*
- C. *Per UHSAA Executive Committee ruling, teams must participate in a determined minimum number of contests to be eligible for the postseason. **Baseball 15; Basketball 12; Football 6; Lacrosse 10; Soccer 10; Softball 12; Volleyball 14.***

### **Interps & Guidelines 2.2.3: COMPETITION DATES**

*All Association activities are to be played on the dates designated on the calendar unless another day is mutually agreed upon by the schools involved and cleared through the Activities Association office.*

**Interps & Guidelines 2.2.4: ATHLETIC PERIODS**

*No Students interested in their prospective sport may play or practice that sport during an athletic period, except after the official beginning practice date or the beginning competition date, if no beginning practice date is established. Teaching proper stroke mechanics will be allowed prior to the start date in swimming to allow for the safety and education of individual participants and not the coaching and competitive training of teams.*

**Q&A: Athletic Periods**

- Q. Can a student-athlete whose prospective sport is basketball play or practice basketball, during an athletic period, prior to the start of the sports season?*
- A. No. The athletic period may be used for conditioning, strength training or study hall.*

**Interps & Guidelines 2.2.5: PRACTICE LIMITATIONS**

*A 20-hour practice limit is in effect for all UHSAA sponsored sports from August 1 to June 1, and for all UHSAA sponsored activities (music, speech/debate, theater) from September 1 to June 1. The practice limit includes one (1) day off each week (Monday-Sunday). Competition days, including travel, will count as three (3) hours. Practice limitations include anytime a team is together which includes, but is not limited to: team practice, team dinners, film time, weight training, individual instruction, etc. Restrictions include any meeting of the team and/or individual sport-related contact with the coach.*

**Q&A: Practice Limitations**

- Q1. If a team has to travel six (6) hours to a location on the day of the tournament, and then competes in the tournament, which could be eight (8) hours, does that mean the team has used 14 hours in one day?*
- A1. No. The competition day is three (3) hours total, which includes travel time.*
- Q2. If a team travels 5 (five) hours the day before a contest, and they stop to do a one (1) hour walk through/practice, does that count for 6 (six) hours?*
- A2. No. The travel is part of the competition day (3 hours), but the walk through/practice would be included in the 20 hours.*
- Q3. Does time during an athletic period or the watching of film during the school day (including lunch time) count towards the 20- hour practice limitation?*
- A3. Yes. Anytime the team meets counts towards the 20-hour practice limitation. An exception is time used for study hall, if the focus of the study hall is academics, and the majority of the student athletes are using the time as a study hall.*
- Q4. Does a weight lifting class count towards the 20 hours?*
- A4. If the weight lifting class is not open to all students, then the time spent in class would count. If the majority of the class belongs to one specific team, but other students have the opportunity to be in the class as well, the time does not count.*
- Q5. If a team meets at the home of a team member for a "team night" (with our without the coach), does this count towards the 20- hour practice limitation?*
- A5. Yes. Anytime the team gets together for team meetings, team dinners, team film, etc. (with our with out the coach) it counts towards the 20- hour practice limitation.*
- Q6. If an individual meets with the coach to go through skill development or talk X's and O's, does that count towards the 20-hour practice limitation?*
- A6. Yes. Anytime a student-athlete meets with a coach for individual instruction related to the sport, it counts towards the 20-hour practice limitation.*

- Q7. Does participation in an assembly count towards the 20 hours?  
 A7. No. Participation in assemblies does not count towards the 20 hours.
- Q8. If students are participating in a fundraiser, does the time spent on the fundraiser count towards the 20 hours?  
 A8. If revenue is for a specific team account, the time spent at the fundraiser would count towards the 20 hours. If the revenue raised is going towards an individual's account, the time would not count. Anytime a fundraiser is required, the time must be counted.
- Q9. If actors in a school play rehearse for three hours and the band rehearses for seven hours and the school choir for two hours. how is this calculated?  
 A9. Hours spent rehearsing for a school play is a school or district decision

### **Interps & Guidelines 2.2.6: ANNUAL MORATORIUM**

- A. The philosophy of UHSAA Moratorium days is to allow students and teachers/coaches quality time with their families without the pressure of losing a level playing field.
- B. UHSAA Moratoriums
1. Thanksgiving (all UHSAA sports and activities)
  2. Christmas (all UHSAA sports and activities)
  3. New Year's Day (all UHSAA sports and activities)
  4. Summer (all UHSAA sports and activities)
    - a. A one week summer moratorium will be in place Friday, June 28 - Thursday, July 4, 2024.
    - b. Schools are allowed to participate in a one-day community celebration during this week.
    - c. There shall be no competitions, practices or practice-type activities (i.e scrimmages, 7-on-7 competitions, conditioning, weight-training, etc)
  5. Sport Specific Moratoriums (two, two week blocks: may be consecutive)
- C. Moratorium days apply to current 9th through 12th grade students. For moratorium days occurring during summer months, incoming 9th grade students are also included.
- D. During the MORATORIUM DAYS, the following restrictions apply to all UHSAA activities at all levels:
1. Activities shall not meet, practice, compete or travel.
  2. Facilities used by the school shall not be used related to the sport. Weight rooms will be closed during the Thanksgiving, Christmas, New Year's and Summer moratoriums. During a Sport Specific Moratorium, any member of the coaching staff for that particular sport shall not supervise or observe in the weight room outside of the school day.
- E. RESTRICTIONS ON COACHES: Coaches are defined as any individuals (paid or non-paid or volunteer) who make up the school's immediate past, current or projected future coaching staff. During the moratorium days:
- COACHES SHALL NOT:**
1. Have player contact or communication related to the sport.
  2. Organize or conduct any meetings related to the sport.
  3. Organize or conduct practices or competitions of any kind at any level.
  4. Organize or conduct any activities related to the sport, including weight lifting and conditioning outside of the school day.
  5. Organize or conduct open gym, open court, open pool or open field play or permit the use of batting cages.
  6. Organize or conduct any fundraisers.
  7. Coach or observe any potential player related to the sport. A coach may observe only if his/her own child is participating or if acting as a registered official assigned to that specific contest.

**Note:** To organize or conduct would include facilitating or encouraging an activity to take place, regardless of whether or not the coach attends.

- F. *Sport Specific Moratoriums are specific periods of time determined by the UHSAA in consultation with individual coaches' associations.*
1. *Two (2), two (2)-week sport specific moratoriums during the year. Blocks may be consecutive.*
    - a. *Holiday and summer moratorium days shall not be counted as sport specific moratorium days.*
    - b. *Sport specific moratorium days may be split around holiday and summer moratorium days to create a consecutive block of time.*
  2. **SPORT SPECIFIC MORATORIUMS: (for specific dates, see sport specific ready reference calendar)**
    - a. **Baseball:** *combine four weeks with the Christmas and New Year's Moratorium days (except 1A).*
    - b. **Basketball:** *first two weeks in August and two weeks following state.*
    - c. **Competitive Cheer:** *schools select four weeks on "Declaration Moratorium Form" due January 15.*
    - d. **Cross Country:** *four weeks beginning March 1.*
    - e. **Drill Team:** *schools select four weeks on "Declaration Moratorium Form" due January 15.*
    - f. **Football:** *two weeks following state and two weeks beginning with spring tryouts*
    - g. **Golf:** *combine four weeks with the Christmas and New Year's Moratorium days.*
    - h. **Lacrosse:** *first four weeks in August beginning in 2021.*
    - i. **Soccer:** *combine four weeks with the Christmas and New Year's Moratorium days.*
    - j. **Softball:** *combine four weeks with the Christmas and New Year's Moratorium days.*
    - k. **Swimming:** *last two weeks of April and the second and third weeks in August.*
    - l. **Tennis:** *combine four weeks with the Christmas and New Year's Moratorium days.*
    - m. **Track:** *four weeks beginning September 1.*
    - n. **Volleyball:** *schools select from four options on volleyball moratoriums or declaration form on "UHSAA Volleyball Moratorium Declaration".*
    - o. **Wrestling:** *four weeks beginning August 1.*
- G. *Moratorium Adjustments*
1. *Thanksgiving, New Year's Day, Summer and any Sport Specific moratorium days shall not be compromised in an adjustment request without approval of the Executive Committee.*
  2. *Christmas Moratorium*
    - a. *The moratorium days may be adjusted as long as Christmas day is not compromised. The moratorium must be five consecutive days and must include Christmas day. In-season teams may adjust the moratorium no more than one day prior to the date of a competition.*
    - b. *Requests for Christmas moratorium adjustments must be approved by the school principal and the superintendent or school board president. The approved adjustment request must be submitted by the school principal prior to November 1. Requests received after November 1 will still be considered but will carry a \$100 fine.*
    - c. *When a Christmas moratorium adjustment is granted, the principal shall monitor the adjusted moratorium period. The approved adjustment shall apply to all levels of that sport. For example, all levels of boys' basketball (i.e. freshman, sophomore, junior varsity and varsity) shall adhere to the same moratorium days.*



**Interps & Guidelines 2.2.7: OUT OF SEASON PARTICIPATION****A. "Two Weeks Prior" to Start Date Restrictions**

1. To create a more level playing field, the "Two Weeks" prior restrictions are in place to identify the start of a season and the official tryout date.
2. "Two Weeks Prior" to Start Date Restrictions apply to current 9th-12th grade students.
3. Any potential player shall not be required to attend. This is an optional attendance period.
4. The following **restrictions are in place** during the "Two Weeks Prior:"
  - a. Coaching is prohibited.
  - b. No practice sessions, no drills, no scrimmages with other schools, no review of tape with athletes, no team offense or defense nor chalkboard X's and O's are allowed.
  - c. An athlete may not attend a clinic or camp hosted or sponsored by a member school within two weeks of the starting date. This includes sending teams to team camps or competitions outside of the school.
5. The following are **ALLOWED** during the "Two Weeks Prior:"
  - a. Weightlifting and conditioning.
  - b. Open gym, court, pool or field is permitted as long as there is no coaching, no participation fee of any kind, nor team selection taking place. "Open" means freely available to the students of the school which has the gym, court, pool or field. If participation in the "open" event requires registration or a fee, whether paid to the coach, the school or a third party, the event is a clinic or a camp and is prohibited in the "two weeks prior" to the start date of such sport.
  - c. An individual may attend an outside camp, clinic or competition, as long as the high school coach does not coach them.
6. The "Two Weeks Prior" restrictions do not apply to baseball, competitive cheer, cross-country, drill team, football, softball, swimming or track & field.

**B. Spring Football Guidelines**

1. Spring Football Guidelines apply to current 9th-12th grade students.
2. Spring restrictions prior to and including Memorial Day:
  - a. No player protective gear may be worn (Helmets, Shoulder pads, pants pads)
  - b. No football competition with other schools (including scrimmages) until after Memorial Day; however, 7 on 7 competition is allowed.
  - c. Abide by football moratorium dates:  
Two-weeks following state championship game, and two-weeks beginning with spring sport tryouts
  - d. Following Memorial Day, the UHSAA Approved Football Summer Calendar (posted on the football page) continues until the season start date for football including; heat acclimatization and padded camp guidelines.
3. A camp may occur after Memorial Day and before **Friday, July 12, 2024**, except during Summer Moratorium. This is a school specific period for all levels i.e. varsity, junior varsity, sophomore, freshmen; or offense/defense, etc. The camp must be declared in writing to the UHSAA prior to the use of any pads and must follow the Heat Acclimatization, which includes up to three (3) days in pads. Form at [uhsaa.org](http://uhsaa.org).
4. Heat Acclimatization: please see item 33 in the Administrative Policies and Guidelines section of this handbook as well as the approved "Football Summer Calendar" available from a link on the Football page of UHSAA website for information and regulations regarding heat acclimatization.



### SECTION 3: School Sponsored Out of Season Programs

- A. Clinics on an individual school basis may be held with the approval and direction of the local school administration and with the approval of the local Boards of Education. The two basic principles governing the development and operation of programs should be:
1. All educational programs for high school students should be kept in balance so that no single program robs any other program of its fair and proper share of attention in the students' experiences; and
  2. All students should have equal opportunity to compete for a position on a team. There should be no discrimination against any student in the operation of physical development activities, and participation in such programs will not be prerequisite to membership in a school's athletic program.

#### **Interps & Guidelines 2.3.1: SCHOOL SPONSORED PROGRAMS**

- A. *Limiting teams to days or number of camps, leagues, tournaments or competitions is a school or district policy. Limitations as to dollar amounts spent by individuals will also be left to district or governing board of a charter or private school discretion.*

## **BY-LAWS ARTICLE 3: CONTESTS WITH NON-MEMBER SCHOOLS AND HIGHER INSTITUTIONS PROHIBITED**

### **SECTION 1: Contests with Non-Member Utah Schools Prohibited**

Members of the Utah High School Activities Association shall be prohibited from engaging in contests with Utah high schools that are not members of the Utah High School Activities Association without the approval of the Board of Trustees. For purposes of this Article, an alumni team is exempt from this rule.

### **SECTION 2: Contests with Out-Of-State Schools**

Members of the Utah High School Activities Association shall be prohibited from engaging in contests with high schools outside of Utah who are not members of their respective state high school associations unless that state permits contests with schools not members of its association. In such case, those schools shall be considered eligible for contests with UHSAA members

### **SECTION 3: Restrictions Regarding Higher Institutions**

No athletic team representing a member high school shall compete or scrimmage in organized competition against a college or university team.

#### **Interps & Guidelines 3.3.1: COMPETITIONS AGAINST HIGHER INSTITUTIONS**

*For the purposes of this rule, college-sponsored club teams are the same as college or university teams*

## BY-LAWS ARTICLE 4: SANCTIONING PROCESS

### SECTION 1: Multi-School Meets for Member Schools

- A. By definition, contests between two, three or four member schools are considered sanctioned.
- B. Any multi-school meet hosted in Utah which involves more than four member schools, whether in-state or out-of-state, must be approved by the UHSAA at least thirty (30) days prior to the event. Applications received after deadline may be fined \$100.00.

### SECTION 2: National Federation Sanctioning Requirements

- A. Any interstate competition involving two (2) or more member schools which is sponsored by or titled in the name of an organization outside of the high school community (i.e., a university, a company, a theme park, a community recreation department, etc.) in addition to being sponsored by a member school, shall require sanction of the National Federation.
- B. An interstate competition sponsored by a State Association member school is automatically sanctioned by the Associations involved regardless of the number of competing schools, provided all schools are from bordering states.
- C. National Federation action is required if one or more of the competing schools comes from a state which does not border the host state, and even then five or more states and/or more than eight schools must be involved. In that case, Federation approval is necessary for schools from ALL STATES INCLUDED.
- D. The NFHS requires an online process for NFHS sanctioned events. For information regarding NFHS sanctioning procedures go to the NFHS website (nfhs.org) and click on the "Sports" tab.
- E. Any event involving U.S. and foreign schools must be sanctioned by the state association(s) involved and the National Federation.
- F. Application forms for interstate and international contests or tournaments requiring sanction are available from the Association office and must be filled out completely before the request will be considered.

### **Interps & Guidelines 4.2.1: SANCTIONING**

- A. *A major purpose of sanctioning is to minimize loss of classroom instructional time.*
- B. *The UHSAA does not sanction events outside of the respective sport/activity season.*
- C. *Competitions or tournaments involving more than four schools and all are within a specific UHSAA region are considered sanctioned and do not require application process.*
- D. *Tournaments will be sanctioned at the level (varsity, junior varsity, sophomore and freshmen) requested. Participation in that tournament will count at that level unless a request for an exception is made in writing two weeks in advance of the tournament and that request is approved by the UHSAA. In other words, a school could request permission for a junior varsity team to play in a varsity tournament, not to exceed the contest limitations rule at that level.*
- E. *In the case where a school or schools drop out of, or do not show up for, a tournament, appropriate byes must be scheduled. JV teams cannot be added without two (2) weeks prior notice.*
- F. *It is not permissible to divide a school's team and play as two teams. This does not concern sports where the contest limitation is applied to individuals.*

- G. Applications for inter-regional or inter-state meets must be submitted at least 30 days prior to the proposed meet and must be sponsored by a member school. Even though an event may be ongoing, application forms must be submitted each year. A processing fee of \$100 may be assessed to those applications which miss the application deadline. Any school which violates Article 4 of the By-Laws will be fined as follows: The host school will be fined \$200.00 and additional schools which participate in a non-sanctioned meet will be fined \$50.00 each. This includes speech, theatre and music, as well as athletic events.
- H. Sanction applications for competitions with more than four schools will be approved for the following:
1. Any single or multi-day event in Utah **provided no school time is missed** by any participating school for any reason associated with the event (i.e. travel, participation, overnight stay, etc.) and all play occurs after 3:00 p.m. Tournaments scheduled on non-school days for all participating schools would not be bound to the 3:00 p.m. start time.
  2. A two-day or three-day event in Utah **when school time is missed** by any participating school for any reason associated with the event provided:
    - a. Participating schools do not miss any school the day prior to the tournament for travel or any other reason associated with the event.
    - b. Participating schools do not miss any school time on more than one school day for any reason associated with the event.
    - c. The second day of a two-day event is a non-school day for all participating schools.
    - d. The second and third days of a three-day event are non-school days for all participating schools.

**Note:** For 2-day and/or 3-day tournaments where school is missed on the first day by any team, the tournament host is strongly advised to schedule local schools after 3:00 p.m.
  3. Any tournament consisting of non-border states sanctioned by the National Federation.
  4. Any tournament in AZ, CO, ID, NV, NM or WY that has exclusive participation of schools in states that border the host state.
 

**Note:** It is recommended that competitions within a region, dual-contests and tri-meets adhere to items 1 and 2 above.
- I. UHSAA athletic passes shall be accepted for admittance at all sanctioned events within the state. This includes all pre-season contests, region competitions, dual/tri meets, invitationals, endowment games, All-Star contests, etc.
- J. All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request (see Interpretations & Guidelines 2.3.1: Activity Seasons):
- The playing or competition season shall end with the last state meet for any of the classifications or tournament in that activity. UHSAA jurisdiction for seniors shall end at that time. No meets or competitions will be sanctioned after the UHSAA state championships. Exceptions: All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request.

## BY-LAWS ARTICLE 5: LICENSED TEACHERS, UHSAA COACHES TRAINING AND SUPERVISION OF STUDENTS

### SECTION 1: Coaches' Certification

All coaches (paid or nonpaid) shall be certified prior to coaching. The responsibility for verifying the certification of the coaches lies with the schools, districts or governing boards of charter or private high schools.

#### **Interps & Guidelines 5.1.1: COACHES' CERTIFICATION**

- A. The Utah High School Activities Association (UHSAA) and the Utah State Board of Education (USBE) requires that all individuals employed or acting as coaches meet specific training and certification requirements outlined by the UHSAA and USBE.
- B. Coaches' certification includes eight components and shall be completed prior to the start of any coaching. The eight (8) components are: Background Check; First Aid Training; CPR Training; yearly Concussion Training; yearly Child Sexual Abuse Prevention Training; yearly Bullying, Cyber-bullying, Hazing, Harassment, and Retaliation Training; the NFHS "Fundamentals of Coaching" course; and to meet a set of professional standards that are consistent with the Utah Educator Professional Standards as described in [USBE Rule R277-605](#). The training must be completed through an approved or recognized program which complies with USBE requirements. First Aid and CPR components require current certification through an approved or recognized program which complies with USBE requirements. Yearly concussion training requires successful completion of the NFHS Concussion Course.
- C. School districts must verify compliance with all eight components required for coaches' certification. (To confirm a coach has completed the NFHS Fundamentals of Coaching and the yearly NFHS Concussions course, go to [nfhslearn.com](http://nfhslearn.com) and click on "User Lookup" in the top right hand corner.
- D. The "Fundamentals of Coaching" course shall be completed prior to coaching. Head coaches and assistant coaches with a major, minor or endorsement in physical education or dance and/or a minor in coaching are not required to take the "Fundamentals of Coaching" course.
- E. Certified coaches will be issued a UHSAA credential to be worn at all UHSAA sanctioned contests, including UHSAA postseason contests. Coaches who have not completed certification requirements will not be granted a credential and will not have access to coach in UHSAA postseason contests.
- F. Head coaches are required to attend the live UHSAA Rules clinic, or take the online UHSAA rules clinic applicable to his/her sport. Failure to complete the UHSAA sport-specific rules clinic will be a fine of \$50. Head coaches will be given a new deadline to complete the online clinic. If the clinic is not completed by the second deadline, schools will be fined an additional \$100.

#### **Interps & Guidelines 5.1.2: ATHLETIC ADMINISTRATORS' CERTIFICATION**

- A. *The Utah High School Activities Association recognizes the importance of having a Certified Athletic Administrator in its member schools. The UHSAA strongly recommends within 3 years that school-appointed Athletic Directors complete the NIAAA Athletic Administrators' Certification (CAA).*

- B. The training and certification must be completed through the National Interscholastic Athletic Administrators Association and includes becoming a Certified Athletic Administrator (CAA). The NIAAA Certification Program is a professional service to athletic administrators and is based on the premises of continuing education, professional growth and program development in the vocation of interscholastic athletic administration. It recognizes and incorporates the professional development opportunities provided by the Leadership Training Institute. The CAA includes \$2,000,000 in liability insurance. The attainment of professional certification demonstrates the completion of a comprehensive plan for self-improvement that will enhance the ability of the athletic administrator to better serve the school, community and profession. The completion of a Master's degree in Athletic Administration from any accredited University will also serve as evidence that the Athletic Director has been properly trained.*

## **SECTION 2: Supervision of Students**

A licensed faculty member or full-time faculty member must accompany his/her teams or students to all UHSAA state tournaments, meets or festivals for which they have qualified to participate unless arrangements are made with the Executive Director in advance for students to be under the supervision of a licensed or full time faculty member from another school. Teams or individuals without a licensed or full-time faculty representative will be barred from the activity.

# **BY-LAWS ARTICLE 6: OFFICIALS**

## **SECTION 1: Certified Officials Required**

Only certified officials may be used in 9th grade, sophomore, junior varsity and varsity competition.

### **Interps & Guidelines 6.1.1: UHSAA CERTIFIED OFFICIALS**

- A. Any UHSAA sanctioned contest/event must use UHSAA certified officials.*
- B. Only UHSAA certified officials, including adjudicators and judges, shall be used at high school varsity, junior varsity, sophomore and freshmen contests, including festivals and performances. Any exceptions to this regulation should be reported promptly to the Executive Director and offenders will be subject to suspension and/or fine.*
- C. To register as an official, including adjudicators and judges, one must be at least 18 years of age and cannot be a high school student.*
- D. Applicants convicted of felonies may apply after five years from the date of conviction. Applicants convicted of a sexual offense felony may not register with the UHSAA at any time. All other sexual offense crimes will be reviewed by the UHSAA. The UHSAA reserves the right to deny any application.*
- E. Applicants are approved through the process outlined in the UHSAA Officials Guidebook <http://www.uhsaa.org/officials>*

## BY-LAWS ARTICLE 7: VIOLATIONS and PROTESTS

### SECTION 1: Responsibility of Principals

- A. It shall be the duty and responsibility of the principal or equivalent executive officer of a member school to determine that participants have met all eligibility requirements, to assure institutional control over all athletic participation and to maintain an atmosphere of compliance throughout the school and among the parents and those with a particular interest in the athletic programs of the school, i.e. boosters.
- B. The Principal or equivalent executive officer shall be ultimately responsible for a school's non-compliance with the Association's Rules.

### SECTION 2: Halted or Suspended Game

- A. A game that has been stopped at any time after its start because of inclement weather, darkness, light failure or curfew may be continued by mutual agreement reached before that start of the contest by the competing member schools, or according to region or UHSAA state tournament policy, to a predetermined point of completion. Any such game must meet the conditions of each specific sport to be considered a regulation game. A halted game is for special conditions and is not intended to supersede the conditions of a regulation game.
- B. (Baseball Specific Language) A halted game must resume play at exactly the point of being halted, with lineups and batting order of both teams exactly the same, subject to the rules of substitution; any player (or pitcher) who played, or was announced as a substitute before the game was halted, must be in the lineup when play resumes or be ineligible for the remainder of the game.
- C. The Halted-Game Procedure also may be used in non-region games, but this agreement clearly should be understood and mutually be agreed upon by the coaches and directors of athletics of the member schools before the start of the contest. When the Halted-Game Procedure is agreed upon prior to the start of a non-region contest and contest cannot be finished; the unfinished game becomes "no contest" if the game has not met the conditions of a regulation game.

#### No Game (baseball specific)

1. "No game" shall be declared by the umpires if play is terminated before five innings have been completed by each team.

*Exception 1* - If the team last at bat is at bat in the last half of the fifth inning and equals, before the completion of that inning, the score of the side first at bat, the umpire shall declare the contest legally tied.

If the team last at bat has made more runs at the end of the fourth inning, or before the completion of the fifth inning, than the team first at bat has made in five completed innings, the umpire shall award the game to the team second at bat; and it shall count as a legal game.

*Exception 2* - Teams previously have agreed to play by the halted-game rule.

#### No Contest

1. There shall be no forfeit of a contest until the appropriate contest official has assumed jurisdiction of the contest in accordance with the applicable playing rules.
2. When a team does not appear (e.g., due to weather conditions, accidents, breakdown of vehicle, illness or catastrophic causes), a forfeit is not recorded. A member school shall not, for statistical purposes, declare a forfeit for nonfulfillment of a contract. Such instances shall be considered as "no contest".

### SECTION 3: Protest Procedures

- A. Complaints alleging a violation of rules or policies of the Association must be submitted to the Association in writing.
- B. Particular complaints involving sportsmanship, lack of crowd control and inappropriate actions of players, spectators and/or coaches may be submitted directly to the Board of Trustees or the Executive Committee.
- C. All protest concerning the outcome of a game or contest must be made and concluded by appropriate officials and school leaders prior to the end of the protested game or contest. After a game or contest has been completed, protests regarding the outcome are not allowed. No protest shall be considered if the protest is based upon a judgement call of an official. (The foregoing is not to be construed as prohibiting the Association from initiating action on a UHSAA rule or policy violation.)

#### **Interps & Guidelines 7.3.1: NFHS Rules Book**

*The UHSAA protest procedure, as outlined above in item C, is subordinate to any specific rule outlined in the NFHS rules book.*

### SECTION 4: Withdrawal of a Team

No member school may withdraw its representatives from an Association activity prior to the termination of the activity, except by mutual consent of the responsible faculty representatives from the participating schools.

### SECTION 5: Duty to Report and Cooperate

- A. It shall be the duty of the principal, athletic director, coach or other person connected with any sanctioned activity to report to the principal or equivalent executive officer of a member school any infraction of the UHSAA Constitution, By-Laws, rules, policies, or regulations. The principal or equivalent executive officer shall report such infractions to the Executive Director.
- B. It shall be the duty of the principal, athletic director, coach or other person connected with any sanctioned activity affirmatively to determine that all the participants under their jurisdiction who are to participate with and for the school are eligible. Anyone who has knowledge or information that places in question the eligibility of any student who is likely to participate in any contest has a duty to report such knowledge or information immediately to the principal or equivalent executive officer of the participant's school who shall immediately forward the information to the Executive Director. Failure to do so shall be an indication of bad faith and shall constitute evidence of lack of institutional control.
- C. All representatives and personnel of member schools, including unpaid advisors and coaches, shall fully cooperate with the Executive Director, the Association's Staff, the Region Board of Managers, the Executive Committee, the Board of Trustees or their counsel to further the objectives of the Association and its investigation and enforcement programs. The Association's investigation and enforcement policies and procedures are an essential part of the athletic program of each member school and require full and complete disclosure of any information requested by the Association during the course of any investigation and/or enforcement proceedings and full and complete compliance with all Association decisions, directives, sanctions and penalties.
- D. Failure to report infractions or respond fully and timely to requests from the Association for information related to any enforcement matter or claimed violation of the Rules or Constitution shall be deemed to demonstrate a lack of institutional control and the absence of an atmosphere of compliance. As such, it will be the subject of appropriate sanctions, which may include suspension from participation by the school until there is full compliance with the Association's requests.

## SECTION 6: Power of Association to Institute Enforcement Inquiries

When The Association has information suggesting an infraction of the Constitution, a By-Law, a rule or a policy, by a school or a student, it may initiate such action as may be appropriate.

## SECTION 7: Ineligible Player/Participant

- A. Contests in which an ineligible player/participant competes shall result in the head coach being suspended for all consecutive sport activities (contests, practice, meetings, etc.) and at all team levels for the number of contests in which the ineligible player/participant competed. Suspension will carry over to the next school year where applicable. Additional sanctions may be applied to the coaching staff and/or the school by the Region Board of Managers, the Executive Committee or the Board of Trustees.
- B. The player/participant remains ineligible until the student is deemed eligible by the UHSAA office.

### Interps and Guidelines 7.7.1: USE OF AN INELIGIBLE PLAYER/PARTICIPANT

- A. *In applying Section 6: Ineligible Player/Participant, "contest" shall be defined as follows:*
  1. *For the sports of basketball, baseball, football, lacrosse, soccer, softball and volleyball, a game/match as defined in the NFHS Rules Book for that sport is a contest.*
  2. *For the sports of competitive cheer and drill, each competition is a contest.*
  3. *For the sport of golf, competition in a match is a contest.*
  4. *For the sport of cross country, competition in a race is contest.*
  5. *For the sports of swimming and track & field, competition in a meet is a contest.*
  6. *For the sports of tennis and wrestling, match competition in a single day is a contest.*
  7. *For the activities of solo & ensemble festival, speech/debate, and theatre, competition is an ensemble, event of play.*
- B. *In the sports of competitive cheer and drill, if an ineligible student participates in a routine, that routine shall not receive a score nor shall it be considered for a place in that particular category. A school must receive a score for a routine in each of the three categories to place as a team in a competition.*
- C. *In the sports of cross country, golf, swimming, tennis, track & field and wrestling, an ineligible athlete will be dealt with according to the rules for that sport as if they were disqualified for the purposes of team scoring. A participant disqualified for ineligibility may not earn an individual place nor score any points for a team.*
- D. *In the activities of solo & ensemble and theatre, an ineligible participant shall not receive a rating in an individual event of solo. An ensemble or play which includes an ineligible participant may not receive a rating.*
- E. *In the activity of speech/debate, an ineligible participant shall be disqualified. In events in which competition takes place a partners, a partnership that includes an ineligible participant shall be disqualified. A participant or partnership disqualified for ineligibility may not earn a place nor score any points for a team.*

## SECTION 8: Penalties

- A. Upon the determination that there has been a violation of the Association's Constitution, a By-Law, a rule or policy, the Association may impose such penalties or fashion such relief as may be proper. Without limiting the Association's ability to enforce its rules, these are among the actions the Association may consider:
  1. **Reprimand:** An official letter to the individual and/or school concerned in regard to the offense committed and warning against acts of a detrimental nature which are contrary to the aims and philosophies of the Association. This letter will become a part of the permanent file of the individual and/or school involved.



2. **Probation:** An official letter to the individual and/or school concerned in regard to the offense committed clearly stating what conduct, activity or behavior needs correcting. Offending individuals and/or schools would be advised that their continued participation in the Utah High School Activities Association would be on a probationary status for a period of one year. In addition, the offending individual and/or school would be warned that any failure to correct these specified problems may result in more severe action by the Association, including, but not limited to: Restriction, Suspension, Fines or any combination thereof.
3. **Restriction:** Action which would restrict participation in school, region/division or state level activities. The restriction may be applied to an individual, to a team or group or to a school. A restriction is often referred to as a suspension.
4. **Suspension:** The effect of a suspension shall be to drop the school from membership and prohibit participation in any or all UHSAA sponsored activities. The length of suspension shall be determined by the Board of Trustees.
5. **Forfeit:** The forfeiture of an interscholastic athletic contest, title or championship.
6. **Vacating a Win:** The effect of vacating a win is to nullify the result of a contest for the offending school or individual in contests won. Any team records achieved are to be vacated. Individual records achieved by an ineligible individual are also vacated. Award(s) won, including a championship/ place, are vacated for offending teams and, in applicable cases, team points reconfigured. Any award, including a championship/place won by an ineligible individual is vacated. The vacation of a contest, championship/place or award shall only be applied when a forfeit cannot practically be applied, such as in a case where an offending team or individual has completed at least the second round of tournament and an opponent could not be advanced without additional competition.
7. **Fines:** A coach, principal and/or school may be assessed a fine not to exceed \$1,500 per infraction.
8. **Costs:** The Association may assess against a member school all or any part of the costs of investigations, hearings, or litigation, including attorney's fees, if the Association is required to act or to defend itself as a result of the failure of a member school to adhere to the Association's Constitution or By-laws.

## SECTION 9: Breach of Contract

In case of breach of contract, the regional board of managers shall have authority to assess a penalty from a minimum of \$500 to a maximum of \$1,500 against the offending coach and/or school. The amount shall be sent to the region chairperson, who shall remit that portion due to the offended school and deposit the balance in the regional treasury. In the event that the breach of contract occurs between schools of different regions, the regional boards of managers from the two regions shall resolve the case. The acceptance of a schedule of league games, pre-season or practice by the principals of the schools concerned shall be understood as constituting a contract. The above includes freshmen (where applicable), sophomore, junior varsity and varsity schedules.

### **Interps & Guidelines 7.9.1: BREACH OF CONTRACT**

***Any agreement*** to hold a contest between schools, whether written or oral, shall be subject to this rule. If a school has contracted for a varsity contest, an offer to substitute a junior varsity team or a lesser squad shall be considered to be a breach of the contract to hold a varsity contest. In assessing any penalty to be imposed, the appropriate boards shall consider the actual damages caused to a school by the breach of contract, including a reasonable projection of the loss of gate receipts. Additionally, the boards have authority to impose a fine

*related to the loss of opportunity not only for the participants in the contest but for the students and student organizations that otherwise would have been involved in the contest.*

*In case of breach of contract, the offending school will receive an automatic forfeit and cannot schedule a different opponent for that contest. The offended school will receive an automatic win for that contest.*

*This constitutes a contest against their contest limitations for both schools. If both schools agree not to play, both schools would be allowed to play other opponents. If this occurs, breach of contract does not apply.*

*It is strongly encouraged that member schools engage in written agreements when scheduling playing contests.*

## **SECTION 10: Defacement of School Property**

Defacement or marring of school property by members of another school may subject the offending school to suspension from the Association for one year. This offense shall be understood to include disfigurement of any sort, by means of paint, kalsomine, chalk or like material upon school property or upon any other property; also, the commission of any act by a member or members of another school which would tend to throw discredit upon the latter school.

## **SECTION 11: Dishonesty**

Any student, principal, coach or other person representing a school who has been dishonest with the Association in connection with enforcement matters has committed a violation that significantly interferes with the Association's ability to maintain fairness. Such person shall be subject to sanctions commensurate with the dishonesty, which shall include disqualification from further participation in this Association for one calendar year from date of infraction and/or a fine of up to \$1,500 per infraction.

## **SECTION 12: Gambling**

Betting on the part of a player on any contest in which he or she is participating shall disqualify him or her from participation in any athletic contest of this Association for one calendar year from date of infraction.

## BY-LAWS ARTICLE 8: ELIGIBILITY LISTS

### SECTION 1: Member Schools Provide Eligibility Lists

- A. Each member school shall provide the UHSAA a list of all students who are eligible and who participate in each activity by adding students to a roster in RegisterMyAthlete. This list must be certified by the principal and submitted to the UHSAA prior to or as per established dates. In doing so, the principal is certifying that those students whose names are listed on a roster meet all of the requirements and are eligible under the Constitution and By-Laws of this Association.
- B. Certification shall be based on complete information concerning the student's age and scholastic history.
- C. Participation on varsity, junior varsity, 10th grade or 9th grade teams is to be considered as a season of competition.

#### ***Interps & Guidelines 8.1.1: STUDENT ELIGIBILITY LISTS***

- A. *Eligibility lists for each activity or sport shall be completed through Register My Athlete <http://www.registemyathlete.com> no later than the deadline listed on the UHSAA calendar.*

## BY-LAWS ARTICLE 9: EQUAL OPPORTUNITY

### SECTION 1: EQUAL OPPORTUNITY FOR ALL STUDENTS

Equal opportunity shall exist for all students to participate in Association sponsored activities without regard to sex, religion, race or ethnic origin.

#### ***Interps & Guidelines 9.1.1: PARTICIPATION IN SPORTS PROGRAMS***

*The Association has listed its sanctioned sports and indicated whether certain teams are specific to boys or girls or mixed. If a team is designated for boys, girls may not participate on that team. Similarly, if a team is designated for girls, boys may not participate on that team. Girls and boys may participate on mixed teams as defined and identified as such by the Board of Trustees in ADMINISTRATIVE POLICIES AND GUIDELINES 1.A.*

## BY-LAWS ARTICLE 10: DRUGS, ALCOHOL and TOBACCO

### SECTION 1: UHSAA Drugs, Alcohol and Tobacco Policies

- A. The UHSAA supports the U.S. Supreme Court rulings regarding education. First, to prepare students to be good citizens and second, to teach them to be self-reliant and self-sufficient. Activities of the UHSAA contribute to both of these goals. The use of alcohol, tobacco products or other drugs in almost every instance deters the realization of these goals. Every effort shall be made at the local, region and state levels of participation to eradicate the promotion, use or abuse of alcohol, drugs and tobacco with regard to participation in high school sports and activities. Limitation for participation of students in Utah high school activities regarding the use of alcohol, tobacco products and other drugs during a sports season, as defined in the Utah Code are:
  1. **First offense:** Suspension from two consecutive games, meets, matches, competitions or performances at the same level of play (and any intervening levels as well). Practice may be continued following a personal assessment of the student by a licensed substance abuse intervention or treatment program and/or participation in a district, governing board of a charter or private school approved intervention program.

2. **Second offense:** A six-week suspension from games, meets, matches, competitions or performances. Student participation in an assessment by a licensed substance abuse intervention or treatment program with prescribed follow-up is required. Practice may continue only after the assessment has been completed and positive participation in the prescribed follow-up is occurring.
3. **Third offense:** An eighteen-week suspension from all games, meets, matches, competitions, performances and practices. Reinstatement of eligibility at the end of the eighteen-week suspension is predicated upon successful completion of a formal assessment, intervention and treatment program. In all of the foregoing offenses, local school and/or district requirements which deal with discipline, suspension, corrective measures, parent/guardian involvement, rehabilitation and so forth, must be met.

### **Interps & Guidelines 10.1.1: DRUGS, ALCOHOL AND TOBACCO**

#### *A. Conditions of this policy include:*

1. *The use of electronic cigarettes or vapor products are prohibited.*

#### *B. Implementation of Policy*

1. *Violations carry over year to year and sport/activity to sport/activity in a participant's career (there is no "fresh start" each year).*
2. *Violations must occur and be discovered during a sport/activity season.*
3. *Any penalties for violation follow the student to any school to which he/she transfers.*
4. *Any violation beyond the third offense carries the same penalty as the third offense.*

## **SECTION 2: Local School or District Requirements**

Local school or district requirements may exceed those set forth in By-Laws Article 1

# **BY-LAWS ARTICLE 11: RIGHTS OF THE ASSOCIATION**

## **SECTION 1: Claim and Notice of Rights**

All rights to contests sanctioned by the Association and conducted within the jurisdiction of the Association, whether pre-season, regular season or post-season, are owned by the Association. The rights to these contests include rights to the images of the contest, filming, broadcast, reproductions or other intellectual property rights. The Association considers these rights to be valuable and any unauthorized use of pictures, descriptions, images or other intrusions into these rights will be prosecuted.

## ADMINISTRATIVE POLICIES & GUIDELINES

### 1. UHSAA Sports and Activities

A. **Sports:** The interscholastic athletics within the jurisdiction of this Association are (as now constituted):

<u>Girls Teams</u>	<u>Boys Teams</u>	<u>Mixed Teams</u>
Basketball	Basketball	Baseball
Cross Country	Cross Country	Competitive Cheer
Drill	Golf	Football
Golf	Lacrosse	
Lacrosse	Soccer	
Soccer	Swimming	
Softball	Tennis	
Swimming	Track & Field	
Tennis	Volleyball	
Track & Field	Wrestling	
Volleyball		
Wrestling		

B. **Activities:** The interscholastic activities within the jurisdiction of this Association are (as now constituted): Music, Speech/Debate and Theatre. Such other activities not enumerated above as may be approved by the Board of Trustees.

### 2. Guidelines for UHSAA Membership

- A. New schools applying for UHSAA membership shall meet all requirements outlined below and on the application for membership. The conditions of membership shall be set by the UHSAA Board of Trustees. Application for membership and declaration of conformance to the Constitution and By-Laws of the Association shall be submitted to the Board of Trustees after being signed by the President of the local board or presiding officer of private school governing board making application.
- B. The application for membership must be filed with the UHSAA by November 1 for acceptance the following school year. The membership application consists of the following criteria:
- i. Board of Education/Governing Body must adopt the membership resolution.
  - ii. Schools seeking UHSAA membership shall meet one of the following accreditation requirements:
    - a. Current accreditation by the Northwest Association of Schools and Colleges.
    - b. Current accreditation through other appropriate accreditation agencies, including third party accrediting groups or agencies directly associated with the school's purpose and mission.
    - c. UHSAA/USBE accreditation/validation through the use of guidelines established in Utah State Board of Education Administrative Rules, 277-410-4. Transfer of Credit using those guidelines to qualify for UHSAA membership.
    - d. Schools not demonstrating yearly accreditation will be placed on probation that year and will lose membership from the Association if they do not gain acceptable accreditation the following year.

- C. Stable enrollment figures required on the membership application must be accurate and current.
- D. Facilities and equipment must meet the requirements of each sport or activity rulebook.
- E. An on-site committee inspection is required by the Board of Trustees before membership is approved to ensure adequate facilities, seating, dressing rooms, etc.
- F. Participation in activities each year. Those participating in sports should fill the varsity level first and are recommended to field teams for lower level competition (i.e. JV, Soph, Freshman).
- G. 1A and 2A schools accepted for initial membership with the intent of participating in athletics will be designated as “Independent” members prior to approval as full members during the subsequent realignment. During realignment, any Independent can petition for full member status. Approval as a full member requires compliance to UHSAA rules, positive evaluations from UHSAA member schools in regards to facilities, scheduling and readiness to participate as demonstrated while an Independent.
- H. Schools on Independent Status:
  - i. May participate at all levels of play: Varsity, JV, Sophomore, Freshman.
  - ii. May schedule contests with any UHSAA member school whether a full member or an Independent.
  - iii. May participate in pre-season, regular season UHSAA sanctioned competitions.
  - iv. Are not post-season eligible. Independents shall not participate in play-ins or state qualifying tournaments/meets for any UHSAA sports (individual or team).
  - v. Will be assigned to a UHSAA Region for administrative purposes but will not have voting rights.
- I. Full member schools who schedule an “Independent” will receive an additional game, at each level scheduled, beyond their contest limitations in that particular sport or possibly two to allow for home and away scheduling within assigned region.

### 3. Three Categories of UHSAA Membership

- A. **Full Members:** schools approved by the BOT as full members and in good standing in the Association, which includes attendance at region meetings. Only full member schools are post-season eligible. A school must field teams in each of the three sport seasons. Anticipated failure to comply with this requirement must be declared by March 1 of the year prior to non-compliance. The member school could seek a waiver. Schools not meeting this membership requirement shall be designated as an “independent” rather than a full member.
  - i. To be eligible for post-season competition in girls’ team sports, a full-member school must participate in at least one girls’ sport activity per sports season.
  - ii. To be eligible for post-season competition in boys’ team sports, a full-member school must participate in at least one boy’s sport activity per sports season.
- B. **Associate Members:** schools approved for membership to participate in “Activities” only. An Associate member shall have all rights and privileges for voting representation and participation in music, speech/debate, theatre. The dues structure will remain the same.
- C. **Independent Members schools which:**
  - i. 1A and 2A schools accepted for membership during an established alignment period with the intent of participating in athletics;
  - ii. schools of any classification that do not meet the qualifications for post-season competition and

- iii. established member schools who identify themselves as an Independent in a given sport(s). A “UHSAA Memo of Understanding” shall be created for each independent sport(s) and must be approved by the UHSAA Executive Committee.

#### 4. Emerging Sports Policy

##### A. Purpose

- i. The Emerging Sport Program (the “Program”) was developed with the oversight of the UHSAA Female Equity Committee. The purpose of the Program is to grow meaningful interscholastic athletic participation opportunities for student-athletes, particularly for female student athletes, in sports that have the potential to reach the required number of student participants to be considered for UHSAA-sanctioned, state tournament status.
- ii. The Program will be managed by the Emerging Sports Committee at the UHSAA (the “Committee”). Members of the Committee shall be appointed by the Executive Director of the UHSAA, subject to the approval of the Board of Trustees of the UHSAA (the “Board”). Committee membership and contact information shall be set forth on the UHSAA’s webpage. The Committee oversees the application process for emerging sports, notifying the Board of sports added to or removed from the list of emerging sports and activities and making recommendations to the Board on whether an emerging sport or activity should be sanctioned.
- iii. As set forth in Article VI, the Emerging Sports Program shall apply equally to activities.

##### B. Definitions

- i. **Sport:** A sport shall: (1) Be defined as an institutional activity involving physical exertion for the purpose of competition against teams or individuals within an interscholastic competition structure; and (2) Operate under standardized rules.
- ii. **Activities:** For purposes of Article VI, an activity shall: (1) Be defined as an institutional activity involving competition against teams or individuals within an interscholastic competition structure; and (2) Operate under standardized rules.
- iii. **Emerging Sport:** An emerging sport is an activity that: (1) Meets the definition of a sport; and (2) Is accepted and recognized by the Committee under the guidelines set forth herein as an emerging sport.
- iv. **UHSAA Sanctioned Sport:** A sanctioned sport activity is (1) a varsity interscholastic sport, (2) for which qualified participants receive the member school’s official varsity awards, (3) under the jurisdiction of the UHSAA that is subject to the UHSAA’s Constitution, By-Laws and Administrative Policies and Guidelines, as amended and updated from time to time, and (4) for which a state championship event is sponsored by the UHSAA.
- v. **UHSAA Non-Sanctioned Sport:** A non-sanctioned sport is a sport that has been accorded that status by a member school that satisfies the following conditions: (1) It is a sport that has not been accorded varsity status; and (2) It is a sport in which student-athletes compete in interscholastic competition.
- vi. **Interscholastic:** Interscholastic refers to a game, match, exhibition, scrimmage, competition, or joint practice session with another member school’s sanctioned or non-sanctioned team, regardless of its formality, in which competition in a sport or activity occurs between an athletics team or individual representing a member school and any other team or individual not representing the athletics program of the same member school. In the case of a

non-sanctioned sport, interscholastic competition includes competition in a sport between an athletics team or individual representing a member school or schools and any other team or individual not representing the program of the same member schools.

- vii. **Member school:** A member school is any Utah high school that is a member of the UHSAA.
- viii. **Classification and Region:** Classification and Region shall mean and refer to the classification and region to which a member school is assigned pursuant to Article 5 of the UHSAA Constitution, as amended from time to time.

C. Requirements to be added as an Emerging Sport; Recordkeeping

- i. The Committee shall maintain a list of sports designated as emerging sports. The list shall be published and kept up-to-date on the UHSAA's website.
- ii. A sport for female student-athletes shall be designated as an emerging sport once a minimum of 10 percent of all member schools have students participating in a specific non-sanctioned sport or activity. Provided, however, that in order to count toward the 10 percent threshold, the number of participants for a member school must be sufficient to field a team able to engage in interscholastic competition.
- iii. A sport for male or coed student-athletes shall be designated as an emerging sport once a minimum of 20 percent of all member schools have students participating in a specific non-sanctioned sport. Provided, however, that in order to count toward the 20 percent threshold, the number of participants for a member school must be sufficient to field a team able to engage in interscholastic competition.
- iv. A sport shall be undesignated as an emerging sport and removed from the emerging sport list should participation by member schools fall below the threshold for one competitive season during one academic year.
  - a) In order for the Committee to maintain accurate records of emerging sports, on or before October 1 of odd calendar years, the Committee shall send a questionnaire to each member school asking the member schools to identify student interest and participation in non-sanctioned sports and to provide other information that the Committee determines is relevant and helpful to the management of this Program, which information may include the numbers of participants in non-sanctioned sports.
  - b) An emerging sport's governing body or a UHSAA member may request that the UHSAA provide limited services to the emerging sport by submitting a fully completed Emerging Sport Limited Services Application to the UHSAA. Incomplete Applications shall not be considered, including those applications that are not signed and verified as being truthful and accurate. Limited services shall be provided by the UHSAA to the emerging sport for which a proper application is submitted.
  - c) The limited services that the UHSAA may choose to provide to an emerging sport or activity do not include (1) rules meetings or online rules clinics; (2) assigned rules interpreters; (3) specific sport policy area listed on the UHSAA website or in the UHSAA Handbook; and (4) region or state championship administered by the UHSAA.
  - d) The UHSAA may, in its discretion, cease providing limited services to an emerging sport after 5 years.



#### D. Governance of Emerging Sports

- i. Interscholastic competition for emerging sports shall not be restricted by districts, classifications, or by varsity and sub-varsity designations.
- ii. Emerging sports requesting limited services shall be subject to the following: (1) By-laws Article 1, Section 2 (age rule); (2) By-laws Article 1, Section 3 (sports season rule); (3) By-laws Article 1, Section 4 (years of eligibility); (4) By-laws Article 1, Section 8 (scholastic rule); (5) Use of registered officials, as applicable; and (6) National Federation of State High School Association game rules or game rule codes specified by UHSAA for member school competition, as applicable.
- iii. Contest limitations, individual player limitations, and the applicable season of participation will be determined by agreement of participants. Adherence to By-laws other than those listed in this Section are optional, as determined by the organizing body.

#### E. Becoming A Sanctioned Sport

- i. An emerging sport shall be considered for becoming a sanctioned sport upon the following:
  - a) For female-only emerging sports: When it is sponsored as an emerging sport at a minimum of 20 percent of member schools.
  - b) For coed or male-only emerging sports: When it is sponsored as an emerging sport at a minimum of 30 percent of member schools.
- ii. Upon a sport reaching the threshold set forth in Section V.A., the Committee shall consider an emerging sport for elevation to a sanctioned sport or activity. In this evaluation, the Committee may consider any factor it believes is relevant, including but not limited to the following:
  - a) The impact on Title IX compliance
  - b) The percentage of member schools that facilitate interscholastic competition in the emerging sport.
  - c) Participation in community-sponsored leagues for the sport
  - d) Whether other state high school athletic associations sponsor or sanction competition in the sport
  - e) University, college, and junior college opportunities for participation after high school
  - f) Whether the sport is a lifetime sport or activity, easily accessed in later life, that contributes to public health or fitness
  - g) Whether the NFHS or other recognized governing body publishes rules for interscholastic competition in the sport
  - h) Assistance available for growing the sport from national governing bodies, in-state coaches association, and/or in-state officials associations
  - i) Significant obstacles to growing the sport, such as lack of facilities, expensive equipment, risk of injury, lack of experienced coaches and officials
  - j) The opportunity for student-athletes to participate equally from all socio-economic backgrounds
  - k) Whether sanctioning the sport will divert participants from and weaken an existing sanctioned or emerging sport
  - l) Whether there is significant competition for student-athletes to participate in this sport outside of school
  - m) The length of time the sport has been an emerging sport

- n) The burden on member schools, districts and on the UHSAA of sanctioning the emerging sport
- o) Utah Division of Risk Management concerns and input
- iii. The Committee shall make a recommendation to the Board of Trustees as to whether or not an emerging sport or activity should be sanctioned in the November BOT meeting of the academic year following the academic year in which the emerging sport or activity met the threshold requirements set forth in Section C. The Board shall make the final determination on sanctioning in the following March BOT meeting.
- iv. Should the Board of Trustees sanction a sport or activity, interscholastic competition as a sanctioned sport or activity shall begin by the third academic year following the academic year during which the Board approved sanctioning. By way of example, if an emerging sport met the qualification thresholds during the academic year 2023-2024, the Committee would provide its recommendation to the Board in the November 2023 BOT meeting, and the Board would make a final decision in the March 2024 BOT meeting. If the Board approved sanctioning the sport, sanctioned competition would begin no later than the 2026-2027 academic year.
- v. An interested party may request reconsideration of a Board decision only if new information is presented that was not reasonably available to the Board at the time of the original decision. Reconsideration may be requested by emailing or mailing a letter to the Committee within 30 calendar days from the date of the Board decision. An explanation must be submitted to clarify the reasons the new information was not originally available. Any additional or repetitive information that was originally available to the Committee and to the Board may not be submitted for reconsideration. The chair of the Committee shall determine if the new information standard is met for all reconsideration submissions. If the reconsideration standard is met, the Committee will reconsider the new information within 30 days of the reconsideration submission and shall promptly provide its recommendation to the Board. The Board shall consider the Committee's recommendation and render a final decision on sanctioning at its next regularly scheduled meeting.

#### F. Activities

- i. The foregoing policies and procedures for the Emerging Sports Program shall apply equally to activities and all the requirements for and benefits to sports under the Emerging Sports Program shall apply to and be available to activities.

### 5. Sportsmanship Policy

- A. INTRODUCTION - The effective Utah secondary school should support both an academic program and an activities program. These programs should do more than merely coexist, they should be integrated and support each other in "different" arenas. The concept of "sportsmanship" should be **taught, modeled, expected and reinforced** in the classroom and in all competitive activities.
- B. PHILOSOPHY - Activities are an important aspect of the total education process in Utah schools. They provide an arena for participants to grow, to excel, to understand and to value the concepts of SPORTSMANSHIP and teamwork. They are an opportunity for coaches and school staff to teach and model SPORTSMANSHIP, to build school pride and to increase student/community involvement. This ultimately translates into improved academic performance. Activities are also an opportunity for the community to demonstrate its support for the participants and the school, and to model the concepts of SPORTSMANSHIP for our youth as respected representatives of society. **Sportsmanship is good citizenship in action!**

### C. GENERAL SPORTSMANSHIP GUIDELINES

The Sportsmanship Page at [uhsaa.org](http://uhsaa.org) provides resources for schools and information on the UHSAA statewide sportsmanship program, "Raise the Bar." The UHSAA Sportsmanship Handbook, posted on-line, discusses required behavior. The Handbook alerts administrators, coaches, players, fans, and spectators that the UHSAA can and will take action against those who fail to meet the standards listed therein. All individuals associated with UHSAA activities shall read the Sportsmanship Handbook.

Required responsibilities include the following:

- i. Be courteous to all (participants, coaches, officials, staff, fans, and spectators)
- ii. Know the rules. Abide by and respect officials' decisions.
- iii. Win with character and lose with dignity.
- iv. Display appreciation for good performance regardless of the team.
- v. Exercise self-control and reflect positively upon yourself, the team, and the school.
- vi. Do not criticize officials or openly question the integrity of an official, especially in media outlets. If said action is shown to have taken place, the UHSAA reserves the right to fine, suspend and/or sanction parties who are involved in the violations. For the purpose of this rule, the use of social media is considered to be a media outlet.
- vii. Permit only positive sportsmanlike behavior to reflect on your school or its activities.

### D. GENERAL STATEMENT OF POLICY

- i. The Utah High School Activities Association believes that all individuals should be treated with respect and dignity. Students should be able to participate in UHSAA-sponsored activities in an environment that is free from racial slurs, racial harassment, and racial discrimination. Furthermore, the UHSAA disapproves of any form of taunting which is intended to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender, sexual orientation, creed, or national origin. It shall be a violation of this policy for a participant in UHSAA activities to engage in racial harassment, racial violence, or taunting. For the purpose of this policy, the UHSAA considers participants to include student-athletes, coaches, parents, and fans.

### E. DEFINITIONS

- i. Racial Harassment: Racial Harassment consists of conduct relating to an individual's race when the conduct:
  1. Has the purpose or effect of creating an intimidating, hostile, or offensive environment.
  2. Has the purpose or effect of emotionally or unreasonably interfering with an individual's performance.
- ii. Racial Violence: Racial violence is a physical act of aggression or assault upon another because of, or in a manner reasonable related to race.
- iii. Taunting: Taunting includes any actions or comments by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demean others.

### F. ADMINISTRATORS' RESPONSIBILITIES

- i. While each participant in UHSAA activities is responsible for playing a role in creating a safe, educational experience, the UHSAA believes as a matter of policy that school principals and administrators are ultimately responsible for the conduct of groups associated with their school community during the regular season and postseason. It shall be the responsibility of each member school principal to exercise control over all individuals to the extent necessary to ensure safety and fair play for all participation and adherence with these standards.

## G. POLICIES REGARDING PLAYERS, COACHES, FANS, and SPECTATORS

The UHSAA policies regarding players, coaches, fans, and spectators can be found at

<https://www.uhsaa.org/sportsmanshippolicies.pdf> **PLAYERS MAY NOT APPEAL AN EJECTION.**

- i. A player who is restricted or ejected shall remain in the bench area with the team. A coach who is ejected shall leave the vicinity (out of sight and out of sound) of the playing or contest area immediately and is prohibited from any further contact (direct or indirect) with the team for the remainder of the game or contest. When serving an ejection penalty, a coach is prohibited from attending any games at any level (out-of-site, out-of-sound).
- ii. The UHSAA Executive staff is empowered to enact suspension penalties for flagrant or violent acts whether detected or not by officials.
- iii. A one-game suspension may be enacted against any coach or player who approaches an official at the conclusion of a game in an unsportsmanlike manner. A thirty-minute cooling off period is in place after a contest where coaches and players are banned from approaching officials. This includes dressing room areas, parking lots or any other area where game officials are located. The report will be made by the official to the UHSAA and the ejection notice will be forwarded to the coach through the principal.
- iv. The head coach may leave the confines of the bench or box when a fight breaks out or has broken out. Additional coaching staff may assist ONLY if NFHS rules allow. Bench personnel not authorized to leave the confines of the bench or box during a fight are disqualified from the game and shall leave the vicinity of the playing or contest area immediately. Any player who leaves the bench area during a fight, or who participates in a fight during the season or tournament play, will be ejected from that game and shall remain in the bench area with the team. The penalty for such an ejection is stated above.
- v. Schools are not allowed to schedule games or contests to avoid the ejection policy penalty.
- vi. Sportsmanship conduct rules apply to all competitions (i.e. preseason, region and post-season play).

## H. COACH EJECTION APPEAL PROCESS

Following is the process for handling an appeal from a **coach** who has been ejected in a contest (players may not appeal). No appeals will be allowed if the appeal occurs on Friday with a subsequent Saturday game or with multiple games in a tournament other than the state tournament. If such appeal cannot be arranged, the ejection stands. Upon fulfilling all the following guidelines, an appeal may be granted or denied.

**Pre-Appeal Procedures:**

- i. To initiate the process, the ejected coach's administrator must request, in writing, that an appeal take place.
- ii. The principal of the affected school must post an appeal fee of \$250.00. Depending on the appeal site, at least two of the jurists involved will travel (the ADAC member from the respective Region of the Executive Committee member, and the Officials Association representative) and their expenses will come from the appeal fee. This fee will also serve as a fine to the ejected party. Each panelist will receive a minimum \$25 fee and an additional current mileage rate for expenses. This fee is automatic. If the appeal is successful, the coach/school will be refunded the remaining funds. If the appeal is unsuccessful, the remaining funds belong to the appealing school's region.

- iii. The appeal should take place as soon as possible after the ejection occurs to ensure the coach a fair opportunity to be available for the next scheduled game. To accommodate this there are 20 different appeal sites throughout the state located in proximity to member schools. If there is not enough time to convene the hearing's panel, the ejection will stand.

## 6. Compliance

The UHSAA complies with the following: The Open and Public Meetings Act, The Government Records Access and Management Act, The Utah Public Officers' and Employees' Ethics Act, The Family Educational Rights and Privacy Act, and the Student Data Protection Act.

## 7. FERPA

- A. The term "educational entity" as used herein, includes the private corporation the Utah High School Activities Association (UHSAA), for convenience and in conjunction with [R277-487-3](#).
- B. The Family Educational Rights and Privacy Act (FERPA) is a federal law that affords parents the right to have access to their children's education records, the right to seek to have the records amended, and the right to have some control over the disclosure of personally identifiable information from the education records. When a student turns 18 years old, or enters a postsecondary institution at any age, the rights under FERPA transfer from the parents to the student ("eligible student"). The FERPA statute is found at [20 U.S.C. § 1232g](#) and the FERPA regulations are found at [34 CFR Part 99](#).  
***(All of the statues referenced under 'C' can be found using this link)***
- C. FERPA permits the disclosure of personal information from students' education records, without consent of the parent or eligible student, if the disclosure meets certain conditions found in §99.31 of the FERPA regulations. Except for disclosures to school officials, disclosures related to some judicial orders or lawfully issued subpoenas, disclosures of directory information, and disclosures to the parent or eligible student, §99.32 of the FERPA regulations requires the school, or educational entity to record the disclosure. Parents and eligible students have a right to inspect and review the record of disclosures. A school, or educational entity may disclose personal information from the education records of a student without obtaining prior written consent of the parents or the eligible student –
  - i. To other school officials, including teachers, coach(es), within the educational entity or institution whom the school, or educational entity has determined to have legitimate educational interests. This includes contractors, consultants, volunteers, or other parties to whom the school, or educational entity has outsourced institutional services or functions, provided that the conditions listed in §99.31(a)(1)(i)(B)(1) - (a)(1)(i)(B)(2) are met. (§99.31(a)(1))
  - ii. To officials of another school, school system, or institution of postsecondary education where the student seeks or intends to enroll, or where the student is already enrolled if the disclosure is for purposes related to the student's enrollment or transfer, subject to the requirements of §99.34. (§99.31(a)(2))
  - iii. To comply with a judicial order or lawfully issued subpoena. (§99.31(a)(9))
  - iv. To appropriate officials in connection with a health or safety emergency, subject to §99.36. (§99.31(a)(10))
  - v. Information the school, district, or educational entity has designated as "directory information" under §99.37. (§99.31(a)(11))

D. The Family Educational Rights and Privacy Act (FERPA), a Federal law, requires that schools, district, and educational entities with certain exceptions, obtain parental written consent prior to the disclosure of personally identifiable information from your child's education records. However, may disclose appropriately designated "directory information" without written consent, unless you have advised the educational entity to the contrary in accordance with (FERPA) procedures. The primary purpose of directory information is to allow the educational entity to include this type of information from your child's education records in certain educational entity publications. Examples include: showing your student's role in a speech or theatre production at a state competition; the annual yearbook and/or record book; honor roll or other recognition lists including but not limited to academic all-state annual awards; and sports activity sheets, and/or state programs, such as, but not limited to wrestling, volleyball, boys' and girls' basketball, baseball, softball and football showing weight and height of team members.

E. Education Records Defined

- i. For the purposes of this policy, the term "education records" means those records, files, documents, and other materials that contain information directly related to a student and are maintained by an education agency or institution or by a person acting for such agency or institution.
  1. The term "education records" does not include:
    - a. Records that contain only information about a student after he or she is no longer a student in the schools, educational agency, or institution.
    - b. Records made by schools, educational agency, or district personnel that are kept in the sole possession of the maker and are not accessible or revealed to anyone other than a temporary substitute for the maker of the record.
    - c. Records maintained by a law enforcement unit of the educational agency or institution that were created by that law enforcement unit for the purpose of law enforcement.
    - d. Records relating to an individual who is employed by an educational agency or institution, that:
      - i. Are made and maintained in the normal course of business;
      - ii. Relate exclusively to the individual in that individual's capacity as an employee; and
      - iii. Are not available for use for any other purpose.
    - e. Records relating to an individual in attendance at the school who is employed as a result of his or her status as a student are education records and not excepted under paragraph (4).
  2. Records on a student who is eighteen (18) years of age or older that are:
    - a. Made or maintained by a physician, psychiatrist, psychologist, or other recognized professional or paraprofessional acting in his or her professional capacity or assisting in a paraprofessional capacity;
    - b. Made, maintained, or used only in connection with treatment of the student; and
    - c. Disclosed only to individuals providing the treatment.
      - i. For the purpose of this definition, "treatment" means any action, or prescribed action by licensed health care providers are part of the program of instruction at the agency or institution.

F. Notification In Case of Breach

- i. If there is a release of a student’s personally identifiable student data due to a security breach, the District, or educational agency shall notify:
  1. The student, if the student is an adult student; or
  2. The student’s parent or legal guardian, if the student is not an adult student.

G. Sharing Student Data

- i. Beginning with the 2017-18 school year, the educational agency may not share a student’s personally identifiable student data except in conformance with the requirements of this policy and with the Family Educational Rights and Privacy Act (“FERPA”) and related provisions under [20 U.S.C. §§ 1232\(g\) and 1232\(h\)](#).

H. Student Data Collection by the UHSAA

- i. Student data is collected by the UHSAA for the purpose of student/parent generated requests for transfers, and academic all-state nominations. Student transfers are generated at the parent, student, and/or school levels. Transfers are a process for students to change educational environments for specific and outlined reasons. Student data received by the UHSAA from parents, students, and/or schools assist in the transfer process. Information collected is as follows:
  1. The sending and receiving schools upload student information as needed;
  2. Parent/student names;
  3. Student date of birth, with appropriate grade level;
  4. Current and previous addresses; with
  5. Proof of residency by providing two documents showing current addresses;
  6. Documentation of the criteria for transfer request; and
  7. Student transcript for eligibility.

I. Parents Opting Out

- i. Parents can opt-out of the transfer process using “RegisterMyAthlete” (RMA) by doing the following:
  1. Not marking the box that says: I agree to the terms and conditions set forth by RMA;
  2. Initiate a transfer through the sending/receiving school; or
  3. Deliver all the required documentation and information in person to the UHSAA, using certified USPS, and/or electronically through personal email to [submit@uhsaa.org](mailto:submit@uhsaa.org).

J. Third Party Contractors

- i. The educational entity may provide a third-party contractor which may include, but not limited to “RegisterMyAthlete” with personally identifiable student data received under a contract with the educational entity strictly for the purpose of providing the contracted product or service.
- ii. When contracting with a third-party contractor, the educational entity shall require the following provisions in the contract:
  1. Requirements and restrictions related to the collection, use, storage, or sharing of student data by the third-party contractor that are necessary for the educational entity to ensure compliance with the provisions of the Student Data Protection Act and State Board of Education rules;

2. A description of a person, or type of person, including an affiliate of the third-party contractor, with whom the third-party contractor may share student data;
3. Provisions that govern requests by the educational entity for the deletion of the student data received by the third-party contractor from the educational entity;
4. Except as provided in this policy and if required by the educational entity, provisions that prohibit the secondary use of personally identifiable student data by the third-party contractor; and
5. An agreement by the third-party contractor that, at the request of the educational entity, the educational entity or its designee may audit the third-party contractor to verify compliance with the contract.

\* A third-party contractor's use of personally identifiable student data shall be in accordance with Utah Code [§§ 53A-1-1410 and 53A-1-1411](#). [Utah Code § 53A-1-1410 \(2016\)](#) [Utah Code § 53A-1-1411 \(2016\)](#), [R277-487-3](#)

## 8. Hearings Procedures

- A. Pursuant to the authority granted by the constitution and by-laws of the Utah High School Activities Association a hearing panel is convened to take evidence and make a determination of the eligibility of (name of student) for participation in activities under the jurisdiction of the Association. All interested parties have the right to attend, be represented by counsel, call and examine witness, and offer evidence. This is an open meeting. If there is evidence a party wishes not to be presented in an open hearing, that party should immediately inform the Association staff. Counsel represents the panel and may assist it in the conduct of the hearing. Counsel and the panel may examine and cross-examine witnesses. The presentation of the parties is limited to fifteen (15) minutes. The panel may also permit rebuttal evidence following the initial presentations, if the panel deems it useful. The technical rules of evidence will not apply. The panel may exclude any evidence which it determines to be irrelevant, immaterial or unduly repetitious. The examination of witnesses shall be orderly.
- B. The following questions will be asked during the hearing:
  - i. Is there any reason any party cannot fairly proceed at this time?
  - ii. Participation in the hearing will be considered a waiver of any objection not otherwise raised.
  - iii. Does anyone have an objection?
  - iv. Is there any reason the hearing cannot conclude at this time?
- C. At the conclusion of the hearing, the record is closed and the panel takes the matter under advisement and renders a decision.

## 9. Filming

The UHSAA does not have policy restricting filming of games. It was determined by the Executive Committee that filming at state tournament games would be allowed, including the filming of future opponents. Individual regions, schools, or coaches' associations may establish policies on filming. Responsibility for enforcement would be the responsibility of the group(s) which established the guidelines. Film or videotape may not be used for any commercial purposes other than customary news reporting without prior permission from the school involved. If the event is a post season contest, permission must be obtained from the UHSAA.



## 10. Practice at State Tournament Sites

No practice, contest or game is allowed at the site of state competitive cheer, drill team, football, basketball, baseball, lacrosse, softball, soccer, swimming and diving, volleyball, track or cross country meets within two (2) weeks of the state competition, except if that site is the HOME site of a particular school, then they may play and/or practice according to their usual home schedule. Tennis and golf may practice at the state site.

## 11. Access to Facilities

Every consideration should be given to all visiting teams regarding facilities for videotaping, radio broadcasts, dressing areas, coaching, etc.

## 12. Field and Court Markings

Playing fields and courts must be properly marked following the National Federation rule book specifications. If game officials determine that a field is marked improperly, a school could forfeit a game played under protest where not otherwise specified by rule.

## 13. Drugs, Alcohol and Tobacco Advertising

Advertising imprinted with logos, slogans, pictures or writing which condones, promotes or encourages student use of tobacco, alcohol or drug products may not be used in connection with any UHSAA sponsored activity.

## 14. State Tournament Advertising & Awards

- A. Selling advertisement or distribution of materials at state tournament events can only be done through sponsorship of the UHSAA.
- B. Awards other than those made by the UHSAA will not be allowed without prior approval. This includes extra team trophies, all-state teams, outstanding coach, etc.

## 15. Banners and Signs

There are to be no banners or signs of any kind, except those of corporate sponsors or signs of welcome, displayed at any state meet or tournament.

## 16. Sideline Cheerleaders

Sideline Cheerleaders are recognized as a performing group at high school sports and activities and will be subject to regulations and safety guidelines as outlined for state tournaments or meets.

## 17. Duplicate Trophies

In activities where a tie breaker can be established, team ties will be broken. In activities where team titles end in ties, duplicate trophies will be awarded for second place ties. First place ties will be given duplicate trophies but no second place trophy will be awarded.

## 18. Academic All-State

- A. For up to two weeks after the initial posting of the Academic All-State list, member schools can submit students who weren't submitted on time to the deadline and those students will be added to the Academic All-State list. Member schools who have late submissions will be put on a list and they will be read at a following meeting of the UHSAA Executive Committee.

- B. The Executive Committee Chair and Association Executive Director/Staff will send a letter to violating member schools. A violation is defined as having a student or students who were not submitted by the initial application deadline for a given block of activity seasons. The four blocks are: Fall Sports, Winter Sports, Fine Arts (Music, Speech/Debate, Theatre) and Spring Sports.
- C. On second violations within an academic year, the Executive Committee will fine member schools.
- D. On subsequent violations in an academic year, the fine will escalate, subject to action by the Executive Committee.

## 19. Blood Pathogens & Communicable Disease Precautions

A player or coach who is bleeding, who has an open wound or who has blood on his/her uniform shall be prohibited from participating further in the game until appropriate treatment has been administered. If medical care or treatment can be administered in a reasonable amount of time, the individual will not have to leave the game. The length of time that is considered reasonable is up to the judgment of the referee/umpire.

## 20. Lost or Stolen Articles

The UHSAA is not responsible for lost or stolen articles. Teams and spectators must secure their own valuables.

## 21. Catastrophic Insurance Procedures

Each year the UHSAA secures a contract with an insurance company to provide catastrophic insurance for participating students. All students participating in UHSAA sanctioned activities are covered. Below are some key points to remember about catastrophic insurance:

- A. The policy is catastrophic in nature, which means that it covers those accidents which are extreme, e.g. coma, paralysis, dismemberment and death.
- B. The catastrophic insurance medical policy is subject to a \$75,000 deductible and pays on a secondary basis, meaning that it will pay only the portion of expenses that are not paid by other insurance coverage (family medical plan, etc.).
- C. The catastrophic insurance also has a cash benefit portion. A copy of the contract is available for review if needed.
- D. The policy covers eligible insureds while participating in school sponsored and directly supervised games and official practice sessions of all Utah High School Activities Association (UHSAA) sanctioned interscholastic sports and activities including but not limited to band, cheerleaders, majorettes and non-athletic activities including speech, music, theatre and debate. Coverage includes sport specific out-of-season practices, camps, clinics, games and non-athletic activities as allowed by the Utah High School Activities Association (UHSAA) rules and conducted under the direction of the assigned coaches of the member schools and sponsored by those schools and covered travel\*.

*\*Covered travel means team or individual travel, for purposes of representing the Participating School or Sponsoring Organization, that is to or from the location of a Cover Events and is authorized by the Insured Person's Participating School or Sponsoring Organization, provided the travel is paid for or subject to reimbursement by the Participating School or Sponsoring Organization. Covered Travel to a Covered Event will commence upon embarkation from an authorized departure point and terminate upon arrival at the location of the Covered Event. Covered Travel from a Covered Event will commence upon departing from the location of the Covered Event and terminate upon return to the authorized place from which such Covered Travel to the Covered Event began.*

- E. This coverage does not include events or sessions in the prescribed moratoriums of the Utah High School Activities Association (UHSAA). The moratoriums comprise approximately five to six weeks of the calendar year.
- F. Claims must be reported within 30 days of the occurring incident. All injury accidents should be reported immediately to the UHSAA office on a form provided on the UHSAA website. CLAIMS FILED MUST INCLUDE THE PRINCIPAL'S SIGNATURE.
- G. Most districts require individual students to show proof of medical insurance before they are allowed to participate. The UHSAA strongly endorses this type of district policy.

## 22. Due Dates

- A. There will be a \$100.00 fine to the region or school responsible for not meeting the region entry deadline due dates for all activities.
- B. There will be a \$100.00 fine to the school for not meeting the game entry deadline in <http://www.arbitersports.com> for each sport.

## 23. Post-Season UHSAA Ticketing Procedures

- A. Financial reimbursement policies for hosting UHSAA state contests, where UHSAA tickets are sold. Maximum allowed costs for hosts:
  - i. Schools are encouraged to stay under the maximum allowed costs. These are not guaranteed maximum amounts. Financial reports must itemize expenses.
  - ii. Officials' game fees and travel costs are not included in the above costs. These will be paid by the UHSAA.
  - iii. A host school may request a variance in advance of the contest.

	<u>Football</u>	<u>G. Basketball</u>	<u>B. Basketball</u>
8-Player	\$700		
1A	\$800	\$275	\$350
2A	\$900	\$275	\$350
3A	\$1000	\$300	\$400
4A	\$1200	\$300	\$400
5A	\$1400	\$325	\$450
6A	\$1600	\$325	\$450

## 24. Post-Season Non-UHSAA Ticketing Procedures

- A. Policy for post-season games not ticketed by the UHSAA:
  - i. Administrators from the two schools participating should settle, **in advance**, issues of financing regarding hosting costs, officials travel costs, game fees and team travel costs.
  - ii. The host school should receive absolute hosting costs first (not including officials travel cost and game fees), and then the two schools shall divide the remaining gate receipts. If there is insufficient revenue from gate to pay initial hosting costs, the host school must bear those costs in addition to the officials' game fees. In this instance, the traveling school would also assume all of their own costs.
- B. If regions are to be considered in the dispersing of profits, it should be clear that hosting costs, officials' fees and travel costs be allotted before dividing any further revenue.

## 25. Financial Claims

All financial claims should be submitted within 45 days following an Association activity. Claims received after the 45-day period will be discounted 25%. No claims will be paid after June 20th. With the exception of team sports, participants' names must be listed on the back of the claim form.

## 26. Event Ticketing

Except for competing teams or individuals with UHSAA athletic passes, everyone must have a ticket for admission to state contests where admission is charged, including cheerleaders, drill teams, mascots, bus drivers, photographers, etc.

## 27. UHSAA Passes

- A. UHSAA athletic passes shall be accepted for admittance at all sanctioned events within the state. This includes all pre-season contests, region competitions, dual/tri meets, invitationals, endowment games, All-Star contests, etc.
- B. The Executive Committee has authorized purchase of an athletic pass for sports officials who have retired with fifteen years of service as a UHSAA sanctioned sports certified official.

## 28. UHSAA Silver Pass

- A. The Board of Trustees has authorized that those who have been active Utah high school music, speech/debate or theatre speech/debate advisors, athletic coaches, athletic directors or high school administrators for twenty (20) or more years are eligible to receive a Silver Honorary Pass upon the verification of the Principal or Superintendent of the last high school where they worked. The individual must then be approved by the UHSAA based on the qualifications stated above.
- B. Those who have been a district superintendent in Utah for ten (10) or more years, and who are not currently serving as a district superintendent, are eligible to receive a Silver Honorary Pass upon approval of the UHSAA.
- C. The Board of Trustees has authorized the purchase of a UHSAA athletic pass for Utah high school music, theatre or speech/debate advisors, athletic coaches, athletic directors or high school administrators who have met the qualifications for fifteen (15) years, but do not meet the required twenty (20) years for a Silver Honorary Pass. The individual must then be approved by the UHSAA based on the qualifications stated above.

## 29. Annual Rules Clinics for Coaches and Officials

On an annual basis, all HEAD COACHES and OFFICIALS are required to attend a UHSAA Live Rules Clinic or complete a UHSAA Online Clinic and quiz for their designated sport. If you attend a live clinic you are required to sign the roll to receive credit, and if you complete the online clinic you are required to submit a quiz for credit. Schools will be fined \$50 if the head coach fails to attend an annual live UHSAA Rules Clinic or successfully complete the annual UHSAA Online Rules Clinic and quiz for their designated sport by the established deadline.

### 30. Heat Acclimatization

Before participating in the preseason practice period, all student-athletes should undergo a pre-participation medical examination administered by a qualified medical professional. The examination can identify predisposing factors related to a number of safety concerns, including the identification of youths at particular risk for exertional heat illness.

The heat-acclimatization period is defined as the initial 14 consecutive days of preseason practice for all student athletes. The goal of the acclimatization period is to enhance exercise heat tolerance and the ability to exercise safely and effectively in warm to hot conditions. This period should begin on the first day of practice or conditioning before the regular season. Any practices or conditioning conducted before this time should not be considered part of the heat-acclimatization period.

Regardless of the conditioning program and conditioning status leading up to the first formal practice, all student athletes (including those who arrive at preseason practice after the first day of practice) should follow the 14-day heat-acclimatization plan. During the preseason heat acclimatization period, if practice occurs on 6 consecutive days, student-athletes should have 1 day of complete rest (no conditioning, walk-throughs, practices, etc).

Days on which athletes do not practice due to a scheduled rest day, injury, or illness do not count toward the heat-acclimatization period. For example, an athlete who sits out the third and fourth days of practice during this time (e.g., Wednesday and Thursday) will resume practice as if on day 3 of the heat-acclimatization period when returning to play on Friday.

#### **Definitions**

A ***practice*** is defined as the period of time a participant engages in a coach-supervised, school approved, sport or coaching related physical activity. Each individual practice should last no more than three (3) hours. Warm-up, stretching, and cool down activities are part of the 3-hour practice time. Regardless of ambient temperature conditions, all conditioning and weight-room activities should be considered part of practice.

A ***walk-through*** is defined as a teaching opportunity with the athletes not wearing protective equipment (e.g., helmets, shoulder pads, catcher's gear, shin guards) or using other sport-related equipment (e.g., footballs, blocking sleds, pitching machines, soccer balls, marker cones). The walk-through is not part of the 3-hour practice period, can last no more than 1 hour per day, and does not include conditioning or weight-room activities.

A ***recovery period*** is defined as the time between the end of 1 practice or walk-through and the beginning of the next practice or walk-through. During this time, athletes should rest in a cool environment, with no sport or conditioning related activity permitted (e.g., speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permissible.

#### **Requirements**

- A. Days 1 through 5 of the heat-acclimatization period consist of the first 5 days of formal practice. During this time, athletes may not participate in more than one (1) practice per day.
- B. If a practice is interrupted by inclement weather or heat restrictions, the practice should recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any one (1) day.
- C. A 1-hour maximum walk-through is permitted during days 1–5 of the heat-acclimatization period; however, a 3-hour recovery period should be inserted between the practice and walk-through (or vice versa).
- D. During days 1–2 of the heat-acclimatization period, in sports requiring helmets or shoulder pads, a helmet is to be the only protective equipment permitted. During days 3–5, helmets and shoulder pads are permitted. Beginning on day 6, all protective equipment may be worn and full contact may begin.

- i. On days 3–5, contact with blocking sleds and tackling dummies may be initiated.
  - ii. Full-contact sports: 100% live contact drills should begin no earlier than day 6.
- E. A minimum of 1 rest day shall occur following 6 consecutive practice days.
- F. Beginning no earlier than day 6 and continuing through day 14, double-practice days must be followed by a single-practice day. On single-practice days, 1 walk-through is permitted, separated from the practice by at least 3 hours of continuous rest. When a double-practice day is followed by a rest day, another double-practice day is permitted after the rest day.
- G. On a double-practice day, neither practice shall exceed 3 hours in duration, nor shall student-athletes participate in more than 5 total hours of practice. Warm-up, stretching, cool-down, walk through, conditioning, and weight-room activities are included as part of the practice time. The two practices should be separated by at least 3 continuous hours in a cool environment.

#### **Football Game Day Heat Stress Accommodations**

##### **A. If we are in RED on the Kestrel Heat Stress monitor:**

A 5-MINUTE break will be allowed at the end of each quarter to allow for equipment removal (helmets/shoulder pads) of athletes with open water and Ice towels utilized to cool them down.

##### **B. If we are in ORANGE on the Kestrel Heat Stress monitor:**

A 4-MINUTE break will be allowed at the end of each quarter to allow for helmet removal of athletes with open water and ice towels utilized to cool them down.

The goal is to allow the person's body to have a cooling period and then resume play after the break.

Because the risk of exertional heat illnesses during the preseason heat-acclimatization period is high, it is strongly recommended that an athletic trainer be on site before, during, and after all practices.

### **31. Lightning**

At all UHSAA sanctioned events that are held in outdoor venues the host school shall designate an individual to monitor weather. This individual shall meet with the head official for the event prior to the contest. At that meeting the following will be discussed:

- A. The Guidelines on Handling Contests During Lightning Disturbances which appears in all NFHS Rules Books.
- B. Responsibilities of the individual charged with monitoring the weather and those of the head official relative to possible weather disturbances.
- C. Contingencies regarding possible suspensions of play due to lightning.

The head official in consultation with the individual assigned to monitor weather will affect any suspension due to lightning.

### **32. UHSAA State Event Guidelines**

Those attending or participating in UHSAA State Events shall adhere to the "UHSAA State Event Guidelines" outlined in the chart on the following page.

## UHSAA STATE EVENT GUIDELINES

In the chart below, ONLY those items marked “Yes” will be allowed as support items at UHSAA state tournaments and meets. It is recommended that schools follow these same regulations during regular season and region tournament play.

Sportsmanlike vocal cheering and support from team bench area are encouraged. One school flag, designated and controlled by school administration, will be allowed at State. At indoor venues the school flag must remain stationary; at outdoor venues it may be mobile if it does not disrupt spectators and remains on the sidelines nearest the school’s section.

### LEGEND:

**BB - Baseball**      **CC - Cross Country**      **GO - Golf**      **SB - Softball**      **TR - Track & Field**  
**BSK - Basketball**      **DR - Drill Team**      **LAX - Lacrosse**      **SW - Swimming**      **VB - Volleyball**  
**CCH - Competitive Cheer**      **FB - Football**      **SC - Soccer**      **TE - Tennis**      **WR - Wrestling**

	BB	BSK	CCH	CC	DR	FB	GO	LAX	SC	SB	SW	TE	TR	VB	WR
Practice or Competition at State Site 2 weeks prior.	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO	YES
Balloons	YES	NO	NO	YES	NO	YES	YES	YES	YES	YES	NO	YES	YES	NO	NO
Poms	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	YES	YES	NO	NO
Megaphones (non-electronic)	YES	NO	NO	YES	NO	YES	NO	YES	YES	YES	NO	NO	YES	NO	NO
School Bands (including drums)	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Shirts on fans, spectators faces must be identifiable	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Recorded music over PA system by approval only	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Rally Towel	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Artificial noise makers (shakers, clickers, bells, cow bells, buzzers, thunder sticks, drums)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Air horns, sirens, electronic bull horns, horns, vuvuzelas	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Banners on wall, except welcome or corporate sponsor	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Banners for teams to run through, Handheld signs of any kind	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cannons, muskets, whistles	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Drones	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Confetti, confetti cannons, shredded paper	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Powdery and/or airborne substances of any kind	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Laser lights/pointers	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Miniature sports balls thrown into crowd	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

## NFHS Guidelines on Handling Contests During Lightning Disturbances

The purpose of these guidelines is to provide a default policy to those responsible for making decisions concerning the suspension and restarting of contests based on the presence of lightning. The preferred sources from which to request such a policy for your facility would include your state high school association and the nearest office of the National Weather Service.

### Proactive Planning

1. Assign staff to monitor local weather conditions before and during events.
2. Develop an evacuation plan, including identification of appropriate nearby shelters.
3. Develop criteria for suspension and resumption of play:
  - a. When thunder is heard, or a cloud-to-ground lightning bolt is seen the thunderstorm is close enough to strike your location with lightning. **SUSPEND PLAY AND TAKE SHELTER IMMEDIATELY.**
  - b. **THIRTY-MINUTE RULE.** Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed to resuming play.
  - c. Any subsequent thunder or lightning after the beginning of the 30-minute count, reset the clock and another 30-minute count should begin.
4. Hold periodic reviews for appropriate personnel.

### The UHSAA advocates the following on lightning safety for outdoor activities:

The vast majority of lightning casualties can be easily prevented through simple easy to follow safety guidelines. The keys to lightning safety are education and preparedness. Preparedness must begin long before the athletic event. Following are some safety considerations:

1. **Plan ahead.** Have a lightning safety plan. Know where people will go for safety and how much time it will take for them to get there. Have specific guidelines for suspending the event or activity so that everyone has time to reach safety. Follow the plan without exception.
2. **Monitor the weather and postpone activities if necessary.** Prior to a practice or event, check the latest forecast. Look for darkening skies, flashes of lightning or increasing wind, which may be signs of a developing or approaching thunderstorm. Listen for thunder. If you can hear thunder...you are in danger of being struck by lightning! If thunderstorms are forecast, consider postponing activities early to avoid being caught in a dangerous situation.
3. **Get everyone to a safe place.** If you hear thunder, suspend your activity immediately and instruct everyone to get to a safe place. Substantial buildings provide the best protection. Stay away from isolated tall trees, towers or utility poles as lightning tends to strike the taller objects. Stay away from metal bleachers, backstops and fences as lightning can travel long distances through metal.

Spread out to reduce the risk of multiple lightning casualties. Get everyone out of the water if a pool activity is underway.



For a shelter to provide protection from lightning, it must contain a mechanism for conducting the electrical current from the point of contact to the ground.

On the outside, lightning can travel along the outer shell of the building or may follow metal gutters and down spouts to the ground. Inside a structure, lightning can follow conductors such as the electrical wiring, plumbing, and telephone lines to the ground.

Once inside, stay off corded phones and away from any wiring or plumbing. Avoid sheds, small or open shelters, dugouts, bleachers or grandstands. If no sturdy building is nearby, a hard-top vehicle with windows closed will offer some protection as the steel frame of the vehicle provides some protection if you are not touching metal.

4. Adhere to the NFHS Thirty-Minute Rule. Activities should NOT be resumed until 30 minutes have passed since the last thunder was heard.

**For more detailed information, refer to the “Guidelines for Lightning Safety”  
contained in the NFHS Sports Medicine Handbook.**

[www.nfhs.org](http://www.nfhs.org)

## NFHS SUGGESTED GUIDELINES FOR MANAGEMENT OF CONCUSSION

A concussion is a traumatic brain injury that interferes with normal brain function. An athlete does not have to lose consciousness (be “knocked out”) to have suffered a concussion.

### COMMON SYMPTOMS OF CONCUSSION INCLUDE:

- Headache
- Fogginess
- Difficulty concentrating
- Easily confused
- Slowed thought processes
- Difficulty with memory
- Nausea
- Lack of energy, tiredness
- Dizziness, poor balance
- Blurred vision
- Sensitive to light and sounds
- Mood changes-irritable, anxious, or tearful

### SUGGESTED CONCUSSION MANAGEMENT:

1. No athlete should return to play (RTP) or practice on the same day of a concussion.
2. Any athlete suspected of having a concussion should be evaluated by an appropriate health-care professional that day.
3. Any athlete with a concussion should be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition.
4. After medical clearance, RTP should follow a step-wise protocol with provisions for delayed RTP based upon return of any signs or symptoms.

**For further details, refer to “NFHS Guidelines for Management of Concussion”  
contained in the NFHS Sports Medicine Handbook.**

[www.nfhs.org](http://www.nfhs.org)

**NFHS SMAC\* Position Statements:**

[NFHS.ORG/SMAC](http://NFHS.ORG/SMAC)

\*SMAC: Sports Medicine Advisory Committee

## BASEBALL Policies & Pairings

Wilson will be the official game ball.

- A team's warm-up/stretching area must take place near the foul line closest to team dugout in all games.
- The home team shall wear their white or lightest colored uniform and the visiting team will wear their darkest colored uniform.
- The ten run rule will be in effect as will the speed up rules regarding pitchers and catchers. These rules are in effect for all non-region, region and post-season games.

### State Tournament Pairings

State Tournament pairings will be determined by a schools RPI Ranking within that schools classification.

#### UHSAA Pitch Count Rule

Approved Nov 9, 2016 – Revised June 2017

Effective Spring 2017 Baseball Season

The revised pitching policy in Rule 6-2-6 for 2016 from the NFHS requires state associations to adopt a pitch count rule instead of the existing 14 maximum innings per calendar week.

#### Pitching Limits

##### All-Levels

Pitches	Required Rest
86-110	3 days
61-85	2 days
36-60	1 day
1-35	0 days*

#### More info

- \* - Additionally, no pitcher may throw more than 75 pitches over two days. If they throw 75 pitches in two days, there will be one day of required rest.
- A pitcher will be allowed to finish a batter if they hit the limit of 110 pitches during an at-bat, but must exit the game after the hitter.
- Each contest must be recorded with the opposing team, noting the names of each pitcher and how many pitches that pitcher threw in the game. This information must be recorded in MaxPreps, along with the result of the contest, within 24 hours of the game. Note: The UHSAA recommends using Game Changer, as it is a free app for Apple products and can be easily exported into MaxPreps.

**PENALTY: If the pitch count rule is exceeded, the first offense is a coach suspension for two games; second offense and subsequent offense is forfeiture of contest. If there is a post-season violation, it is a forfeit.**

**The Region Board of Managers will handle violations of non-reporting of pitch counts.**

**NOTE:** Umpires will NOT mediate pitch counts. All concerns about pitch counts need to be addressed by the Athletic Director or UHSAA.

## BASKETBALL Policies & Pairings

Wilson is the official game ball of UHSAA basketball.

The EVO NXT will be the official game ball for the state tournaments.

*Note: The 1A play-in games shall be held at the state tournament site the day prior. The higher seeded team shall be the designated home team.*

### State Tournament Pairings

State Tournament pairings are determined by a schools RPI Ranking within that schools classification.

**35 Point Rule:** An alternate timing rule is in effect for all levels (ie; varsity, junior varsity, sophomore, freshmen) of Utah high school basketball games when after the third quarter is over, a team's lead exceeds 34 points.

Modified Rule: The clock shall run continuously for the remainder of the game, except for the following reasons:

- a. An official's time-out
- b. A charged team time-out
- c. Free throws are taken

If the differential drops below 35 points, the clock still runs continuously until the game is over, except for the stated three reasons. The shot clock will still be utilized regardless of the score differential.

This rule is in effect for all non-region, region and post-season games for both boys and girls.

## COMPETITIVE CHEER Policies

### 1. Instill the Highest Ideals of Character

The mission of education-based activities is to promote the positive development of our youth. Coaches have a responsibility as educators to use their influence to reinforce valuable life lessons and universal values. Coaches should never place the value of winning above the value of instilling the highest ideals of character. As role models, coaches are expected to be an advocate for good sportsmanship and follow all the rules and regulations with the intent for which they were written. See the “Coaches Code of Ethics” in the back of the NFHS Spirit Rule Book for a list of responsibilities.

2. **Complete UHSAA Coaches’ Certification and Register My Coach** (See UHSAA Handbook) Sideline and Competitive Cheer Coaches must be certified through Register My Coach. All Competitive Cheer athletes must register in Register My Athlete. Certification includes eight components: Background Check, First Aid Training, CPR Training, yearly Concussion Training, yearly Child Sexual Abuse Prevention Training, yearly Bullying, Cyber-bullying, Hazing, Harassment, and Retaliation Training; the NFHS “Fundamentals of Coaching” course; and to meet a set of professional standards that are consistent with the Utah Educator Professional Standards as described in USBE Rule R277-515. The training must be completed through an approved or recognized program which complies with USBE requirements. First Aid and CPR components require current certification through an approved or recognized program which complies with USBE requirements. Yearly concussion training requires successful completion of the NFHS Concussion Course. Contact your Principal or School AD about certification.

### 3. Complete an Annual UHSAA Competitive Cheer Rules Clinic

On an annual basis, head coaches are required to attend the live UHSAA Competitive Cheer Rules Clinic or complete the online UHSAA Competitive Cheer Rules Clinic prior to the designated deadline. Failure to attend the live rules clinic, watch the Demonstration Clinic, and/or complete the online rules clinic by the deadline will result in a \$100.00 fine to the school. New coaches are strongly encouraged to attend the live rules clinic. Information regarding the live and online UHSAA Competitive Cheer Rules Clinic will be available on the UHSAA Competitive Cheer page at [www.uhsaa.org](http://www.uhsaa.org).

### 4. Adhere to UHSAA and NFHS Rules During Practices and Performances

To maintain participant safety, coaches must adhere to UHSAA and NFHS Spirit Rules during all practices, performances and competitions. For UHSAA rules refer to the Competitive Cheer section of the UHSAA Handbook. Competitive Cheer is considered a co-educational sport. Coaches should bookmark the Competitive Cheer page at [www.uhsaa.org](http://www.uhsaa.org) for the latest info.

### 5. Adhere to UHSAA Contest Limitations

Competitive Cheer teams may only compete in a TOTAL of four (4) competitions prior to the divisional and state competition. Participation in a UHSAA Live Judging Practicum does not count towards the contest limitations. Teams are limited to (1) entry per category. Competitive Cheer teams may only participate in UHSAA sanctioned competitions.

### 6. Adhere to UHSAA Budget Restrictions for State Competition Routines

To create a level playing field between all participating programs and to limit the financial burden incurred by the participants, coaches shall operate their programs within the stated limitations. Donated supplies and all monies, including budgeted school funds, out-of-pocket expenses, fundraised or donated funds for costumes and supplies which are used for state competition routines performed during the competitive cheer season (competition start date through the state competition) must not exceed \$800 times the number of team members. The budget must include the following: props, rental transportation, uniforms, accessories, music fees (i.e. Mixing, and Thumb Drives, audio devices), choreography fees, and any costs incurred for state competition routines. The UHSAA budget restrictions exclude expenses that do NOT pertain to the state routines (i.e. travel, camps, day uniforms, auxiliary routines, sideline expenses). Coaches are responsible to monitor the costs associated with their competitive cheer team program. Judging sheets shall not reflect if the uniform is new or used. Routines, props and music may be used from year to year.

### 7. **Submit a UHSAA Budget Declaration Form**

Coaches are required to submit a “UHSAA Competitive Cheer Budget Declaration Form” by the second Monday in February. Expenses should be recorded and documentation (i.e. receipts, bills, etc.) should be kept on file at the school.

### 8. **Submit “Dead Time Period” Form to UHSAA by January 15**

Head coaches shall submit a completed “Competitive Cheer Moratorium Form” to the UHSAA office by the deadline of January 15 to avoid a school fine. Each head coach shall select the sport specific competitive cheer moratorium, for their team, which shall consist of two, two-week blocks (the blocks may be consecutive). During that time, coaches and facilities shall adhere to UHSAA policies regarding moratoriums (See UHSAA Handbook By-Laws Article 2). Each week of the dead time period must include at least seven (7) consecutive days. Forms available on Competitive Cheer page.

### 9. **Practice Rule**

There will be a twelve (12) hour practice rule per week beginning August 1st through June 1st.

### 10. **Limited Team Membership Rule**

A high school competitive cheerleader may compete in up to two (2) national qualifying competitions, not sponsored by their school, with a private cheer organization. The cheer athlete must gain approval after completing an online form on the UHSAA website to participate in these events.

### 11. **Safety**

Safety is our priority. All Utah cheer teams are required to follow the safety rules in the most current issue of the National Federation of State High School Association Spirit Rules Book and Utah State Risk Management Cheer Restrictions. All cheer teams competing must be NFHS safety certified. Each team is required to use the correct number of spotters while stunting. The competition will provide additional spotters as needed for safety. All participating high school cheer team members and coaches must be 2023-2024 safety certified by Utah State Risk Management. Safety credentials must be worn at all times when supervising teams.

### 12. **Competitive Cheer Classifications**

Teams must qualify for the UHSAA State Cheer Competition at a division qualifier in their geographical area. Teams who enter in all three sanctioned categories and finish in the top seventy percent (70%) of the overall calculated score, in each classification, will advance to the state competition. If a team enters all three sanctioned categories and does not place in the overall top seventy percent (70%) but places first, second, or third in any one category, they will advance to state in that category only. Teams who enter in less than three sanctioned categories will advance to the state competition in categories where they place first, second, or third. To be eligible for the overall championship, teams must qualify for state in all three sanctioned categories. Teams will be assigned to a specific division unless there are extenuating circumstances. Our goal is to make our invitational and division qualifiers the most important and valued competitions for our Utah schools to compete in and something to be proud of.

### 13. **Categories**

#### Show Cheer

- Varsity All Girl Show Cheer
- Varsity Co-Ed Show Cheer: Co-ed divisions consist of one (1) or more male athletes including male mascots
- 1A, 2A, 3A Classifications will offer competitive cheer that can include male and female athletes.
- 4A, 5A, 6A Classifications will offer Co-Ed and All Girl

#### Game Time

- Varsity All Girl Game Time
- Varsity Co-Ed Game Time: Co-ed divisions consist of one (1) or more male athletes including male mascots.
- 1A, 2A, 3A Classifications will offer competitive cheer that can include male and female athletes.
- 4A, 5A, 6A Classifications will offer Co-Ed and All Girl
  - Game Time Categories
    - Sideline/Timeout Cheer
    - Sideline/Timeout Dance

If you are entered in the Co-Ed division, you must have at least one (1) male in each category (Show and all three (3) Game Time categories). With the exception of 1A, 2A & 3A.

**4A,5A,6A ONCE YOU DECLARE YOUR DIVISION, YOUR CHOSEN DIVISION WILL BE FOR BOTH SHOW AND GAME DAY CATEGORIES, EACH SCHOOL MAY ONLY COMPETE IN ONE DIVISION.**

14. **Scoring**

Final scores will be determined using TOTAL POINTS. Three (3) score sheets will be combined for a total of 115 points per show routine and 300 points per game time routine. All penalties and deductions will be subtracted from the combined scores to provide the FINAL score. The team with the highest final score will be declared the winner. See the TIE BREAKER rule below in case two (2) or more teams earn the same final score.

15. **Tie Breaker**

If there is a tie in a category placement after the final scores have been determined, the TOTAL ADJUSTED SCORE (including deductions and penalties) from all EXECUTION scoresheet columns in the tied category will determine the winner. The school with the highest adjusted total execution score will win. If a tie remains after totaling the execution scores, the team with the highest ADJUSTED STUNTS & PYRAMID SCORE will win the tie. If a tie remains after comparing adjusted Stunts & Pyramid scores, the team with the least amount of DEDUCTIONS in the tied category will win the tie. After that, if a tie still exists, both teams will be awarded the tie and given the same overall placement. In the event that there are more than two teams tied for overall places, the same above process will be followed until one team is awarded the highest or lowest placement. The process will then continue until all teams are awarded a place or deemed tied.

16. **Qualifying for the State Championship**

**Overall Champions:** Overall classification and division champions will be awarded at the UHSAA Division Qualifiers and State Cheer Competition. There will be separate classification champions for the All Girl and Co-Ed show divisions. Overall classification and division winners will be determined by:

Possible Points (a perfect score)	Stunts & Pyramids	Jumps, Tumbling, & Dance	Cheer & Overall	TOTAL	SHOW 115
	Judge 1	Judge 2	Judge 3		
	45	35	35	115	
Possible Points (a perfect score)	Cheer	Cheer	Cheer	TOTAL CHEER	Total Gametime 600
	Judge 1	Judge 2	Judge 3		
	100	100	100	300	
Possible Points (a perfect score)	Dance	Dance	Dance	TOTAL DA NCE	
	Judge 1	Judge 2	Judge 3		
	100	100	100	300	

SHOW	115 x 12 =	1380	70% of SHOW (12) + 30% of TOTAL GAME TIME (2.3) = OVERALL PLACEMENT
GAME TIME	600 x 2.3 =	1380	

To make the Show and Game Time categories equally weighted, each will need to be multiplied by the numbers above. After that, a true 70% and 30% can be determined for the overall calculations.

In case of an **overall classification tie**, the team with the better Show category placement will be awarded overall champion. After that, the tie-breaking system outlined above will be utilized except the total execution scores and deductions from ALL score sheets will be combined to determine placement.

**CAPTION SCORING SHOW CATEGORY CLARIFICATION**

17. **Team Majority**

Majority is 50% of any team doing the skills. This means that if a team is competing with 15 athletes, 50% would be 7.5. Round UP. To have majority, this team will need at least eight (8) participating in stunts or tumbling to get the difficulty points. For example: If you have a team of 12 athletes with 3 stunt groups, the majority rule of 50% puts them at 1.5 stunt groups. The requirement would be to round the number UP to two (2) stunt groups.

18. **Pyramids/Stunts (one judge, one score sheet)**

This judge scores stunts and pyramids throughout a show routine **EXCEPT** for those that are in the cheer section. To earn points on the Stunts/Pyramid score sheet teams must perform them in the music section. The judge will give a score for the difficulty of the stunts/pyramids as well as an execution score for the stunts/pyramids. They will also work with the cheer judge as the second set of eyes to help determine the cheer score.

19. **Cheer**

The Cheer judge will score stunts (DIFFICULTY) and technique in the cheer and overall cheer execution. (*stunting is a required skill in the cheer caption and must be used to lead the crowd*). **Example: If a team does Full Ups that end in an extension in their cheer, they will earn points for that stunt in the cheer caption scoresheet NOT THE STUNTS AND PYRAMIDS SCORESHEET! Another example: If a team does a pyramid in their cheer, there are no difficulty points available for that on the cheer score sheet so they would not get difficulty credit for a pyramid unless it is in the music section NOT THE CHEER.** The Overall Audio judge and score is going to be eliminated for 2023-2024.

**REMINDER: The point values on the difficulty sheet are awarded when 50% of the team performs the skill AT THE SAME TIME OR IN THE SAME PHRASE. ALL MAJORITY STUNTS NEED TO BE PERFORMED AT THE SAME TIME OR IN THE SAME PHRASE, TO RECEIVE DIFFICULTY POINTS.**

20. **Jumps, Tumbling, Dance (two judges, one scoresheet):**

These judges will be judging jumps, tumbling, and dance throughout the entire show routine. **Example: If a team does running, tumbling during their music section, this judge will score it. Example: If a team jumps or tumbles in the cheer, this judge will score it. IMPORTANT: If teams want to be guaranteed majority difficulty points for running tumbling and standing tumbling, the majority of the team must execute these skills at the same time and majority running tumbling and standing tumbling need to be performed separately.** This judge will also score execution for all jumps, tumbling, and dance.

21. **Tumbling Definitions**

**“Running”** means a forward motion - roundoff, cartwheel, **aerials**, either a power hurdle or running a few steps.

**“Tumbling”** means an additional skill(s) such as a handspring, multiple handsprings, whip, etc. performed before the handspring or tuck.

**REMINDER: Toe Touch Tuck can check two difficulty boxes, one for jumps and one for the toe touch tuck. Example, majority executes a Double Toe Touch Tuck, you would check the Double Toe Touch box and the Toe Touch box and the Toe Touch Tuck box, because you are adding two toe touches to the tuck not just one.**

**REMINDER: The point values on the difficulty sheet are awarded when 50% of the team performs the skill AT THE SAME TIME OR IN THE SAME PHRASE. STANDING TUMBLING AND RUNNING TUMBLING NEED TO BE PERFORMED SEPARATELY. THIS WILL ALLOW MAJORITY SKILLS TO BE CLEAR FOR THE OFFICIALS.**

**PYRAMID DEFINITIONS:**

**Pyramid Majority: Must use more than 50% of top girls involved in Elite Skills and Transitions for Elite Pyramid. Whatever your majority is for your stunts applies for your Pyramid. ex: Majority Number is 15 equals 4 stunt groups, must use more than 50% which equals 3 stunt groups executing the elite skills or transitions.**

**Structure:** A structure is the connected stunt skill from the STUNT section boxes on the Stunts & Pyramids scoresheet, executed during the pyramid.

**Transitions:** A transition is a transitional skill performed before or after a structure. Transitions do not need to be connected.

1. Depending on which section you wish to score in, use skills from that stunt box section and execute them in your pyramid. For example, an “Elite” structure would come from the “Elite” stunt box section of the scoresheet and “Superior” from the “Superior” section, etc. For Superior and Elite pyramids, you must execute at least two of these skills. For a Standard pyramid, you only need one structure.
2. Transition difficulty: Elite transition examples would be flips, rolls, inversions, twisting, etc. All other transitions that are more simplified such as straight up and down and show and goes would be considered in the Standard and Superior pyramids. For Superior and Elite pyramids, you must execute at least two of these transitions. For a Standard pyramid, transitions are not required.
3. An Elite pyramid is required to have at least two elite structures and elite transitions using the majority of top girls.
4. A Superior pyramid must have at least two superior structures and transitions using the minimum number of top girls.
5. A Standard pyramid is required to have at least one standard structure and transitions are not required.



## 22. Deduction Scoring

- **Stunt Fall:** Everyone is safely caught, and athletes don't hit the ground
- **Stunt Drop:** Any athlete hits the ground
- **Pyramids Collapse:** When the pyramid structure is complete, one deduction for a fall for each structure. If the pyramid never hits or hits, then falls, it is a collapse. Double deductions (a structure falling and a pyramid collapse) will not be given.

## 23. Show Cheer

Teams will be judged on execution, difficulty, incorporated skills, strength of motions, overall entertainment, and crowd effect. Deductions will be given for falls etc. please make yourself familiar with the deduction sheet on the website(s).

## 24. Game Time

There will be two categories in this division for teams to enter;

Sideline/Timeout Cheer, Sideline/Timeout Dance, (**no separation of all girl and co-ed teams**). Majority will not apply in these categories. *2023 2024 UHSAA GAME TIME CATEGORIES WILL BE (SIDELINE/TIMEOUT CHEER AND SIDELINE/TIMEOUT DANCE.*

## 25. Sideline/Timeout Cheer

*Your best sideline, crowd-leading material. Only the use of signs, poms, flags, and megaphones are allowed. Jumps are no longer required but you can still perform them.*

1. Forty-five (45) seconds to one (1) minute **time limit**
2. Emphasis on crowd involvement
3. At least two components are required from the following: cheers, chants, traditional yells, and/or drum cadences
4. No music permitted, but a single drummer allowed
5. No baskets, sponge, elevator, or similar type tosses permitted
6. No inversions
7. Single leg stunts are limited to liberties and liberty hitch body positions (you may go straight up, full up or switch up)
8. Maximum difficulty in tumbling is limited to standing tumbling
9. Running tumbling is permitted only during team entrance
10. Performed on a mat
11. Incorporation of Specialties needs to enhance crowd leading and not take away from it.

**SPECIALTY EXAMPLES: STUNTS, STANDING TUMBLING, KICKS, JUMPS, VISUALS WITH POMS, FLAGS, PROPS (refer to video and live training)**

## 26. Sideline/Timeout Dance

*Perform your favorite time-out dance. Only the use of signs, poms, flags and megaphones are allowed.*

1. Forty-five (45) seconds to one (1) minute time limit
2. Traditional sideline uniforms required, (i.e. skirt and top)
3. Emphasis on crowd entertainment
4. No stunts or tumbling permitted, including Aerials
5. Performed on the Mat
6. Formation changes allowed
7. Only recorded music is permitted (you may chose the style of music that you want)
8. Incorporation of Specialties needs to enhance crowd leading and not take away from it.

**SPECIALTY EXAMPLES: KICKS, JUMPS, VISUALS WITH POMS, FLAGS, PROPS (refer to video and live training)**

## 27. General Rules

- DIVISION QUALIFIERS

- > Any medical accommodations such as Daith piercings etc. must receive an accommodation from UHSAA prior to participation. The head coach must request an accommodation and present medical documentation to UHSAA and receive a waiver for participation. Failure to get approval for that athlete will prohibit them from performing.
- > In all categories, routines will be performed on a competition area of 54' x 42' with approximately a 5' buffer around the competition surface. This buffer space may vary depending on the facility at the host school. Teams may line up anywhere outside the competition area. During the routine team members may not leave the competition area/boundaries. All stunting and tumbling must be completed in the competition area. If a team member goes out of bounds, they are subject to a penalty. The following will be the only exception: **Injury of a Cheer Athlete on the performance surface, during a routine:** Coaches and competition directors should take every precaution to ensure the safety of participants. Should an injury or sudden illness occur during a routine, the following protocol should take place:

1. Stop the music and attend to the injured participant
2. Determine the care the injured participant may need (first aid, athletic trainer, EMT services).
3. ALL NFHS page 14 Rule 2 Art 17, 18, 19 must be strictly adhered to.
4. Competition directors at the site will determine when/if the team will be allowed to continue/finish the routine.
5. An injured participant that wishes to perform, may not return to the competition unless the competition officials receive clearance from the onsite medical personnel.
  - In categories where allowed, teams may use signs, megaphones, cheer flags, and poms, but no other props will be allowed.
  - Before teams compete, they should walk into the competition area and place their poms or signs down, then go quickly to their starting positions. If teams enter the floor with introductions, spell-outs, they will be considered part of the routine and the timing will start. You may do a quick chant off to the side of the floor in place before moving onto the floor, please make it clear it is not part of the competition routine.
  - **SPORTSMANSHIP:** A participant, coach, substitute, trainer, or other team attendants must not commit an unsporting act. They must not disrespect or contact an official and indicate resentment. They must not use profane or inappropriate language, music, or gestures.
  - **TIME LIMITS:** All routines (*with the exception of Game Time routines – see above for details*) must have a minimum duration of two (2) minutes and up to a maximum duration of two (2) minutes and 30 seconds. Timing will begin with the first note of music, the first motion, or the building of any stunt or pyramid. Timing will end the instant the team starts to exit (after hitting their ending position). Pre-building, partner stunts, or pyramids will not be allowed before the timing starts. Teams will be allowed 30 seconds for set up if needed (signs, poms, etc.) and 30 seconds to exit (last cheerleader leaves the floor). The routine may include a cheer portion and choreography to music, but may also be choreographed entirely to music. All routines must have a cheer section. PLEASE REVIEW THE SCORESHEETS TO MAKE SURE ALL ELEMENTS/REQUIREMENTS ARE INCLUDED!

If teams choose to enter the Show category and perform straight through with music, they must still have a cheer section, or will lose those points.

  - A representative of each team must be present at the announcer's table when their team is performing to cue the music. The sound crew takes no responsibility if a team representative is not present (penalty is two (2) points for disrupting the flow of competition). This person must remain at the sound table for the duration of the performance. Music should be recorded on a MP3 player with a backup in case of incompatibility or lack of battery power. If using a phone, you must place your phones on airplane mode. We strongly suggest setting phones (if using them) to a manner in which that does not happen. No live music is allowed.
    - > Inappropriate content or vulgar music lyrics are not allowed and the point deduction will be left to the discretion of the routine judges (maximum is disqualification).
  - Appropriate cheer shoes are required and all NFHS uniform requirements must be followed. No costuming will be allowed.

- **PENALTIES:** Make sure music is timed accordingly to prevent overtime penalties. Teams must know and follow all copyright laws. UHSAA will not be held accountable for any music played that does not follow the law. Copyright laws have not changed since 2016. NFHS offers a free copyright short training if you have questions ([www.nfhsearn.org](http://www.nfhsearn.org)).
  - > There will be a two (2) point penalty deduction for every ten seconds over the time limit or ten seconds under the time limit. This will be assessed by the penalty judge (i.e. 2:33= 2 points penalty, 2:41 = 4 points penalty). Teams should give themselves a timing leeway because of the variability in sound systems. There will be a three (3) second leeway before a penalty is given.
  - > Coaches will not be allowed to “take the penalty.” Athletes will not be allowed on the floor with intentional safety violations.
  - > There will be a two (2) point penalty deduction for any team or coach that disrupts the flow of the competition due to but not limited to: teams that have long fingernails that have to be clipped or jewelry that has to be removed, coaches that approach floor judges during the competition, e.g.
  - > A two (2) point penalty deduction will be given for each safety infraction. If the penalty judges feel that a team does not have a clear understanding of the safety rules due to excessive rule infractions, they can disqualify a team.
  - > Minor safety infractions: A (.5) penalty for each of the following: boundary violations, stepping on signs or poms, and wardrobe malfunctions.
  - > Every effort must be made to gently set down a sign or pom in a routine but in the event the judges feel it is excessive, a (.5) deduction will be given (follow the new NFHS prop discard rule).
  - > A two (2) point deduction for UHSAA Rules Violation.
- **VIDEO REVIEW:** There will be a new video review process implemented. Video review of SAFETY RULES, DEDUCTIONS and DIFFICULTY SKILLS (not including execution) will be allowed at the Divisional and the State Championships. Coaches will have access to **their** scoresheets during the competition. Challenges will be made electronically via a QR code given at check in. If a coach requests a video review the following could happen: 1) If the review was successful, then the scoresheet will be adjusted. 2) If other (non-documented) violations are seen during the review, they will be added to the scoresheet. 3) The judge’s final decision will stand.
- Host school information will be sent out (such as entrances, exits, parking, etc.) prior to each competition.
- UHSAA WILL SEND OUT A DECLARATION SHEET TO BE COMPLETED BY SEPTEMBER 5TH FOR SCHOOLS TO DECLARE WHICH DIVISION (CO-ED OR ALL-GIRL) THEY ARE ENTERING IN, THEN QUALIFYING SITE ASSIGNMENTS WILL BE MADE.
- SCHOOLS WILL BE SENT A LINK TO REGISTER, PAY ENTRY FEES, AND COMPLETE A WAIVER FOR QUALIFYING DIVISIONALS ONLY.

### 30. Judges

Judges must register and certify with the UHSAA on an annual basis. For information on the registration process and the training required for certification, go to the Competitive Cheer page at [www.uhsaa.org](http://www.uhsaa.org). Judges will be required to attend a UHSAA Competitive Cheer Judges Clinic or view the online clinic at [www.uhsaa.org](http://www.uhsaa.org). Judges must attend the UHSAA live Judging Practicum.

### 31. Tabulation Protest

A team has 24 hours after the conclusion of the competition to PROTEST TABULATION ERRORS. That protest must be received by the UHSAA office, in writing, to be valid for the State Competition. Protests for Divisional competitions shall be sent to the competition director. Only tabulation errors may be protested after the competition. Tabulators are required to email the final spreadsheet results to the UHSAA by 7 a.m. the morning following a competition.

### 32. Awards

Dates for Academic All-State nominations can be found on the UHSAA calendar at [uhsaa.org](http://uhsaa.org). The UHSAA will present first and second place trophies to the overall winners and first and second place plaques in each category and classification will be awarded at the UHSAA State Competitive Cheer Competition. The UHSAA will also award medals (first, second and third place) in each classification to the winners in the Jump Off competition. The academic all- state award will be mailed to the recipients.

## CROSS COUNTRY Policies & Pairings

### State Qualifying Process

The 6A and 5A classifications will utilize a Divisional Round qualifying meet for the purpose of state qualifying. The 1A-4A classifications will continue to utilize the region meet as a state qualifying meet.

### Divisional Information

When registering for the Divisional Race, teams must declare the top-seven varsity runners for both boys' and girls', plus two alternates for each gender. These must be submitted within the registration window that is set by the Divisional Meet management.

### Substitution Rule

When need to substitute a runner in your top-seven, the substitute must have been submitted on your roster in the time period set by the Divisional Meet management.

### State Championship Roster

The seven runners who ran in the Divisional Meet will be the runners who compete in the State Final meet. Substitutions for the state meet will be done within the preestablished rules for substitution for state.

### 6A SCHOOLS

9 teams and the top-6 individuals from non-qualifying teams from each divisional section will advance to the State meet. Regions 1 and 3 will send their odd number finishing teams to section A and their even-numbered finishing teams to section B. Regions 2 and 4 would send odd number teams to section B and even-number teams to section A. The region splits will alternate each year.

### 5A SCHOOLS

12 teams and the top-6 individuals from non-qualifying teams from each divisional section will advance to the State meet. Regions 5 and 7 will send their odd number finishing teams to section A and their even-numbered finishing teams to section B. Regions 6 and 8 would send odd number teams to section B and even-number teams to section A. The region splits will alternate each year.

### 4A SCHOOLS

All 4A teams will qualify for state. Teams must have a minimum of 5 runners with a maximum of 7 runners.

### 3A, 2A and 1A SCHOOLS

50% of full teams (5-7 members) competing in the region meet will qualify. For scoring purposes, a team in 1A will consist of four (4) runners and a maximum of seven (7) runners. A region with an odd number of teams competing shall round up the number of qualifying teams, 2 out of 3, 3 out of 5, 4 out of 7, etc. The following individuals will also qualify:

1. The top 3 individual finishers at the region meet who are not on a qualifying team.
2. Any individual who is not on a qualifying team and who did not qualify through item 1 who finishes in the top 10 overall at the region meet.

In 2A and 3A, 50% of full teams (5-7 members) competing in the region meet will qualify. In 1A, every team that finishes a region meet with a full team (minimum of four runners) will qualify for the state meet. For scoring purposes, a team in 1A will consist of four (4) runners and a maximum of seven (7) runners. All regions in 1A-3A will be guaranteed a minimum of three qualifying teams.

**Substitutions:** Individuals not on qualified teams may NOT be substituted for. Once a team qualifies at Region, individuals on that qualified team may be substituted for the State meet. Names of competitors in the State Meet should be entered on a school's entry to the State Meet.

***A team consists of a minimum of five runners and a maximum of seven runners.***

***No practice is allowed at the site of the state meet within two (2) weeks of the state competition. This includes walking the course as a team or as an individual. No cross country meets shall be held at The Regional Athletic Complex other than state meets (with the single exception of a single meet hosted by the COACHES ASSOCIATION).***

## DRILL TEAM Policies

### 1. Instill the Highest Ideals of Character

The mission of education-based activities is to promote the positive development of our youth. Coaches have a responsibility as educators to use their influence to reinforce valuable life lessons and universal values. Coaches should never place the value of winning above the value of instilling the highest ideals of character. As role models, coaches are expected to be an advocate for good sportsmanship and follow all the rules and regulations with the intent for which they were written. See the “Coaches Code of Ethics” in the back of the NFHS Spirit Rule Book for a list of responsibilities.

2. **Complete UHSAA Coaches’ Certification and Register My Coach** (See UHSAA Handbook) Certification includes eight components: Background Check, First Aid Training, CPR Training, yearly Concussion Training, yearly Child Sexual Abuse Prevention Training, yearly Bullying, Cyber-bullying, Hazing, Harassment, and Retaliation Training; the NFHS “Fundamentals of Coaching” course; and to meet a set of professional standards that are consistent with the Utah Educator Professional Standards as described in USBE Rule R277-515. The training must be completed through an approved or recognized program which complies with USBE requirements. First Aid and CPR components require current certification through an approved or recognized program which complies with USBE requirements. Yearly concussion training requires successful completion of the NFHS Concussion Course. Contact your Principal or School AD about certification.

### 3. Complete an Annual UHSAA Drill Team Rules Clinic

On an annual basis, head coaches are required to attend the live UHSAA Drill Team Rules Clinic or complete the online UHSAA Drill Team Rules Clinic prior to the designated deadline. Coaches must also watch the NFHS/UHSAA Drill Safety Clinic which can be found on the drill page of the UHSAA website. Failure to attend the live rules clinic, watch the Demonstration Clinic, and/or complete the online rules clinic by the deadline will result in a \$100.00 fine to the school. New coaches are strongly encouraged to attend the live rules clinic. Information regarding the live and online UHSAA Drill Team Rules Clinic will be available on the UHSAA Drill page at [www.uhsaa.org](http://www.uhsaa.org).

### 4. Adhere to UHSAA and NFHS Rules During Practices and Performances

To maintain participant safety, coaches must adhere to UHSAA and NFHS Spirit Rules during all practices, performances and competitions. For UHSAA rules refer to the UHSAA Handbook and Drill Team section. Drill is a female only sport. Drill is NOT considered a co- educational sport. Coaches should bookmark the Drill page at [www.uhsaa.org](http://www.uhsaa.org) for the latest info.

### 5. Adhere to UHSAA Contest Limitations

Drill teams may only compete in a TOTAL of four (4) competitions prior to the state competition (this includes a region competition). Teams that participate in a region or divisional competition may only compete in three qualifying competitions. Teams that do NOT participate in a region or divisional competition may compete in a total of four qualifying competitions. Participation in the UHSAA Live Judging Practicum does not count towards the contest limitations. Teams are limited to (1) routine per category.

### 6. Adhere to UHSAA Budget Restrictions for State Competition Routines

To create a level playing field between all participating programs and to limit the financial burden incurred by the participants, coaches shall operate their programs within the stated limitations. Donated supplies and all monies, including budgeted school funds, out-of-pocket expenses, fundraised or donated funds for costumes and supplies which are used for state competition routines performed during the drill team season (competition start date through the state competition) must not exceed \$1,000 times the number of girls on the team. The budget must include the following: costumes, accessories, music fees (i.e. Mixing, and Thumb Drives, audio devices), choreography fees, and any costs incurred for state competition routines. The UHSAA budget restrictions exclude expenses that do NOT pertain to the state routines (i.e. travel, camps, day uniforms, auxiliary routines). Coaches are responsible to monitor the costs associated with their drill team program. Schools are encouraged to maintain a “uniform closet” for flexibility and originality without the expense of new uniforms. Judging sheets shall not reflect if the uniform is new or used. Routines, props and music may be used from year to year.

7. **Submit a UHSAA Budget Declaration Form by the Second Friday in February**

Coaches are required to submit a “UHSAA Drill Budget Declaration Form” by the second Friday in February. Expenses should be recorded and documentation (i.e. receipts, bills, etc.) should be kept on file at the school.

8. **Submit “Dead Time Period” Form to UHSAA by January 15**

Head coaches shall submit a completed “Drill Team Moratorium Form” to the UHSAA office by the deadline of January 15 to avoid a school fine. Each head coach shall select the sport specific drill moratorium for their team, which shall consist of two, two week blocks (the blocks may be consecutive). During that time, coaches and facilities shall adhere to UHSAA policies regarding moratoriums (See UHSAA Handbook By-Laws Article 2). Each week of the dead time period must include at least seven (7) consecutive days. Forms available on Drill page.

9. **Adhere to UHSAA Guidelines for Qualifying and Region Competitions**

Teams will be assigned to all qualifying competitions. The time frame for the team competition is a start time no earlier than 8:00AM and a finishing time, with awards completed, no later than 7:00PM. If an additional space is needed for auxiliary routines, an auxiliary space (small gym/auditorium) should be utilized. A **full** panel of judges is NOT required for auxiliary routines, but a technical safety and floor judge shall be included. Teams will be notified as to which qualifying competitions they are assigned by September 1, 2023. Judges for each qualifying competition will be assigned by UHSAA and competitions not in compliance with UHSAA policies and guidelines may result in a loss of UHSAA sanctioning and/or other penalties. Qualifying competition venue/host will determine the competition director and tabulator. **Coaches and judges should submit, in writing, any allegations relating to violations not in compliance with the UHSAA rules, to the UHSAA.** Qualifying competitions must use the UHSAA score sheets posted on the Drill page (uhsaa.org). Qualifying competitions must use UHSAA-certified judges, competition directors and tabulators. For the UHSAA state categories, qualifying competitions will be assigned. Six (6) routine judges, one (1) difficulty judge, and two/three (2/3) technical judges, per panel. For solo competitions and/or auxiliary routines, judges must also be UHSAA certified; a full panel of judges is NOT required but a technical judge shall be included. Solo competitions shall adhere to UHSAA and NFHS rules. A region who fails to select a competition director will have one assigned by the UHSAA Arbiter. It is the responsibility of the competition director to arrange for a UHSAA certified tabulator who uses the current UHSAA tabulator’s computer program for scoring. Judges for all competitions will be assigned by the UHSAA Arbiter. Any routine performed by a drill team or drill team member must follow the NFHS Spirit Safety Rules and UHSAA rules. Soloists are not exempt from these requirements and must adhere to these rules and be assessed penalties for violation(s) of said rules in UHSAA sanctioned competitions. Soloists must be eligible members of UHSAA high school drill team programs.

10. **Drill State Qualifying:**

- Each school will receive a rating at qualifying competitions (formerly known as Invitationals) based on how they finish in each category and overall finish. 20% Military, 20% Dance, 20% Show, and 40% Overall.
- Schools will receive ratings at region competitions.
- Schools will compete in 3 qualifying competitions and one region competition.
- Schools in a region that chooses not to hold a competition, can compete in 4 qualifying competitions.
- The top 12 ranked teams will have a bye into the semifinal round at the tournament site for the 4A, 5A and 6A classifications. The Quarter Finals will be held to advance the final four teams for 4A, 5A and 6A.
- 2A and 3A teams will be placed in PODS for the semifinal round based on their final rating.
- Teams will compete in their respective pod during the semifinal round of the state competition. The top two (2) teams from each 3A, 4A, 5A and 6A pod will move on to the final round. A next qualifying team will be determined using the ranking system. This team will be determined at the conclusion of both pod sessions, per classification. The top two (2) teams from each 2A pod will move on to the final round. One additional qualifying team will be determined using the ranking system. This team will be determined at the conclusion of both pod sessions.



**Qualifying Competition Dates:** December 1, 2, 8, 9, 16 & January 6, 13

**Quarterfinal Round:** 4A, 5A & 6A January 29th

**Semifinal Round:** 5A & 6A January 30th. 2A, 3A & 4A January 31st

**Final Round:** 2A 3A & 4A February 1st. 5A & 6A February 2nd.

#### SEMIFINAL POD PLACEMENT 3A, 4A 5A, 6A

<u>POD 1</u>	<u>POD 2</u>	<u>POD 3</u>	<u>POD 4</u>
SEED 1	SEED 3	SEED 2	SEED 4
SEED 8	SEED 6	SEED 5	SEED 7
SEED 11	SEED 9	SEED 12	SEED 10
SEED 14	SEED 16	SEED 15	SEED 13

#### SEMIFINAL POD PLACEMENT 2A

<u>POD 1</u>	<u>POD 2</u>	<u>POD 3</u>	<u>POD 4</u>
SEED 1	SEED 3	SEED 2	SEED 4
SEED 8	SEED 6	SEED 5	SEED 7
SEED 11	SEED 10	SEED 12	SEED 9

### 11. Hiring of Drill Team Judges and Payment of Officials

A. Payment of certified drill officials for region, qualifying and state competitions includes the following:

1. Region judges and tabulators will be paid \$25 per hour.
2. State judges will be paid as follows: Semi Finals \$25 per hour; Finals will be paid \$25 per hour.
3. Region Competition Directors' fee varies \$400 to \$600 and will be negotiated at the region level.
4. Drivers will also be paid .50 cents per mile for all miles over 50 miles round trip. Riders will be paid an additional .15 cents per mile for all miles traveled over 50 miles round trip. Since regions will not pay all judges to drive, drivers will be assigned by the UHSAA arbiter based on years of experience and availability of the driver. Judges will be asked to ride together.
5. **QUALIFYING COMPETITIONS:** Judges must be paid a minimum \$25 per hour and compensated for mileage.
6. All judges pay will be submitted through Arbiter Pay.

B. The region should make any decision regarding payment of the certified competition director and the person who may call Drill Down.

C. The payment of all qualifying, region competition officials and personnel, including judges, is the responsibility of each region and competition director, not the UHSAA.

12. **Competition Directors:** must register as a competition director and pay a \$50 registration fee through Arbiter Sports. Directors must attend the annual live training in August. Payment of competition directors for qualifying and regional competitions may vary. Information found at [www.uhsaa.org](http://www.uhsaa.org) click on officials.

13. **Tabulators:** must register, certify and pay annual registration fee with the UHSAA on an annual basis. For information on the registration process and the training required for certification, go to the Drill page at [www.uhsaa.org](http://www.uhsaa.org) click on officials.

14. **Judges:** must register and certify with the UHSAA on an annual basis. For information on the registration process and the training required for certification, go to the Drill page at [www.uhsaa.org](http://www.uhsaa.org) . Judges will be required to attend the UHSAA Fall Drill Team Clinic or view the online clinic at [www.uhsaa.org](http://www.uhsaa.org) . Judges must attend one (1) UHSAA live Judging Practicum.

15. **Drill Clinics:** Go to the UHSAA Drill page at [www.uhsaa.org](http://www.uhsaa.org) for information on the UHSAA Drill Clinics and clinics sponsored by the UDJA (Judges' Association) and the UDDA (Drill & Dance Coaches' Association).



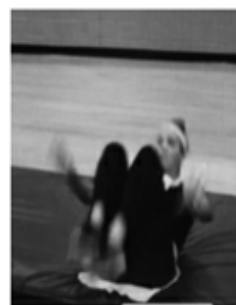
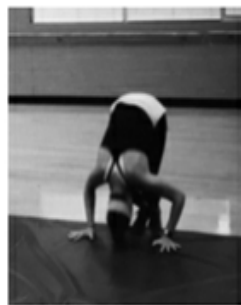
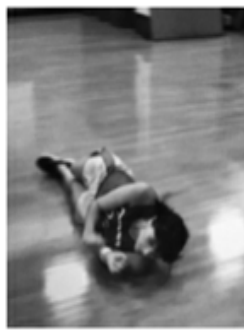
16. **State Drill Routines:** To be eligible for an overall team ranking at the state competition, a team must earn a qualifying score and ranking score in each of the three categories.
17. **State Competition: Drill teams are NOT allowed to practice or compete at the state tournament site within two (2) weeks of the state competition.** The first day of the quarterfinals is considered the start of the State Tournament. There is no outside food or drink allowed inside the UVU arena with the exception that each team will be allowed to bring in one cooler. Only team members on state qualifying teams are eligible to compete in the Drill Down at the State Competition. State Drill Info at [www.uhsaa.org](http://www.uhsaa.org). Following the announcement of the teams moving on to the Finals, there will be a draw for order of performance and seating for Saturday finals. Tickets for the 5A/6A seating will be distributed immediately following the semi-final round of competition. .
18. **State Competition Categories:** At the 2024 State Drill Competition, drill teams shall compete in the following three categories: **Military, Dance and Show.**

### MILITARY:

The emphasis of this category is on precision, clean and sharp movements, maneuvering and formations. Any basic military maneuvers or steps such as pinwheels, blocks, ranks and files, etc. may be used. Kicks and ripples may be used. No dance steps, no jazz hands, no head rolls, no body rolls, no hip movements, no jazz runs, no pyramids, (exception: Pyramids at prep level or below are allowed) no arch backs, no toe touches (Russian or Straddle), no tumbling (exception; handstand) may be used. School uniforms or military style costumes shall be worn. Props/ backdrops/sets are prohibited. Prep level, in this category, is defined at shoulder level or below. Distracting Facials and Vocals are prohibited. See training roll clarifications

### ILLEGAL BODY ROLLS IN MILITARY

1. **Rolls that make a complete rotation for example:** (Start flat in a prone position front make one complete rotation without stopping and end in the same prone position. Same rule applies if you start on your backs)  
Head over heels rotation



2. Upright body rolls that isolate the torso are illegal in military.



3. Illegal rolls from a stunt in military:



4. Head over shoulder rotation is illegal in military.

**LEGAL BODY ROLLS IN MILITARY**

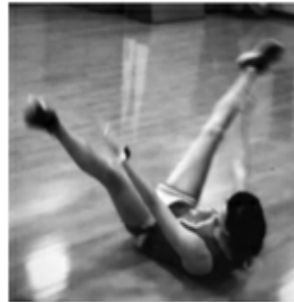
1. If there is a break/stop in the rotation for at least two counts it will not be considered an illegal roll, here is an example:



START



ROLL



min. 2 count stop



BACK TOSTART

**DANCE:**

The emphasis of this category is technique, style and interpretation. The overall focus of this routine should be on DANCE. Any stylized dance movement is accepted. Kicks, leaps, turns and any dance steps may be used. Tumbling and lifts, which adhere to UHSAA and NFHS rules and safety guidelines, may be included. The movement, music and uniform may be stylized but cannot carry a storyline or portray a character. School uniforms or modest dance attire which adheres to NFHS rules shall be worn. Props/backdrops/sets are prohibited.

**SHOW:**

For the 2023-24 season, Show routines will include the following performance (dance) styles: Hip Hop and Character. This category is meant to spotlight your team's strengths and to allow teams to put the most entertaining and creative material on the floor. Both genres need to be clearly demonstrated and developed.

**No props will allowed in the show category.**

**HIP HOP:**

Hip Hop is a high energy routine with contracted dance movements to a bass beat with tempo variations. Pop and lock techniques, break dancing and other high energy dance styles can be choreographed into the routine. Backdrops/sets, stages, props and scenery are prohibited.

**JAZZ:**

Jazz encompasses any range of jazz movements, including but not limited to, traditional jazz, contemporary, lyrical, musical theatre jazz, and jazz funk. Important characteristics include, stylized, dance movements, and combinations, visual effects, and technical elements. Emphasis is placed on proper technical execution, control, musical interpretation, and team uniformity. Backdrops/sets, stages, props and scenery are prohibited.

**CHARACTER:**

The emphasis and focus of this thematic routine shall be the portrayal of a character (real or fictional) through creative choreography and movement. Technical dance skills must be included. Music and costuming should complement and enhance the portrayal of the character. The routine may include theme development and musical interpretation. Backdrops/sets, stages, props and scenery are prohibited.

**KICK:**

The focus of this category is KICK and the emphasis is on technique, style, variety of kicks and presentation. The choreography shall include a variety of kicks that may include, but is not limited to, high kicks, low kicks, diagonal kicks, fan kicks, jump kicks, flat kicks, walk kicks, etc. Precision, timing, control, technique, and uniformity of height are to be emphasized. The movement, music, and uniform may be thematic (i.e. Latin music, Latin costumes), but cannot carry a storyline. Props/backdrop/sets are prohibited.

**POM:**

Pom routines should contain the following important characteristics: synchronization, visual effects, clear and precise motions, strong pom technical skills (pass, toss, levels etc.), and the incorporation of dance technical elements. Poms should be the focal point during this segment of the show choreography.

**COSTUME GUIDELINES FOR NON PROP CATEGORIES:**

No props of any kind are allowed, which includes detachable costume elements. Costume manipulation is allowed. The costume shall be appropriate for the routine performed and support the spirit, intent, and category definition. The costume worn shall not increase the risk of injury to the dancers nor hinder the ability of the judges to evaluate the technical skills performed. If a piece of the costume is taken off and manipulated, then it is considered a prop, and there are no props allowed. A costume change/alteration, such as, a pinned-up piece of material on chest is pulled down to reveal a different color on the chest, or a short skirt is pulled down to make a longer skirt, would be legal. A hat taken off and danced with is a prop and would be illegal. Removing a fan, towel, etc. from your costume and waving it around would be illegal and result in a penalty. The penalty will be assessed by the floor judge. If you have a question if something on your costume (because of the way you are using it) is legal or not, please contact the UHSAA OFFICE.

19. The UHSAA does not allow all skills included in the NFHS Spirit Rules Book to be performed by UHSAA Drill Team. UHSAA Drill Teams are PROHIBITED from practicing, performing or including the following skills from the NFHS Spirit Rules Book:

- A. Headstands (weight on the head and feet off the ground; assisted or unassisted) including elbow-based headstands. This also includes any headsprings and head spins.
- B. Shoulder Stands are illegal in Utah. Exception: Top person has hands-to-hands contact with the base/posts, and steps on the shoulders of a seated base (see picture).



LEGAL SHOULDER STAND



ILLEGAL SHOULDER STAND UTAH



ILLEGAL SHOULDER STAND UTAH

C. Pyramids, Hanging Pyramids, Totem Poles, Roll Down T Lifts, Backward Leap Frog and Leap Frogs, (found in Rule 4 section 4 NFHS rule book.)

**Exception A:** *Flatback Extended Connected Stunt will be allowed with a limit of two stunts connected. (two top persons connected)*



**Rationale:** With the changes in the NFHS rule book concerning connected extended stunts, a flatback is a safe alternative to a full pyramid and will allow teams to create a safe level change.



**Exception B:** *Pyramids at Prep level or below will be allowed.*

**Rationale:** Prep level and below level pyramids have a minimal risk of injury used in Drill Routines as a safe skill to create shapes and depth.

- D. Release Stunts (NFHS Rule 4, Section 5, Release Stunts)
- E. Swinging Stunts (NFHS Rule 4, Section 6 Art. 5)
- F. Cradle Dismounts (NFHS Rule 1, pg. 9 Definitions)

**Exception A:** Cradle Positions/Sits (NFHS Rule 1, pg. 9 Definitions)

- G. Any Load-ins.
- H. Foot to foot feet to feet position
- I. Non-Release transitions that begin from below prep level that include a Pop or Pitch type movement that is initiated by a base/post (this would include their feet) that increases the height of the top person and is not a suspended roll from the floor. (See Training video for examples)
- J. Using a Pop or Pitch type movement that is initiated by another drill team member (this would include their feet) that excessively increases the height of the top person at any level.

**Exception A:** Legal suspended roll, at prep level, with the base on floor (skill is demonstrated as assisting on the safety video)



**Exception B:** Legal suspended rolls

20. A LEGAL stunt that stops at prep level or above (NFHS Rule 4, Section 4, Non-Release Stunts) are prohibited unless, the top person is transitioned to a legal stunt/skill from a legal position and returns to a legal position. Transitioning is allowed, for example, from a flatback to a triple base straddle sit or an extended split to a triple base straddle sit etc. Transitioning from any position to a vertical stationary inversion prep level or above is illegal\*\*.  
**\*\*Illegal positions: all load ins, all step ups, cradle, cradle position, foot to foot, feet to feet**

**EXCEPTION:** A faceup flatback may begin from a **cradle position and end in a cradle position.**

1. **NOTE:** When doing the exception (going from a cradle position to a flatback or flatback to a cradle position) contact must be continuous with all three of the bases and the top person. Any release from a base will result in an illegal skill.

21. **Dance Skills that will be allowed and offer a great alternative for Front and Back Load ins.** The step up is a dance move that has minimal risk of injury but allows for creative dance lifts.
- a. **Front Step Up:** Must begin from the performing surface, the top person steps one foot either the side or front into a base who has interlocking hands at or below waist level. A base and back spot is required. Skills allowed, are one leg Ronde Jambe or grande' battement. Top person must end on the performing surface once the skill is completed.
  - b. **Back Step Up:** Must begin from the performing surface, the top person steps from the back of the base who has interlocking hands with one foot at or below waist. A base and back spot is required. Skills allowed, stepping straight up and a grande' battement. Must end on the performing surface one the skill is completed.
  - c. **Double Base Step Up:** Begins from the performing surface, the top person steps up one foot at a time, to each base who has interlocking hands at or below waist level. Two bases and spotter are required. Choreographed arms are allowed, top person must dismount down one foot at a time.
  - d. **No building beyond waist:** Moving the top person forward or backward is allowed by the two original bases. Top person must end on the performing surface once the skill is completed.

22. **Definitions:**

- a. **Props:** items that are manipulated during a routine for the purpose of enhancing the routine or the development of the character. (i.e. cane, suitcase, hat)
- b. **Backdrops/Sets/Stage Props:** stationary objects used for visual enhancement only.
- c. **Storyline:** conveying a specific message, idea, or event with choreography. The routine progresses through various stages within the story.
- d. **Prep Level:** A top person's base of support is at approximately shoulder height.
- e. **Character:** Portraying a persona, a person, a role, an era etc.

23. **Costumes:** Any costume must have been worn on the school's home floor before wearing it at the region or qualifying competition. Uniforms and dress for a performance is at the discretion of the team or coach as long as they comply with the category and NFHS rules. Appropriate attire must be approved by the school's administration. School and UHSAA administrators are concerned with the continued suggestiveness of some uniforms and advise discretion in choosing uniforms for all competitions.

24. **Footwear:** According to NFHS Spirit Rule 4 Section 1 Article 3b: "Dance, drill and pom teams must wear footwear that is appropriate for the activity involved. At a minimum footwear must cover the ball of the foot." For example, teams including connecting tumbling or hard landing skills in their choreography, such as but not limited to: series of back handsprings, round off back handsprings, standing back tucks, etc, should wear appropriate shoes for those activities (i.e. jazz shoe, athletic shoes).

Drill team participants shall wear footwear that follows NFHS and UHSAA rules and interpretations.

As stated in the NFHS Rule 4.1.3b, footwear must cover the ball of the foot. Footwear that covers the entire foot/feet and have non-slip soles must be worn for: 1. Stunts/lifts at prep level or above in which the top person's foot/feet are in the hand(s) of the base(s). 2. Airborne tumbling with the exception of front and side aerials.

**UHSAA REQUIRES:** The footwear shall be appropriate for the routine performed and support the spirit, intent and category definition. The footwear worn shall not increase the risk of injury to the dancers nor hinder the ability of the judges to evaluate the technical skills performed. If traditional footwear is not selected, the school/coach shall request a ruling from the UHSAA rule interpreter prior to the performance/competition. If necessary, the UHSAA may seek input from the NFHS prior to communicating the final determination to the school.

Precaution should be taken so the performing area is not marred. In general, good quality leather, crepe or softoled shoes may be worn. Any shoes that will scuff floors must be taped with non-marking tape. The coach is responsible for having shoes checked at the specified time. A floor judge will check shoes prior to performance, and any shoe not in compliance must be corrected before the performance or the shoes cannot be used. Shoes will also be checked as you leave the floor. Any violations will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge. Teams shall not remove protective coverings on their shoes after the initial shoe check. **If damages occur to the floor, a fine will be assessed.**

25. **Injury of a Drill Athlete on the performance surface, during a routine:** A Certified Athletic Trainer should be present at all competitions. Coaches and competition directors should take every precaution to ensure the safety of participants. Should an injury occur during a routine, the following protocol should take place:

- A. Stop the music and attend to the injured participant
- B. Determine the care the injured participant may need (first aide, athletic trainer, EMT services).
- C. ALL NFHS page 14 Rule 1 Art 17, 18, 19 must be strictly adhered to.
- D. Competition director/administrators at the site will determine when/if the team will be allowed to continue/finish the routine.
- E. An injured participant, that wishes to perform, may not return to the competition unless the competition officials receive clearance from the onsite medical personnel.

26. **Music:**

- A. No musicians may be used as musical accompaniment, not including musical props used by team members. No drums used on entrance or exit.
- B. All music should be sent in a digital file format to the competition director or designee by the deadline determined by the competition director. Issues with wrong files sent will result in a penalty assessed by the floor judge.
- C. A representative of each team must be present at the announcer's table when their team is performing to cue the music. No responsibility is taken by sound crew if no one is there (penalty is 2 points per routine judge for disrupting flow of competition).
- D. If the DJ and Competition Director agree that any problems associated with the music are NOT the fault of the coach or team and are in fact technical difficulties, the team will be given the opportunity to exit the floor and re-enter to begin the performance from the start without penalty (before the next team in that classification and category performs). Order of performance will not be disrupted.
- E. A representative must immediately contact the competition director or their designee during the performance with any music concerns.
- F. State Music: Competition music for the state competition must be sent in a digital file format prior to January 24th. More details will sent to qualifying teams.
- G. Schools should follow all copyright laws. It is up to each school to ensure that any music used is done so in accordance with the level of permission obtained to make changes to any music. Should a school be found in violation, the school bears total responsibility should any legal action be taken.

27. **Special Effects:** No provisions will be made for special effects. The use of fire, fog, dry ice, water, smoke, or compressed air device WILL NOT be allowed. A violation of this will result in two (2) points per routine judge penalty.
28. **Outside Control of Effects:** Any control over a permitted effect (such as lights on a costume or prop) must be controlled by a participating member of that routine, and cannot be controlled by a coach, parent, a dancer not participating in the routine, etc. A violation of this will result in two (2) points per routine judge penalty.
29. **Ballet Turn Boards:** Turn boards, training aids, and products designed to give dancers an advantage are illegal. A two (2) point penalty will be assessed for a violation of this rule.
30. **Moving backdrop:** A team member in a costume, that acts as scenery and does not do any choreography with the team is not allowed. Example: A person dressed up as a tree, moves side to side etc. and never does any team choreography. The Floor Technical Judge will assess this deduction.
31. **Cultural Appropriate Material:** School should avoid themes that might demonstrate cultural appropriation. Choreography and costuming should be approved by school and district administrators. Schools should never adopt cultural elements in an exploitative, disrespectful or stereotypical way.
32. **Costume Management:** Excess feathers or other costume embellishments that are not removed during a team's floor exit, by the performers in the routine, will be penalized by the floor judge.
33. **Costuming Manipulation:** Any costume that is manipulated by an individual dancer must stay attached to the body. A costume may only be manipulated by the individual dancer wearing the costume.
34. **Rosin:** Shoe rosin is prohibited at all competition venues.



35. **Sportsmanship:** A participant, coach, substitute, trainer or other another team attendant must not commit an unsporting act. This includes, but is not limited to, acts or conduct such as:
- Disrespectfully** addressing or contacting an official or gesturing in such a manner as to indicate resentment.
  - Using profane or inappropriate language, music or gestures.
  - Baiting or taunting an opponent (NFHS Rule 2 Section 2 Art. 1)  
Unsportsmanlike conduct by a participant, coach, substitute, trainer or other team attendant immediately prior to, during, or at the conclusion of the competition will result in a two (2) point penalty per routine judge for each violation. Protests or complaints alleging a violation of this rule must be made and submitted in writing, using the protest form, by a coach and an appropriate school official (i.e. athletic director, school administrator), to the UHSAA Tournament Director within the time frame of the current competition (semifinals/finals). The time frame of the competition is defined as beginning with the first performance, and the protest must be filed, and received, BEFORE the announcement of teams moving on to the finals (semifinals) and/or final placement announcements are made (Finals). At the state competition, the UHSAA Tournament Committee may assess these points. The points would be deducted before the ranking scores are given and would be assessed to the routine category being performed nearest the infraction.
  - A sportsmanship penalty may be assessed to any team who changes costumes inside the performance arena.
36. **PENALTIES:** All NFHS safety violations or UHSAA prohibited skills violations are two (2) point penalties per routine judge, except where noted. Examples include: safety, disrupting the flow of competition, footwear violation, prop guideline violations, and timing violations.
- Minor Safety Violations:** .5 pt. penalty per routine judge
    - During the three (3) minute routine, teams and all props or sets must stay within the inside edge of the boundary lines of the competition floor. The lines are considered out-of-bounds.
    - All team members must not step out-of-bounds, meaning team members must have weight bearing contact within the boundaries of the competition floor. The boundary lines are the four inside edges of the basketball court on the floor where the competition is being held, regardless of its size. Penalty will be assessed by the floor technical judge.
    - NFHS Rule 2-1-7a page 13, 4-4-1 page 39 Performing surfaces and areas must be reasonably free from objects and/or impediments. The top person receives primary support from a base(s) who is /in direct, weight bearing contact with the performing surface (NFHS has interpreted this rule as: if you are stunting or dancing on the prop it is a safety violation.)
  - For teams that disrupt the flow of the competition, such as: not being ready to enter the floor; entering the floor out of schedule order; entering and exiting from the wrong side of the floor; marching all the way across the back of the floor and performing an about-face to enter the actual floor from the opposite end; problems associated with music or removing props or sets, etc. a two (2) point penalty per routine judge will be assessed. A penalty of this nature will be assessed by the floor technical judge.
  - If a safety penalty of two (2) or more points per judge is given, the offending school will be notified via text, by the competition director, after that category has been completed.
  - A floor judge will check shoes prior to performance, and any shoe not in compliance must be corrected before the performance or the shoes cannot be used. Shoes will also be checked as you leave the floor. Any violations will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge. See additional information on shoes in #25.
  - Not following the prop guidelines in any category will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge.
  - At the State Competition, any coach stepping outside of the designated coaches' area will result in a (2) point penalty per judge and will be deducted from the routine being performed at that time.



### 37. **Timing Penalties:**

- A. Length of the routine will be 2-3 minutes. There will be a two (2) point penalty per routine judge for every ten seconds over three minutes or under two minutes to be assessed by the Safety Technical Judges (i.e. 3:01= 2 points/routine judge, 3:11 = 4 points/routine judge).
- B. All teams are to be ready one team ahead. Teams must stay out of view. Teams must not get into an entrance position until the announcer specifically says, "Team, take your position." All team members and props will enter and exit from the north end of the gym at the state competition. Only drill members who are participating in that particular routine will be allowed onto the floor. Teams must enter and exit the floor without choreography. EXAMPLE: No arm movements, must move directly to the routine starting position. Penalty will be assessed by the Safety Technical Judge. A slap to call team to attention is not considered choreography.
- C. Judging and timing will start with the first note of music. The entrance and exit (including show) must be concise and direct. Entrances and exits are not to be judged by the routine judges.
- D. Judging and timing will stop with the last note of music. An entrance and exit shall not exceed 30 seconds each for any competition routine. Additional time is not allowed for the Show routine. The technical judge will deduct two (2) points per routine judge for every 10 seconds over the entrance or exit time. Timing of the entrance will start when the team and/or props or break the plane of the floor boundary.

38. **Scoring:** The "true" ranking scoring system will be used at all invitationals, region, and state competitions for the overall winners. Ranking points are assessed in the tabulating room. It is important that judges keep a running total so they do not give ties. Dropping of the high and low placement ranking (1, 2, 3, 4, etc.) will take place. For an individual routine judge who may have a tie between teams as a result of penalty point(s), the ranking points for that individual judge will be split for the teams tied. All other teams will stay in the ranked order and will receive the appropriate ranking points for that position. Note: Judges may use .25 increment scores when judging routines. For example, routine scores of 75, 75.25, 75.5, or 75.75 are acceptable. The scores from the state preliminary competition will NOT be used to determine seeding for the State Finals. The military category will be randomly drawn, by the state competition director at the conclusion of the semi- finals, and from there a schedule will be made giving each team an opportunity to perform at the beginning, middle and end of a category. Schools may pick up their score sheets and tabulation sheet at the conclusion of each day of competition.

#### **Tie Breaker**

In the event of a category tie, the following steps will be used to determine the winner only proceeding to the first step that breaks the tie.

- Step 1. Head-to-head rankings of the tied teams for each of the six judges. The rankings will include Difficulty Scores and Penalties. The team with the better ranking by a majority of the judges will be declared the winner.
- Step 2. The Total Rank for the category will be used. The team with the lower total will be declared the winner.
- Step 3. Head-to-head score (out of 80) from each of the two Execution Score judges. The team with the better score by a majority of the judges will be declared the winner.
- Step 4. Head-to-head score (out of 80) from each of the two Choreography Score judges.
- Step 5. Head-to-head score (out of 80) from each of the two Overall Effect Score judges.

If a tie still exists, both teams will be awarded the tie and given the same category placement. In the event of a tie between more than two teams, the same process will be used to eliminate one team at a time (high or low). The process should start over from Step 1 with the remaining teams until all teams are awarded a place or deemed tied.

In the event of an overall tie, the following steps will be used to determine the winner only proceeding to the first step that breaks the tie.

Step 1. Head-to-head ranking of the tied teams for each of the six judges for all three categories. The rankings will include Difficulty Scores and Penalties. The team with the better ranking by a majority of the judges will be declared the winner.

Step 2. The Net Rankings from all three categories will be added together. The team with the lower total will be declared the winner.

Step 3. The Total Ranks from all three categories will be added together. The team with the lower total will be declared the winner.

Step 4. Head-to-head score (out of 80) from the two Execution Score judges for all three categories. The team with the better score by a majority of the judges will be declared the winner.

Step 5. Head-to-head score (out of 80) from the two Choreography Score judges for all three categories.

Step 6. Head-to-head score (out of 80) from the two Overall Effect Score judges for all three categories.

If a tie still exists, both teams will be awarded the tie and given the same overall placement. In the event of a tie between more than two teams, the same process will be used to eliminate one team at a time (high or low). The process should start over from Step 1 with the remaining teams until all teams are awarded a place or deemed tied.

39. **Video Review: Video review is allowed for penalties given at the region, state quarter-final, semi-final and final events only.** Officials/judges are prohibited from using electronic devices to review their decisions prior to region and all rounds of the state competition. Coaches must have the section of choreography in question cued on their mobile device to be reviewed immediately following the category in question.
40. **End of Competition Protocol and Procedures:** At the end of each category, routine judges shall turn in their judging sheets for that category and all scores shall be final. Technical judges shall turn in their penalty sheets when decisions are final, but prior to the start of the next category. Judges shall adhere to the UHSAA drill competition protocols and procedures as outlined on the UHSAA Drill Page (under competition materials).
41. **Tabulation Protest:** A team has 24 hours after the conclusion of the competition to PROTEST TABULATION ERRORS. That protest must be received by the UHSAA office, in writing, to be valid for the State Competition. Protests for Invitational competitions shall be sent to the competition director. Protests for Region Competitions shall be sent to the competition director and region chairperson. Only tabulation errors may be protested after the competition. Tabulators are required to email the final spreadsheet results to the UHSAA and Head Tabulator by 7 a.m. the morning following a competition.
42. **Awards:** Dates for Academic All-State nominations can be found on the UHSAA calendar at [uhsaa.org](http://uhsaa.org). The UHSAA will present first and second place trophies to the overall winners and first and second place plaques in each category and classification will be awarded at the UHSAA State Drill Competition. The UHSAA will also award medals (first, second and third place) in each classification to the winners in the Drill Down competition. The academic all-state award will be mailed to the recipients. The drill down competition will be held on the final day of the State Tournament. Only individuals whose team has participated in the finals are qualified to participate in the drill down.

# FOOTBALL Policies & Pairings

## State Tournament Pairings

State Tournament pairings are determined by a schools RPI Ranking within that schools classification. Throughout the tournament, the team with the higher seed will be the designated home team.

**Home teams wear dark jerseys.**

**35 Point Rule:** An alternate timing rule is in effect for all levels (i.e. varsity, junior varsity, sophomore, freshman) of Utah high school football games when after halftime, a team's lead exceeds 34 points. Modified rule: The clock shall be stopped as per Rule 3-4-4. In effect the clock will be stopped as current NFHS rules require. However, the clock will start on the ready for play signal in all situations until the point differential reaches 21 points or less. At that point, all NFHS timing rules listed in Rule 3 will be followed.

**This rule is in effect for all non-region, region and post-season games.**

**Game Film:** For state football tournaments, teams shall exchange game film for the previous game and one other game as mutually agreed by the two coaches. Game film is to be available by noon the day following competition.

**Overtime Procedure:** The NCAA overtime procedure will be in effect for all levels (i.e. varsity, junior varsity, sophomore and freshman) of play. More information regarding the overtime procedure will be listed in the football section of the UHSAA website.

**Official Game Ball:** The UHSAA has designated the *Wilson GST* as the official state championship football. A legal *Wilson football* complying with NFHS standards must be used during **ALL** post-season play starting opening round games (**round of 16**) through the championship game. Officials have been asked to ensure that **only Wilson footballs** be used during post-season play.

During all rounds of state tournament play, UHSAA state event prices should be charged.

Default time for State tournament games played at home sites will be Friday at 6 p.m. except when at least one team is involved in a playoff game earlier in the week. In that instance, the default time is Saturday at 12:00 p.m.

## GOLF Policies & Procedures



### HIGH SCHOOL GOLF 2023-2024

#### UHSAA ADMINISTRATIVE POLICIES:

1. The UHSAA administers and supports both a Fall and a Spring golf program during each school year as follows:
  - a. Fall Golf – Boys 2A, 3A, 4A, 5A, 6A
  - b. Spring Golf- Boys 1A and Girls 1A, 2A, 3A, 4A, 5A, 6A
2. UHSAA Officials shall establish and govern all policies regarding the administration of High School Golf including player eligibility.
3. As with all other UHSAA sanctioned sports and activities it is the responsibility of school Coaches and Athletic Directors to follow all UHSAA policies concerning eligibility, travel, and schedules.
4. The Utah Section PGA in conjunction with UHSAA Officials shall administer the State Championship Golf events. The Utah Section PGA will also interpret and apply the current “Rules of Golf” as outlined and published by the United States Golf Association, to include “Local Rules and Notice to Competitors”.
5. Mandatory Rules and Competition Clinics are required to be held on a region basis. Clinics for Spring Golf (1A Boys and 1A-6A Girls) must be concluded by April 15 each season. Clinics for Fall Golf (2A through 6A boys) must be completed by September 15. The Utah Section PGA can assist setting up these important clinics by supplying clinic presenters, outlines, “Rules of Golf” books for each participant, and other important rules material.
6. Special Player Accommodations need to be applied for in advance of the golf season or event. Accommodation approval will be reviewed and approved or denied as per UHSAA procedures.

#### MAXIMUM STROKE PLAY SCORING FORMAT:

1. ALL UHSAA Golf Championships (boys and girls) will use a Maximum Stroke Play Scoring System. Contestants will PICK UP after reaching a maximum score of nine (9) strokes on any hole of a competition.
2. Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the card for easy identification of that score.
3. All designated region events should also use this scoring system. This will provide consistent and fair qualification for the state competitions and All-State considerations.
4. Advantages of using this system are increased speed of play and less pressure to finish a very bad hole. This system will also use the modification for Penalties and Disqualification Penalties that are listed under USGA Rules of Golf; Rule 21.2

#### REGION and STATE COMPETITION POLICIES:

1. **Region Match Schedules:** For both Fall and Spring Golf it is recommended that Regions hold at least six 18-hole matches.
  - a. It will also be the responsibility of the Region Coaches to administer fair and equitable Region events based on the most current “Rules of Golf” and UHSAA Rules and Procedures.
  - b. A maximum of 8 players will be allowed to play at all Region matches. If the facility can accommodate additional players, permission from the UHSAA must be given on a case by case basis.
  - c. A Region Representative must declare the six 18-hole matches that will be used for state qualifications by the golf start date.

**2. Tournament Formats:**

- a. Both Fall and Spring Golf Competitions will be played according to the MAXIMUM STROKE PLAY SCORING FORMAT. See details above.
- b. Both Fall and Spring Golf Teams will consist of six (6) player teams with the low four (4) "MAXIMUM STROKE PLAY SCORING FORMAT" scores counting for the team total. A team may compete for team honors provided they have a minimum of four players.

**3. Coaching/Caddies:**

- a. Two coaches will be allowed per school. The two coaches will be the only people allowed to give advice to a player.
- b. Coaches are not allowed to play during the Region matches.
- c. One golf cart will be assigned to each school.
- d. You may not "switch out" a coach during official play. Once the two coaches are declared at the beginning of the round, they will be the coaches for the remainder of that day.
- e. At the State Championship, coaches are not allowed on the putting surface during official play.

**4. Golf Cart Use Policies:**

- a. Players may not use motorized golf carts during the play of any competition except when the Rules Committee determines that a player may be transported between holes to help with pace of play; or when a rules official allows a player to ride back to a previous position to put another ball in play during a rules situation.
- b. Hand carts or "trolleys" are not considered motorized carts and are acceptable for players use.
- c. Any appeals for cart use based on a chronic medical condition must be heard and approved by UHSAA Officials prior to the start of the golf season. Region officials do not have the authority to hear or rule on cart use issues.

**5. Distance Measuring and Electronic Devices:** Participants may use "distance measuring devices" that conform to the Rules of Golf- Rule 4-3; Note; Appendix I. This limits the distance measuring to only measure distance and not slope, wind, or barometric pressure, etc.

- a. In fairness to the field: a player using a "distance measuring device" must allow a fellow competitor within their grouping to use the information from that device upon request. If the player does not comply, permission to subsequently use of the device will be withdrawn.
- b. No cell or smart phones, or other electronic devices may be used during the competition.

**6. Dress Code:** Appropriate golf attire is required for all golfers and coaches at all UHSAA sanctioned events.

- a. Each team must dress in golf style uniforms (shirts/tops).
- b. Team uniforms/and or golf attire must comply with any and all standards that are set by the various host courses.
- c. Male participants may wear long pants or golf appropriate shorts. Host course dress restrictions (including the state championship venues) take precedence over all other policies so consider this when selecting uniforms. Denim, basketball, or cargo style shorts are not recommended. Collared shirts or mock turtleneck shirts are recommended.
- d. Female participants may wear long pants, slacks, or golf appropriate shorts, skorts or skirts. Shorts may not have an inseam shorter than 4 inches and must be modest in style and structure. Host course dress restrictions (including the state championship venues) take precedence over all other policies so consider this when selecting uniforms. Denim, basketball, or cargo style shorts are not recommended. Collared shirts or mock turtleneck shirts are recommended. They may wear a well-structured tee-shirt provided it is consistent with the team uniform concept and is modest in design.

- e. We recommend that coaches wear the team uniform at their competition, and they are required to conform to the above dress code policies.
  - f. Violations of any of the above dress code policies will be referred to the UHSAA
- 7. Uniform Logo Rules:**
- a. The uniform may display the competitor's name, school name, school nickname, and/or the school logo.
  - b. Any form of advertising on the uniform is prohibited.
  - c. A single visible manufacturer's logo/trademark/reference, no more than 2 ¼ square inches with no dimension more than 2 ¼ inches is permitted on each item of the uniform.
  - d. One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state adoption, to allow for special occasions, commemorative, or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.
- 8. Contest Limitations:**
- a. The number of events under the contest limitations is 10.
  - b. One (1) multi day event will count as 1 contest towards the contest limitations for golf.
- 9. Rules Assistance:**
- The Utah Section PGA will provide "Call-in Rules Help" should the Region committees or school coaches need additional help. Please call or text the following numbers for Rules Help: Devin Dehlin (801) 556-0393; Aaron Goodman (801) 910-2159; Annie Fisher (801) 558-2410; Scott Whittaker (801) 913-0779. **A USGA interactive rules training module is available for coaches and players use at [www.usga.org/rules/trainers](http://www.usga.org/rules/trainers)**

**FALL (Boys) and SPRING (Girls, 1A Boys) CHAMPIONSHIPS:**

1. Formal online entries on the UHSAA Website are due by 3:00 p.m. MST the Tuesday prior to the State Championship event. Region Golf Tournaments should be scheduled and played prior to these Deadlines! All teams that qualify for state must have their correct team selections made by the deadline. Late entries will be referred to the UHSAA.
2. Region Representatives will turn in the team averages of 6 players from every Region Team and qualifying individuals from each Region by the deadline. Entry forms can be found on the UHSAA Golf Page.
3. Team rankings will be determined by each Region. Player Rankings will be determined by each school (coach). The Utah Section PGA will pair teams for the State Tournament based on season averages as per current UHSAA guidelines.
4. Availability for scheduling both region events and practice rounds at the state championship site will be determined by the championship host site per their policies & availability.
5. Practice rounds and play ARE allowed the day before the State Championship at the State Championship site.
6. UHSAA will not provide athletic trainers on site at State Golf Tournaments.
7. If bad/severe weather dictates that alternate formats/number of holes be used to complete the event, when or if necessary, the new format will be determined by UHSAA and UPGA Officials onsite.
8. In case of a tie for first or second place in team standings, there will be a sudden-death playoff. Four golfers from each tied team (as designated by the coach) will tee-off together and play a hole or holes as designated by the Rules Committee until one team scores cumulative lower score than the other(s).
9. A tie for individual medalist honors will be broken by sudden-death playoff. If all players tied for medalist honors are in a playoff with their respective team, no separate medalist playoff will be held but will be determined from scores earned during the team playoff.

**BOYS STATE CHAMPIONSHIPS REQUIREMENTS:**

1. The Boy's State Championships 1A, 2A, 3A, 4A, 5A, 6A, will be 36-hole events held over two days of play.

2. There will be a team cut after the first day of play. The low 60% of the team field and including ties for the final spot will play the second or final day. See qualifying procedure below.
3. Individual players that shoot a score on the first day of play that is within ten shots of the individual leader; or shoots a score that is in the top ten individuals on the first day; or shoots a score of 79 or better will make the cut and play the second day. A minimum of 9 individuals will make the 1st day cut. If 9 individuals are not determined from the above stated list, they will be added in order of position in the event. This guarantees a minimum of 9 individuals per classification making the 1st day cut.
4. There will be a \$300 team or \$50 individual registration fee charged all participants at the boy's state championships. This fee will cover green-fees, practice balls, and other administrative costs. This registration fee should be paid to the Utah Section PGA who administers at the State Championship events. Payment may be made onsite at the State Championships in the form of cash, check, or credit card.
5. Boy's Championship Qualifying Process: (These qualification policies are subject to UHSAA modification).
  - a. **6A Boys- Team Qualification:** All schools who field a full team (minimum of four players) will qualify for the state championship. **Individuals:** Only individuals who qualify through a team are eligible to enter. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages for pairings will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region.
  - b. **5A Boys- Team Qualification:** The top one (1) school in each Region (four) schools total) will qualify. The next twelve schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top ten (10) individuals for the Region are eligible to enter.
  - c. **4A Boys- Team Qualification:** The top one (1) school in each Region (four) schools total) will qualify. The next twelve schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top ten (10) individuals for the Region are eligible to enter.
  - d. **3A Boys- Team Qualification:** All schools who field a full team (minimum of four players) will qualify for the state championship. **Individuals:** Only individuals who qualify through a team are eligible to enter. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages for pairings will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region.
  - e. **2A Boys- Team Qualification:** All schools who field a full team (minimum of four players) will qualify for the state championship. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.

- f. **1A Boys- Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. 50% of the remaining schools in each Region (with complete teams) will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.

#### GIRL'S STATE CHAMPIONSHIPS REQUIREMENTS

1. 1A and 2A: 18-hole event (one day)
2. 3A; 4A; 5A; and 6A: 36 hole event (two day). There will be a team cut after the first day of play. The low 60% of the team field including ties for the final spot will play the second day.
3. Individual players that shoot a score on the first day of play that is within ten shots of the individual leader; or shoots a score that is in the top ten individuals on the first day; or shoots a score of 85 or better will make the cut and play the second day. A minimum of 9 individuals will make the 1st day cut. If 9 individuals are not determined from the above stated list, they will be added in order of position in the event. This guarantees a minimum of 9 individuals per classification making the 1st day cut.
4. Registration Fee: There will be a registration fee charged for all participants at the girl's state meets. This fee will cover green-fees, practice balls, and other administrative costs. This registration fee should be paid to the Utah Section PGA who administers at the State Championship events. Payment may be made onsite at the State Championships in the form of cash, check, or credit card.
  - 1A & 2A Fees: \$150 team or \$25 individual
  - 3A, 4A, 5A & 6A Fees: \$300 team or \$50 individual
5. Girl's Championship Qualifying Process: (These qualification policies are subject to UHSAA modification).
  - a. **6A Girls- Team Qualification:** All schools who field a full team (minimum of four players) will qualify for the state championship. **Individuals:** Only individuals who qualify through a team are eligible to enter. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages for pairings will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region.
  - b. **5A Girls- Team Qualification:** The top one (1) school in each Region (four) schools total) will qualify. The next twelve schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top ten (10) individuals for the Region are eligible to enter.
  - c. **4A Girls- Team Qualification:** The top one (1) school in each Region (four) schools total) will qualify. The next twelve schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top ten (10) individuals for the Region are eligible to enter.



- d. **3A Girls- Team Qualification:** All schools who field a full team (minimum of four players) will qualify for the state championship. **Individuals:** Only individuals who qualify through a team are eligible to enter. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages for pairings will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region.
- e. **2A Girls- Team Qualification:** All schools who field a full team (minimum of four players) will qualify for the state championship. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
- f. **1A Girls- Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. 50% of the remaining schools in each Region (with complete teams) will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.

#### ALL-STATE SELECTION:

The Utah Section PGA All-State Tournament and Awards Banquet will be held the last week of May. Every First Team All-State team member will be invited (120 players total). The selection of All-State Golf Teams is not a function of the UHSAA and questions concerning the process should be directed to the Utah Section PGA. (801) 566-1005

- First Team All-State is the top 10 players in each classification. Second team and honorable is also 10 players. Visit [utahpga.com](http://utahpga.com) for a full All-State Team list.
- All-State Team Selection: The number of region scores used in the All-State Selection process needs to be uniform across the state. The number of matches to be turned in to the Utah PGA to use in the All-State Team selection process is as follows: (These matches will need to be declared before the season begins.)
- THE MAXIMUM STROKE PLAY SCORING FORMAT must be used in region play for scores to be turned in for All-State Team calculations.
- All Girls- Turn in 4 scores, 3 will be used for All-State Selection
- 1A Boys- Turn in 4 scores, 3 will be used for All-State Selection
- 2A & 3A Boys: Turn in 7 scores, 5 will be used for All-State Selection
- 4A, 5A & 6A Boys: Turn in 8 scores, 6 will be used for All-State Selection
- Can be combined, NOT doubled. (Example: 8 - 9 hole scores OR 4 - 18 hole scores)
- All-State Team Selection is on a 35% Region score / 65% State score formula.
- Region score reporting forms will be provided by the PGA one week prior to the State Championships.

Contact the following people for clarification or additional questions:

Jan Whittaker, UHSAA	<a href="mailto:jwhittaker@uhsaa.org">jwhittaker@uhsaa.org</a>
Devin Dehlin, Utah Section PGA	<a href="mailto:ddehlin@pgahq.com">ddehlin@pgahq.com</a>
Annie Fisher, Utah Section PGA	<a href="mailto:afisher@pgahq.com">afisher@pgahq.com</a>
Aaron Goodman, Utah Section PGA	<a href="mailto:agoodman@pgahq.com">agoodman@pgahq.com</a>

## LACROSSE Policies & Pairings

### State Tournament Pairings Format

State Tournament pairings are determined by a schools RPI Ranking within that schools classification. Region scheduling formats will be the decision of the region. Throughout the tournament, the team with the higher seed will be the designated home team.

### Playing Lines

The UHSAA allows school discretion to use any NFHS-approved lines, per the NFHS rule book. However, the Association supports the usage of the NFHS-approved modified lines as schools add facilities that don't have preexisting lines.

### Official Game Ball

The UHSAA does not have an official game ball in lacrosse in the regular season. However, the ball must meet the NCAA/NOCSAE standard, designated by a stamp of approval on the ball. Balls for the state tournament semifinals and finals will be provided by the UHSAA.

### Uniforms and Equipment

All uniforms and equipment will have to meet the NFHS standards for high school play. Officials will verify equipment compliance as per NFHS rules. NOCSAE standards should be used where prescribed in the NFHS rules.

### Ejections

The ejection policy for lacrosse will follow existing UHSAA ejection policies. Officials will be encouraged to fill out ejection reports for lacrosse, but it will be the responsibility of a program's coaches and administrators to ensure that the UHSAA ejection protocol is followed according to the rule. Fouling out will not qualify as an ejection.

### Clock Protocol

The UHSAA will follow all NFHS clock protocol rules, including the mercy rule.

### Overtime Procedure

The UHSAA will follow NFHS procedures for overtimes. The Association will use a golden goal in overtimes to determine a winner.

### Financial Responsibilities in Postseason Events

Officials for postseason events are paid by host schools when games are contested at home sites. UHSAA will cover officiating costs at UHSAA-controlled venues, typically in the semifinals and finals

## SOCCER Policies & Pairings

### State Tournament Pairings Format

State Tournament pairings are determined by a schools RPI Ranking within that schools classification. Throughout the tournament, the team with the higher seed will be the designated home team.

### Ejection/Red Card Suspension

For the purposes of applying UHSAA Administrative Policies and Guidelines 4-d, an ejection by an official shall be considered to be any coach, player or bench personnel who has been disqualified (red card) in accordance with the NFHS Soccer Rules Book, Rule 12, Section 8, Art. 2. According to the Soccer Rules when such a card is issued, the individual is disqualified and may not be substituted, the team must play short. In accordance with UHSAA Administrative Policies and Guidelines 4-d, players disqualified on a red card (pursuant to NFHS Soccer Rules 12-8-2) will be required to sit out the next regularly scheduled game at that level (varsity, J.V. etc.) and any intervening levels of play as well. A disqualified coach, player or bench personnel is considered to have been ejected.

### Goal Differential Rule

A match will end and the team which has scored the most goals declared the winner when there is an 8 goal differential after 10 minutes have elapsed in the second half of the match.

**This rule is in effect for all non-region, region and post-season games for both boys and girls.**

### Overtime Procedure

For tie games in pre-season play, regular season play and state tournament play; A maximum of two 10-minute "sudden victory" overtime periods will be played. If a team scores within an overtime period, that team will be declared the winner. If, at the conclusion of two 10-minute "sudden victory" overtime periods, a tie still exists, items 3, 4 and 5 from the tie game procedure from the National Federation Soccer Rules Book will be used (shoot out). Suspended Game If less than one half of a contest has been played, the game is restarted from the point of suspension. See "Suspended Game Procedure" in the Administrative Policies and Guidelines section of the UHSAA Handbook and Rule 7 Section 1 of the NFHS Soccer Rules Book for further details.

### Caps

Players may wear soft and yielding caps during inclement weather

*\*Home teams for state tournament. Officials are to be paid by the home team at the post-season rate for first round and quarter-final state tournament games.*

## Process for Club Approval & Next Level Opportunities

1. An Association Partnership Committee (the UHSAA/UYSAA Committee) has been established to manage the applications of soccer Academies/Clubs wishing to have teams and/or players eligible to participate in the partnership program between UHSAA and UYSA which permits players from high school soccer teams to compete with Academy/Club teams during the high school season (the “Partnership Program”). Academies/Clubs wishing to participate in the Partnership Program must meet basic criteria designed to enhance the programs available to players and reduce erroneous applications, thereby reducing the chances of abuse.

2. This is a (2) step process:

### (Step #1)

- A. Clubs must complete the power-point presentation listed below. Once the power-point is complete, the academy/club will submit the required documentation to the Utah Youth Soccer Association, who will present the request to the UHSAA/UYSAA committee for approval. Clubs must be approved by the UHSAA/UYSAA Committee before a request is submitted to attend Next Level Opportunities. Approved Clubs will be listed and updated on the soccer page of the UHSAA website. [UHSAA.org](http://UHSAA.org)

### **REQUIREMENTS FOR CLUB APPROVAL**

The following can be in PowerPoint format, written format, or a combination of both.

- i. What is the History of the club?
  - a. How long has the club been in existence, and what are some of the recent accomplishments for the club, and for the coaches/players:
  - b. Explain your club’s history of creating next level players:
  - c. Explain your club’s history of creating, or being invited to next level opportunities:
- ii. Is the club “Registered, Recognized, and in good Standing with UYSA”? What has your partnership been with the UYSA?
  - a. Give some background on your relationship with the UYSA:
- iii. What is the legal status of your club team?
  - a. 501 (c): Explain?
  - b. Is your club for-profit: Explain?
  - c. Is your club non-profit: Explain?
  - d. What kind of “Board of Directors” or oversight does your club have: Explain?
- iv. Please share any other information you feel would be beneficial to the UHSAA/UYSAA Committee that would help us make a decision on behalf of your club:
  - a. General club philosophy, coaches certification/licensing, relationship with UHSAA schools/districts, future goals, any other points of interest or clarifications.

### (Step #2):

- B. Once the club has been approved by the UHSAA/UYSAA Committee, the club can then request attendance at up to two Next Level Opportunities (NLO) by filling out the Approved Club Team Next Level Opportunity form and submitting the form to the UHSAA/UYSAA Committee to determine if the NLO meets the requirements. **This request for Next Level Opportunities must be submitted at least thirty (30) days in advance of the NLO.** Once the NLO has been approved, each player on the club team must complete individual paperwork for **EACH NLO**. Paperwork must be submitted to the UHSAA for final approval. High School Soccer players are **“NOT”** allowed to play in any club soccer tournament during the soccer season that hasn’t been approved. If a soccer player participates in a non-approved tournament, the student becomes ineligible for post season play. Approved Next Level Opportunities will be listed and updated on the soccer page of the UHSAA website. [UHSAA.org](http://UHSAA.org)

## SOFTBALL Policies & Pairings

### State Tournament Pairings Format

State Tournament pairings are determined by a schools RPI Ranking within that schools classification. Throughout the tournament, the team with the higher seed will be the designated home team.

### Adhere to UHSAA & NFHS Rules

The National Federation of High Schools (NFHS) provides the rules for high school softball. Coaches, athletes and officials must adhere to the NFHS rules and the rules outlined in the UHSAA Handbook. To review the NFHS softball rule changes for this year, go to the UHSAA Softball page at [www.uhsaa.org](http://www.uhsaa.org) or the NFHS website at [www.nfhs.org](http://www.nfhs.org) (click on the “Athletic and Fine Arts Activities” tab then softball). Both sites provide valuable updates and resources for softball coaches and officials.

### Official Optic Yellow Game Ball

Wilson A9011 will be the official ball for the state tournaments. The color “white” was removed from the list of permissible colors for softballs. All softballs used for competition must now be optic yellow (NFHS Softball Rules).

### UHSAA Requires Double First Base

For safety reasons, the UHSAA requires a double first base in all scheduled games and tournaments.

### Time Limits for Sub-Varsity Games Only

A 1 1/2 hour time limit will be in effect for all (2A-6A) sub-varsity games. Time limits will NOT apply to varsity level games (2A-6A). Occasionally, member schools will play softball on city or county park properties that may impose a specific time limit. If a facility restriction is in place, a 1 and 1/2 hour time limit may be used. There will be no time limit for playoffs and championship games in any classification.

### Adhere to UHSAA Suspended Game Procedure

Schools should adhere to the suspended game rule as stated in the UHSAA Handbook and UHSAA Official’s Guidebook. The NFHS suspended game rule (NFHS Rule 4-2-3) will NOT be in effect.

### Ten Run Rule & Fifteen Run Rule

A ten run rule is in effect after five innings of play. A game will end anytime after 4 1/2 innings or 5 innings when a team is 10 or more runs behind and has completed its term at bat. A fifteen run rule will be used after three innings of play.

**This rule is in effect for all non-region, region and post-season games.**

### International Tie-Breaker

After 7 innings of play or at the beginning of the first full inning after the time limit expires, the international tie-breaker will be implemented. At the start of the 8th inning before the first batter begins her turn at bat; the last batter who hit in that team’s half of the last inning will assume a position at 2nd base. This means that the first batter in the top of the 8th will bat with a runner on 2nd base and no one out. The same procedure will continue in each half inning until a winner is determined.

### State Softball Tournaments

Go to the UHSAA online calendar link ([uhsaa.org](http://uhsaa.org)) for the dates and locations of the state softball tournaments. Review the state softball pairings listed on the next page. Regions should email in their final region results to [jwhittaker@uhsaa.org](mailto:jwhittaker@uhsaa.org) as soon as they become available.

## SWIMMING Policies & Pairings

### Adhere to UHSAA and NFHS Rules

The National Federation of High Schools (NFHS) provides the rules for high school swimming and diving. Coaches, athletes and officials must adhere to all UHSAA and NFHS rules and regulations. Swimmers must compete in legal attire as outlined in the NFHS Swimming Rules. Suits which are deemed inappropriate or offensive will not be allowed. Coaches will inform their athletes that suits must adequately cover the buttocks. Meet directors or UHSAA representatives may ask that another suit be worn.

In addition:

- Athletes must be affiliated with a member school in good standing with the UHSAA to swim in all High School Swim Meets.
- NO videoing or picture taking on the deck behind the starting block area at all High School Swim Meets.

### Qualifying Meets and Times

The results of all dual, invitational, district, and region meets will be sent to the State Top 100 Committee. These times will be kept by them and published on a timely basis during the year. In order for the times of the meets listed above to be used in consideration of qualifying for state competition the following conditions must be met:

- The meet must be run using electronic timing.
- There must be two certified officials at each meet from the list of officials published by the Utah Swim Coaches Association.
- Results must be signed by both officials and the head coaches.
- The date of the meet and the time the meet ended should be placed on the result sheet(s) and sent to the State Top 100 Committee.
- Meets swam in meter pools will be converted by taking the time swam in the meter pool in seconds and dividing it by 1.11 (HY-TEK).
- Meet results and results sheet must be submitted to compiler within one week after competition is completed.
- The Region Swimming Championships will be the final meet prior to the State Swimming Championships in all Classifications.

### Contest Limitations

14 meets per individual. Region & State Championships do not count as part of the 14-meet limit.

### Sport Specific Moratoriums (for specific dates, see sport specific ready reference calendar)

Last two weeks of April and the second and third weeks in August.

### USCA Fee for Maintaining Top 100

The Utah Swimming Coaches Association (USCA) requires a \$35 annual fee from participating schools to maintain the Top 100 times on the USCA website at [www.utswimcoach.com](http://www.utswimcoach.com). This list will be used for seeding into the State Swim Meets. To have times posted, the required \$35 fee shall be paid to the UHSAA by November 1. The UHSAA will invoice each school for the participation fee. Any times achieved prior to this due date, will not count towards state qualification if the fee has not been paid. State qualifying times will not count until after the fee has been paid. Times achieved prior to fee being paid are not retroactive. If you have questions regarding the USCA fee contact the USCA President, Chad Starks at [chadstarks@gmail.com](mailto:chadstarks@gmail.com)

### 1A/2A Classifications

Participating 1A/2A schools will compete in the 2A Region Swim Championships on Friday, February 2, 2024 at the Provo Recreation Center.

### State Meet Format & Qualifiers

A state swim meet will be held in the 3A, 4A, 5A and 6A classifications, with 1A and 2A participating schools competing in the 3A classification.

The 3A, 4A, 5A and 6A classifications will hold a two-day meet. A preliminary round will be held for all Individual Events and Relay Events on day 1. On day 2, all Individual and Relay Event Finals will be held. For information on the state meets go to the swim page at [www.uhsaa.org](http://www.uhsaa.org).

Event qualifiers will be based on the best verifiable times from the top 100 to a total of 32 swimmers per individual event for 3A, 4A, 5A and 6A. There will no longer be automatic relay event qualifiers to the state meet from the region championship meets. Relay Event qualifiers will be based on the best verifiable time from the top 100 list (see criteria above for qualifying meets) to a total of 20 relays in 3A, 4A, 5A and 6A meets.

### State Meet Items

**NO food, coolers, personal chairs or loungers allowed on the pool deck.**

### State Meet Break Times (All Classifications)

- 15 minute break after the final heat of the Men's 50 Freestyle
- 10 minute break after the final heat of the Men's 500 Freestyle
- 10 minute break following the final heat of the Men's 100-yard Breaststroke

### State Meet Entry Instructions

Coaches, for all classifications (3A, 4A, 5A, 6A) are required to email their state entries using the HY-TEK program to: Dan Miller, State Meet Director, at: [milld754@gmail.com](mailto:milld754@gmail.com)

DEADLINE of 3:00 pm on the following dates:

- 4A - Tuesday, February 6th      3A - Wednesday, February 7th
- 6A - Tuesday, February 13th      5A - Wednesday, February 14th

Please contact the meet director one day prior to the meet for any known scratches. Emergency scratches will be accepted at the coaches meeting.

Coaches are responsible to verify their state entries are accurate and correspond with the times listed on the Top 100 or the school will be fined \$25 per incorrect time submitted. Coaches are not allowed to send in additional entries after the deadline given. Championship meet entry rules apply as outlined in the NFHS Swimming & Diving Rules Book When submitting entries to the Meet Director, coaches must include: the HY-TEK file, the entries for the individual and relay events. **DO NOT INCLUDE** the names of the swimmers for the relay events, all relay participants will be declared at the State Meet from your team rosters. After verifying the times and entries submitted, the Meet Director will email **a team roster to coaches so they can review the rosters of the swimmers that qualified in their events. To add names to the roster that are needed for the team's relays, contact the state meet director (Dan Miller, [milld754@gmail.com](mailto:milld754@gmail.com)).** After all rosters and entries have been verified by the coaches a state meet psych sheet will be sent to the coaches.

**Each team is limited to four (4) swimmers per individual event and one (1) relay per relay event. Swimmers are limited to two (2) individual events and two (2) relays or one (1) individual event and three (3) relays.**

If coaches have any questions regarding your entries, call State Meet Director, Dan Miller (801-360-7098) or UHSAA Swim Director, Steve Marsing (801-598-9460) prior to the deadline. After verifying the times and entries submitted, the Meet Director will email the state meet psych sheets to coaches so they can review the rosters and swimmers that qualified in the events.

- The State Meets will be posted on the UHSAA Swim Page at [www.uhsaa.org](http://www.uhsaa.org).
- Relays are declared at the state swimming meets..
- Any technology made available by the host site may be used at the discretion of the meet director.

### Volunteer Timers

Coaches may be asked to supply non-competing swimmers as timers for each session.

If assigned by the meet director or meet Referee, coaches should email the names of participant timers to Robyn Peterson at [uhsstateswimtimer@yahoo.com](mailto:uhsstateswimtimer@yahoo.com).

### UHSAA Deck Passes and Picture I.D. Required

A UHSAA Deck Pass and a picture I.D. (i.e. activity card, driver's license) are required for admittance to the deck area. Passes may only be picked up on Wednesday preceding the state meet (after 10:00 am) OR at the state site where tickets are sold (by entrance to the balcony). **Only UHSAA Credentialed coaches will be allowed on the deck.**



## TENNIS Policies & Pairings

*Note: Number of qualifiers from a division may be adjusted based on the number of participating schools.*

### UHSAA and FAC/USTA Rules

Coaches and players shall adhere to the rules and regulations outlined in the UHSAA Handbook and the Friend of Court (FAC)/USTA Rules Book. The UHSAA Handbook is posted online at [www.uhsaa.org](http://www.uhsaa.org) under the Publications tab; a link to the FAC and the Tennis Section of the UHSAA Handbook is available on the Tennis page on the UHSAA website at [www.uhsaa.org](http://www.uhsaa.org). The UHSAA State Tennis Tournaments are not sanctioned USTA tournaments, as such, the UHSAA has some policies that are unique to their tournaments. FAC/USTA Rules shall govern unless modified by the UHSAA.

### Five Positions in UHSAA Tennis

Participating UHSAA member schools compete in five categories or positions: 1st singles, 2nd singles, 3rd singles, 1st doubles and 2nd doubles. The intent is for participating schools to fill all five positions. In rare circumstances, if a school does not have enough eligible or available players to fill all five spots, then the spots have to be filled in order of difficulty beginning with the 1st singles and/or the 1st doubles.

### UHSAA Contest Limitations for Tennis (See Article 2, UHSAA Handbook)

Players at 6A, 5A, 4A and 3A schools may compete in a total of 16 matches. The number of matches counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament; e.g., a one-day tournament shall count as one match, a two-day tournament shall count as two matches, etc. Region Tournaments do NOT count towards the contest limitation totals for individuals.

### Minimum Match Requirement

To be eligible to compete in the state qualifying tournament, players shall compete in a minimum of five (5) matches during the season. This may include matches played at the varsity or junior varsity level and in the singles or doubles position. Injury or special situations will be considered but must be approved by the Region Tennis Chair and in turn the UHSAA prior to the player participating. Because of the stacking guidelines, regions/divisions should not dictate that a certain percentage of matches be played at a certain position (i.e. 1st singles, 2nd singles).

### Guidelines for Determining a Lineup – Stacking is NOT Permissible

In an effort to promote fair play and wholesome team competition, coaches shall submit legitimate lineups based on the skill ability of their participating players. Skill level determines the category or position a player should be legitimately placed. The UHSAA offers the following guidelines for determining a legitimate lineup:

- **Coaches shall enter players at the positions which their skill dictates (on the day of the meet)**  
A legitimate lineup places a better skilled singles player above a lesser skilled singles player or a better skilled doubles team above a lesser skilled doubles team. A lineup that places a singles player of lesser skill ahead of a player with greater skill is NOT LEGAL. Similarly, any lineup which places a doubles team of lower skill ahead of a team with greater skill is illegal. Lineups change as players' skill levels change.
- **Legitimate lineups according to skill ability:** Skill ability shall be defined as the number one singles player shall be better than the number two singles player who shall be better than the number three singles player. The number one doubles team shall be better than the number two doubles team.
- **Stacking is NOT permissible and could result in UHSAA sanctions:** Juggling, shuffling or forfeiting positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury, absence, ineligibility during any course of the season the next best player would move up to fill the spot vacated by the injured player. For the State Tournament Entry selection, coaches may fill out their individual team lineup as they see fit but allegations of stacking could result in sanctions against the offending program and coach by the UHSAA Executive Committee.

- **Code of Ethics Regarding Stacking**

*UHSAA Guidelines for Addressing Incidents of Stacking (During Region Play)*

Considering the number of matches played during the tennis season, reported incidents of stacking are very rare. Nevertheless, the UHSAA has created the following guidelines for taking appropriate actions if it does occur.

When accusations of stacking have been reported the accused coach and principal may be called before the Region Board of Managers to review ethics, sportsmanship & UHSAA guidelines on Stacking. The Region Board of Managers may choose to administer an appropriate penalty based on the accusation.



### State Qualifying Tournaments and the Process for Submitting Tournament Results

The UHSAA holds state tennis tournaments for 6A, 5A, 4A, and 3A, with 2A and 1A qualifying players participating with 3A. With an individual competition format, team points are accumulated as players advance through their respective bracket (1st Singles, 2nd Singles, 3rd Singles, 1st Doubles, 2nd Doubles). Players will qualify for State Tournaments using the UTR and Coach Roster Entry process.

No Player who is registered for or intends to participate in any other tennis tournament, including any USTA qualifying tournament, shall be eligible for or participate in the State Qualifying Tournaments. It shall be the express duty and responsibility of the tennis coach, athletic director and principal to ensure that this requirement is met.

All coaches must ensure their team's results are accurately entered into MaxPreps by midnight of the season end date, with all varsity matches properly entered and reflected in their player's standings. Each head coach is then responsible for submitting a state lineup by 5:00 p.m. of the State Tournament Entry Deadline. Failure to follow either deadline could result in sanctioning of fines by the UHSAA Executive Committee.

### Seeding for State Tournaments

Seeds for the State Tournament will be decided by the UTR in each classification. EX: Coach A submits Player B as the team's 1st Singles player. Player B's UTR is then compared with all the other 1st singles submissions by coaches in the state, then Player B is seeded accordingly in the bracket. The 3A, 5A, and 6A tournaments are 24-seed brackets, with the 1-8 seeds receiving a bye to the round of 16. 4A is an all-comers tournament. The 9-24 seeds will play a first-round match at a site to be determined by the Executive Committee. Doubles teams will be seeded by combining the UTR scores of the submitted players into a total score, then ranking the combined score against the combined scores of the other pairs.

### Individual and Team Scoring

UHSAA State Tennis Tournaments will be two-out-of-three sets with regular scoring. If the score reaches six games all, a seven-point tiebreak game shall be played (first player to score seven points with a two point margin wins the set). State tournaments are single elimination. Team scoring for the 3A, 4A, 5A and 6A State Tennis Tournaments will be 1-1-2-2 (One (1) point for a win in the first round and quarter-finals; two (2) points for a win in the semi-finals and finals. Tournaments will include five categories or positions: 1st singles, 2nd singles, 3rd singles, 1st doubles and 2nd doubles.

### UHSAA Coaching Guidelines

Coaching is only allowed by members of the coaching staff during allowed during rest periods, between sets and during changeovers. At State, only two coaches are allowed to coach at any given time and only one coach is allowed on any given court. Compliance with USTA time limitations regarding rest periods and changeovers are still in effect and USTA penalties for time violations on rest periods and changeovers will be enforced. Coaching is not permitted during the warm-up period, during a tiebreaker or following the first game of a set.

### Substitution of Players for State Tournament

Substitutions may only be made in the bracket according to a player injury preventing them from competition. There will also be no reseed once the tournament bracket has been release. There will be no substitutions once a tournament's First Round has started play. It will be considered a forfeit if a player does not continue competition in the tournament.

### Proper and full team uniform is mandatory for all state tournament participants.

Teammates should wear the similar style and color of shorts and shirts although team logo designation is not required. Dress should be modest and follow proper tennis etiquette. Players not in legal uniform will be required to change or be disqualified from the tournament.

### Uniform Logo Rules

This rule will apply to all sports that do not have existing uniform codes in NFHS rule books.

- The uniform may display the competitor's name, school name, school nickname, and/or the school logo.
- Any form of advertising on the uniform is prohibited.
- A single visible manufacturer's logo/trademark/reference, no more than 2 ¼ square inches with no dimension more than 2 ¼ inches is permitted on each item of the uniform.
- One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.

## TRACK & FIELD Policies and Pairings

### 6A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 1</u>	<u>Region 2</u>	<u>Region 3</u>
4	4	4

### 5A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 4</u>	<u>Region 5</u>	<u>Region 6</u>	<u>Region 7</u>
4	6	5	5

### 4A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 8</u>	<u>Region 9</u>	<u>Region 10</u>	<u>Region 11</u>
4	5	5	4

### 3A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 12</u>	<u>Region 13</u>	<u>Region 14</u>
6	4	3

### 2A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 15</u>	<u>Region 16</u>	<u>Region 17</u>	<u>Region 18</u>
5	6	5	5

### 1A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 19</u>	<u>Region 20</u>	<u>Region 21</u>	<u>Region 22</u>
4	6	4	6

### Additional Qualifiers

In addition to the above, any individual or relay team meeting the qualifying standard at a sanctioned qualifying or region meet will also qualify for the state meet. Only one relay team from each school may be entered at the state meet. Seeding for the state meets will be based on the qualifying mark from the region or other sanctioned qualifying meet. Only qualifying marks or marks achieved in earning a qualifying place at the Region meet are allowed for entry into and seeding at the state meet. Wind aided marks will NOT be accepted as state qualifying marks in the 100 Meter Dash, 200 Meter Dash, or in the 100 or 110 Meter High Hurdles. Average anemometer (wind gauge) readings in excess of +2.0 meters per second (see rule 10-2) are considered to be wind aided. All state qualifying marks submitted in these events from state qualifying meets must be accompanied by a valid anemometer reading during the race in which the mark was achieved. An anemometer (wind gauge) is required at all state qualifying meets.

**Qualifying Meet Standards/Limitations**

Any qualifying meet must meet the standards and regulations as outlined in the UHSAA Track & Field Qualifying Meet Standards & Regulations found on the “Forms” page of the UHSAA Web-site. An individual may participate in no more than eight (8) qualifying meets in addition to the region meet.

**Results Reporting**

Hosts of qualifying meets and region meet chairpersons must assume the responsibility of notifying coaches of accurate times. Results of all state qualifying meets, including region meets, must be submitted to the UHSAA within 48 hours of the conclusion of the meet. This is to be done using the RunnerCard system. In all cases, only fully automatic times (FAT) may be submitted. All races of 200 meters or less in length must also include a legitimate anemometer reading to be valid.

**State Entries; Region Meet Results**

Region meet results (including trials and finals) are to be submitted using the RunnerCard system and are due in UHSAA offices no later than 48 hours following the conclusion of the meet or by 12:00 noon the Monday before the state meet, whichever is earlier. Each individual coach is responsible for entering his/her qualified athletes in the state meet via the RunnerCard system. This will not be done by the region. Deadlines for entries are included in meet information available on the Track page of the UHSAA website.

**Region Meets are Non-Declaratory**

An athlete is entered in the state meet when an official entry has been submitted by the coach and verified by the UHSAA. This means that region meets are non-declaratory.

**Resolution of Ties for State Qualifying**

Each region is responsible for breaking ties at the region meet for qualification to the state meet before forwarding entries. Regions are to include in their handbooks the procedure for breaking ties for the final qualifying spot in the region meet.

**Spike Requirements at BYU**

At the state meet only 1/4” (or shorter) Pyramid spikes may be used on the Mondo Track. No Christmas trees, pins, or needles will be allowed.

**Practice at State Meet Site**

No practice is allowed at the State Meet site (BYU Track & Field facility) within two weeks of the state meet. This means no athlete may be in the stadium area at all for two weeks prior to the facility opening on the first day of the State Meet. This includes setting up tents or shade tarps.

**Pole Vault**

The pole vault will be a team scoring event for both boys and girls in the 6A classification but non-scoring in 1A, 2A, 3A, 4A and 5A. In 2A, competing in the pole vault will not count toward the limit of four events in which an individual may compete at the region and state meets.

**State Records**

No state record shall be granted unless the time is recorded by fully automatic timing (FAT). No state record in the long jump or any race up to and including 200 meters shall be granted unless an anemometer is used and accurate wind velocity readings duly recorded. An average wind velocity which exceeds two (2) meters per second will invalidate a record. Completed state record application forms must be submitted to the UHSAA before a state record can be considered and become official, even if set at the state meet. For application form go to: <https://www.uhsaa.org/forms/tfrecapp.pdf>

## *UHSAA Track & Field State Qualifying Standards 2024*

### **Girls' Standards**

Event	6A	5A	4A	3A	2A	1A
100 M. Dash	12.80	12.92	13.02	13.30	13.52	13.99
200 M. Dash	26.15	26.13	26.50	27.13	27.77	28.85
400 M. Dash	59.78	58.90	1:00.69	1:01.90	1:02.96	1:07.27
800 M. Run	2:18.94	2:20.29	2:23.43	2:28.08	2:33.62	2:42.09
1600 M. Run	5:07.99	5:09.17	5:21.56	5:31.64	5:46.75	6:08.92
3200 M. Run	11:14.88	11:19.33	11:40.52	12:08.31	12:51.15	13:36.13
100 M. Hurdles	15.83	16.20	16.41	16.85	17.68	18.72
300 M. Hurdles	46.77	47.23	47.60	49.81	50.39	53.44
High Jump	5-ft. 01-in.	5-ft. 01-in.	5-ft. 00-in.	4-ft. 11-in	4-ft. 09-in	4-ft. 08-in
Long Jump	16-ft. 01-in.	16-ft. 04-in.	15-ft. 09-in.	15-ft. 07-in.	15-ft. 03-in.	14-ft. 04-in.
Pole Vault	10-ft. 00-in.	7-ft. 09-in.	7-ft. 00-in.	7-ft. 00-in.	7-ft. 00-in.	7-ft. 00-in.
Shot Put	35-ft.00-in.	33-ft. 09-in.	33-ft. 11-in.	32-ft. 01-in.	30-ft. 03-in.	30-ft. 02-in.
Discus	105-ft. 06-in.	102-ft. 04-in.	97-ft. 09-in.	97-ft. 04-in.	89-ft. 08-in.	86-ft. 03-in.
Javelin	102-ft. 05-in.	102-ft. 03-in.	103-ft. 11-in.	98-ft. 04-in.	98-ft. 00-in.	93-ft. 06-in.
4x100 M. Relay	50.62	51.15	51.50	52.80	55.28	58.26
Medley Relay				4:35.94	4:51.58	5:13.99
4x400 M. Relay	4:07.30	4:07.12	4:12.00	4:21.50	4:39.84	5:00.88
4x200m Relay	1:47.33	1:47.52	1:50.72			
4x800m Relay	9:54.88	9:53.99	10:21.86			

## *UHSAA Track & Field State Qualifying Standards 2024*

### **Boys' Standards**

Event	6A	5A	4A	3A	2A	1A
100 M. Dash	11.15	11.30	11.33	11.53	11.83	12.01
200 M. Dash	22.58	22.59	23.17	23.36	23.97	24.39
400 M. Dash	50.51	50.50	51.59	51.69	53.29	54.84
800 M. Run	1:57.04	1:57.22	1:59.69	2:02.55	2:06.96	2:09.87
1600 M. Run	4:18.62	4:20.66	4:29.62	4:36.87	4:43.82	4:58.51
3200 M. Run	9:27.50	9:32.80	9:50.40	10:06.85	10:37.84	11:05.15
110 M. Hurdles	15.72	15.81	16.01	16.60	17.86	18.50
300 M. Hurdles	41.00	41.32	41.08	42.67	44.28	46.05
High Jump	6-ft. 01-in.	6-ft. 01-in.	6-ft. 00-in.	5-ft. 10-in.	5-ft. 09-in.	5-ft. 07-in.
Long Jump	20-ft. 10-in.	20-ft. 05-in.	20-ft. 04-in.	19-ft. 09-in.	19-ft. 02-in.	18-ft. 11-in.
Pole Vault	12-ft. 10-in.	11-ft. 00-in.	9-ft. 00-in.	9-ft. 00-in.	9-ft. 00-in.	9-ft. 00-in.
Shot Put	47-ft. 10-in.	45-ft. 10-in.	44-ft. 06-in.	43-ft. 02-in.	39-ft. 11-in.	38-ft. 06-in.
Discus	135-ft. 11-in.	133-ft. 11-in.	127-ft. 03-in.	123-ft. 04-in.	112-ft. 02-in.	109-ft. 04-in.
Javelin	154-ft. 01-in.	152-ft. 09-in.	151-ft. 06-in.	146-ft. 10-in	136-ft. 04-in.	134-ft. 00-in.
4x100 M. Relay	43.80	44.21	44.66	45.61	47.58	49.94
Medley Relay				3:50.83	4:01.03	4:12.08
4x400 M. Relay	3:27.22	3:29.96	3:32.23	3:38.33	3:46.43	4:04.12
4x200m Relay	1:31.65	1:33.13	1:34.23			
4x800m Relay	8:14.98	8:15.35	8:33.48			

## VOLLEYBALL Policies & Pairings

### State Tournament Pairings Format

State Tournament pairings are determined by a schools RPI Ranking within that schools classification. Throughout the tournament, the team with the higher seed will be the designated home team.

### Wilson Official Game Ball for State Volleyball Tournaments

Wilson K1 Gold, 3 color paneled volleyball, will be the official game ball at the state tournaments.

Schools are not required to use the Wilson K1 Gold volleyball during the season. Schools have the option of using a color-paneled volleyball which meets the criteria outlined in the NFHS Rulebook. All panels of the volleyball shall be solid white or a maximum combination of three colors (with each panel being a solid color) of which at least one-third of the panels shall be solid white. See the NFHS Volleyball Rules Book for information.

### Match Times for Varsity and Sub-Varsity

**The maximum starting time between varsity and sub-varsity matches shall be one hour and 30 minutes.**

For example, if the varsity match is at 3:30 pm, the next matches (JV and Soph) shall be at 5:00 pm and 6:30 pm.

### Standard Warm-up of Ten Minutes

Standardized warm-up for all varsity and sub-varsity levels is 10 minutes. Teams may either use a 5-5 or 4-4-2 format. Home teams in the pre-season and regions are to determine which format will be used. Teams are encouraged to stretch and warm-up in other areas of the school prior to the start of the 10 minute on-court warm-up. The format for Girls state tournament play will be 4-4-2, Boys state tournament play will be 5-5. Teams may be penalized by officials for delay of game with regard to delayed warm-up time or excessive warm-up time. If prior matches finish early there may be more time for general warm-up for both teams, but only in the event that matches are running ahead of scheduled start times.

### Rally Scoring Format for Varsity & Sub-Varsity

Rally scoring format for VARSITY matches is as follows: sets 1-4 (4 if necessary) score to 25 with no cap and set 5 (if necessary) scores to 15 with no cap. Sets 1-5 have a possibility of two time-outs per team. (Note: the varsity set 5 has the possibility of two time-outs per team, unlike the sub-varsity set to 15).

Rally scoring format for SUB-VARSITY matches is as follows: sets 1 and 2 score to 25 with a cap of 27; sets 3, 4 and 5 (4 and 5 if necessary) score to 15 with a cap of 17. Sets 1 and 2 have a possibility of two time-outs per team and sets 3, 4 and 5 (4 and 5 if necessary) have a possibility of one time-out per team.

For sophomore and freshman matches: regions have the option of playing the best of three sets with rally scoring. Sets 1 and 2 score to 25 with a cap of 27; set 3, if necessary, to a score of 15 with a cap of 17..

### Varsity Matches

For varsity matches inside a tournament one of the two following options can be considered: 1) All matches are a best 3 out of 5 sets or 2) Pool play can be a best 2 out of 3 sets and at least two bracketed matches must be a best 3 out of 5 sets. For varsity matches outside a tournament, all matches are a best 3 out of 5 sets.

**Additional UHSAA Guidelines**

- Flags shall be used by line judges.
- The 3-ball system is mandated for all matches, including sub-varsity matches. The three balls should be matching balls (i.e. all white balls, or matching color-paneled balls).
- Participants are prohibited from using glitter, body paint, decals or temporary tattoos.
- End-of-Match Protocol: following the release of players from end line by R1, teams go to center of court to participate in a team handshake before reporting to the bench.
- The UHSAA includes non-faculty coaches, employed by the school, as school personnel (NFHS Rule 1-7-2).

*Update: Beginning July 1, 2016, the NFHS Volleyball Rules Books has uniform guidelines in place.*

*The 2019 NFHS Rules Committee has reorganized Rule 4-2-1 and has eliminated the requirements for the Solid-Colored uniform top (4-2-2).*

*All currently compliant Solid-Colored uniform tops will continue to be compliant.*

*Additional info is available in the NFHS Volleyball Rules Book and a PowerPoint is available at [www.nfhs.org](http://www.nfhs.org).*

## WRESTLING Policies & Pairings

*Updated: January 22, 2024*

See [UHSAA.org](https://www.uhsaa.org) pairings for school placements in divisions

### Weight Management Program

The weight management program will be as stated in rule 1, Section 5 of the NFHS Wrestling Rule Book. Certified minimum weight using body fat composition is required. More information as to procedures for body fat composition testing is available on the UHSAA website. All wrestlers are ineligible to participate in any matches until they have successfully completed the body fat composition test and their name appears on the team's alpha master list. No tests will be valid if performed prior to the first legal day of practice or after the Friday immediately prior to the first post-season tournament for that classification. (note: a wrestler who fails the hydration portion of the test may not re-test for 48 hours.) Once a minimum weight is established and appeals, if any, exhausted a wrestler may not re-test to establish a lower minimum weight.

**Each wrestler is required to have at least one official weigh-in before being entered in the initial post-season tournament. The Minimum Weight-Lock Date has been removed beginning with the 2022-23 season.**

No weigh-ins will be counted as official until after the wrestler has successfully completed the UHSAA Body Fat Composition Test to determine a minimum weight. The weigh-in for a post-season tournament does not fulfill this requirement. In order to count a weigh-in as an official weigh-in, the wrestler's team must be competing in the match or tournament. No wrestler may compete in a weight class that requires them to lose more than 1.5% of their weight per week except in the case of a legal weight allowance which is greater than 1.5% of the wrestler's weight class and when a wrestler weighs in at the same weight class at which he made weight with the allowance. If the certified minimum weight, at 7% body fat for boys or 12% body fat for girls, is less than 0.9 lbs. scale variance allowance, that weight class shall be the wrestlers minimum weight class. This is after the 1.5 percent variance (body fat) applied after testing. The DISPLAYED certified minimum weight on TrackWrestling includes the scale variance allowance. Further rules regarding the UHSAA Weight Management Program are found at [www.uhsaa.org](https://www.uhsaa.org) on the Wrestling page.

Wrestling coaches are required to enter each wrestler's actual weight from the first official weigh-in each week (Monday-Saturday) online in their school's file in the OPC program within the TrackWrestling website.

Failure to enter actual weight will result in a \$100 fine to the school (See weekly weigh-ins below). Wrestlers who compete at a weight class for which they are not eligible may be subject to additional penalties (see UHSAA By-Laws Article 7, Sections 6 & 7).

Verification of each wrestlers allowed minimum weight, **using the current weekly weigh-in form**, for that weigh-in must be provided before the weigh-in for each competition. Coaches should keep a signed record of each weigh-in. **Coaches** will need valid documentation if questions arise regarding the minimum weight of a wrestler at a post-season tournament or to correct mistakes that may occur in entering the actual weight of a wrestler.

Whenever a legal allowance of weight is given for consecutive days of competition, the minimum weight for a wrestler will increase for that weigh-in by the same amount as the allowance. For example: a wrestler whose minimum weight for a particular day is 107 lbs. and his team is competing in a tournament in which legal allowance of 1 lb. is given, then his minimum weight for that weigh-in would also increase by 1 lb. to 108. That means that he would not be eligible to weigh-in at the 106 lb. class even with the allowance. On January 1st a two-pound growth allowance will be added to each weight class as well as the minimum weight for each wrestler. Allowances cannot be used to drop to a lower weight class than the one in which a wrestler's minimum weight would allow him to compete without the allowance on that day. Schools must follow the NFHS Wrestling Rules for official weigh-ins. Allowances other than for consecutive days of competition and for the growth allowance are a violation of the rules.

### Weekly Weigh-Ins

Every wrestler must have an official weekly weigh-in which is recorded in TrackWrestling. To increase the integrity of the weigh-in process, coaches are expected to do the following DURING the weigh-in process before each competition: 1) Fill out the weigh-in sheet of the opposing team as the athletes of opposing team weigh-in (in INK).

FOR THE FIRST COMPETITION OF THE WEEK: All weigh-ins of each competing wrestler must be entered into TrackWrestling before the competition starts. Both coaches need to verify the accuracy of the weigh-in sheet before the weigh-in is committed in the OPC. Coaches can either enter them after weigh ins are concluded when they go and do their match ups for the dual, or they can enter the weights live during the weigh in process entering them in the OPC with the opposing coach present and verifying weights.

### Head Gear

Effective July 1, 2022, any manufacturer's logo/trademark/reference that appears on the wrestling ear guards, including legal hair covering, can be no more than 2 ¼ square inches with no dimension more than 2 ¼ inches and may appear no more than once on ear guards. No additional manufacturer's logo/trademark/reference, promotional or advocacy references shall be allowed on the wrestling ear guards. **This means club headgear with logos or reference is strictly prohibited.**

### JV State Tournament

The intention of this unsanctioned tournament was to give those JV wrestlers, **WHO** have not qualified for the State Wrestling Tournament via the outcome of the Divisional Tournament, and whose season has technically ended, the opportunity to wrestle at JV State. JV Wrestlers who have qualified for the state tournament are **"NOT"** allowed to wrestle in JV State. Designated alternates from the Divisional Tournament from your school would be allowed to compete in JV State.

### All Results Recorded

**To increase the integrity for divisional seeding, coaches MUST enter ALL results into TrackWrestling.**

It is the responsibility of the tournament director and hosting site for dual matches, dual tournaments, and individual tournaments to enter results into track wrestling. All results must be entered into [trackwestling.com](http://trackwestling.com) 3 DAYS before the Divisional seeding meeting starts (I.E. if a tournament or dual is not on [trackwestling.com](http://trackwestling.com), coaches must enter those results into [trackwestling.com](http://trackwestling.com)). Any wins that are not recorded in [trackwestling.com](http://trackwestling.com) 3 DAYS prior to the Divisional seeding meeting starting will not count towards the wrestler's Divisional seeding criteria. All losses not recorded WILL count towards their Divisional seeding criteria.

### State Qualifying Tournaments

Post-season tournaments must be conducted according to NFHS rules including weigh-ins conducted at the tournament site each day of the tournament. **The State qualifiers are imported by the UHSAA.**

Each school shall be allowed to enter as many as two wrestlers in each weight class. In a qualifying tournament all wrestlers entered must have duly qualified for the qualifying tournament.

### Wrestling Credits

**Boys Wrestling:** Each high school team will be able to utilize 16 contact points. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 10 duals and 6 tournaments before the post-season qualifying and state tournaments. Teams may not compete in more than 3 dual meet style tournaments.

**Girls Wrestling:** Each high school team will be able to utilize 16 contact points. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 8 duals and 8 tournaments before the post-season qualifying and state tournaments. Teams may not compete in more than 4 dual meet style tournaments.

**Practicing with other teams between Divisionals and the State Tournament is Strictly Prohibited. Girls' teams with less that 15 wrestlers would be allowed this exception so they can continue to practice.**

### Division Qualifying Tournaments

1. 1A, 2A, 3A, 4A, 5A, 6A Divisions shall be determined using returning state tournament points figured as follow:
  - a. Points scored by wrestlers who were seniors in the previous year's state tournament shall be subtracted from the school's total points scored at the previous year's state tournament.
  - b. 3 points will be added to each school's total for each 9th, 10th, 11th grade wrestler from that school that qualified for and entered the state tournament the previous year.
  - c. Schools shall then be ranked based on the point total. The team with the greatest number of points will be 1; the team with the second highest number of points will be 2, etc.
  - d. Division A shall consist of teams ranked 1,4,5,8,9,12,13,16,17,20,21,24,25,28. Division B shall consist of teams ranked 2,3,6,7,10,11,14,15,18,19,22,23,26, 27. When both schools scheduled to host the division tournaments are assigned the same division based on returning points, the lowest ranked of the two shall be placed in the opposite division and the team in that (opposite) division with the point total nearest the reassigned team will take the place of the host team so placed.



2. Sites and dates of the two divisional qualifying tournaments shall be determined by the appropriate Classification Committee. The UHSAA Classification Committee shall approve budgets for tournaments in their classification. Expenses in excess of those approved shall be the responsibility of the host.
3. Revenue and approved expenses of both tournaments shall be shared equally by all regions.
4. Each school shall be allowed to enter as many as two wrestlers in each weight class.
5. View the brackets and pairings sheet on uhsaa.org for Divisions

### Division Scoring & Seeding (for all classifications)

1. **Only use results entered in TrackWrestling for seeding all Divisional Tournaments. (See All Results Recorded Above).**
2. Eight places shall be scored. All rounds of the tournament shall be scored. There will not be a true 8th match wrestled. Bracket type will be consistent between divisions in each classification.
3. Seeding for individual weight classes shall be accomplished as follows:
  - a. Wrestlers shall be ranked initially according to varsity win percentage. A state place winner in the previous year will have the following added to their varsity win percentage prior to the initial ranking:
 

1st Place: add 60%	2nd Place: add 55%	3rd Place: add 50%
4th Place: add 45%	5th Place: add 40%	6th Place: add 35%

**\*\*\*add 30 % for a returning state placer from a different year than the previous year**  
**\*\*\*add 25 % for a returning state qualifier**
  - b. Adjustments to the initial ranking may be made as a result of:
    - 1) Majority vote of head coaches to separate the best wrestlers or
    - 2) A case in which a lower ranked wrestler has defeated a higher ranked wrestler during the current season and has not lost to any of the wrestlers ranked between the two.
  - c. In order to be seeded, a wrestler must have competed in a minimum of 10 varsity matches during the current season and have a minimum 50% win record. Exception: item 1 above – a wrestler with fewer than 10 matches could be seeded as a result of a majority vote of head coaches.
  - d. Once the seeded wrestlers are placed in the bracket, byes will be placed computer draw. Byes will be distributed as equally as possible among all the teams in the tournament.
  - e. Any DQ's during the season must be counted as a loss for seeding purposes.

### Verification of State Tournament Entries

All entries for the state tournament are to be verified prior to the beginning of the initial weigh-in for the tournament in that classification (1A, 2A, 3A, 4A, 5A or 6A). The beginning of the initial weigh-in for a classification (1A, 2A, 3A, 4A, 5A or 6A) constitutes the deadline for verification of entries in the state tournament referred to in rule 10-2-1. The beginning of the weigh-in occurs when the first weight class in the classification officially reports to the scales.

### Team Scoring at the State Tournament

**6A:** Even though two wrestlers may represent a school in the same weight class, points earned by only one of the two will count toward the team total. In a weight class where a school has two entries of the two, the wrestler who has earned the greatest number of team points shall have their team points count as part of the school's total.

**4A, 5A, 6A:** Team points earned by all wrestlers competing in the state tournament shall count toward the school's total points.

**1A, 2A, 3A:** Even though two wrestlers may represent a school in the same weight class, points earned by only one of the two will count toward the team total. In a weight class where a school has two entries of the two, the wrestler who has earned the greatest number of team points shall have their team points count as part of the school's total.

**All team scoring will be in accordance with NFHS rules.**

# UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION



## UHSAA Activities

*Rules and Regulations for the  
UHSAA Activities of Music, Speech/Debate and Theatre*

199 East Fort Union Blvd (7200 South), Midvale, Utah 84047  
Phone 801.566.0681 / Fax 801.566.0633

## MUSIC Policies & Guidelines

### Festival Management

#### A. Leadership and Responsibilities

1. The Utah High School Activities Association (UHSAA) works in partnership with the Utah Music Educators Association (UMEA) to organize and direct designated music activities at the state level.
2. UHSAA sponsors and directs the State Solo & Ensemble Festival. UMEA sponsors and directs the following state festivals: Jazz, Marching Band (Drumline included), Orchestra, Concert Band and Large Group Choral.
3. Region activities are governed by the Region Board of Managers which includes the principals from each of the schools. Regions shall organize and conduct the region festivals that support the state festivals sponsored by the UHSAA and UMEA as currently outlined. Scheduling requests and any protests or grievances regarding any results MUST come from the school's music director. Scheduling requests and grievances from students or parents will NOT be considered.
4. With the exception of region festivals and the State Solo & Ensemble Festival directed by the UHSAA, UMEA shall determine the rules and regulations for the activities and state festivals their Association sponsors. However, any UMEA policies that are not in compliance with UHSAA policies must be approved by the UHSAA Executive Committee. For example, because of the exorbitant costs involved with marching band, UMEA will allow schools to compete as a combined program. Students attending a school without a competitive field show marching band program can continue to attend their school while participating in a marching band program at another member school with the approval of both principals. The UHSAA approved the UMEA policy of combined programs only for marching band.
5. Under the existing partnership, UMEA may request a sanction from the UHSAA for the activities they sponsor. UMEA leadership must submit a completed sanction application to the UHSAA at least thirty days prior to the event and be signed by the UMEA president.
6. The Region Board of Managers shall select a music educator to serve as the UHSAA Region Music Chair, alongside the region administrator assigned to oversee region music activities. The region festival chair is the liaison between local music educators in a specific region and the UHSAA. The selected Region Music Chairs are strongly encouraged to attend the annual UHSAA training held at the UMEA Mid-Winter Conference.
7. It is the responsibility of the UHSAA Region Music Chair to call periodic meetings of the music educators in the local region to plan music festivals other inter-school music activities, to serve as chair for all festivals in the local region in order to assure that each is administered in compliance with UHSAA rules and regulations, and to meet with the Region Board of Managers when the need arises. The region music chair is expected to distribute and collect adjudication forms, approve festival scheduling, assimilate and disseminate festival results to directors, and work cooperatively with state festival chairs in submitting required materials for state festivals according to published schedules and guidelines.
8. The music director of the school hosting a festival shall serve as the site coordinator and will be responsible for the physical arrangements necessary for effective management of the music festival, such as securing and paying adjudicators, scheduling space and events, and providing chairs, stands, risers, pianos (adequately tuned), large percussion equipment, public address system, tables for adjudicators, seating charts, student aids, ushers and recording equipment for adjudicators.
9. The UHSAA Music Committee consisting of representatives of the Utah High School Activities Association, the Utah State Office of Education, and the Utah Music Educators Association, shall be responsible for the formulation and administration of rules and supervision of the organizational structure necessary to administer uniform, consistent, quality region and state music festivals and other inter-school music activities.

10. The UHSAA Music Committee will recommend state festival directors to be approved by the UHSAA Executive Committee. The UHSAA Music Committee Chair, a UMEA rep, the UHSAA/UMEA Adjudication Chair, the State Festival Directors and Site Coordinators constitute the UHSAA Music Festival Advisory Committee, chaired by the UHSAA Assistant Director over music.  
The committee meets biannually for orientation, periodic review of rules and regulations, management of music festivals, and other purposes as determined by the UHSAA Music Committee.
- B. UHSAA Requires Eligibility Form for Participation in Region and State Solo & Ensemble Festivals
1. Students must be scholastically eligible by UHSAA standards to participate in any music activity in which the UHSAA sponsors the culminating state activity, which is the State Solo & Ensemble.
  2. To participate in a region or State Solo & Ensemble Festival, students must be eligible according to UHSAA standards (UHSAA Handbook, Article 1 Section 8; Handbook Music Section I-C). Students must be currently enrolled in a high school music class taught at their participating high school. Students who are in a 7-12 grade school must be in 9th-12th grade to participate in the solo portion of the Solo & Ensemble Festival, but may perform with a choir (vocal or instrumental). After verifying the eligibility of the students, the school principal and music director(s) shall sign and submit the UHSAA Eligibility Form available on the Music Page at [www.uhsaa.org](http://www.uhsaa.org) to the UHSAA prior to participation in a Region Solo & Ensemble Festival but no later than the designated deadline posted on the UHSAA Master Calendar or UHSAA Music Calendar available under the Calendar tab at [www.uhsaa.org](http://www.uhsaa.org).
  3. State festivals sponsored by the UMEA, including State Jazz, State Marching Band, State Orchestra, State Concert Band and State Large Group Choral do not require verification of eligibility.
- C. Eligibility Requirements for Music Festival Participation
1. A participant must be enrolled and in good standing in the high school music program which is being taught by a teacher certified by the Utah State Board of Education. If a school has no music program, #C3 is invoked.
  2. Because music activities are curriculum related and designed to serve those students who have chosen to study music through the school program, a participant must be enrolled in a school music class or be a member of a school band, orchestra or choir during the current school year to be eligible to participate in the instrumental and/or vocal events at the region and state music festivals.
  3. All participants must be approved for participation in the music festival by the administrator of the member school in the region where the student is in attendance. An accompanist may or may not be a student participant, however, all participants in ensembles must be students.
- D. Eligibility Requirements for Adjudicating Festivals
1. In order to qualify as an adjudicator one must successfully complete the online application and training found at <http://umea.us/adjudication> through the Utah Music Educators Association and receive certification in one or more areas of specialization.
  2. To remain eligible, all adjudicators must recertify once every four years by completing the online application and training found at <http://umea.us/adjudication>.
  3. If an adjudicator receives three negative evaluations he or she may be removed from the UMEA list of certified adjudicators by action of the UHSAA Music Committee. Reinstatement may be granted one time only through completing the UMEA on-line training.
  4. An adjudicator must never be alone with a participant and must always have another performer, adjudicator, parent or observer present in the room.

## E. Ratings

1. Ratings may include pluses or minuses for each entry with the maximum (highest) rating being a (I).
2. Guidelines for ratings follow:

**RATING I: SUPERIOR**—A first-rate performance for the event and the class of participants being judged. To receive a superior rating a performance must meet the highest expectations in every category of adjudication. **Memorization of instrumental solos is optional. Piano soloists and vocal soloists must perform from memory.**

**RATING II: EXCELLENT**—a commendable performance showing a high standard of musical accomplishment but lacking in one or more of the characteristics of a superior rating. Music may be used.

**RATING III: GOOD**—an average performance lacking in several characteristics of a superior rating. Music may be used.

**RATING IV: FAIR**—a below average performance requiring many specific improvements.

**RATING V: POOR**—a performance lacking sufficient preparation and exhibiting major deficiencies.

**General Requirements**

- A. Official adjudication and entry forms must be used by each school music teacher for all UHSAA sanctioned music festivals. The forms can be obtained from the Music page on the Utah High School Activities Association website: [www.uhsaa.org](http://www.uhsaa.org) (Click on Sports&Activites>Activities>Music). The forms must be filled out using the internet browser. Handwritten forms will not be accepted. All adjudication forms must be filled out completely and accurately, and submitted on time by each music teacher entering students for a UHSAA sanctioned festival.
- B. Scores or individual parts of a score, copies of solos, and/or lead sheets must be provided for the adjudicator with measures numbered. Adjudicators may grade one level lower if the above is not provided with the measures numbered.
- C. The use of photocopied or otherwise reproduced copies of published music must comply with the United States Copyright Law. Festival participants shall either provide the original score or written permission from copyright owners to duplicate the music. If an unauthorized reproduction of published music is used an adjudicator may give a “no rating.”
- D. Music is an interactive art form and as such live accompaniment is required.
- E. Uninvited communication with the adjudicator may result in the disqualification of the entry.
- F. Region and state festival adjudicator fees are \$25 an hour (1-2 hrs adjudicating), \$90 half day (approximately 3-5 hrs at site), and \$140 for a full day of adjudicating (5+ hours at site). Drivers will be reimbursed .46 cents per mile and \$.11 for riders, for all miles traveled over 50 miles roundtrip. The UHSAA Music Festival Adjudication Contract (posted on the Music Page at [uhsaa.org](http://uhsaa.org)) should be kept by the school issuing a check for the adjudication fee and mileage. A second copy should be sent to the Region Board of Managers if reimbursement for this expense is requested.
- G. Students and directors are encouraged to view festivals as a valuable listening and evaluating experience in addition to their involvement in performance. Participants should spend as much time as possible filling the role of critical yet appreciative members of the audience. Region large group festivals will comply with the Statement of Principles for Music Festivals, as prepared by UMEA.
- H. **Piano and vocal solos must be performed from memory. Memorization of instrumental solos is optional.**

## Region Festivals

### A. Region Music Festivals

1. It is recommended that regions recognize only those categories which will be held at state competitions as they submit entries for region festivals.
2. **Recommended Region Festivals** (UMEA or UHSAA sponsors the state culminating festival):
 

(March) Vocal Solo & Ensemble Festival	(April) Orchestra Festival
(March) Instrumental Solo & Ensemble Festival	(April) Large Group Choral Festival
(March) Jazz Ensemble Festival	(April) Concert Band Festival
3. **Directors are discouraged from requesting to participate in another region festival;** however, under extremely unusual circumstances, a school may appeal to a Region Board of Managers in a classification of equal or greater size (i.e., a 3A school may only participate in a 3A, 4A, 5A or 6A region festival). The request must be submitted in adequate time for the Region Board of Managers to consider the request.  
**Note: Solo & Ensemble participants may only attend the region festival for his or her school of eligibility.**

### B. Region Large Group Festivals

1. Teachers who are in their first or second year in their current position and who participate in the festival may have the option to receive critique only and no rating.
2. Rules and regulations:
  - a. Large group festivals should be held on a region basis. It is recommended that the following groups be included: band, orchestra, string orchestra, chorus for low voice range, chorus for high voice range, and mixed chorus. To make the festival experience worthwhile, as large a number of events as possible should be scheduled.
  - b. Groups shall not perform a selection they have used at any adjudicated festival within the last five years.
  - c. The amount of time allotted each performing group should be regulated by the festival chair according to the number of groups participating. Suggested time for vocal groups is 20 minutes, and for instrumental groups 30 minutes. This time allotment includes setting up, performing, and leaving the stage.
  - d. Ratings: (See ratings under IE, #1-2)
  - e. All awards and/or other forms of recognition for large group festivals must conform to the regulations of the Utah High School Activities Association.
  - f. Regions are encouraged to include sight reading as part of their large group festival activities. Reading materials should be at least one class below that of the numbers performed by the group. Procedures can be decided by directors of participating schools.
  - g. It is recommended that there be three adjudicators for each large group festival.

### C. Region Jazz Ensemble Festival

1. Each jazz ensemble is required to perform at least one swing and one ballad or combination thereof. The emphasis shall be on jazz, not rock, and the judges will be so informed.
2. At the Region Jazz Festivals, schools will participate in a sight-reading experience. Participation in region sight-reading is required; however, a minimum sight-reading score is NOT needed to qualify for State. The recommended format is as follows: after performing on stage, bands will be brought to a sight-reading room, given five (5) minutes to look over a tune (students may play), then they will play the tune for an adjudicator.

3. Each ensemble will be allowed a total of 20 minutes which includes setting up, performing, sight-reading and leaving the stage. To facilitate the 20 minute time limit, ensembles are encouraged to use the standard block setup. A warm-up room will be available one-half hour prior to a band's scheduled performance time.
4. Points will be deducted for doubling. Example: two alto saxophones playing the first part at the same time or at different octaves. However, the lead trumpet part and only the lead trumpet part may be doubled down an octave because it is standard jazz practice. Using two like instruments at different times is permissible. However, it is the ensemble's responsibility to make it obvious there is no doubling of parts.

#### D. Region Solo & Ensemble Festivals

1. **Solo and ensemble participants may only attend the region solo and ensemble festival for his or her school of eligibility.**
2. **Entrants shall use high quality, published music of recital nature grade III level or above.**
3. The current New York State Music Association Manual and/or the NAFME Selected Music Lists are recommended (could also search acceptable state repertoire lists on [jwpepper.com](http://jwpepper.com)).
4. To accommodate the large number of participants, students should be limited to performing in a maximum of three solo and/or three ensemble events.
5. To be considered a separate ensemble, at least 50 percent of the group shall be new members.
6. A soloist shall not perform a selection he or she has used at any evaluative festival in any previous year. Each soloist must select music at least one grade more difficult if he or she received a superior rating the previous year. If more than one half of an ensemble is replaced by new members, it shall be considered a new ensemble in regard to repetition. The ruling on repetition applies to both soloists and ensembles.
7. Performing Groups:
  - a. All instrumental choirs (string, woodwind and brass) shall have a minimum of 8 members and shall not exceed 25. In all other types of instrumental ensembles there shall be no duplication of parts.
  - b. Chamber choirs shall have a minimum of 16 members and shall not exceed 32.
  - c. With the exception of chamber choirs, vocal ensembles shall be limited to four singers on a part.
  - d. Chamber choirs are defined as mixed voices. All others may enter as vocal ensembles.
8. Only instrumental and chamber choirs may be conducted.
9. All string, woodwind, and brass ensembles must adhere to prescribed instrumentation listed on the conductor's score.
10. **Soloists and small ensembles** may perform only one selection or portion thereof not to exceed **the "performance" times listed below**. The time limits listed below include entrance, exit, set-up, tuning and performing. At the end of the allotted performance time, the adjudicator may ask the ensemble or soloist to stop. No piano duets or concertos are to be accepted for adjudication at Regional or State Festivals. A performer will receive a NR for performing a concerto or duet. Music requiring accompaniment must have accompaniment or the performer(s) shall receive a NR.

Soloists & Small Ensembles	Playing Time	Group Size	Solos
Piano			6 minutes
String	7 minutes	2-7 members	6 minutes
Woodwind/Brass	7 minutes	2-7 members	6 minutes
Vocal	5 minutes	See #6 above	5 minutes
Percussion	10 minutes		6 minutes



11. **Large ensembles and choirs** may perform more than one selection but must stay within the **following “time limits” which shall include:** setup, tuning, performance time and exiting the performance area. When the time limit has expired, the monitor or adjudicator may signal the group to stop their performance.

<b>Large Ensembles &amp; Choirs</b>	<b>*Total Time Limit</b>	<b>Group Size</b>
String Choirs	12 minutes	8-25 members
Woodwind Choirs	12 minutes	8-25 members
Brass Choirs	12 minutes	8-25 members
Large Percussion Ensembles	12 minutes	
Chamber Choirs	15 minutes	16-32 members

### State Solo & Ensemble Festivals

- A. Items in III-D (Region Solo & Ensemble Festivals) also apply to the State Solo and Ensemble Festival.
- B. Regions/Schools are assigned to the following festival locations:

#### **NORTH Solo & Ensemble Festival at Woods Cross High School**

Regions 1, 2, 3, 5, 6, 11, 13, 15, 17, & 22 including Alta HS and Jordan HS

#### **SOUTH Solo & Ensemble Festival at Provo High School**

Regions 4, 7, 8, 9, 10, 12, 14, 16, 18, 19, 20, 21 & 23 including Payson HS, American Leadership and Waterford

- C. Qualifying for the State Solo & Ensemble Festival
  1. Only soloists and ensembles receiving superior ratings (I) at a region festival, qualified according to #4 below, and correctly nominated by a region festival adjudicator may participate in the State Solo and Ensemble Festival. A (I-) is not acceptable.
  2. Any entry receiving a Superior (I) Rating is eligible to participate in the State Festival except for piano entries. Piano entries are limited to one (1) entry multiplied by the number of schools in the region. Piano entries must also qualify by receiving a Superior (I) Rating.
  3. The Region Festival Adjudicators will determine the entrants for the State Festival according to the above formula. In addition:
    - a. An adjudicator’s nomination must be included on the piano adjudication sheet. The adjudicator should place his/her initials in the space for state nomination located on the form near the rating.
    - b. Music performed must be high quality, published music of recital nature, grade III or above.
  4. Soloists or groups qualifying for state may change their selections between region and state festivals.
  5. If less than 50 percent of an ensemble are new members, then it is considered the same ensemble and only one selection may be performed.
  6. An ensemble qualifying for state may change no more than one half of its personnel.

### D. State Solo & Ensemble Festival Instructions and General Information

1. Go to the UHSAA Music page at [www.uhsa.org](http://www.uhsa.org) for festival info and instructions on submitting entries.
2. **Prior to the Region S & E Festival(s)**, the high school music teacher shall complete and email the UHSAA “Region Solo & Ensemble Entry Form” to the Region Festival Host and the Region Music Chair by the date requested (form on Music page at [uhsaa.org](http://uhsaa.org)).



3. **Following the Region Festival(s)** the Region Music Chair shall complete the following:
  - a. **The Region Chair photocopies** the region festival adjudication forms to keep as evidence of which students qualified for the State Solo & Ensemble Festival.
  - b. **The Region Chair contacts the music directors at each of their region schools** and confirms the names of the qualifying state entries they should submit to the State Scheduler/Festival Director AND if there are any potential conflicts (i.e. accompanists). The Region Chair shall have a photocopy of the region festival adjudication form that validates each entrant. The State Scheduler/Festival Director will only work directly with the Region Chairs and not individual school directors or individual performers.
  - c. Entries are requested four weeks prior to the state festival, but to avoid school fines they must be received by the State Festival Director no later than three weeks prior to the state festival.
  - d. State Solo & Ensemble Festival information will be posted on the Music page at [www.uhsaa.org](http://www.uhsaa.org).
  - e. The Region Music Chair shall electronically submit the region's state qualifying entries to the **Festival Scheduler/Director (listed below) on the "UHSAA State Solo & Ensemble Entry Form"**. The entry form is available on the UHSAA Music page at [www.uhsaa.org](http://www.uhsaa.org) click on the link for the "State Solo & Ensemble Form;" save the blank entry form to your files; open the saved entry form; complete the entry form (fill all fields); save the completed entry form; attach the completed entry form to an email and send to your assigned State Solo & Ensemble Scheduler. The Region Music Chair shall submit any potential conflicts when they email their entries to the State Scheduler. Entries received after this deadline will be fined \$200.00 for the first week late. Entries received more than one week late will not be scheduled.
  - f. **Prior to the state festival, the school music directors** shall complete a new adjudication form for each of their qualifying entries. Prior to the performance at state, the assigned performer(s) shall provide the state adjudicator their completed adjudication form.
  - g. **Because of the large number of participants, performances will be scheduled at the discretion of the state festival chairman and entrants shall perform as scheduled.** Potential conflicts must be submitted by the Region Music Chair when they email their entries to their assigned State Festival Director/Scheduler.
  - h. In the case of an emergency, the Region Chair can petition the Scheduler/Festival Director through email in behalf of a request from one of their region music directors. The State Schedulers/Festival Directors will only work directly with the Region Chairs and not individual performers in regards to scheduling issues or conflicts.
  - i. **NO SHOW FEES CHARGED TO SCHOOLS**: Schools are fined \$25 for each "no show" entry. The "no show" fee is charge if a scheduled performance posted on UHSAA website is canceled later than the Monday prior to the State Festival.
4. **The preliminary schedule will be posted on the Music Page at [www.uhsaa.org](http://www.uhsaa.org) about 10 days prior to the festival and the FINAL SCHEDULE will be posted the Tuesday prior.**
5. The overwhelming challenges that come with scheduling a festival the size of the State Solo & Ensemble prevent the schedulers from accommodating excessive requests from individual accompanists. It will be difficult to accommodate more than ten (10) entries per accompanist.
6. **State Solo & Ensemble Awards:**
  - a. Soloists receiving a superior (I) rating will be awarded medals and certificates.
  - b. In rare instances, an adjudicator may award a superior rating "With Distinction."
  - c. Soloists receiving superior minus (I-) ratings will be awarded certificates.
  - d. Ensembles receiving superior (I) ratings from all judges will be awarded a certificate

# SPEECH & DEBATE Policies and Guidelines

## CHAPTER I – UHSAA Policies

### Article I – Recommendations

#### Section 1: Region Representative

Each region shall elect one-member coach to represent that region to the Utah Debate Coaches Association (UDCA) to help solve problems occurring at major tournaments and to keep an open line of communication with the Activities Association.

#### Section 2: Missed School Time

It is recommended that no student miss more than five days of school for Speech and Debate practice or meets during a given school year.

### Article II – Financial Rules

#### Section 1: Entry Fees

No entry fee in excess of \$4.00 per student per event per day may be assessed for any meet. A maximum \$25 school entry fee per day may be charged at invitational tournaments if deemed necessary by the host school. The only exception is for a Tournament of Champions qualifier or if the Executive Committee approves an exception.

#### Section 2: No Shows

A contract is formed when participant entries are submitted to the state tournament director and each “no show” entry will be fined \$25. Invitational tournaments may also levy a \$25 fine for each “no show” entry at UHSAA sanctioned tournaments. Schools are obligated to pay all fees unless they withdraw 72 hours prior to the tournament. Tournament Directors have discretion to override fees on a case-by-case basis.

### Article III – Conduct of Tournaments

#### Section 1: In-State Sanctioning Process

All speech and debate competitions must be sanctioned by the UHSAA (see UHSAA By-Laws Article 4). In the case of virtual or online tournaments, schools still must sanction the tournament, acknowledging they are responsible for “hosting” by running Tab Room and the online platform chosen, as well as facilitating the delivery/shipment of trophies. Include “online” or “virtual” in the tournament title, and principals still will sign off as normal. Forms must be submitted to and approved by the UHSAA no less than 30 days prior to the tournament.

## Section 2: Online Sanctioning

1. Online tournaments allow out of state schools the opportunity to attend and support Utah Tournaments; bringing diversity, increased educational opportunities, and funding as well. Therefore, any tournament hosted online by a UHSAA school, may allow out of state schools to register and still be sanctioned as long as the following criteria is met:

- a. The Tournament is still sanctioned through UHSAA as a virtual or Mixed virtual tournament. Out of state schools must compete online only or tournament must go through the normal out of state sanctioning process.
- b. The out of state School registering is an actual school sponsored team/club, verified with a letter from principal on school letter head approving their participation.
- c. Students competing are sanctioned by their coach who agrees in writing and agree to ensure judges and meet any financial obligations that may be incurred by attending.

## Section 3: Preliminary Round Start Time

No preliminary round of a tournament, which is not a round robin or a Tournament of Champions qualifier, may be scheduled to start after 8:30 p.m.

## Section 4: Novice Participation Guidelines

Participants participating in a Speech or Debate event as a novice should not have competed in more than one tournament worth of competition prior to the current season within their 9-12 educational career.

## Section 5: Novice Policy Guidelines

Novice teams will only be allowed to run arguments from the approved argument list and corresponding evidence set. Novice policy teams will be limited to a “closed deck” of evidence files (every competitor will have the same set of cards). Novice students may rearrange the organization of evidence but may not add and/or change the content in order to produce new arguments not labeled in the evidence set, nor can they alter the fundamental intent of the argument.

These limits will be enforced from the start of the season until the end of December. Novices will be allowed to run any argument or evidence in January until the end of the season. Any novice team found to be running an affirmative not on the case list will forfeit the round. “Novice teams” are strictly and universally defined as two-person policy teams wherein neither student on said team has had more than one tournament’s worth of competitive experience before the start of October of the given competitive season.

The novice evidence set is established each year by the UDCA and NFHS to limit the areas of the high school debate resolution that novices will have to prepare to debate. The goal is to make the debating more manageable for novice students and to enhance the quality of each debate. Judges, coaches, and debaters should also understand that by selecting these specific argument limits, the UDCA/NFHS is not necessarily endorsing the topicality any case, nor are they commenting on the strategic value of any one position. Traditional topicality arguments can still be presented by the negative team and should be considered by the judge. Theory and kritik arguments will not be allowed.

An executive committee of coaches will create the evidence set to be published on the Utah Debate Coaches Association website by the end of August.

## **Section 6: Ballots**

Debate Ballots will not be accepted with “oral critique” only written. Every ballot must have a warranted reason for decision stating, “I vote affirmative or negative because...” Congress/Speech Ballots should give constructive feedback for each individual competing.

## **Section 7: Contest Limitations**

Contest Limitations are 10 meets per individual.

A. Contest: Any meet or game (this does not include practices and scrimmages) in which 4+ schools participate, judging/feedback is provided, and students earn NSDA points counts toward the contest limitation. Practice, Scrimmage, or combined learning opportunities, may not include more than 4 schools, must be online/virtual format, and no judging or NSDA points earned.

B. Tournament: Competition among four or more schools.

C. The contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition (i.e., Varsity, J.V., Sophomore, Freshman, Novice). State and qualifying region, NCFL and NSDA national qualifying tournaments do not count in the contest limitation total.

D. An individual who violates the contest limit is ineligible to compete at the Region or State Tournaments.

## **Article IV – Electronic Devices**

### **Section 1: Events in Which Computer Use is Allowed**

No electronic devices will be allowed in any competition with the following exception: The use of computers within the guidelines stated in Section 2 is allowed at region and state tournaments in the following events: Extemporaneous Speaking, Lincoln-Douglas Debate, Policy Debate, Public Forum Debate, Student Congress.

### **Section 2: General Rules**

A. Contestants must follow all rules regarding electronic devices and Internet access as described in the National Speech and Debate Association Unified Manual.

B. Communication outside of in-round communication with partners or opponents is prohibited.

C. Penalty: Contestants found to have violated these provisions will be disqualified from the tournament and will forfeit all rounds and sweepstakes points in that event.

## Chapter II: Region Tournaments

### Article 1: Guidelines

#### Section 1: Region Representative Responsibility

It is the responsibility of each region representative to conduct the region tournament.

- A. Make sure that there is a school to host the tournament, make sure that the tournament schedule is set and published, and make sure that judges have been secured.
- B. Make sure that each coach in the region has a copy of the handbook, times and location for the tournament, and a thorough understanding of judge expectations well in advance of the tournament start date.
- C. Submit results to the UHSAA office and the State Tournament Director by the deadline listed on the UHSAA calendar or within five (5) days of completion of the region tournament, whichever is sooner.
- D. Request and secure region awards, including the team trophy, from their region's Board of Managers.
- E. Secure Congress judges.

#### Section 2: Appeals

In matters that involve appeals, the region representative should bring all unsettled matters to the UDCA Executive Committee. The UDCA Executive Committee will determine if the issue merits a UCDA Judicial Meeting or if the Region Board of Managers (principals) should address the issue.

Clerical scoring errors may be corrected up to 72 hours after the conclusion of the tournament. A team must file a written protest to the UHSAA within that time period. After that time, results will stand.

#### Section 3: Region Entries

- A. Region tournaments shall not allow phantom entries. Drops should be removed as soon as possible, and debaters should have as few byes as possible, regardless of entry numbers. The exception to this is that schools will not be required to compete against themselves in preliminary debate rounds.
- B. Students must participate at the region tournament to qualify for State.
- C. Partnerships count as one entry.

## Section 4: Participant Eligibility

All participants must meet UHSAA eligibility requirements.

## Section 5: Publication of Results

Results should be published to coaches after each round but should not be made public until the tournament is completed. It is unethical for coaches or anyone else to divulge the results of a round before the tournament is completed.

## Section 6: Rules to Be Followed

The region tournament is to follow exclusively the rules for each event, including the timing and eligibility of all materials to be used in speech areas. Rules regarding events can be found in this handbook.

## Section 7: Awards

Awards should be given to schools or participants as determined by the Region Board of Managers.

# Chapter III—State Tournaments

## Article I – General Instructions

### Section 1. Qualification and Entry Limits

- A. The top 10 in each event at region qualify to state, or 50% of the field in that event, whichever is greater.
- B. All schools in the region shall be rank ordered based upon sweepstakes points at the region tournament. The top 50 percent will qualify a full slate. Regions with an uneven number should round up to determine the top 50 percent.
- C. A Full Slate is defined as:
  - a. 1-2A: 25 participants allowed per the event limits.
  - b. 3-6A: 30 participants allowed per event limits
  - c. If the school exceeds the limitations, schools should list alternates in each event. Alternates will be allowed to compete only in the events they entered at region meet.

D. Debate partnership alternate/substitutions: In the event of an emergency/documentated medical illness a coach may substitute another qualified member of the team into that partnership prior to rounds beginning. The substitute must also have competed in that same event at region. This only applies to partnership events: Policy and Public Forum Debate.

## Section 2: Event Entry Limits

### A. 1A:

- a. 4 LD
- b. 4 SpAr
- c. 3 PF
- d. 4 Congress
- e. 4 Oratory, Impromptu, Combined Extemp

### B. 2A:

- a. 4 LD, SpAr, PF, Congress
- b. 4 Oratory, Impromptu, Combined Extemp, Combined Interp.

### C. 3-6A:

- a. 4 LD, CX, PF, Congress
- b. 4 Oratory, Impromptu, International Extemp, US Extemp, Combined Interp, Informative.

### D. Double Entry:

Students may double enter in one speech event and one debate event, except for policy teams. In 1A, Congress is a Speech Event, while 2-6A Congress is considered a debate event.

- E. Proposals for changes to the UHSAA State Tournament event lineup may only be introduced and voted on once every four years

## Section 3: Schools to provide Judges

Schools who fail to supply their allotted judges will be fined \$100.00 per judge.

### A. Schools are required to supply the following qualified judges:

- a. One judge per two Debate teams
- b. One judge for one per six Speech entries.
- c. If asked to provide by tournament director, 1 Congress Judge.
- d. A full slate is required to bring a minimum of six judges.
- e. Each judge must be available for assignments one round beyond the elimination of all students from that school. Judges who miss rounds will result in a \$25 fine to the school.

## Section 4: Judge Restrictions for Contestants

Any student who knowingly allows himself or herself to be judged by any of the following individuals, without informing the meet directors, at any of the State Tournaments shall be disqualified and shall lose all sweepstakes points.

- A. Any judge judging for his or her school.
- B. A family member.
- C. Any alumnus from his or her school.

- D. Any student teacher assigned to his/her school.
- E. Any adult who has worked for his/her school in the past two years.
- F. Any person who may be construed to have a bias for a participant.
- G. For 1A only: No judge may judge 1A participants at the State Speech-and-Debate Tournament who has graduated from a 1A high school within the past two years. Beginning the third year after graduation, a judge would be eligible.
- H. Any exceptions must be approved by the tournament director. When unavoidable and with all coaches involved permission, a judge may be assigned to a round with participants from his/her school.

### **Section 6: Judge Requirements**

- A. All judges must be graduated, and whenever possible, have some knowledge of Speech/Debate events. It is also the responsibility of judges to make a good faith effort to comply with all expectations listed in Section 4.
- B. Judges in the Policy debate, Public Forum, and Lincoln-Douglas rounds must adhere to the following requirements in order to receive payment from the State Forensic Tournament:
  - a. Return ballots to the tabulation room within 15 minutes of the end of the round
  - b. Never ask the teams which school they represent.
  - c. Mark the speaker points on the ballot, using the rubric provided in tabroom to ensure accuracy.
  - d. Confine all of their comments to the ballots and make no oral critiques.
  - e. Judges no contestant twice during the four preliminary rounds, whenever possible.

### **Section 7: Codes**

- A. All judges and participants should be assigned a code, which will identify conflicts of interest. In no way, however, should a participant be identified according to his or her school, or have any clothing or insignia that could indicate their school affiliation.
- B. Teams and contestants should in no way reveal their school identities to the judges or other coaches, unless they are a tournament official.
- C. All code letters should be kept throughout the State Tournament.
- D. Teams and contestants should use both their first and last names for balloting.
- E. An official listing of teams and contestants and their school will be provided after the completion of the State Forensic Tournament.

### **Section 8: Alternate Clearance**

All alternates participating in the state tournament must be cleared by the State Tournament Directors before the State Tournament begins.

### **Section 9: Late Drops**

Schools who drop contestants on the day of the state tournament without due cause will be fined \$25 for each participant dropped.

### **Section 10: Time Limit to Appear for Rounds**

Contestants in each event must be in their assigned room and the round must begin within 15 minutes of the posted beginning time. A team or individual who fails to comply will forfeit that round and lose sweepstakes points.



## Section 11: Missed Rounds

- A. Any participant at the State Forensic Tournament who misses a round or session of an event will not be eligible for a final rating or team sweepstakes points.
- B. A \$25 charge may be fined.

## Section 12: Tab Room

The state tournament director will have at least two other persons in the tab room. These people may include State Speech Committee members, classification representatives, region representatives, as well as any others appointed by the tournament director.

A ballot review is required before final rounds are posted.

The ombuds and state tournament director will be open to any questions and/or comments.

## Section 13: Ballots

Only UDCA approved ballots may be used at state tournaments. Paperless ballots are allowed at state tournaments.

## Section 14: Ballot Review

For online tabulation, Ballots will be published to coaches only following each round completion for ballot review. Paper ballots, ballots will be made available for coaches to review once entered.

## Section 15: Observers

Observers will be permitted in all rounds of all events, the only exception is that a Lincoln-Douglas contestant and Public Forum teams in the B Panel cannot observe the A panel and the A Panel cannot observe the B panel. Contestants and judges have the right to limit observers and in elimination rounds if room does not permit, or ask them to leave if disruptive. Flowing in rounds will be allowed for educational purposes.

Observers should not be disruptive, distracting, or communicating with the contestants in any way.

## Section 16: Awards

Awards will be given as listed in the UHSAA Yearbook.

# Article II – Sweepstakes Points

## Section 1: Quartiling

All contestants (including disqualifications, drops the day of the tournament, no shows, etc.) in each category shall be ranked in order of finish. The category shall then be divided into equal fourths. Odd numbers shall be placed in the highest fourth possible (one odd number shall be added to the first quarter; two odd numbers shall add one to each of the two highest quarters, etc.).

## Section 2: Sweepstakes Points

Points are to be scored as follows for the State Forensic Tournaments:

	CX and PF	Other Rating Debate Events
First fourth	10	5
Second fourth	6	3
Third fourth	2	1
Bottom fourth	0	0

### Section 3: Quartile Breaks

When quartiles do not break cleanly, adjustment will be made in the direction which least skews the quartile. For example: If ten superiors are needed and the choice is between nine superiors or seventeen superiors, nine will be used since it more closely approximates the quartile. If the number is the same, regardless of direction, the greater number should be used.

### Section 4: Speech/Congress Event Rankings

Rankings in all Individual Events shall be based on cumulative ranks in preliminary rounds. Ties shall be broken by considering reciprocal ranks which gives preference to the speaker with the greatest number of 1s, greatest number of 2s and so on.

Unavoidable ties shall increase the higher quartile by the number involved and decrease the lower quartile by the same number.

### Section 5: Debate Event Rankings

Rankings in Policy, Public Forum, Lincoln-Douglas, and Spontaneous Argumentation Debate shall be based on win-loss records in preliminary rounds. Ties shall not be broken on speaker points. Unavoidable ties shall increase the higher quartile by the number of teams involved and decrease the lower quartile by the same number.

### Section 6: Sweepstakes Tie Breaking Procedure (for all classifications)

If two schools tie for either 1st or 2nd place sweepstakes, the following tie-breaking procedure will be followed:

- A. The lowest total ranking score in all events wins the tie.
- B. Policy, Public Forum and Lincoln-Douglas Debate will be broken with 1 for wins and 3 for loss.
- C. Congress will quartile by judge.
- D. Only ties for 1st and 2nd place sweepstakes will be broken, all other sweepstakes ties will be listed and announced as ties.

## Article III – Debate

### Section 1: Resolutions

- A. The Policy Debate Resolution used at the State Tournament shall be the national topic/resolution for the current school year.
- B. The Lincoln-Douglas and Public Forum resolution used at the State Tournaments shall be the resolution designated by the National Speech & Debate Association or its successor organization for the month of March.

### Section 2: No Late Substitution

Substitution of participants after the State Speech/Debate Tournament has begun is illegal. Violators will be disqualified.

## Section 6: Maintenance of Pairings

Policy Debate teams, Public Forum Teams, and Lincoln-Douglas contestants must debate against the teams/ individuals they are scheduled to meet and they must debate on the side of which they are scheduled. All rounds must be fully complete in order to count for sweepstakes.

## Section 7: Preliminary Rounds Pairing

Whenever possible, pairing preliminary debate rounds for the State Forensic Tournament shall be as follows:

- A. Whenever possible, all efforts shall be made to ensure that No team shall meet two teams from the same Region in the first two rounds.
- B. Whenever possible, all efforts shall be made to ensure that teams do not meet another school from their own region in the first two rounds.
- C. No team will debate the same school twice in the first two rounds, except when a region with more teams must meet a region with fewer teams.
- D. No team shall debate a team from its own school.

## Section 8: Rounds III, IV

Pairing rounds III and IV for debate events at States Forensic Tournaments shall be as follows:

- A. In rounds III, IV), all measures will be used to guarantee each team or contestant a fair number of affirmative and negative rounds.
- B. Round III shall be power matched (based on results of the first two rounds), high-low, by placing teams or contestants with the highest speaker points against the teams or contestants with the lowest points and the same win-loss record.
- C. Round IV shall be power matched (based on results of the first 3 rounds), high-low, by placing teams or contestants with the highest speaker points against the teams or contestants with the lowest points and the same win-loss record.
- D. These brackets will be broken if:
  - a. A team or contestant is scheduled to meet another from its own school.
  - b. A team or contestant meets a team, which it has met previously in the preliminary rounds.
  - c. When brackets are broken the next logical bracket shall be pulled up to fit the pairing from the middle of the lower bracket.

## Section 10: Debate Final Rounds

- A. After round IV, quarterfinals will be held unless either:
  - a. There is a clean break that would allow a partial octo round of 4 or fewer additional debaters to debate into quarterfinals for the 7 and 8 seeds (this should be done only if there are more than 30 original contestants in the event) OR
  - b. quarterfinals will break more than 50% of the participants in that event. If this is the case, semi-finals will be held instead.

- B. Final Rounds at the State Forensic Tournaments shall be paired as follow:
  - a. Teams or contestants from this point shall be ranked 1 through 8.
- C. . The ranking of the top eight teams (or contestants) advancing will be:
  - a. first on the basis of win-loss record; and
  - b. second on the basis of speaker points.
- D. These teams will be bracketed according to the following schematic.
  - a. The bracket is not adjusted to avoid two teams (or contestants) from the same school meeting.
    - i. 1 seed vs. 8 seed
    - ii. 5 seed vs. 4 seed
    - iii. 3 seed vs. 6 seed
    - iv. 2 seed vs. 7 seed
- E. Winners of the quarterfinal rounds will debate each other in a semi-final round, following the quarterfinal bracketing, regardless of preliminary records.
- F. Semi-final winners will debate in a final round.
- G. A panel of at least three judges shall be used in elimination rounds and they will receive additional payment.
- H. Teams choosing not to debate elimination rounds are ineligible for state tournament awards unless the elimination participants are from the same school.
  - a. A first place will be awarded to the winner of the final round.
  - b. The loser of the final round will be awarded second place.
  - c. Both semi-final round losers will receive a third place award.
  - d. If participants from the same school are scheduled to debate themselves in elimination rounds, the coach of that school may either choose to have the round run normally with a panel of judges, or they may decide which team to advance without debating. Their decision to run the round must be announced to the tab-room within 10 minutes of the round being posted. If the coach decides to advance a team without debating, that team must be declared to the tab-room before the end of that elimination round (i.e. they may not wait to see the outcomes of the other debates).
  - e. If one school closes out the bracket such that no other debates can occur with different schools, those contestants will be considered co-champions.

## **Article IV – Student Congress**

### **Section 1: Number of Houses**

- A. There shall be at least one house.
- B. If there are more than 25 contestants, there will be two houses of not less than 13 or larger than 25 members in each for the preliminary rounds.
- C. A final session will be held if there are two houses.

## Section 2 : Legislation

All legislation will be selected from the current docket by the tournament directors at the UHSAA State Planning meeting. The tournament docket will be published at least two weeks in advance of the state tournament.

## Section 3: Operation

The operation of the State Student Congress shall be as follows:

- A. The Tournament Director of each state tournament shall appoint a parliamentarian for each house, along with two scorekeepers.
- B. The schedule of the State Student Congress shall be arranged to provide each house with two sessions that last a minimum 2.5 hours each. If there is only one house no finals needs to be held and each session should be 3 hours each..
- C. Student Congress shall follow NSDA rules except where noted here and in the Orders of the Day.
- D. In each house, the legislators shall elect student presiding officers who preside for one session each. Serving as chair counts as one speech per hour.
- E. Each speaker shall be limited to 5 speeches for each preliminary session.
- F. Priority will be reset if there is a final session.
- G. At the close of each student congress session, the scorekeepers shall rank the senators in the session (including the presiding officers) 1 through 9.
- H. Parliamentarian's will score once at the end of both sessions 1-25.
- I. Congress will be tabulated cumulatively.
- J. Students advancing to the final session,if needed, will have all sessions counted in their ranking to determine the final order.
- K. UDCA Congressional Orders of the Day will be adhered to.

## Article V – Individual Events

### Section 1: Number of Preliminary Rounds

There shall be three preliminary rounds for each individual event.

### Section 2: Pairing

Pairing should meet the following objectives.

- A. There should be at least five students in a section when possible. There may be no more than seven students in a section.
- B. The student's speaking order should vary from round to round.
- C. All effort will be made to ensure that no student should be judged by the same person more than once in prelims.

### Section 3: Recording Results

- A. Contestants shall be ranked 1,2,3,4,5,6,7 in all rounds. Tied rankings are not permitted.
- B. Ranks must be truncated to the size of the smallest section in tabulation.
- C. Prelim Tie breaks are as follows:
  - a. Cumulative ranks in preliminary rounds.
  - b. Reciprocal ranks, which gives preference to the speaker with the greatest number of 1s, greatest number of 2s, and so on
  - c. Drop highest and lowest rankings

### Section 4: Final Rounds

Final rounds at the state tournaments will be determined in the following manner:

- A. The best 6 participants or the cleanest break closest to 6 will advance to the final rounds.
- B. Three-judge panels shall be used in all final rounds.
- C. Final Tie Breaks are as follows:
  - a. Final round results for impromptu and extemporaneous speaking will be determined with tiebreakers in the following order:
    - i. Rank score from all rounds.
    - ii. Rank score from final round.
    - iii. Judge pref score from final round.
    - iv. Reciprocals score from preliminary rounds.
    - v. Rank score from the preliminary rounds, except the highest and lowest score.
  - b. Final round results for Oratory, Informative, and Combined Interps will be determined with tiebreakers in the following order:
    - i. Rank score from final round.
    - ii. Rank score from all rounds.
    - iii. Judge pref score from final round.
    - iv. Reciprocals score from preliminary rounds.
    - v. Rank score from the preliminary rounds, except the highest and lowest score.

## Chapter IV–Region Representative and Tournament Director Duties for State

### Article 1. Tournament Director Responsibilities

#### Section 1: Before the Tournament

- A. Check Settings on Rules/Tiebreaks to ensure they are correct on Tabroom. (Tournament Will be created by UDCA Tourn Director)
- B. Work with Region reps, or on own, to secure congress judges and qualified Parliamentarians.

- C. Ask at least two of the region reps to help run tournament in tabroom to ensure three individuals in tabroom.
- D. Create and assign Regions in Tabroom
- E. Get tabroom licenses and paid for. Work with treasurer.to pay with UDCA Card.
- F. Extemp Prep Assigned and review procedure and timing for schedule.
- G. IF ONLINE: Make Utility rooms (separate Judge room with a liaison coach to go between--zoom recommended otherwise you will have a lot of utility rooms to go between).
- H. If ONLINE: Coach/Tabroom--recommend zoom with breakouts available to keep things manageable.
- I. Double Check judges and that their availability is correct.
- J. Double Check Entries and numbers from the schools.
- K. Send judge training module instructions for certification and ensure training certification completed.

## Section 2: During the Tournament

- A. Have the Handbook and Event Rule book printed, or electronically available, ready to use as needed.
- B. Be in the Tabroom with staff at least 30 min before start of tournament to ensure ready to go. Review who is doing what and overall procedures.
- C. IF ONLINE: Trouble Shooting Tech issues: [Use NSDA recommendations](#)---20 min to fix. Possibility, Coach could record a speech in that 20 min of trying and give to director to give to judge if all else fails. LAST RESORT FOR SPEECH! Kindness and best for students is motto.
  - a. Debate, they get the loss if can't figure out at that point.
    - i. Recommend having a zoom that has breakout rooms or a google meet set up as an option for those who can't get into campus emergency and see if that works, have another coach/region representative to be on that job.
- D. Event procedures:
  - a. Individual Events:
    - i. Set a time prior to round start for extemp prep.
    - ii. pair all rounds in tabroom in advance of tournament. Prior to publishing, double check for any errors and adjustments for drops, changes, etc.
    - iii. Publish and blast rounds at least 5 minutes before extemp prep is set to begin.
  - b. Debate Events:
    - i. Preset rounds I-II at least 30 minutes before tournament begins.
    - ii. Publish and blast rounds at least 15 min prior to round start time.
  - c. Congress:
    - i. Prepanel congress houses at least 30 minutes before tournament start time.

- ii. Create seating charts in tabroom, print a copy of each for scorers and PO of each house.
  - iii. Publish and blast sessions at least 15 min before round start.
- E. After start of rounds, ensure judges have clicked start in tabroom, are in their rooms, and that rounds are going. Replace judges and take care of problems as needed.
- F. While rounds are going, ensure the next rounds are ready to go.
- G. At conclusion of each round, Publish results to **Coaches only** after each round for ballot review. Remind them NOT to disclose or discuss with students.
- H. Hold formal, or informal, coach meetings at some point during rounds to ensure region/state reps and locations are secured for the next year, discuss rule changes or concerns, and vote for Classification Coach of the Year.
- I. After preliminary rounds are complete and during elimination rounds
  - a. Complete the Sweepstakes Quartling. Tabroom staff to print, mark and tally. Then put these out for all coaches to review and sign if agreed with, or adjust after discussion if errors are found.
  - b. If there is conflict or need a second opinion on quartiling/sweeps...use the ombudsman.

### **Section 3: After the Tournament**

- A. Upload results, winning team photos, and any proposals, voting results, etc to the UHSAA/UDCA via provided online folders.
- B. Make a copy of the Pay Template and fill in. Share this with the treasurer and coaches to ensure payment. Coaches pay judges and treasurer pays the schools, except in case of hires by tournament directors if needed. Treasurer will then pay hires directly.

## **Article II—Region Representatives**

### **Section 1: Committee Membership**

- A. State Tournament committees are made up of State Tournament Director, Region Representatives, and the ombudsman.

### **Section 2: Committee Member Duties at State Tournament**

- A. Assist the Tournament director with Tournament/ tabroom duties.
- B. In case of rule violation appeal of ombuds/tournament director ruling, the committee may meet to discuss, without knowledge of school/individual, to make a decision in the spirit of what is best for the tournament and activity.
- C. Be available for consultation with the Tournament Director for any decisions not covered in the rules.



## Chapter V: Protests, Procedures, Consequences

### Article I: Protest Procedures

#### Section 1: Definitions of roles

- A. Ombudsmen: At the State Tournament, the Ombudsperson Office is the go-to space for answers related to the tournament rules and procedure. They also serve as the intake for any formal rules protests. This Individual will also provide a safer place for attendees to report violations of the harassment/discrimination policy at our tournament.
- B. UHSAA Representative is the Tournament Director. The Tournament Director has been selected to represent the UHSAA and make decisions on their behalf. (This is per the UHSAA

#### Section 2: In Round Protest Procedures

Protests should be regarding a violation of rules.

Definitions of Evidence Violations

A. “Distortion” exists when the textual evidence itself contains added and/or deleted word(s), which significantly alters the conclusion of the author (e.g., deleting ‘not’; adding the word ‘not’). Additionally, failure to bracket added words would be considered distortion of evidence.

B. “Non-existent evidence” means one or more of the following:

- a. The debater citing the evidence is unable to provide the original source or copy of the relevant pages when requested by their opponent, judge, or tournament official.
- b.. The original source provided does not contain the evidence cited.
- c. . The evidence is paraphrased but lacks an original source to verify the accuracy of the paraphrasing. If a student paraphrases from a book, study, or any other source, the specific lines or section from which the paraphrase is taken must be highlighted or otherwise formatted for identification in the round.
- d. The debater is in possession of the original source, but declines to provide it to their opponent upon request in a timely fashion .

C. “Clipping” occurs when the debater claims to have read the complete text of highlighted and/or underlined evidence when, in fact, the contestant skips or omits portions of evidence.

D. “Straw argument” A “straw argument” is a position or argumentative claim introduced by an author for the purpose of refuting, discrediting or characterizing it. Reliance on a straw argument occurs in a debate round when a debater asserts incorrectly that the author supports or endorses the straw argument as their own position.

**Note:** A debater who acknowledges using a “straw argument” when verbally first read in the round, would not be misrepresenting evidence. However, if the debater fails to acknowledge the use of a “straw argument” and their opponent questions the use of such an argument, then that debater has committed an evidence violation.

- A. Judges are responsible for resolving disputes between debaters regarding oral citations; written source citations; distinguishing between what parts of each piece of evidence are and are not read in a particular round

When the judge(s) have such a dispute in the round, they must

- a. make a written note on the ballot

- b. or inform the tabulation committee of the dispute. They must do so particularly if it impacts the decision in the debate.
- c. These decisions may not be appealed.

B. A formal allegation of violation of the evidence rules is permitted during the round only if the debater(s) allege a violation of: distortion, nonexistent evidence, or clipping.

C. If a formal allegation of violation of these rules is made during a round, the following procedures must be followed:

- a. The team/individual alleging a violation must make a definitive indication that they are formally alleging a violation of an evidence rule.
- b. The team/individual alleging the violation of the evidence must articulate the specific violation
- c. The judge should stop the round at that time to examine the evidence from both teams/individuals and render a decision about the credibility of the evidence.
  - i. If the judge determines that the allegation is legitimate and an evidence violation has occurred, then they can refer to the following potential penalties:

#### D. Penalties for Evidence Violations

- a. If the judge determines that an entry has violated one of the rules listed: oral citation, written citation, indication of parts of card read or not read, use of private communication, the judge may at their discretion disregard the evidence, diminish the credibility given to the evidence, take the violation into account (solely or partially) in deciding the winner of the debate, or take no action.
- b. If a debater(s) commits an evidence violation for “clipping” the use of a “straw argument” (7.2.D.), or the use of “ellipses” (7.1.E.), it will result in a loss for the debater(s) committing the evidence violation. The judge should award zero speaker points (if applicable), and indicate the reason for decision on the ballot.
- c. If debater(s) commits an evidence violation of “distortion”, or have used “non-existent evidence”, the offending debater(s) will lose the debate and be disqualified from the tournament. However, if a debater(s) loses a round due to “non-existent evidence”, violation during an in-round formal allegation, but can produce it after the round within 20 minutes to the tabulation committee, the committee may decide not to disqualify the entry. The loss that was recorded by the judge may not be changed.
- d. If a post-round protest is levied against a debater for not providing evidence or an original source in round (non-existent evidence), and the judge confirms they in fact did not provide the evidence in a timely fashion when requested in round, the debater(s) will lose the round and be disqualified from the tournament. However, if a debater(s) produces the evidence within the post-round challenge period, that debater(s) may avoid disqualification

E. If the judge determines that the allegation is not legitimate and that there is no violation, the round will resume (UDCA specific adaptation of NSDA rules). Note: Teams/individuals may question the credibility and/or efficacy of the evidence without a formal allegation that requires the round to end. Teams/debaters may make in-round arguments regarding the credibility of evidence without making a formal allegation or violation of these rules. Such informal arguments about the evidence will not automatically end the round, and will be treated by the judge in the same fashion as any other argument.

F. Appeals of a judge decision, may only be made if judge(s) have misapplied, misinterpreted, or ignored a rule.

G. Protests of a judge’s decision should be taken to the OMBUDS, who will determine if it is necessary to take to the Tournament Director.

- a. If determined that it is, then the Ombuds will work with the coach to fill out in writing the protest and bring that document to the Tournament director.

- b. After Meeting with Ombuds, Protests of a judge's decision should then be taken to the Tournament Director/UHSAA Representative, or region rep who then will report to the Tournament Director. The violation must be reported in a timely manner---immediately following the round, if it was not taken to the judge in round, or discovered following the conclusion of the round.
- c. The Tournament Director will then find the Coach whose team the violation is in question about and inform them of the protest.

It is imperative that the coach of the entry in question does not speak with or engage with the judge in question.

G. Other Rule Violations:

- a. Concerned Coach/Individual will go to the ombuds and discuss. If found to be a legitimate rule violation, they will assist the coach or individual in filling out the formal protest form and contact Tournament Director and move forward with the next steps..

H. If a violation is found to have occurred, the appropriate action will be taken if outlined in the rules.

- a. If there is not a specific consequence, the Tournament Director will work with the Ombuds to ask a representative of each region (who is not informed and is neutral to the issue) to then discuss the violation without mentioning names or specific schools and determine the consequence.
- b. It Is imperative that the school with the entry in question does not discuss the issue with other coaches or judges until the process is complete.

J.. The tournament will continue as normal throughout the process..

- a. In the case of a disqualification of a debater(s), all ranks and decisions of other debater(s) made prior to the start of the round being protested stand and no revision of past round ranks will take place.
- b. When a round has been held between the round being protested and a final decision regarding the protest, the result of that round will be recorded as follows:
  - i. If the protest is upheld, and a debater is disqualified, the opponent of the disqualified debater will receive a forfeit win.
  - ii. If the protest is overruled, and the protesting debater won the protested round, no revision of the result on the ballot will take place.
  - iii. If the protest is overruled, the protesting debater lost the protested round, and had no previous losses, no revision of the result on the ballot will take place.
  - iv. If the protest is overruled, the protesting debater lost the protested round, and had a previous loss, the opponent will receive a forfeit win regardless of the result on the ballot.

### Section 3: Non-Rule Related issues

- A. The Tournament director, in consultation with the region representatives, and UHSAA Representative if needed, has the authority to rule promptly and in the spirit of good sportsmanship and best interest of the activity, in any situation not specifically covered in the rules.

## Chapter VI: Event Rules & Rubrics

**Introduction:** The State tournament will follow the event rules outlined by the NSDA. This manual has both the main event rules from the NSDA as well as a copy of the ballot and scoring rubric that will be used at all state tournaments.

### Article 1: Policy Debate

(Source: See *High School Unified Manual, Chapter, Rules, and Tournament Operations*, 2021-2022, pg 24. <https://www.speechanddebate.org/high-school-unified-manual/> )

**Section 1: Resolution:** The resolution will be one requiring a policy judgment. The current national question will be used. Refer to [www.speechanddebate.org/topics](http://www.speechanddebate.org/topics) for the current topic.

**Section 2: Entries:** An entry is comprised of two students from the same school; each debating both sides of the resolution and advancing on its own record. No substitution is permitted once the tournament has begun.

**Section 3: Order of Speeches:** Each debater must give one and only one constructive speech, one period of questioning, one period of answering, and one rebuttal speech, in the following order:


Affirmative Constructive Speech	8 minutes
Negative Cross Examines Affirmative	3 minutes
Negative Constructive Speech	8 minutes
Affirmative Cross Examines Negative	3 minutes
Affirmative Constructive Speech	8 minutes
Negative Cross Examines Affirmative	3 minutes
Negative Constructive Speech	8 minutes
Affirmative Cross Examines Negative	3 minutes
Negative Rebuttal	5 minutes
Affirmative Rebuttal	5 minutes
Negative Rebuttal	5 minutes
Affirmative Rebuttal	5 minutes
Prep time	8 minutes per team

**Section 4: Prompting Philosophy:** Oral prompting, except time signals, either by the speaker's colleague or by any other person while the debater has the floor, is discouraged though not prohibited and may be penalized by some judges. Debaters may, however, refer to their notes and materials and may consult with their teammate while they do not have the floor.

**Section 5: Use of Electronic Devices:** The use of laptop computers is permitted at the National Tournament. The use of laptop computers at the qualifying tournament will be the autonomous decision of each district. Laptop use must comply with the "Guidelines for Use of Internet-Enabled Devices in Debate Events." (UHSAA follows the National Tournament rules)

**Section 6: Timing:** Timekeepers are an option but not required. If no timekeeper is used, debaters may time for their partners or the judge may keep time. Prep time for each team is eight minutes.

**Section 7: Sample Policy Ballot**



## Policy Debate Ballot

Tournament Date:			Tournament Location:		
Round:	Room:	Division:	Judge Name:	Judge School:	
Affirmative Code:			Negative Code:		
<i>Print debaters' names below; rank 1-4 →</i>			Points	Rank	<i>Print debaters' names below; rank 1-4 →</i>
1A:					1N:
2A:					2N:

**Award points to each speaker:** < 20 Unethical/inappropriate Behavior    20-23 Below Average    24-26 Average    27-28 Above Average    29-30 Outstanding

Decision: <input type="checkbox"/> Affirmative <input type="checkbox"/> Negative	Team/Code:	Low-point win? <input type="checkbox"/> Yes
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**Reasons for Decision** (provide detailed justification referring to central issues presented in the round, for debaters and their coaches):

<b>Order/Time Limits of Speeches</b>
Affirmative Constructive .....8 min.
Neg Cross-Examines Aff.....3 min.
Negative Constructive .....8 min.
Aff Cross-Examines Neg.....3 min.
Affirmative Constructive .....8 min.
Neg Cross-Examines Aff.....3 min.
Negative Constructive .....8 min.
Aff Cross-Examines Neg.....3 min.
Negative Rebuttal.....5 min.
Affirmative Rebuttal .....5 min.
Negative Rebuttal.....5 min.
Affirmative Rebuttal .....5 min.
8 minutes of Prep Time per team

01/05/2022

## Section 8: Tabroom judging rubric (UHSAA/UDCA Specific)

### A. Judging guidelines:

- a. Judges should decide the round as it is debated, not on personal beliefs.
- b. Clash of ideas is essential to debate.
- c. Debaters should display solid logic and reasoning, advocate a position, utilize evidence, and communicate clear ideas.

### Speaker Points Rubric: 4-6 Points awarded in each area to total no less than 20

**Clarity:** arguments were presented in a manner that was clear and understandable to the judge

**Delivery:** presentation, style, poise, articulation/enunciation, and inflection are effective in delivering the arguments and responding to the opponent.

**Evidence and Logic:** cites credible sources and warrants claims accordingly that is relevant and supports claim/ideas, . The nature of proof should be in the logic and the ethos of a student's independent analysis and/or authoritative opinion.

**Cross Examination:** Cross-examination should clarify, challenge, and/or advance arguments

**Overall Presentation:** Behavior is ethical, respectful of topic, opponent, and judge in manners and tone.

Order	Label	Description	Speaker?	Min	Max
1	Clarity	arguments were presented in a ma	<input type="checkbox"/>	4	6
2	Delivery	presentation, style, poise, arti	<input type="checkbox"/>	4	6
3	Evidence and Logic	cites credible sources and warra	<input type="checkbox"/>	4	6
4	Cross Examination	Cross-examination should clarify	<input type="checkbox"/>	4	6
5	Overall Presentator	Behavior is ethical, respectful	<input type="checkbox"/>	4	6

## Article 2: Public Forum Debate

(Source: See *High School Unified Manual, Chapter, Rules, and Tournament Operations*, 2021-2022, pg 25-26. <https://www.speechanddebate.org/high-school-unified-manual/> )

**Section1: Resolution:** Specific resolutions for district tournaments held during certain months and the National Tournament topic are available online at [www.speechanddebate.org/topics](http://www.speechanddebate.org/topics). Public Forum Debate focuses on advocacy of a position derived from the issues presented in the resolution, not a prescribed set of burdens.

**Section 2: Entries:** An entry is comprised of two students from the same school; each debating both sides of the resolution and advancing on its own record. No substitution is permitted once the tournament has begun.

### Section 3: Procedure and Order of Speeches:

- A. Prior to EVERY round and in the presence of the judge(s), a coin is tossed by one team and called by the other team.
- B. The team that wins the flip may choose one of two options:
  - a. EITHER the SIDE of the topic they wish to defend (pro or con) OR the SPEAKING POSITION they wish to have (begin the debate or end the debate).
  - b. The remaining option (SIDE OR SPEAKING POSITION) is the choice of the team that loses the flip.
- C. Once speaking positions and sides has been determined, the debate begins (the con team may lead, depending on the coin flip results). Following the first two constructive speeches, the two debaters who have just given speeches will stand and participate in a three-minute “crossfire”.
  - a. In “crossfire” both debaters “hold the floor.” However, the speaker who spoke first must ask the first question. After that question, either debater may question and/or answer at will.
- D. At the conclusion of the summary speeches, all four debaters will remain seated and participate in a three-minute “Grand Crossfire” in which all four debaters are allowed to cross-examine one another.
  - a. The speaker who gave the first summary speech must ask the first question. The speakers from each team will continue to ask and answer questions. Teams should alternate asking and answering questions rather than allowing one team to dominate so that a balance between teams is achieved. All speakers are encouraged to participate in the Grand Crossfire. Speakers should listen respectfully to opponents’ questions and answers.

First Speaker - Team A	4 minutes
First Speaker - Team B	4 minutes
Crossfire	3 minutes
Second Speaker - Team A	4 minutes
Second Speaker - Team B	4 minutes
Crossfire	3 minutes
Summary - First Speaker - Team A	3 minutes
Summary - First Speaker - Team B	3 minutes
Grand Crossfire	3 minutes
Final Focus - Second Speaker - Team A	2 minutes
Final Focus - Second Speaker - Team B	2 minutes
Prep Time	3 minutes per team


**Section 4: Plans/Counterplans:** In Public Forum Debate, the Association defines a plan or counterplan as a formalized, comprehensive proposal for implementation. Neither the pro or con side is permitted to offer a plan or counterplan; rather, they should offer reasoning to support a position of advocacy. Debaters may offer generalized, practical solutions.

**Section 5: Prompting Philosophy:** Oral prompting, except time signals, either by the speaker’s colleague or by any other person while the debater has the floor, is discouraged though not prohibited and may be penalized by some judges. Debaters may, however, refer to their notes and materials and may consult with their teammate while they do not have the floor and during the Grand Crossfire.

**Section 6: Use of Electronic Devices:** The use of laptop computers is permitted at the National Tournament. The use of laptop computers at the qualifying tournament will be the autonomous decision of each district. Laptop use must comply with the “Guidelines for Use of Internet-Enabled Devices in Debate Events.” (UHSAA follows the National Tournament rules)

**Section 7: Timing:** Timekeepers are an option but not required. If no timekeeper is used, debaters may time for their partners or the judge may keep time. Prep time for each team is three minutes.

**Section 8: Sample Public Forum Ballot**



## Public Forum Debate Ballot

Tournament Date:			Tournament Location:		
Round/Flight:	Room:	Division:	Judge Name:	Affiliation/Occupation:	
Resolution/Topic:					

**EVERY** round begins with a coin toss; the winning team has the option of choosing *either* the side (pro or con) *or* the speaking order (first or second) in the round; the losing team makes the remaining choice, either side or speaking order.

**AFTER** the coin toss, record the following (the team on the left speaks first):

First Team			Second Team		
Code:	Side: <input type="checkbox"/> Pro <input type="checkbox"/> Con	Points	Code:	Side: <input type="checkbox"/> Pro <input type="checkbox"/> Con	Points
Speaker 1 Name:			Speaker 2 Name:		
Speaker 3 Name:			Speaker 4 Name:		

Rate each speaker: < 20 Unethical/Inappropriate Behavior    20-23 Below Average    24-26 Average    27-28 Above Average    29-30 Outstanding

Winning Team: <input type="checkbox"/> Pro <input type="checkbox"/> Con	Team/Code:
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- ❖ Judges should decide the round as it is debated, not based on their personal beliefs.
- ❖ Debaters should advocate or reject the resolution in manner clear to the non-specialist citizen judge (i.e., jury). Clash of ideas is essential to debate.
- ❖ Debaters should display solid logic and reasoning, advocate a position, utilize evidence, and communicate clear ideas.
- ❖ Neither the pro nor con is permitted to offer a plan or counterplan, defined as a formalized, comprehensive proposal for implementation. Rather, they should offer reasoning to support a position of advocacy. Debaters may offer generalized, practical solutions.
- ❖ Crossfire time should be dedicated to questions and answers rather than reading evidence. Evidence may be referred to extemporaneously.
- ❖ **No new arguments** may be introduced in the Final Focus; however, debaters may include new evidence to support prior arguments.

**Comments to debaters:**

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**Comments to debaters:**

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**Reasons for Decision** (cite specific arguments that had a bearing):

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Order/Time Limits of Speeches	
Speaker 1.....	4 min.
Speaker 2.....	4 min.
Crossfire (1 & 2)*.....	3 min.
Speaker 3.....	4 min.
Speaker 4.....	4 min.
Crossfire (3 & 4)*.....	3 min.
Speaker 1 Summary.....	3 min.
Speaker 2 Summary.....	3 min.
Grand Crossfire (all).....	3 min.
Speaker 3 Final Focus.....	2 min.
Speaker 4 Final Focus.....	2 min.
3 minutes of Prep Time per side	
* The first question is asked by the earlier speaker.	



**Section 9: Public Forum Judging Rubric (UHSAA/UDCA Specific)**

**B. Judging guidelines:**

- d. Judges should decide the round as it is debated, not on personal beliefs.
- e. Debaters should advocate or reject the resolution in a manner clear to a non-specialist judge (ie: jury). Clash of ideas is essential to debate.
- f. Debaters should display solid logic and reasoning, advocate a position, utilize evidence, and communicate clear ideas.
- g. . Neither pro or con is permitted to offer a plan or counterplan, defined as a formalized comprehensive proposal for implementation. Rather they should offer reasoning to support a position of advocacy. Debaters may offer generalized practical solutions as a part of examples/possibilities in supporting their position.
- h. Cross-examination should clarify, challenge, and/or advance arguments.
- i. No new arguments may be introduced in the Final Focus: however, debaters may include new evidence to support prior arguments.
- j. Comments: provide detailed comments (both positive feedback and constructive criticism) designed to help both the debater and the coach; for example, suggestions on improving case construction, refutation, logic, delivery, etc

**Speaker Points Rubric: 4-6 Points awarded in each area to total no less than 20**

**Clarity:** arguments were presented in a manner that was clear and understandable to the judge. Accordingly, a judge should only evaluate those arguments that were presented in a manner that was clear and understandable to them as a judge.

**Delivery:** presentation, style, poise, articulation/enunciation, and inflection are effective in delivering the arguments and responding to opponent.

**Evidence and Logic:** cites credible sources and warrants claims accordingly that is relevant and supports claim/ideas, . The nature of proof should be in the logic and the ethos of a student’s independent analysis and/or authoritative opinion.

**Cross Examination:** Cross-examination should clarify, challenge, and/or advance arguments

**Overall Presentation:** Behavior is ethical, respectful of topic, opponent, and judge in manners and tone.

Order	Label	Description	Speaker?	Min	Max
1	Clarity	arguments were presented in a ma	<input type="checkbox"/>	4	6
2	Delivery	presentation, style, poise, arti	<input type="checkbox"/>	4	6
3	Evidence and Logic	cites credible sources and warra	<input type="checkbox"/>	4	6
4	Cross Examination	Cross-examination should clarify	<input type="checkbox"/>	4	6
5	Overall Presentator	Behavior is ethical, respectful	<input type="checkbox"/>	4	6

## Article 3: Lincoln Douglas Debate

(Source: See *High School Unified Manual, Chapter, Rules, and Tournament Operations*, 2021-2022, pg 27-29. <https://www.speechanddebate.org/high-school-unified-manual/> )

**Section 1: Resolution:** The resolution will be one requiring a value judgment. Districts must use the current Lincoln-Douglas topic for the month in which the competition occurs. Refer to [www.speechanddebate.org/topics](http://www.speechanddebate.org/topics) for the current topic.

**Section 2: Entries:** Each contestant will debate both sides. No substitution is permitted once the tournament has begun.

### Section 3: Order of Speeches:

Affirmative Constructive	6 minutes
Negative Cross Examination	3 minutes
Negative Constructive	7 minutes
Affirmative Cross Examination	3 minutes
Affirmative Rebuttal	4 minutes
Negative Rebuttal	6 minutes
Affirmative Rebuttal	3 minutes
Prep Time	4 minutes per debater

**Section 4: Timing:** A timekeeper is an option but isn't required. If no timekeeper is used, debaters may time for their opponent or the judge may keep time. Prep time for each debater is four minutes.

**Section 5: Use of Electronic Devices:** The use of laptop computers is permitted at the National Tournament. The use of laptop computers at the qualifying tournament will be the autonomous decision of each district. Laptop use must comply with the "Guidelines for Use of Internet-Enabled Devices in Debate Events." (UHSAA follows the National Tournament rules)

Section 6: Sample Lincoln Douglas Ballot



# Lincoln-Douglas Debate Ballot

Tournament Date:			Tournament Location:		
Round/ Flight:	Room:	Division:	Judge Name:	Judge School:	
Affirmative:			Name or ← Code →	Negative:	
Aff. Points:	← Award speaker points to each debater (based on the range below) →				Neg. Points:
	20-21 Below Average	22-23 Average	24-26 Good	27-28 Excellent	29-30 Outstanding
Decision: <input type="checkbox"/> Affirmative <input type="checkbox"/> Negative			Winning Team/Code:		Low-point win? <input type="checkbox"/> Yes

1. The resolution evaluated is a proposition of value, which concerns itself with what ought to be instead of what is. Values are ideals held by individuals, societies, governments, etc., which serve as the highest goals to be considered or achieved within the context of the resolution in question.
2. Each debater has the burden to prove their side of the resolution more valid as a general principle. It is unrealistic to expect a debater to prove complete validity or invalidity of the resolution. The better debater is the one who, on the whole, proves their side of the resolution more valid as a general principle.
3. Students are encouraged to research topic-specific literature and applicable works of philosophy. The nature of proof should be in the logic and the ethos of a student's independent analysis and/or authoritative opinion.
4. Communication should emphasize clarity. Accordingly, a judge should only evaluate those arguments that were presented in a manner that was clear and understandable to them as a judge. Throughout the debate, the competitors should display civility as well as a professional demeanor and style of delivery.
5. After a case is presented, neither debater should be rewarded for presenting a speech completely unrelated to the arguments of their opponent; there must be dash concerning the major arguments in the debate. Cross-examination should clarify, challenge, and/or advance arguments.
6. The judge shall disregard new arguments introduced in rebuttal. This does not include the introduction of new evidence in support of points already advanced or the refutation of arguments introduced by opponents.
7. Because debaters cannot choose which side of the resolution to advocate, judges must be objective evaluators of both sides of the resolution. Evaluate the round based only on the arguments that the debaters made and not on personal opinions or on arguments you would have made.

**Comments:** provide detailed comments (both positive feedback and constructive criticism) designed to help both the debater and the coach; for example, suggestions on improving case construction, refutation, logic, delivery, etc.

**Reasons for Decision** (provide a detailed justification, referring to central issues debaters presented in the round):

**Order/Time Limits  
of Speeches**

Affirmative Constructive ... 6 min.  
Neg. Cross-Ex of Aff. .... 3 min.  
Negative Constructive ..... 7 min.  
Aff. Cross-Ex of Neg. .... 3 min.  
Affirmative Rebuttal ..... 4 min.  
Negative Rebuttal ..... 6 min.  
Affirmative Rebuttal ..... 3 min.

Each debater has 4 min. prep used before their own speaking times, at their discretion.

08/24/2021

## Section 7: Lincoln Douglas Judging Rubric (UHSAA/UDCA Specific)

Judging guidelines:

- A. The resolution evaluated is a proposition of value, which concerns itself with what ought to be instead of what is. Values are ideals held by individuals, societies, governments, etc., which serve as the highest goals to be considered or achieved within the context of the resolution in question.
- B. Each debater has the burden to prove their side of the resolution more valid as a general principle. It is unrealistic to expect a debater to prove complete validity or invalidity of the resolution. The better debater is the one who, on the whole, proves their side of the resolution more valid as a general principle.
- C. Students are encouraged to research topic-specific literature and applicable works of philosophy. The nature of proof should be in the logic and the ethos of a student's independent analysis and/or authoritative opinion.
- D. Communication should emphasize clarity. Accordingly, a judge should only evaluate those arguments that were presented in a manner that was clear and understandable to them as a judge. Throughout the debate, the competitors should display civility as well as a professional demeanor and style of delivery.
- E. After a case is presented, neither debater should be rewarded for presenting a speech completely unrelated to the arguments of their opponent; there must be clash concerning the major arguments in the debate. Cross-examination should clarify, challenge, and/or advance arguments.
- F. The judge shall disregard new arguments introduced in rebuttal. This does not include the introduction of new evidence in support of points already advanced or the refutation of arguments introduced by opponents.
- G. Because debaters cannot choose which side of the resolution to advocate, judges must be objective evaluators of both sides of the resolution. Evaluate the round based only on the arguments that the debaters made and not on personal opinions or on arguments you would have made.
- H. Comments: provide detailed comments (both positive feedback and constructive criticism) designed to help both the debater and the coach; for example, suggestions on improving case construction, refutation, logic, delivery, etc

### Tabroom judging rubric

**Speaker Points Rubric: 4-6 Points awarded in each area to total no less than 20**

**Clarity:** arguments were presented in a manner that was clear and understandable to the judge

**Delivery:** presentation, style, poise, articulation/enunciation, and inflection are effective in delivering the arguments and responding to the opponent.

**Evidence and Logic:** cites credible sources and warrants claims accordingly that is relevant and supports claim/ideas, . The nature of proof should be in the logic and the ethos of a student's independent analysis and/or authoritative opinion.

**Cross Examination:** Cross-examination should clarify, challenge, and/or advance arguments.

**Overall Presentation:** Behavior is ethical, respectful of topic, opponent, and judge in manners and tone.

Order	Label	Description	Speaker?	Min	Max
1	Clarity	arguments were presented in a ma	<input type="checkbox"/>	4	6
2	Delivery	presentation, style, poise, arti	<input type="checkbox"/>	4	6
3	Evidence and Logic	cites credible sources and warra	<input type="checkbox"/>	4	6
4	Cross Examination	Cross-examination should clarify	<input type="checkbox"/>	4	6
5	Overall Presentation	Behavior is ethical, respectful	<input type="checkbox"/>	4	6

## Article 3: Evidence Rules Debate

(Source: See *High School Unified Manual, Chapter, Rules, and Tournament Operations*, 2021-2022, pg 30-34. <https://www.speechanddebate.org/high-school-unified-manual/> )

Evidence is one of the important components of arguments in debate rounds. All debaters involved are expected to act in an ethical manner that is in accordance with the rules. In keeping with the National Speech & Debate Association Code of Honor, all participants are expected to use and interpret evidence, evidence rules, and procedures in good faith.

### Section 1: Responsibilities of Contestants Reading Evidence

- A. Evidence defined.** Debaters are responsible for the validity of all evidence they introduce in the debate. Evidence includes, but is not limited to: facts, statistics, or examples attributable to a specific, identifiable, authoritative source used to support a claim. Unattributed ideas are the opinion of the student competitor and are not evidence.
- B. Oral source citation.** In all debate events, contestants are expected to, at a minimum, orally deliver the following when introducing evidence in a debate round: primary author(s)' name (last) and year of publication. Any other information such as source, author's qualifications, etc., may be given, but is not required. Should two or more quotations be used from the same source, the author and year must be given orally only for the first piece of evidence from that source. Subsequently, only the author's name is required. Oral citations do not substitute for the written source citation. The full written citation must be provided if requested by an opponent or judge.
- C. Written source citation.** To the extent provided by the original source, a written source citation must include:
- a. Full name of primary author and/or editor
  - b. Publication date
  - c. Source
  - d. Title of article
  - e. Date accessed for digital evidence
  - f. Full URL, if applicable
  - g. Author qualifications
  - h. Page number(s)

**D. Paraphrasing, authoritative source versus general understanding.** If paraphrasing is used in a debate, the debater will be held to the same standard of citation and accuracy as if the entire text of the evidence were read. Paraphrasing may be used to shorten or clarify one specific portion of an original source. It should not be confused with general summary of an entire book, chapter, study, etc., which may only be used for information that is widely considered to be common knowledge. Paraphrasing focuses on a single idea, while summary focuses on a general concept. For example, if a debater references a specific theory by a specific author, the debater must also be able to provide an original source as well as the specific text from the original source which is being paraphrased. If a debater were to reference social contract theory in general, that would not be an authoritative source that would require citation. However, if the debater references “John Locke’s Social Contract,” evidence would need to be available.

**E. Ellipses prohibited.** In all debate events, the use of internal ellipsis (...) is prohibited **unless it is a replication of the original document.** Debaters may omit the reading of certain words; however, the text that is verbally omitted must be present in the text of what was read for opposing debaters and/or judges to examine. The portions of the evidence read including where the debater begins and ends must be clearly marked (as outlined in 7.1.G.2.).

#### **F. Availability of evidence.**

1. In all debate events, for reference, any material (evidence, cases, written citations, etc.) that is presented during the round must be made available to the opponent and/or judge during the round if requested. When requested, the original source or copy of the relevant (as outlined in 7.1.F.2.) pages of evidence read in the round must be available to the opponent in a timely fashion during the round and/or judge at the conclusion of the round.

**2. Original source(s) defined.** Understanding that teams/individuals obtain their evidence in multiple ways, the original source for evidence may include, but is not limited solely to, one of the following:

- a. Accessing the live or displaying a copy of a web page (teams/individuals may access the internet to provide this information if requested).
- b. A copy of the page(s) the evidence is on, the page preceding, and the page following, or the actual printed (book, periodical, pamphlet, etc.) source.
- c. Copies or electronic versions of published handbooks (i.e., Baylor Briefs; Planet Debate, etc.).
- d. Electronic or printed versions or the webpage for a debate institute or the NDCA sponsored Open Evidence Project or similar sites.

3. Debaters, even if they have acquired the evidence other than by original research, are responsible for the content and accuracy of all evidence they present and/or read.

**G. Distinguishing between which parts of each piece of evidence are and are not read in a particular round.** In all debate events, debaters must mark their evidence in two ways:

1. Oral delivery of each piece of evidence must be identified by a clear oral pause or by saying phrases such as “quote/unquote” or “mark the card.” The use of a phrase is definitive and may be preferable to debaters. Clear, oral pauses are left solely to the discretion of the judge.

2. The written text must be marked to clearly indicate the portions read or paraphrased in the debate. See 7.2.B.3 for the penalty for failing to clearly indicate paraphrased text. In the written text the standard practices of underlining what is read, or highlighting what is read, and/or minimizing what is unread, is definitive and may be preferable to debaters. The clarity of other means of marking evidence is left to the discretion of the judge.

H. Private communication prohibited. Private, personal correspondence or communication between an author and the debater is inadmissible as evidence.

## Section 2: Definitions of Evidence Violations

- A. “Distortion” exists when the textual evidence itself contains added and/or deleted word(s), which significantly alters the conclusion of the author (e.g., deleting ‘not’; adding the word ‘not’). Additionally, failure to bracket added words would be considered distortion of evidence.
- B. “Non-existent evidence” means one or more of the following:
- a. The debater citing the evidence is unable to provide the original source or copy of the relevant pages when requested by their opponent, judge, or tournament official.
  - b. The original source provided does not contain the evidence cited.
  - c. The evidence is paraphrased but lacks an original source to verify the accuracy of the paraphrasing. If a student paraphrases from a book, study, or any other source, the specific lines or section from which the paraphrase is taken must be highlighted or otherwise formatted for identification in the round.
  - d. The debater is in possession of the original source, but declines to provide it to their opponent upon request in a timely fashion (as outlined in 7.4.C.).
- C. “Clipping” occurs when the debater claims to have read the complete text of highlighted and/or underlined evidence when, in fact, the contestant skips or omits portions of evidence.
- D. “Straw argument” A “straw argument” is a position or argumentative claim introduced by an author for the purpose of refuting, discrediting or characterizing it. Reliance on a straw argument occurs in a debate round when a debater asserts incorrectly that the author supports or endorses the straw argument as their own position.

Note: A debater who acknowledges using a “straw argument” when verbally first read in the round, would not be misrepresenting evidence. However, if the debater fails to acknowledge the use of a “straw argument” and their opponent questions the use of such an argument, then that debater has committed an evidence violation. National Speech & Debate Association • © 2021-2022 High School Event Rules Manual 32

## Section 3. Procedures for Resolving Evidence Violations

- A. Judges are responsible for resolving disputes between debaters regarding oral citations (7.1.B.); written source citations (7.1.C.); distinguishing between what parts of each piece of evidence are and are not read in a particular round (7.1.G.). When the judge(s) have such a dispute in the round, they must make a written note on the ballot or inform the tabulation committee of the dispute. They must do so particularly if it impacts the decision in the debate. **These decisions may not be appealed.**

- B. An appeal can only be made if the issue has been raised in the round with the exception of the issues listed in 7.3.C. Appeals may only be made if judge(s) have misapplied, misinterpreted, or ignored a rule.
- C. A formal allegation of violation of the evidence rules is permitted during the round only if the debater(s) allege a violation of 7.2.A. (distortion); 7.2.B. (nonexistent evidence); 7.2.C. (clipping). If a formal allegation of violation of these rules is made during a round, the following procedures must be followed: (see section 7.3.D. for procedures for making a formal allegation after the conclusion of the round):
- a. The team/individual alleging a violation must make a definitive indication that they are formally alleging a violation of an evidence rule.
  - b. The team/individual alleging the violation of the evidence must articulate the specific violation as defined in 7.2.A.; 7.2.B. and/or 7.2.C.
  - c. The judge should stop the round at that time to examine the evidence from both teams/individuals and render a decision about the credibility of the evidence.
    - i. If the judge determines that the allegation is legitimate and an evidence violation has occurred, the team/individual committing the violation will be given the loss in the round. Other sanctions may apply as well as articulated in 7.3.E.
    - . If the judge determines that the allegation is not legitimate and that there is no violation, the round will continue on as normal.
- Note: Teams/individuals may question the credibility and/or efficacy of the evidence without a formal allegation that requires the round to end. Teams/debaters may make in-round arguments regarding the credibility of evidence without making a formal allegation or violation of these rules. Such informal arguments about the evidence will not automatically end the round, and will be treated by the judge in the same fashion as any other argument.
- D. The tabulation committee is authorized to hear: (1) appeals, pursuant to 7.3.B., claiming that a judge ignored, misinterpreted or misapplied rules other than those from which no appeal is permitted pursuant to 7.3.A.; (2) appeals from a judge's decision, pursuant to 7.3.C., on a formal in-round allegation of distortion or non-existent evidence (note: **judge decisions regarding clipping may not be appealed**); and (3) a formal allegation of distortion or nonexistent evidence that is made for the first time after conclusion of the debate.
- E. The procedures for making an appeal or post-round formal allegation are as follows:
- a. A coach or school-affiliated adult representative from the school(s) competing in the debate or a judge for the round must notify the ombuds/tournament director of intent to submit an appeal or formal post-round allegation within 20 minutes of the end of the debate round. The 20-minute time period begins once the last ballot from all rounds (if flighted, both flights) has been collected by the tabulation committee.
  - b. The coach must submit the post-round formal allegation within 10 minutes of the formal notification of the intent to appeal. The allegation must be in writing and articulate the specific evidence violation that is being challenged. The challenged contestant and coach will then be notified.



- c. If the ombuds/tournament director determines that the original protest has merit, the coach or school affiliated adult and contestant(s) being challenged will be given 20 minutes to provide evidence denying, or to the contrary of the claim. If such evidence cannot be offered, the challenged debater(s) will be given the loss in the round and may be subject to additional penalties. If it is determined that the allegation is not legitimate and that there is no violation, no changes will be made.
  - d. The tournament director has the discretion of extending the time limits for these actions if circumstances do not allow a coach or school-affiliated adult to be available within the prescribed time limits.
- F. The committee's decision to disqualify a student can be appealed by the coach or school affiliated adult. The following procedure should be followed:
- a. The appeal must be submitted in writing to the ombuds within 10 minutes of the notification to disqualify.
  - b. The ombuds will then submit the appeal to the tournament director and committee of representatives. The committee will contact the national office referee once the written appeal has been received. Both sides will be able to provide written explanations and supporting evidence to defend their individual side.
  - c. A decision will be rendered in a timely manner. The decision of the committee shall be final and cannot be appealed.
  - d. If the appeal is successful and the contestant(s) may now continue in the tournament, they will be put into the appropriate bracket for pairing the debates.
  - e. If appeals are made in rounds in which multiple judges are being used, normal procedures should be followed to ensure each judge reaches their decision as independently as possible. Judges will be instructed not to confer or discuss the charge and/or answer to the potential violation. It will be possible for one judge to determine that an evidence violation has occurred and the other judge(s) to determine no violation has occurred. The tabulation committee will record the panel's decision in the same fashion as a normal win or loss; the outcome is thus tabulated in the same fashion as a round in which an evidence violation has not occurred. If the majority of the panel finds an evidence violation did not occur, no sanction may be applied to the team/individual charged with the violation. If the majority finds a violation has occurred, the appropriate penalties will be administered.

#### **Section.4. Penalties for Evidence Violations**

- A. If the judge determines that an entry has violated one of the rules listed in 7.3.A. and 7.1.H. (oral citation, written citation, indication of parts of card read or not read, use of private communication), the judge may at their discretion disregard the evidence, diminish the credibility given to the evidence, take the violation into account (solely or partially) in deciding the winner of the debate, or take no action.
- B. If a debater(s) commits an evidence violation for "clipping" (7.2.C.), the use of a "straw argument" (7.2.D.), or the use of "ellipses" (7.1.E.), it will result in a loss for the debater(s) committing the evidence violation. The judge should award zero speaker points (if applicable), and indicate the reason for decision on the ballot.

- C. If debater(s) commits an evidence violation of “distortion” (7.2.A.) or have used “non-existent evidence” (as defined by 7.2.B.) the offending debater(s) will lose the debate and face possible disqualification. However, if a debater(s) loses a round due to “non-existent evidence” (7.2.B.) violation during an in-round formal allegation, but can produce it after the round within 20 minutes to the tabulation committee, the committee may decide not to disqualify the entry. The loss that was recorded by the judge may not be changed. If a post-round protest is levied against a debater for not providing evidence or an original source in round (non-existent evidence), and the judge confirms they in fact did not provide the evidence in a timely fashion when requested in round, the debater(s) will lose the round.
- D. Evidence infractions violate the Code of Honor. Depending on the severity, an offense may result in notification of said offense to the contestant’s high school administration and face possible disqualification and other consequences.

### **Section.5. Tournament Adjustments**

- A. Under no circumstance will a tournament or part of a tournament be re-run because of a violation of these rules.
- B. In the case of a disqualification of a debater(s), all ranks and decisions of other debater(s) made prior to the start of the round being protested stand and no revision of past round ranks will take place. Penalties listed in 7.4. will be applied.
- C. When a round has been held between the round being protested and a final decision regarding the protest, the result of that round will be recorded as follows:
- a. If the protest is upheld, and a debater is disqualified, the opponent of the disqualified debater will receive a forfeit win.
  - b. If the protest is overruled, and the protesting debater won the protested round, no revision of the result on the ballot will take place.
  - c. If the protest is overruled, the protesting debater lost the protested round, and had no previous losses, no revision of the result on the ballot will take place.
  - d. If the protest is overruled, the protesting debater lost the protested round, and had a previous loss, the opponent will receive a forfeit win regardless of the result on the ballot.

## Article IV — Spontaneous Argumentation (SPAR)

### Section 1: Timing Rules

- 1 min. Prep
- 2 min. Affirmative Constructive
- 2 min. Negative Constructive
- 3 min. Cross Examination
- 1 min. Affirmative Rebuttal
- 1 min. Negative Rebuttal

### Section 2: General Rules

- A. SpAr will begin with a coin toss. The winner of the toss will select topic or side, with the loser choosing the alternative. The contestant selecting the topic weighs three topic choices, followed by the selection of the side (Affirmative or Negative). Preparation time will begin following the selection of the topic.
- B. SpAr shall be classified and administered as a Debate event at Region and State tournaments, with the judge deciding a winner at the close of each round. However, SpAr may be treated as a speech during regular season tournaments at the discretion of a tournament director, with the judge ranking all speakers in the round as first place, second place, third place, etc.
- C. 4-6 Points shall be awarded in each of the following areas, totaling no less than twenty (20) and no more than thirty (30) points:
  - (i) Clarity: Arguments were presented in a manner that was clear and understandable to the judge;
  - (ii) Delivery: Presentation, style, poise, articulation/enunciation, and inflection are effective in delivering the arguments and responding to the opponent;
  - (iii) Evidence and Logic: Cites credible sources and warrants claims accordingly that is relevant and supports claim/ideas — the nature of proof should be in the logic and the ethos of a student’s independent analysis and/or authoritative opinion;
  - (iv) Cross Examination: Cross-examination should clarify, challenge, and/or advance arguments;
  - (v) Overall Presentation: Behavior is ethical, respectful of topic, opponent, and judge in manners and tone;
- D. Use of the internet is strictly prohibited during all SpAr rounds, in keeping with Chapter I, Article IV of these Speech & Debate Policies and Guidelines,
- E. Sources that have been memorized may be used, but are discouraged, given that SPAR is primarily a logic-based debate.
- F. Topics at Region and State tournaments should be socially relevant, educational, or relate to current events. However, topics at regular season tournaments may range in terms of seriousness to promote quick-thinking in a fun, engaging, and appropriate manner.

## Article 5: Congressional Debate

(Source: See *High School Unified Manual, Chapter, Rules, and Tournament Operations*, 2021-2022, pg 35-43. <https://www.speechanddebate.org/high-school-unified-manual/> )

### Section 1:

. A **session** is defined as including:

- A. Minimum of 2.5 hours.
- B. 18-20 students as the optimum number for a three-hour session; otherwise, a session should be lengthened by ten minutes per each additional student beyond 20. Chambers may not be larger than 30 students.
- C. Election of a presiding officer. The presiding officer must be elected with a majority of the vote. If one candidate does not receive a majority of votes, eliminate the candidate with the fewest votes and vote again. If candidates are tied for the fewest number of votes, vote to determine which of the tied candidates should remain in contention. Repeat this process until one candidate receives a majority of votes.
- D. New seating chart (necessary accommodations for students with special needs may be made).
- F. New legislation that has not been debated in a previous session at that tournament.

### Section 2. Recognizing Speakers

- A. When more than one speaker seeks the floor, the presiding officer must follow the precedence/recency method: 1) First recognize students who have not spoken during the session. 2) Next recognize students who have spoken fewer times. 3) Then recognize students who spoke earlier (least recently).
- B. If a tournament is not using preset recency, before recency is established, the presiding officer should recognize speakers fairly and consistently. They may not link recognition of speakers to previous recognition of students asking questions, moving motions, or longest standing (standing time). Before precedence is established, the presiding officer should explain their recognition process and it must be fair, consistent and justifiable. All district tournaments must use preset, randomized recency in Congressional Debate beginning in 2022-2023.
- C. During any session, precedence/recency should not reset, to ensure that all students in a chamber have an equal opportunity to speak and receive evaluation from scorers. When a new session begins, precedence/recency may be reset along with a new seating chart, and election of a presiding officer.
- D. Scorers will include answers to questions when evaluating speeches.
- E. A speaker may yield time on the floor during debate (for questions or clarifications) but that speaker will remain in control of their three minutes (see #6 below regarding questioning).

**Section 3. Speeches introducing legislation** are allotted up to three minutes, followed by two minutes of questioning by other delegates. A student from the school (or at the national level, the district) who wrote the legislation gets the privilege of recognition (called authorship), regardless of precedence; otherwise the presiding officer may recognize a “sponsor” from the chamber, provided this recognition follows the precedence guidelines above. Regardless, this speech of introduction must be followed by two minutes of questions. Should no student seek recognition for the authorship/sponsorship, the chamber will move to lay the legislation on the table until such time that a student is prepared to introduce it.

**Section 4. The first negative speech** must be followed by two minutes of questions.

**Section 5. Following the first two speeches** on legislation, the presiding officer will alternately recognize affirmative and negative speakers, who will address the chamber for up to three minutes, followed by one minute of questioning by other delegates.

- A. If no one wishes to oppose the preceding speaker, the presiding officer may recognize a speaker upholding the same side.
- B. When no one seeks the floor for debate, the presiding officer may ask the chamber if they are “ready for the question,” at which point, if there is no objection, voting may commence on the legislation itself.
- C. There is no “minimum cycle” rule; however, if debate gets “one-sided,” the chamber may decide to move the previous question.
- D. In the event a student speaks on the wrong side called for by the presiding officer and the error is not caught, the speaker shall be scored and the speech shall count in precedence, but the speaker must be penalized at least three points for not paying close attention to the flow of debate.
- E. In the event a student speaks on an item of legislation not currently being debated, said speech shall count in precedence, but zero points shall be awarded.

**Section 6. The presiding officer fairly and equitably recognizes members to ask questions** following each speech. The presiding officer starts timing questioning periods when they have recognized the first questioner, and keeps the clock running continuously until the time has lapsed. There are two different questioning methods.

- A. **Traditional questioning:** Speakers are encouraged to ask brief questions, and may only ask one question at a time. Two-part/multiple-part questions are not allowed. There is no formal “permission to preface,” however; presiding officers should discourage students from making statements as part of questioning, since that is an abusive use of the limited time available.
- B. **STATE WILL USE Direct questioning:** The presiding officer will open the floor for questions following each speech. The presiding officer will recognize questioners for a cross-examination period of no more than 30 seconds. Questioners will be chosen according to a separate questioning recency.

**Section 7.** The presiding officer will pause briefly between speeches to recognize any motions from the floor; however, they should not call for motions (at the beginning of a session, the presiding officer should remind members to seek their attention between speeches).

**Section 8. Amendments** must be presented to the presiding officer in writing with specific references to lines and clauses that change. This must be done in advance of moving to amend.

- A. The parliamentarian will recommend whether the amendment is “germane”—that is, it upholds the original intent of the legislation—otherwise, it is considered “dilatory.” The title of the legislation may be changed.
- B. A legislator may move to amend between floor speeches. Once that motion is made, the presiding officer will read the proposed amendment aloud and call for a second by one-third of those members present, unless they rule it dilatory.
- C. Should students wish to speak on the proposed amendment, the presiding officer will recognize them as per the standing precedence and recency, and the speech will be counted toward their totals, accordingly.
- D. Simply proposing an amendment does not guarantee an “author/sponsor” speech, and any speeches on amendments are followed by the normal one minute of questioning.
- E. Amendments are considered neutral and do not constitute an affirmative or negative speech on the original legislation.
- F. If there are no speakers or the previous question is moved, the chamber may vote on a proposed amendment without debating it.

**Section 9. All major voting** (such as the main motion/legislation) which a congressperson’s constituents should have a record of, shall be done with a counted vote. Secret balloting is used when voting for presiding officer.

**Section 10.** Students should ask permission to leave and enter the chamber when it is in session (move a personal privilege). However, do not interrupt a speaker who is addressing the chamber.

**Section 11. Use of Evidence (also see the section on Congressional Debate Evidence Rules)**

- A. Visual aids are permitted in Congressional Debate, provided they do not require electronic retrieval devices in the chamber.

<b>A Bill to Establish a Specific Policy</b>	
BE IT ENACTED BY THIS CONGRESS THAT:	
1. <b>SECTION 1.</b>	State the new policy in a brief declarative sentence, or in as few sentences as possible.
2.	
3.	
4. <b>SECTION 2.</b>	Define any ambiguous terms inherent in the first section.
5.	
6. <b>SECTION 3.</b>	Name the government agency that will oversee the enforcement of the bill along with the specific enforcement mechanism.
7.	
8.	
9.	
10. <b>SECTION 4.</b>	Indicate the implementation date/timeframe.
11.	
12. <b>SECTION 5.</b>	State that all other laws that are in conflict with this new policy shall hereby be declared null and void.
13.	
14.	
<i>Introduced by Name of School</i>	
<b>A Resolution to Urge Further Action on a Specific Issue</b>	
1. <b>WHEREAS,</b>	State the current problem (this needs to be accomplished in one brief sentence); and
2.	
3.	
4. <b>WHEREAS,</b>	Describe the scope of the problem cited in the first whereas clause (this clause needs to flow logically from the first); and
5.	
6.	
7.	
8. <b>WHEREAS,</b>	Explain the impact and harms allowed by the current problem (once again, the clause needs to flow in a logical sequence); now, therefore, be it
9.	
10.	
11.	
12. <b>RESOLVED,</b>	By this Congress that: state your recommendation for dealing with the problem (the resolution should be a clear call for action); and, be it
13.	
14.	
15.	
16. <b>FURTHER RESOLVED,</b>	That (an <i>optional</i> additional recommendation; if not used, end the previous clause with a period).
17.	
18.	
<i>Introduced by Name of School</i>	

- B. All evidence used is subject to verification. Honesty and integrity are of utmost importance in legislative debate. Falsification or deliberate misuse of evidence may result in the legislator being suspended by tournament officials.
- C. The use of internet enabled electronic devices is permitted. Students may not use the internet to gain help from coaches, other students, or any person, such that it would prevent the speech from being the original work of the competitor. Electronic device use must comply with the “New Guidelines for Use of Internet-Enabled Devices in Debate Events.”

**Section 12.** Since the rules above ensure fairness for competition, they may not be suspended; the presiding officer should rule such motions out of order; except to extend questioning and allow for open chambers provided the tournament staff permits doing so.

### Section 13: Congressional Debate Legislation Guidelines

Most legislation should have a national/domestic focus that the U.S. Congress would have *jurisdiction* over, taking the form of a **bill**. A bill establishes details behind how a particular law must work, including when it takes effect, how much tax levy would be appropriated (if applicable), how infractions/violations will be dealt with, etc. A bill will answer the who, what, when, where—and most specifically how—but it will never answer “why.” Legislators explain rationale behind bills in their speeches, and how a bill implements its solution can spark deeper, more meaningful debate.

Writing an effective bill involves more time and research than researching one written by someone else. Students must ask themselves what the legislation does, who is involved (government agencies), where it happens, when it is feasible to take place and how much time is needed for implementation, and how it should be carried out (a plan of action). All of these questions must be answered in writing the sections of the bill, with thoughtful consideration as to how thoroughly each section explains its plank of implementing the overall bill’s plan of action.

**Resolutions** are simply position statements on issues Congress does not have jurisdiction over (such as foreign issue, although a bill can suggest foreign aid), or further action (such as amending the Constitution). Resolutions lack the force of law, and never establish enforcement.

Appropriate **topics** exhibit seriousness of purpose. The action proposed should be feasible, and such that the actual United States Congress might debate it. Topics should be debatable, meaning substantive argumentation exists on both sides. Legislation should be typed and double-spaced with line numbers, *not exceeding one page*. Capitalizing the words “WHEREAS” and “RESOLVED” in resolutions, and “SECTION” in bills, as well as inverse-indenting each clause or section helps to distinguish between ideas and concepts.

The samples above show proper formatting. In the resolution, note the semicolon, and how it precedes the word “and” at the end of each “whereas” clause, and the phrase “now, therefore, be it” at the end of the last “whereas” clause.

**Note: Legislation that is submitted for consideration at the district and/or national tournament may be rejected if serious issues exist with the adherence to these guidelines.**

Templates for bills, resolutions, and resolutions to amend the Constitution are available online at [www.speechanddebate.org](http://www.speechanddebate.org).

## Article 6: Congressional Debate Evidence Rules

Based on recommendations from the Congress Evidence Committee, the Board of Directors had a discussion of how evidence is currently used in Congressional Debate and the concerns surrounding students' appropriate, substantiated, and ethical use of evidence in Congressional Debate speeches. The Board of Directors officially voted to adopt these Congressional Debate evidence rules for use during the 2017-2018 competition season and beyond.

### Section 1. Responsibilities of Contestants Reading Evidence in Congressional Debate

- A. **Evidence defined.** Debaters are responsible for the validity of all evidence they introduce in the debate. Evidence includes, but is not limited to: facts, statistics, or examples attributable to a specific, identifiable, authoritative source used to support a claim. Unattributed ideas are the opinion of the student competitor and are not evidence.
  
- A. **Oral source citation.** In all debate events, contestants are expected to, at a minimum, orally deliver the following when introducing evidence in a debate round: primary author(s)' name (last) and year of publication. Any other information such as source, author's qualifications, etc., may be given, but is not required. Should two or more quotations be used from the same source, the author and year must be given orally only for the first piece of evidence from that source. Subsequently, only the author's name is required. Oral citations do not substitute for the written source citation. The full written citation must be provided if requested by an opponent or judge.
  
- C. **Written source citation.** To the extent provided by the original source, a written source citation must include:
  - 1. Full name of primary author and/or editor
  - 2. Publication date
  - 3. Source
  - 4. Title of article
  - 5. Date accessed for digital evidence
  - 6. Full URL, if applicable
  - 7. Author qualifications
  - 8. Page number(s)
  
- D. **Paraphrasing, authoritative source versus general understanding.** If paraphrasing is used in a debate, the debater will be held to the same standard of citation and accuracy as if the entire text of the evidence were read. For example, if a debater references a specific theory by a specific author, the debater must also be able to provide an original source. If a debater were to reference social contract theory in general, that would not be an authoritative source that would require citation. However, if the debater references "John Locke's Social Contract," evidence would need to be available.
  
- E. **Ellipses prohibited.** In all debate events, the use of internal ellipsis (...) is prohibited unless it is a replication of the original document. Debaters may omit the reading of certain words; however, the text that is verbally omitted must be present in the text of what was read for opposing debaters and/or judges to examine. The portions of the evidence read including where the debater begins and ends must be clearly marked (as outlined in 7.1.G.2.).



**F. Availability of original source.**

1. When challenged, the original source or copy of the relevant (as outlined in 7.1.F.2.) pages of evidence read in round must be available to the student making the challenge within two speeches. In all debate events, for reference, any evidence that is presented during the round must be made available to the opponent during the round if requested.
2. **Original source(s) defined.** Understanding that teams/individuals obtain their evidence in multiple ways, the original source for evidence may include, but is not limited solely to, one of the following:
  - a. Accessing the live or displaying a copy of a web page (teams/individuals may access the internet to provide this information if requested).
  - b. A copy of the page(s) the evidence is on, the page preceding, and the page following, or the actual printed (book, periodical, pamphlet, etc.) source.
  - c. Copies or electronic versions of published handbooks (i.e., Baylor Briefs; Planet Debate, etc.).
  - d. Electronic or printed versions or the webpage for a debate institute or the NDCA sponsored Open Evidence Project or similar sites.
3. Debaters, even if they have acquired the evidence other than by original research, are still responsible for the content and accuracy of the evidence they present and/or read.

**G. Distinguishing between which parts of each piece of evidence are and are not read in a particular round.** In all debate events, debaters must mark their evidence in two ways:

- a. Oral delivery of each piece of evidence must be identified by a clear oral pause or by saying phrases such as “quote/unquote” or “mark the card.” The use of a phrase is definitive and may be preferable to debaters. Clear, oral pauses are left solely to the discretion of the judge(s) and parliamentarian.
- b. The written text must be marked in some way to clearly indicate the portions read in the debate. In the written text the standard practices of underlining what is read, or highlighting what is read, and/or minimizing what is unread, is definitive and may be preferable to debaters. The clarity of other means of marking evidence is left to the discretion of the judge.

**H. Private communication prohibited.** Private, personal correspondence or communication between an author and the debater is inadmissible as evidence.

## Section.2. Definitions of Evidence Violations in Congressional Debate

- A. “Distortion” exists when the textual evidence itself contains added and/or deleted word(s), which significantly alters the conclusion of the author (e.g., **deleting ‘not’**; **adding the word ‘not’**). Additionally, failure to bracket added words would be considered distortion of evidence.
- B. “Non-existent evidence” means one or more of the following:
- The debater citing the evidence is unable to provide the original source or copy of the relevant pages when requested by their opponent, judge, or tournament official.
  - The original source provided does not contain the evidence cited.
  - The evidence is paraphrased but lacks an original source to verify the accuracy of the paraphrasing.
  - The debater is in possession of the original source, but declines to provide it to a student who challenges, the chair, or the parliamentarian upon request.
- C. “Clipping” occurs when the debater claims to have read the complete text of highlighted and/or underlined evidence when, in fact, the contestant skips or omits portions of evidence.
- D. “Straw argument”

A “straw argument” is a position or argumentative claim introduced by an author for the purpose of refuting, discrediting or characterizing it. Reliance on a straw argument occurs in a debate round when a debater asserts incorrectly that the author supports or endorses the straw argument as their own position.

Note: A debater who acknowledges using a “straw argument” when verbally first read in the round, would not be misrepresenting evidence. However, if the debater fails to acknowledge the use of a “straw argument” and their opponent questions the use of such an argument, then that debater has committed an evidence violation.

## Section 3. Procedures for Raising Evidence Questions During a Congressional Debate Session

The procedures for making an In-round evidence question are as follows:

- Congressional Debate entries must rise to a point of information after a speech to formally request a copy of the evidence cited, the citation, or the original source of evidence. When requested during the point of information, the presiding officer will instruct the debater being challenged to produce the copy of the evidence, citation, or original source. The debater being challenged must produce the requested materials in a timely fashion. Should a debater feel they are not receiving the information they requested in a timely fashion, they may rise to another point of information for the presiding officer and parliamentarian to address the situation.
- Debaters who request the information may receive the evidence from the presiding officer within a period of two speeches. The round would not be put on hold for the request to be completed. For example, if a debater rises to a point of order after speech #4, then by the conclusion of speech #6, the requested evidence should be presented to the presiding officer.

- C. If after reviewing the evidence in question, a debater feels that an evidence violation has occurred, they may submit a formal allegation by completing an evidence challenge form (see Appendix) and, after making a motion to approach the chair, the debater will present the form to the presiding officer and parliamentarian.

#### Section 4. Penalties for Resolving Evidence Violations During Congressional Debate

- A. All evidence challenges must occur during the session of Congressional Debate where an alleged violation took place, and should happen before a vote on the pending legislation. If the concern arises during the last cycle of speeches, the parliamentarian may grant a challenge after the vote, prior to the first speech on a new piece of legislation.
- B. Parliamentarians are responsible for resolving disputes between debaters regarding oral citations (7.1.B.); and written source citations (7.1.C.). When the parliamentarian has such a dispute in the round, the parliamentarian must submit the protest form to the tabulation committee. All protest forms will be submitted to the tabulation committee.
  - a. The parliamentarian will determine the legitimacy of the challenge, and if the parliamentarian considers the request justified, the debater making the allegation will move a point of order to address the allegation to the chamber.
  - b. The debater being challenged will be recognized by the presiding officer for a response to the evidence violation.
  - c. The parliamentarian will evaluate the legitimacy and severity of the charge and make a recommendation to the presiding officer for action. The recommendation may be charged against either student involved in the dispute. Depending upon the severity of the offense, the parliamentarian may opt to censure the debater(s). Refer to section 7.5. for an outline of the severity of offenses and corresponding actions.
  - d. The presiding officer will announce the parliamentarian's decision and recognize either/both debaters for consequent action.
- C. Procedures for Appealing the Parliamentarian's Decision
  - a. An appeal can only be made if the issue-in-question has been raised, by a student, in the round. Appeals may only be made if the parliamentarian has misapplied, misinterpreted, or ignored a rule.
  - b. A coach or school-affiliated adult representative must notify the tabulation committee of intent to submit an appeal of the parliamentarian's ruling within 20 minutes of the end of session as recorded by the Parliamentarian for that chamber.
    - i. The coach must submit the post-round appeal to the ombuds/tournament director within 10 minutes of the formal notification of the intent to appeal. The allegation must be in writing and articulate the specific evidence violation and ruling that is being challenged.
    - ii. If the ombuds/tournament director determines the appeal has merit, both parties involved in the original dispute will be given 20 minutes to respond.
    - iii. The tournament director/ombuds/committee of representatives will make a decision and has the discretion of extending the time limits for these actions if circumstances do not allow a coach or school-affiliated adult to be available within the prescribed time limits.

3. At the district tournament level, the committee's decision to disqualify a student's rankings for that session can be appealed by the coach or school-affiliated adult. The following procedure should be followed:
  - a. The appeal must be submitted in writing to the ombuds within 10 minutes of the notification to disqualify.
  - b. The ombuds will then submit the appeal to the tournament director/committee. Both sides will be able to provide written explanations and supporting evidence to defend their individual side.
  - c. A decision will be rendered in a timely manner. The decision of the committee shall be final and cannot be appealed.
  - d. No elimination session may occur before a ruling is made. If the appeal is successful, any student(s) involved will receive the appropriate rank as if the evidence challenge was never called into question.

### **Section.5. Penalties for Evidence Violations in Congressional Debate**

- A. If the parliamentarian determines that an entry has violated one of the rules listed in 7.1(A-D, F-H) (oral citation, written citation, indication of parts of card read or not read, use of private communication), the parliamentarian must notify the judge(s) of the violation. The judge(s) and parliamentarian may at their discretion disregard the evidence, diminish the credibility given to the evidence, take the violation into account (solely or partially) in the ranking of chamber participants, or take no action. These offenses are considered minor and a parliamentarian sanction is the only prescribed penalty.
- B. If a debater(s) commits an evidence violation of "distortion" (7.2.A.), uses "nonexistent evidence" (7.2.B.), uses a "straw argument" (7.2.C.) or the use of "ellipses" (7.1.E.) such action will result in the debater(s) committing the evidence violation not being ranked by the judge(s) and parliamentarian. These offenses are considered major and censure by the parliamentarian would be applied.
- C. Evidence infractions violate the Code of Honor. Depending on the severity, an offense may result in the notification of said offense to the contestant's high school administration, disqualification, etc.

### **Section.6. Tournament Adjustments in Congressional Debate**

- A. Under no circumstance will a tournament or part of a tournament be re-run because of a violation of these rules.
- B. In the case of censure, all ranks and decisions made prior to the start of the round being protested stand and no revision of past session ranks will take place. Penalties listed in 7.4. will be applied.
- C. When a session has been held between the session being appealed and a final decision regarding the protest, the result of that session will be recorded as follows:
  - a. If the protest is upheld, all ranks and scores will remain as recorded. The evidence violation would apply only to the session in which it occurred and not affect prior or subsequent sessions.
  - b. If the appeal is upheld, the judge and/or parliamentarian will restore any ranks and scores that were earned by that debater.

Section 7: Sample Congressional Debate Ballot



# CONGRESSIONAL DEBATE Speech Evaluation

Student Name:		School Code:
Session:	Room:	Chamber #:

**DIRECTIONS:** RATE each speech 1-8 points, with one being the worst, eight being the best, providing comments to justify your rating, with constructive suggestions for improvement. At the end of the session, you will holistically and comparatively **RANK** students, on a separate form.

**CRITERIA:** When rating, consider the following elements and comment accordingly in the spaces provided: **ORIGINALITY OF THOUGHT** (extent to which speech advances debate or merely repeats previously stated ideas; whether speaker refutes opposing arguments); **ORGANIZATION AND UNITY** (while speeches that respond to other arguments advanced in the session are often spontaneous and extemporaneous, the speaker should attempt cohesiveness); **EVIDENCE AND LOGIC** (cites credible sources and warrants claims accordingly); **DELIVERY** (extemporaneous vs. reading a manuscript, seriousness of purpose, style and poise). How well the speaker **ANSWERS QUESTIONS** for each speech should be considered.

<b>SPEECH 1</b> Topic: _____ Explain your evaluation and justify your rating of both speaking and answering questions:	Side: <input type="checkbox"/> Sponsor <input type="checkbox"/> AFF <input type="checkbox"/> NEG
	Circle Point Rating: 8 7 6 5 4 3 2 1 highest ← → lowest

<b>SPEECH 2</b> Topic: _____ Explain your evaluation and justify your rating of both speaking and answering questions:	Side: <input type="checkbox"/> Sponsor <input type="checkbox"/> AFF <input type="checkbox"/> NEG
	Circle Point Rating: 8 7 6 5 4 3 2 1 highest ← → lowest

<b>SPEECH 3</b> Topic: _____ Explain your evaluation and justify your rating of both speaking and answering questions:	Side: <input type="checkbox"/> Sponsor <input type="checkbox"/> AFF <input type="checkbox"/> NEG
	Circle Point Rating: 8 7 6 5 4 3 2 1 highest ← → lowest

<b>QUESTIONING of other speakers</b>
Comment on relevance to debate, quality of clarification, etc.

PRINT Judge Name: _____
School/Affiliation: _____

<b>RANK THIS SPEAKER</b>									
Circle one. Students not in the top eight will be given a rank of 9.									
1st	2nd	3rd	4th	5th	6th	7th	8th	None	



## Section 9: Congressional Debate Rubric (UHSAA/UDCA Specific)

### DIRECTIONS:

**RATE** each speech 1-8 points, with one being the worst, eight being the best, providing comments to justify your rating, with constructive suggestions for improvement.

At the end of the session, you will holistically and comparatively RANK students, on a separate form. Scorer/Judges will rank 1-9 (tie all those at that point 9). Parliamentarians will rank all the way through with no ties. Remember: You do not have to rank by number of speeches, it is the quality overall of students throughout the round.

**The Presiding Officer** receives the equivalent of 1 speech per hour based on their quality of running the house and should be ranked accordingly as well. When rating, consider the following elements and comment accordingly below.

2 Pts PARLIAMENTARY PROCEDURE (clear in explaining protocols and rulings);

2Pts RECOGNITION (fair and efficient in recognizing speakers and questioners, and maintains appropriate speaker precedence and recency);

2 Pt CONTROL (maintains decorum of delegates, and willing to rule dilatory motions/business out of order);

1 pt Demeanor (fosters a respectful, professional, and collegial atmosphere);

1 pt COMMUNICATION (overall use of language, avoiding unnecessary verbiage).

**Speaker points/Speech (These are used to help evaluate each speech and the speaker overall for final ranking. Speaker points here do not impact congress Rankings or placement in Utah Debate)**

1 PT ORIGINALITY OF THOUGHT (extent to which speech advances debate or merely repeats previously stated ideas; whether speaker refutes opposing arguments);

2 PT ORGANIZATION AND UNITY (while speeches that respond to other arguments advanced in the session are often spontaneous and extemporaneous, the speaker should attempt to organize ideas and have cohesiveness);

2 PT EVIDENCE AND LOGIC (cites credible sources and warrants claims accordingly that is relevant and supports claim/ideas);

2 PT DELIVERY (extemporaneous vs. reading a manuscript, seriousness of purpose, style and poise, articulation, inflection, enunciation).

1 PT How well the speaker ANSWERS QUESTIONS for each speech should be considered: logic, reasonable, uses evidence when needed.

Order	Label	Description	Speaker?	Min	Max
1	ORIGINALITY OF THOUK	extent to which speech advances	<input type="checkbox"/>		1
2	Organization and Uni	while speeches that respond to o	<input type="checkbox"/>		2
3	Evidence and Logic	cites credible sources and warra	<input type="checkbox"/>		2
4	Delivery	extemporaneous vs. reading a man	<input type="checkbox"/>		2
5	Direct Questioning	How well the speaker ANSWERS QUE	<input type="checkbox"/>		1

## Article 7: Speech Events

### Section 1: Oratory

(Source: See *High School Unified Manual, Chapter, Rules, and Tournament Operations*, 2021-2022, pg 44. <https://www.speechanddebate.org/high-school-unified-manual/> )

#### Original Oratory

- A. **Purpose:** The general purpose of the speech is to persuade. Any other purpose such as to inform or entertain shall be secondary.
- B. **Contest:** This contest comprises only memorized orations actually composed by the contestants and not used by them during a previous contest season. No visual aids are permitted.
- C. **Subject:** Any appropriate subject may be used, but the orator must be truthful. Any non-factual reference, especially a personal one, must be so identified.
- D. **Length:** The time limit in Original Oratory is ten minutes with a 30-second “grace period.” If there are multiple judges in the round, all must agree that the student has gone beyond the grace period. Should a student go beyond the grace period, the student may not be ranked 1st. There is no other prescribed penalty for going over the grace period. The ranking is up to each individual judge’s discretion. Judges who choose to time are to use accurate (stopwatch function) timing devices. No minimum time is mandated.
- E. **Quotation:** Not more than 150 words of the oration may be direct quotation from any other speech or writing and such quotations must be identified in a printed copy of the oration supplied prior to registration. Extensive paraphrasing from other sources is prohibited.
- F. **Script:** The orator’s script must identify the quoted materials, state the number of quoted words, include a work cited page in APA or MLA format, and both the orator and the coach must attest by signature that the oration is the original work of the contestant. It is the responsibility of the contestant to have a script ready upon request should the speech be challenged. At the National Tournament, all quarterfinalists in OO are required to turn in a printed, typed copy of their manuscript, including a works cited page, to the ombudsperson before noon on the third day of competition.
- G. **Re-Use:** A student may not use an oration the student used in region, state competition in any previous contest year.



H. Sample Oratory Ballot

Original Oratory  
Comment Sheet



Contestant Name \_\_\_\_\_ Code \_\_\_\_\_

Round \_\_\_\_\_ Section \_\_\_\_\_ Speaker Time \_\_\_\_\_

Title/Topic \_\_\_\_\_

Judge Name \_\_\_\_\_ Judge Affiliation \_\_\_\_\_

**Directions:** Using the prompts below, please provide constructive feedback to the competitor. Your comments should highlight areas of strength as well as provide areas for growth. Be as specific as possible in your feedback. Use the space to expand your thoughts on any of these areas or to comment on specific moments or lines that stood out to you. Please do not comment on participants' attire or appearance; this should not play a role in your decision.

<p><b>Importance</b> <i>Is the topic significant? Is the thesis clearly established? Does the delivery assist in establishing the importance of the topic?</i></p>
<p><b>Relatability</b> <i>Can the audience relate to the topic? Is the delivery personable? Does the speaker establish how others are impacted by their topic? Is the rhetoric of the speech inclusive?</i></p>
<p><b>Originality</b> <i>Does the speaker address the topic in a unique, inventive way? Are the supporting examples new and interesting?</i></p>

**Reason for Decision:** *(Why did this performance earn the rank that you assigned?)*

Contestant Rank \_\_\_\_\_ / \_\_\_\_\_

Speaker Points \_\_\_\_\_ (out of 100)

Judge Signature \_\_\_\_\_

## I. Oratory Rubric

### Tabroom judging rubric (UHSAA/UDCA Specific)

At the end of the round you will rank students 1-7, 1 being who did the best job based on their overall skill performance considering the following:

#### Speech Evaluation Rubric

**Importance:** Is the topic significant? Is the thesis clearly established? Does the delivery assist in establishing the importance of the topic?

**Relatability:** Can the audience relate to the topic? Is the delivery personable? Does the speaker establish how others are impacted by their topic? Is the rhetoric of the speech inclusive?

**Originality:** Does the speaker address the topic in a unique, inventive way? Are the supporting examples new and interesting?

**Delivery:** Is the student using voice, movement, and expression effectively? Is the speaker confident? Is there consistent eye contact? Is the volume appropriate?

Order	Label	Description	Speaker?	Min	Max
1	Importance	Is the topic significant? Is th	<input type="checkbox"/>		
2	Relatability	Can the audience relate to the t	<input type="checkbox"/>		
3	Originality	Does the speaker address the top	<input type="checkbox"/>		
4	Delivery	Is the student using voice, move	<input type="checkbox"/>		

## Section 2: Extemporaneous Speaking

(Source: See *High School Unified Manual, Chapter, Rules, and Tournament Operations*, 2021-2022, pgS 52-53. <https://www.speechanddebate.org/high-school-unified-manual/> )

### Extemporaneous Speaking

A. **Divisions:** United States (Domestic), International (Foreign) and Mixed:

a. **United States Division:** Questions will cover U.S. domestic and U.S. foreign policy.

b. **International Division:** Questions will cover the domestic affairs of foreign countries and the foreign affairs of all countries, including the United States.

c. **Mixed Extemp:** Questions may come from either United States or International.

B. **Topics:** The tournament director will obtain a list of questions phrased for contest use and based on subjects discussed in periodicals during the current school year. The contents of the list must not be disclosed except as contestants draw questions. A new subject area will be used for each round with no duplication of questions between the divisions.

C. **Entry:** At Reguib abd State, no student is allowed to enter both divisions in a single contest year.

- D. **Drawing:** Students will be given a set of three questions to choose from 30 minutes prior to their speaking time. They will select one to speak on. Tournament directors/Extemp prep room coordinators may run per standard operations procedures for Utah contests.
- E. **Preparation:** As soon as a question is chosen, the contestant will prepare a speech without consultation and without references to prepared notes. Students may consult published books, magazines, newspapers and journals or articles, and internet (see K) provided:
- a. They are originals or copies of whole pages.
  - b. Provided those originals or copies are uncut.
  - c. There is no written material on that original or copy other than citation information.
  - d. Topical index without annotation may be present.
- F. No other material will be allowed in the Extemp prep room other than stated above.
- a. Extemp speeches, handbooks, briefs and outlines are prohibited from the Extemp prep room.
  - b. Underlining or highlighting in Extemp will be allowed if done in only one color on each article or copy. **Please see rules concerning Use of Internet-Enabled Devices in Extemporaneous Speaking.**
  - c. Printed copies of information from online computer services may be used. Electronically retrieved evidence used in Extemp competition must conform to the citation standard of the Modern Language Association [consult the MLA Handbook for Writers of Research Papers (7th edition) or <http://owl.english.purdue.edu/owl/resource/747/05/>].
- F. **Notes:** Contestants may make notes during the preparation time, but the use of notes, cards, briefs or other aids is prohibited during the speech.
- G. **Time:** The time limit in both Extemporaneous Speaking events is seven minutes with a 30-second “grace period. “If there are multiple judges in the round, all must agree that the student has gone beyond the grace period. Should a student go beyond the grace period, the student may not be ranked 1st. There is no other prescribed penalty for going over the grace period. The ranking is up to each individual judge’s discretion. Judges who choose to time are to use accurate (stopwatch function) timing devices. No minimum time is mandated.
- H. **Recuse:** Contestants may not leave the preparation area until dismissed by the Extemp proctor. Consultation with any person other than the Extemp proctor between the time of drawing and time of speaking is prohibited.

- I. Cross-Examination: (NSDA ONLY, NOT APPLICABLE TO STATE)** Each district has the autonomy to determine whether cross-examination will be used in the final round of Extemporaneous Speaking events at the district tournament. The National Tournament will utilize an open-cross examination period of two minutes for both the semifinal and final rounds. If cross-examination is used, the district must use the National Tournament final round format. The decision of the District Committee is final. Procedure: Each speaker shall be assigned a speaker order position. Drawing shall take place at 12-minute intervals. Thirty minutes after speaker first has drawn, speakers first and last shall enter the contest room. Speaker first shall give a speech and speaker last shall listen and may take notes. At the conclusion of speaker first's speech, speaker last shall question speaker first for two minutes. Speaker last shall return to the prep room and speaker first shall stay and question speaker second. Speaker second will question speaker third, etc. Unless it is unavoidable, students from the same school shall not cross-examine one another. Speaker order should be adjusted accordingly.
- J. Observation:** Students in Extemporaneous Speaking are encouraged, but not required, to stay and watch the remaining speakers after they deliver their speech. Students who are double entered may be able to observe as time permits.
- K. NEW GUIDELINES for Use of Internet-Enabled Devices in Extemporaneous Speaking**
- A. Preparation:** As soon as a question is chosen, the contestant will prepare a speech without consultation and without references to prepared notes. Students may consult published books, magazines, newspapers and journals or articles, including internet enabled devices either used in the draw or those materials published from internet sources, provided:
- They are originals or copies of whole pages.
  - Provided those originals or copies are uncut.
  - There is no written material on that original or copy other than citation information. Contestants with laptops are responsible for providing sufficient battery power. No electrical power will be supplied by the tournament, and contestants may not plug in to outlets in the Extemp prep area.
  - Topical index without annotation may be present.
  - Files stored either on a computer or electronic device hard drive or cloud storage system. All files in this format must meet the same guidelines as printed sources.
  - Active research from the internet during the round that meets the established criteria found in the "Guidelines for Use of Internet Enabled Devices."
- B. No other material will be allowed in the Extemp prep room other than stated above. Extemp speeches, handbooks, briefs and outlines, including those stored on cloud storage systems or published on websites created for that purpose, are prohibited from the Extemp prep room.**
- Students may not use the internet to gain help from coaches, other students, or any person, such that it would prevent the speech from being the original work of the competitor.
  - Students are prohibited from accessing outlines and speeches that have been written prior to their draw time. Underlining or highlighting in Extemp will be allowed if done in only one color on each article or copy.
  - Electronic device use must comply with the "Guidelines for Use of Internet-Enabled Devices in Debate Events."**
  - Printed copies of information from online computer services may be used.
  - Electronically retrieved evidence used in any Association Extemp competition must conform to the same citation standards as evidence used in debate events as described on p. 27 of the Unified Manual.

## C. Sample Extemporaneous Ballot

### Extemporaneous Speaking Comment Sheet



Contestant Name \_\_\_\_\_ Code \_\_\_\_\_

Round \_\_\_\_\_ Section \_\_\_\_\_ Speaker Time \_\_\_\_\_

Question/Prompt \_\_\_\_\_

Judge Name \_\_\_\_\_ Judge Affiliation \_\_\_\_\_

**Directions:** Using the prompts below, please provide constructive feedback to the competitor. Your comments should highlight areas of strength as well as provide areas for growth. Be as specific as possible in your feedback. Use the space to expand your thoughts on any of these areas or to comment on specific moments or lines that stood out to you. Please do not comment on participants' attire or appearance; this should not play a role in your decision.

**Argumentation and Analysis**  
*Is the student directly answering the question? Does the student develop justifications for their ideas and establish the significance of their points? Have they established a clear understanding of the topic area?*

**Source Consideration**  
*Does the speaker offer a variety of sources? Are the sources provided credible? Are appropriate citations used when citing a source?*

**Delivery**  
*Is the student using voice, movement, and expression effectively? Is the speaker confident? Is there consistent eye contact? Is the volume appropriate?*

**Reason for Decision:** *(Why did this performance earn the rank that you assigned?)*

Contestant Rank \_\_\_\_\_ / \_\_\_\_\_ Speaker Points \_\_\_\_\_ (out of 100)

Judge Signature \_\_\_\_\_

## D. Extemporaneous Speaking Rubric

### Tabroom judging rubric (UHSAA/UDCA Specific)

Rank speakers 1st through last using the speech evaluation below.

#### Speech Evaluation Rubric

**Argumentation and Analysis:** Is the student directly answering the question? Does the student develop justifications for their ideas and establish the significance of their points? Have they established a clear understanding of the topic area?

**Source Consideration:** Does the speaker offer a variety of sources? Are the sources provided credible? Are appropriate citations used when citing a source?

**Delivery:** Is the student using voice, movement, and expression effectively? Is the speaker confident? Is there consistent eye contact? Is the volume appropriate?

Order	Label	Description	Speaker?	Min	Max
1	Argumentation/Analysis	Is the student directly answering the prompt?	<input type="checkbox"/>		
2	Source Consideration	Does the speaker offer a variety of sources?	<input type="checkbox"/>		
3	Delivery	Is the student using voice, movement, and expression effectively?	<input type="checkbox"/>		

### Section 3: Impromptu:

- A. Topics: Topics may include proverbs, abstract words, events, quotations, and famous people.
- B. Drawing: Judges will pick up topics from designated area of tournament. Each round will have 3 topics per speaker. On their turn, contestants will receive the slip of topics from the Judge and select one to speak on. Timing begins when they look at the slip of paper.
- C. Preparation and Delivery: The speaker has seven minutes in which to prepare a response and present a speech without consultation of prepared notes.
- D. No electronic retrieval device may be used, but printed materials from online computer services may be used.
- E. Recuse: Once a speaker has spoken, they may listen to other speakers in that round.
- F. Notes: No notes shall be used during presentation.
- G. Time: The maximum time limit is 7 minutes with a 30-second “grace period,” which includes both preparation and speaking.
- H. If there are multiple judges in the round, all must agree that the student has gone beyond the grace period.
- i. Should a student go beyond the grace period, the student may not be ranked 1st. There is no other prescribed penalty for going over the grace period.
- I. The ranking is up to each individual judge’s discretion. Judges who choose to time are to use accurate (stopwatch function) timing devices.
- J. No minimum time is mandated.

### K. Tabroom judging rubric (UHSAA/UDCA Specific)

**Rank speakers 1st through last using the speech evaluation below.**

#### Speech Evaluation Rubric

**Organization:** Does the student have a clear structure to their speech? Are transitions used to move effectively between each part of the speech? Does the development of the speech make sense?

**Analysis:** Does the student directly address the prompt? Does the student develop justifications for their ideas and establish significance to the points?

**Delivery:** Does the student use voice, movement, and expression effectively? Is the speaker confident? Is there consistent eye contact? Is the volume appropriate?

Order	Label	Description	Speaker?	Min	Max
1	Organization	Does the student have a clear st	<input type="checkbox"/>		
2	Analysis	Does the student directly addre	<input type="checkbox"/>		
3	Delivery	Does the student use voice, move	<input type="checkbox"/>		

#### Section 4: Informative

A. Purpose: An informative speech is an original speech designed to explain, define, describe, or illustrate a particular subject. The general purpose of the speech is for the audience to gain understanding and/or knowledge of a topic. Any other purpose such as to entertain or to convince shall be secondary. The use of audio/visual aids is optional. (See # 4 on Aids.)

B. Contest: This contest comprises only memorized speeches composed by the contestants and not used by them during a previous contest season.

C. Subject: Effective speeches provide new information or perspectives on a topic, including those that are widely known. The responsibility for choosing a worthwhile topic rests with the contestant. A fabricated topic may not be used. Any non-factual reference, including a personal reference, must be so identified.

D. Aids: Audio/visual aids may or may not be used to supplement and reinforce the message.

- a. If used, the audio/visual aids should enhance or support the message rather than distract from the overall effectiveness of the presentation.
- b. During the presentation, no electronic equipment is permitted. Electronic equipment is defined as any object requiring an electrical cord, battery, or solar power to operate it (projectors, cell phones, radios, iPads, computers, etc.).
- c. The use of live animals or any additional people as visual aids is not allowed during the speech.
- d. Items of dress put on and/or removed for illustration during the course of the presentation are considered costumes and may not be part of the contestant's presentation.
- e. Visual aids may not violate policies as dictated by local and state law (weapons, drugs, etc.)
- f. Contestants may not distribute items to the judges or audience before, during, or after the round. This includes but is not limited to food, objects, handouts, flyers, and promotional merchandise.
- g. The host school is not responsible for providing any facilities, equipment, including tables, chairs, or easels, or assistance in a contestant's use of visual aids.
- h. Expedient set up and take down of aids is expected.
- i. If a visual aid displays published pictorial material, the source must be included in the work-cited page but does not need to be cited orally.

E Length: The time limit is 10 minutes with a 30-second "grace period." If there are multiple judges in the round, all must agree that the student has gone beyond the grace period. Should a student go beyond the grace period, the student may not be ranked 1st. There is no other prescribed penalty for going over the grace period. The ranking is up to each individual judge's discretion. Judges who choose to time are to use accurate (stopwatch function) timing devices. No minimum time is mandated.

F. Quotation: Not more than 150 words of the speech may be direct quotation and such quotations must be identified orally and in a printed copy of the speech supplied prior to registration.



G. Script: Manuscripts must be available at all region/state tournament contests in the event of a protest. Scripts will be uploaded via tabroom or be available electronically to the Tournament Director prior to the state tournament.

- a. The script must identify the quoted materials, state the number of quoted words, include a work-cited page in APA or MLA format, and both the speaker and the coach must attest by signature that the speech is the original work of the contestant.

H. Re-Use: A student may not use an informative speech the student used in region, state competition in any previous contest year.

## I: Tabroom judging rubric (UHSAA/UDCA Specific)

Rank speakers 1st through last using the speech evaluation below.

### Speech Evaluation Rubric

Relevance: Is the topic timely? Is the thesis clearly established? Does the delivery assist in establishing the importance of the topic?

Relatability: Can the audience relate to the topic? Is the delivery personable? Does the speaker establish how others are impacted by the topic? Does the speaker do a good job informing?

Originality: Does the speaker address the topic in a unique, inventive way? Are the supporting examples new and interesting?

Delivery: Does the student use voice, movement, and expression effectively? Is the speaker confident? Is there consistent eye contact? Is the volume appropriate? If using a visual-does it add to their speech in an appropriate manner? (NOTE-VISUALS ARE NOT REQUIRED AND IF A CONTESTANT DOES NOT HAVE ONE IT SHOULD IN NO WAY BE A FACTOR IN LOWERING THEIR RANKING)

Order	Label	Description	Speaker?	Min	Max
1	Relevance	Is the topic timely? Is the the	<input type="checkbox"/>		
2	Relatability	Can the audience relate to the t	<input type="checkbox"/>		
3	Originality	Does the speaker address	<input type="checkbox"/>		
4	Delivery	Does the student use voice, move	<input type="checkbox"/>		

## Section 5: Combined Interpretation

Introduction: For UDCA Region and State, 2-6A will allow a Combined interpretation event which includes POI/Dramatic/Humorous Interpretations.

### A. Program Oral Interpretation

- a. Purpose: POI is a program of oral interpretation of thematically-linked selections chosen from two or three genres: prose, poetry, drama (plays).
  - i. At least two pieces of literature that represent at least two separate genres must be used. Unlike the other interpretation events, Program Oral Interpretation may use multiple sources for the program.



- ii. The title or author of all selections must be verbally identified in either the introduction and/or transitional phrases. The title may identify the primary source (e.g., book, anthology, journal, magazine, newspaper, approved website, etc.) or the specific title within the primary source (e.g., a poem, a play, a short story, a journal/magazine article, a newspaper article, etc.).
- iii. If more than one author is attributed to the source, at a minimum, the primary author should be verbally cited. A Works Cited of all sources must be available to tournament officials upon request.
- iv. Competitors are encouraged to devote approximately equal times to each of the genres used in the program. This distinction pertains to these two or three genres as a whole, not types of literature within a genre (such as fiction/nonfiction).
- v. Prose expresses thought through language recorded in sentences and paragraphs: fiction (short stories, novels) and non-fiction (articles, essays, journals, biographies).
- vi. Poetry is writing which expresses ideas, experience, or emotion through the creative arrangement of words according to their sound, their rhythm, their meaning. Poetry may rely on verse and stanza form.

b. Contest: The use of a manuscript during the performance is required. Common practices include the use of a binder or folder. Reading from a book or magazine is not permitted.

- i. The intact manuscript may be used by the contestant as a prop, so long as it is in the contestant's control by remaining in contact with the body at all times.

- ii. No costumes or props other than the manuscript are permitted

- iii. Pictures, graphics, and/or illustrations are considered a visual aid, even if included in the original manuscript, and may not be displayed. The contestant must address the script; however, introduction and transitional material may be memorized.

c. Length: The time limit is 10 minutes with a 30-second "grace period."

d. If there are multiple judges in the round, all must agree that the student has gone beyond the grace period. Should a student go beyond the grace period, the student may not be ranked 1st.

- i. There is no other prescribed penalty for going over the grace period. The ranking is up to each individual judge's discretion.

e. Judges who choose to time are to use accurate (stopwatch function) timing devices. No minimum time is mandated.

f. Publication Rules: All literature performed must meet the publication rules of the Association.

g. Adaptations to material may only be used for the purpose of transition.

- i. Any word changes (to eliminate profane language) and/or additions (for transition) must be indicated clearly in ink.

- ii. Failure to clearly indicate the addition of words will be subject to disqualification. Changes to the script may only be used for the purpose of transition or to eliminate profane language.

- iii. The voice of a script may not be changed. For example, changing "She moved to California when she was 13" to "I moved to California when I was 13" is not permitted.

- iv. Combining small fractions of sentences or singular words to create humorous or dramatic dialogue, scenes, moments, and/or plot lines not intended in the original literature is prohibited.

–For example, it is not permitted to take one word from page 13 (e.g. home), a phrase from page 211 (e.g. ran away from), and a name, (e.g. Tyler) from page 59 to create dialogue between characters or events that do not exist in the script. Example: adding “Tyler ran away from home.” when this did not occur and was not said in the script is not permitted.

v. Transitions only may be used to clarify the logical sequence of ideas. They are not to be used for the purpose of embellishing the humorous or dramatic effect of the literature.

### **B: Dramatic/Humorous Interpretations:**

This includes categories of individual (solo) performance of dramatic (serious) and humorous literature, with selections drawn from published, printed: novels, short stories, plays, poetry, or other printed, published works, PDFs, e-books, as well as limited online and recorded works as provided for in the rules below.

a. Divisions. Contests are conducted in Dramatic, Humorous, Duo, and Program Oral Interpretation. See additional rules for the supplemental interpretation events of Poetry, Prose, and Storytelling.

b. Length: The time limit in Interpretation Main Events (Dramatic, Humorous, Duo, and Program Oral Interpretation) is ten minutes with a 30-second “grace period.”

i. If there are multiple judges in the round, all must agree that the student has gone beyond the grace period.

ii. Should a student go beyond the grace period, the student may not be ranked 1st.

iii. There is no other prescribed penalty for going over the grace period.

iv. The ranking is up to each individual judge’s discretion. Judges who choose to time are to use accurate (stopwatch function) timing devices.

v.. No minimum time is mandated.

c. Material: Selections used in the oral interpretation main events of Dramatic and Humorous, must be cuttings from a single work of literature (one short story, play, or novel), unless poetry is used, in which case cuttings may come from one or more poems from a single source.

i. If the source is an anthology collection of short stories, plays, or novels, each selection of literature is independent and only one selection can be used, even if it is from the same author.

ii. If the source is an anthology which includes poetry, multiple poems may be used from this single source by one or a variety of authors.

iii. Unlike the other oral interpretation main events, Program Oral Interpretation may use multiple sources for the program.

iv. Song lyrics may be used if the performer has an original, hard copy of the lyrics such as sheet music or a CD jacket or if they can be found from online sources that meet the digital source rules below.

v. See specific rules for Program Oral Interpretation and Supplemental interpretation events. Note: In 2020, the Board of Directors voted to pilot the following new rules regarding what sources for material may be used in Interpretation events, including removal of the requirement that digital sources must be found on the Approved Websites List. The following pilot publication rules will be continued in 2021-2022. Any source material is permitted as long as it meets the standards outlined below:

A. Original source material must not be written by the competitor who is performing it.

B. Original source material must be publicly accessible throughout the duration of the tournament.

- a. Digital printed publications such as web pages and PDFs retrieved or purchased from web pages are permitted as long as the web page is publicly accessible throughout the duration of the tournament.
- b. Digital unprinted publications such as videos, audio files, and films are permitted as long as the original source is publicly accessible throughout the duration of the tournament and the competitor can obtain an official transcript of the original source.
  - i. For print publications such as novels, short stories, plays, or poetry, the original source is the physical book or e-book. Photocopies of original literature are not acceptable. Presenting the physical book or e-book is sufficient to prove that a printed publication is publicly accessible.
  - ii. For digital printed publications such as web pages, original source material is no longer required to come from online publishing sources listed on the NSDA Approved Websites List.
- c. The original source must be publicly accessible for viewing or purchase by a simple internet search or by a URL not requiring passwords or access codes.
- d. Competitors must also present a printed manuscript to be used in the case of a protest, but presenting a printed copy of a website is not alone sufficient to prove that a digital printed publication is publicly accessible.
- e. PDFs are permitted as long as the website from which the PDF is retrieved or purchased is publicly accessible for viewing or purchase by a simple internet search or by a URL not requiring passwords or access codes. Competitors must also present a printed copy of the PDF to be used in the case of a protest, but presenting a printed copy of the PDF is not alone sufficient to prove that a PDF is publicly accessible.
- f. For non-English print material that a competitor will perform in English, the original source material in its original language must be publicly accessible. Competitors must present an official English translation to be used in the case of a protest.
- g. An official translation must be obtained in one of two ways:
  - i. An official translation is obtained through the original source's producer, licensing agent, or copyright holder.
  - ii. Or, an official translation is obtained through a translation service which uses non-automated, manual translation.
  - iii. Then, the competitor receives approval to perform the translation by the original source's producer, licensing agent, or copyright holder.
- h. For digital unprinted publications such as videos, audio files, and films, the original source must be publicly accessible for viewing or purchase by a simple internet search or by a URL not requiring passwords or access codes.
- i. Competitors must also present a printed official transcript of the original source to be used in the case of a protest, but presenting an official transcript is not alone sufficient to prove that the original source is publicly accessible.
- j. An official transcript must be obtained in one of two ways:
  - i. An official transcript is obtained through the original source's producer, licensing agent, or copyright holder.
  - ii. Or, an official transcript is obtained through an official transcription service such as TranscribeMe, Scribie, or iScribed, which use non-automated, manual transcription.

- iii. Then, the competitor receives approval to perform the transcription by the original source's producer, licensing agent, or copyright holder.
  - iv. If the digital unprinted source is not in English and the competitor wishes to perform it in English, an official transcription and an official translation of the transcription (see #4 above) are required.
- k. Source Verification: It is the affirmative duty of each coach and each student entered in Interpretation contests to determine absolutely that the cutting being performed meets all rules for material. Interp source material must be available at all district tournament contests in the event of a protest. Any contestant failing to produce the following items to the ombudsperson by the aforementioned deadline will not qualify for the semifinal rounds of competition. 1) The original published source of any selection used must be immediately available at the tournament. When requested by tournament officials, access to the source material upon demand, either in electronic or print form, must be presented.
- i. For print publications, the original source is the physical book. Photocopies of original literature are not acceptable.
  - ii. For PDFs, an original, unaltered PDF via flash drive, email, or on an electronic device (e.g., laptop) must be presented. Manipulation of a PDF script outside the scope of the rules will be subject to disqualification.
  - iii. PDF publications from an online source that meets the above standards and e-books are permitted. Competitors may turn in an e-book via flashdrive, email, or e-reader. For e-books, an original, unaltered e-pub or other recognized e-book format via flash drive or email must be presented; however, as some e-book formats are exclusive to their specific apps or electronic readers, students must provide the required technology and/or internet access to verify the material performed for tournament officials.
  - iv. For non-English publications that are being performed in English, both the original non-English source and the official English transcript must be provided.
  - v. For a digital publication, a printed manuscript will be turned in as the original source. Only the printed manuscript shall be considered adequate proof of authenticity.
  - vi. The material the competitor performs must presently appear on the website if questions arise in competition. The website and online version of the digital publication need to be available for comparison if challenged. Online access is the fundamental responsibility of tournament officials and/or individual filing the protest. NOTE: If tournament officials cannot gain online access and the above requirements have been met, the piece is considered legal for use.
  - vii. . Manuscript items to be printed directly from the screen for digital printed materials:
    - A. The first page in the website (the home page)
    - B. All other linked pages needed to navigate to the literary text selected for competition shall be printed out and the link must be highlighted in the manuscript
    - C. All web pages upon which the cutting appears
    - D. Each page must have printed in the header and/or footer including:
      - a. Date the page was printed
      - b. Web address

2) A photocopy or printed screenshot of every page of the original source from which any line of the cutting was taken. The photocopy will be kept for evaluation during the semifinal round.

Pages are to be placed in the order in which they are performed (e.g., if text from one page is used more than once within the cutting, that page should be copied again with those words highlighted and reinserted where it is used in the cutting).

Students are not required to photocopy or print pages that are not used in their cutting.

l. All words used from the script should be highlighted (any words/lines not used should be left unmarked).

i. Any word changes (to eliminate profane language) and/or additions (for transition) must be indicated clearly in ink. Failure to clearly indicate the addition of words will be subject to disqualification.

ii. Changes to the script may only be used for the purpose of transition or to eliminate profane language.

iii. Transitions may be used to clarify the logical sequence of ideas. They are not to be used for the purpose of embellishing the humorous or dramatic effect of the literature.

m. Performance: The presentation may not use physical objects or costuming. During the presentation, the contestant/team must name the author and the book or magazine from which the cutting was made.

n. Additionally: A. Adaptations to material may only be used for the purpose of transition. Any word changes (to eliminate profane language) and/or additions (for transition) must be indicated clearly in ink. Failure to clearly indicate the addition of words will be subject to disqualification. Changes to the script may only be used for the purpose of transition or to eliminate profane language. The voice of a script may not be changed. For example, changing “She moved to California when she was 13” to “I moved to California when I was 13” is not permitted. Combining small fractions of sentences or singular words to create humorous or dramatic dialogue, scenes, moments, and/or plot lines not intended in the original literature is prohibited. For example, it is not permitted to take one word from page 13 (e.g. home), a phrase from page 211 (e.g. ran away from), and a name, (e.g. Tyler) from page 59 to create dialogue between characters or events that do not exist in the script. Example: adding “Tyler ran away from home.” when this did not occur and was not said in the script is not permitted. Transitions only may be used to clarify the logical sequence of ideas. They are not to be used for the purpose of embellishing the humorous or dramatic effect of the literature.

o. Humorous, Dramatic, and Duo Interpretation selections must be presented from memory. Program Oral Interpretation must use a manuscript.

p. Monologues, prose, and poetry selections are acceptable in Dramatic, Humorous, and Program Oral Interpretation. In Duo Interpretation, if the selection is prose or poetry and contains narration, either or both of the performers may present the narration.

q. Artistic Plagiarism: Videos of previous final round performances and/or other video media are intended to provide educational examples for coaches and students. They are not intended to serve as a model to directly imitate or duplicate in performance. Although universal human emotions may lead to similarities in portrayal of characters, wholesale impersonation, including cutting, blocking, and/or interpretation (verbal and/or nonverbal portrayal of characters and text) of material of previous semifinal round, final round, and other video media performances is prohibited and grounds for penalty. Given the extent of the artistic plagiarism, the performance penalty may range from lowering the ranking in the round to disqualification (see page 123). It is the burden of proof of the individual filing the protest to provide documented evidence of the artistic plagiarism demonstrated in the performance. This includes providing access to the plagiarized video material and written verification of examples to substantiate the complaint.

r. Focus: In Dramatic, Humorous, and Program Oral Interpretation, use of focal points and/or direct contact with the audience should be determined by the requirements of the literature being interpreted.

s. Re-Use: A student may not use a cutting from a work of literature the student used in National Speech & Debate Association district or national competition in any previous contest year. A student entered in two events may not use the same selection of literature in both events.

t. UDCA Combined Interp Ballot

NSDA Interp Ballots for POI/HI/DI

**There is a set time limit of ten minutes, with a thirty second grace period**

**Humorous/Dramatic Interp/Program of Oral Interp (POI)::** Interps rely on the performer’s ability to portray one or more characters from a selected piece of literature that explores a story, argument, theme, etc.

In Dramatic/Humorous: They will take their cutting from only one source. No script to be held.

In POI: Each program must contain at least two of the three genres and students are encouraged to include all three. They must hold a binder/script in hand at all times.

Order	Label	Description	Speaker?	Min	Max
1	Cutting: Organizational	Is the storyline easy to follow	<input type="checkbox"/>		
2	Cutting: Originality	Does the speaker address a significant	<input type="checkbox"/>		
3	Cutting: Relatability	Can the audience relate to the topic	<input type="checkbox"/>		
4	Cutting for POI:	Were at least two of the three genres	<input type="checkbox"/>		
5	Characterization	Is each character well-developed	<input type="checkbox"/>		
6	Blocking/Movement	Can you tell what the performer is	<input type="checkbox"/>		
7	Physical Presence	Is the presenter comfortable and	<input type="checkbox"/>		
8	Vocal Presentation	Tone: Does the performer’s voice	<input type="checkbox"/>		

## Tabroom judging rubric (UHSAA/UDCA Specific)

**Ranking:** At the end of the round you will rank them 1-7, 1 being who did the best job based on their overall skill performance considering the following:

### Speech Evaluation Rubric

Skill	Explanation of Skill to be Demonstrated
Cutting	<p><b>Organization of ideas/plot:</b></p> <p>Is the storyline easy to follow and understandable?</p> <p>Is the central theme/argument to be made in the Interpretation clear and developed throughout the piece?</p> <p><b>Originality</b></p> <p>Does the speaker address a significant topic in a unique, inventive way?</p> <p><b>Relatability</b></p> <p>Can the audience relate to the topic? Is the delivery personable? Is the rhetoric of the piece inclusive/appropriate for age level?</p> <p><b>IF A POI also consider</b></p> <p>Were at least two of the three genres of literature (Poetry/Prose/Drama) used in the program?</p> <p>Did all of the literature contribute to the theme or argument?</p> <p>Was there a balance among genres in the performance?</p>
Characterization	<p>Is each character well-developed and relatable?</p> <p>Does a character's response seem believable given the situation being portrayed?</p> <p>Did the selection(s) have distinct and engaging characters?</p> <p>Did the performance match the genre ( did the performer emphasize poetic elements when performing a Poetry selection, Humorous, Dramatic)?</p>
Blocking/Movement	<p>Can you tell what the performer is doing in the scene and what character they are playing?</p> <p>Is the movement motivated by clear objectives/purpose?</p> <p><b>IF POI also consider:</b></p> <p>Did the performer maintain control of the manuscript/Binder at all times?</p>
Physical Presence/ Presentation	<p>Is the presenter comfortable and commanding in the space?</p> <p>Does the presenter's use of physicality, facial expression, and gestures enhance the performance?</p> <p>Does the presenter bring the words to life using effective techniques to convey appropriate emotion?</p>
Vocal Presentation	<p><b>Tone:</b></p> <p>Does the performer's voice align with the type of story/theme/genre?</p> <p>Does the presenter seem engaged in the literature?</p> <p><b>Articulation:</b></p> <p>Are the words clearly articulated and understood?</p> <p>Is volume/pace/inflection appropriately used throughout and effective in articulating the emotion of the text?</p>

## Article 8: : Internet/Electronic Device Usage

- A. Contestants may use electronic devices (including laptop computers, tablets, and/or cell phones) to access the internet during debate, congress and extemp prep with the following conditions:
- a.. Computers or other electronic devices may not be used to receive information for competitive advantage from non-competitors (coaches, assistant coaches, other non-competing students) inside or outside of the room in which the competition occurs. Information that would be restricted would include but not be limited to coach/non-participating competitor generated arguments, advice on arguments to run, questions to ask during cross examination, and other information not generated by the participating competitors in your round.
  - b.. Internet access may be used to retrieve files, exchange evidence and/or arguments, research arguments, and partner to partner communication, and communication between other participants in the round. These electronic device guidelines do not limit communication between debate partners during the debate round.
  - c. Penalty: Contestants found to have violated these provisions will be disqualified from the tournament and will forfeit all rounds and merit points in that event.
  - d. . Availability of Evidence: Contestants electing to use computers have the responsibility to promptly provide a copy of any evidence read in a speech for inspection by the judge or opponent. Printers may be used. Evidence may be printed in the round or produced electronically but must be provided in a format readable by the opposing team and the judge.
  - e.. In extemp, the internet may be used for research, access to article files, etc. In no way should they be accessing and using pre prepared speeches on topics.
  - f. Contestants electing to use computers are responsible for providing their own computers, batteries, extension cords, and all other necessary accessories. Tournament hosts will not be responsible for providing computers, printers, software, paper, or extension cords for contestants. Host schools may provide wireless internet access, but will not guarantee that contestants will be able to gain access when needed.
  - g. Contestants choosing to use laptop computers and/or related devices accept the risk of equipment failure. Judges and/or contest directors will give no special consideration or accommodation, including no additional speech time or prep time, should equipment failure occur.
  - h. By choosing to use electronic devices in the round, debaters and other relevant parties are consenting to give tournament officials the right to search their devices in the event of a protest. The device may only be searched by tournament officials and must be restricted to files and/or electronic exchanges relevant to the protest. Failure to comply would result in the upholding of the protest. Debaters and coaches should be present as their device is searched. Debaters who do not wish to consent should not use electronic devices in the round.



## UHSAA State Tournament Schedule

### Tournament Schedule

A: All tournament schedules will follow this schedule for State Tournaments. As always, tournaments may run ahead or behind scheduled times, but all efforts should be made to adhere to this schedule as much as possible.

Friday	1A Congress	Speech	Policy
3pm	Session 1	Extemp Prep 3:15	
3:30pm		Round 1	Round 1
4:30		Extemp Prep	
4:45		Round 2	
5:30	Dinner	Dinner	Dinner
6:00	Session 2	Extemp Prep 6:15	
6:30		Round 3	Round 2
8pm		Finals	

Saturday	3-6A Congress	LD/PF/SPAR	Policy
8am	Session 1 if 2+Houses Break at 10:30 for brunch		
8:30am	Session 1 if only one house Break at 11 for lunch		Round 3
9am		Round 1	
10am		Round 2	
11am	Session 2 if 2+ houses		Round 4
11:30am	Session 2 if only one house	Round 3	
12:30 pm		Lunch	Lunch
1:30pm		Round 4	Elim 1
2pm	Finals Session if 2+ houses		
2:45		Elim 1	
4pm		Elim 2	Elim 2 if needed
5pm		Elim 3 as needed	
6pm			Elim 3 if needed

B. Awards: 4:30pm

Awards Can be held while elim rounds are going, or pause last elims for awards and then resume, if desired and then give out awards in elim rounds.

C. Elim rounds 2-3 can be done virtually the following week at discretion of Tournament director and agreement of all teams/schools involved. The Tournament director will secure judges and arrange the virtual room and adjust tournament end dates and times in schedule accordingly.

## THEATRE Policies and Guidelines

### Preparing Your UHSAA Theatre Competition Team

1. Administrative Awareness & Play Royalties: Form 22 - All performance material for both individual events and plays must be approved by individual school principals who must sign Form 22. Form 22 must be submitted to the region and classification representatives at the same time as the royalty verification. This form is available on the forms page of the UHSAA website. Schools which fail to submit Form 22 may be subject to penalties imposed by the UHSAA.
2. Students must participate in an event at region to qualify for the state theatre meet in that event.
3. All participants must meet eligibility requirements as specified in the by-laws of UHSAA.
4. Any entry that uses post-high school participants or children below high school age will be disqualified.
5. All regions must have on file at the UHSAA offices a current printed copy of their region meet rules. These rules must follow UHSAA guidelines.
6. Regions must submit results to the UHSAA office and the state meet director by the deadline listed on the UHSAA calendar or within five days of the conclusion of the region meet, whichever is sooner.
7. For 4A, 5A, and 6A - No student may participate in more than one individual acting event at the state theatre meet (in addition to participating in the team One Act play).  
For 1A, 2A and 3A students may participate in Musical Theatre OR Pantomime and one of the four (4) other events (in addition to participating in the team One act) Students may NOT double enter in BOTH Musical Theatre AND Pantomime. Students may double enter in both the acting and tech competition if they follow the guidelines above. It is recommended that all region events be conducted using this same guideline.
8. All participating schools must use the same entry form to submit individual events and play information to their region representatives. Region representatives must use the same form to submit region information to the state representative.
9. Requests for rule changes must be made in writing and presented at the annual report made at the conclusion of the UACTT conference in July.  
Official rule and policy changes take 3 years to complete and implement. (At this meeting the classification and state theatre representatives will decide by consensus which initiatives will appear on a statewide ballot. Results will then be recommended to the UHSAA theatre committee who in turn will make recommendations to the executive committee. Refer to your UHSAA leadership for more information)
10. Definition Note: "PUBLISHED": To publish means to make a playscript or stage musical available for wide-spread public viewing and utilization. The traditional meaning of the word "publish" means to print media on paper for distribution.

### Preparing an Individual Events Team

1. Each school may enter no more than four entries in the following individual events:
  - A. Classical Scenes
  - B. Contemporary Scenes
  - C. Musical Theatre Scenes
  - D. Pantomimes
  - E. Humorous Monologues
  - F. Dramatic Monologues
 (Rules and procedures for each event are listed below)
2. Replacement actors for individual events are not allowed. If any member of an individual event becomes unavailable or ineligible to perform at the State Meet, the piece becomes disqualified.

3. Students participating in the one-act play category may also be entered in an individual event at the state meet.
4. No student may participate in more than one individual event (see item “a”) at the state and region meets. The only exception is that 1A, 2A & 3A schools may double-enter in the musical theatre or Pantomime event. (see above)
5. A participant may not use a cutting from the same dramatic or humorous monologue, pantomime, contemporary or classical scene, musical theatre piece or one-act play which he or she used personally in any previous year. This ineligibility extends beyond the actual words used in the scene, monologue or play. If one portion of an author’s work has been used by a participant or participants, that entire single work is ineligible for the rest of that participant’s or participants’ high school career. This ruling applies to the participant or participants only, and not to the school as a whole.

### Preparing for the UHSAA One Act Play Competition

1. Choose a play, get it approved by your administration and pay your royalties.  
Administrative Awareness & Play Royalties: Form 22 - All performance material for both individual events and plays must be approved by individual school principals who must sign Form 22. Form 22 must be submitted to the region and classification representatives at the same time as the royalty verification. This form is available on the forms page of the UHSAA website. Schools which fail to submit Form 22 may be subject to penalties imposed by the UHSAA.
2. Each individual school participating in the one-act play event at region and state must provide a letter and/or receipt of payment to show proof that royalty obligations have been met prior to the beginning of the performance. This letter and/or receipt must be collected by the region representative and forwarded to the classification representative for the region meet and collected by the classification representative for the state meet.
3. Each school may enter no more than one entry in the one-act play event.
4. A play may be from a multiple-act play, a musical play, or a one-act play. Original plays are also acceptable.
5. Students participating in the one-act play category may also be entered in an individual event at the state meet.
6. All participants must meet eligibility requirements as specified in the by-laws of UHSAA.
7. Any entry that uses post-high school participants or children below high school age will be disqualified.
8. Replacement for one single actor (male or female) in a state one-act play: When one actor in a state-qualifying one-act play is not able to participate, a replacement for that actor with another eligible actor from the school’s region team is permissible. The eligible replacement actor must:
  - a. Meet state academic eligibility requirements;
  - b. Have been submitted to the UHSAA on the original eligibility list PRIOR to the region meet;
  - c. Be reported to the region representative, classification representative, and meet director at least 24 hours prior to the performance of that piece at the state meet.
9. The meet director will be required to put a disclaimer in the one act play programs for appropriate material content. This disclaimer should also be posted in individual event competition areas.
10. Each play has a maximum of 60 minutes on stage.  
Within this time limit a play must set up, perform, strike, and be critiqued. The 60 minutes will begin as the play moves on to the stage and will officially end as the play leaves the stage back into a holding area. *Any technical preparation (ie. setting lights, testing sound, load-in, projections, etc...) counts as part of a school’s set-up time and is included in the 60 minutes allotted. Additionally, time is given for 2-3 technicians to silently observe the previous school run the technical equipment without being a distraction. This observation is not included in the 60 minute time limit.* If a play does not leave adequate time for a 10-minute critique in its 60 total minutes, it will forfeit the critique session.

11. All plays must perform for a minimum of 25 minutes (of the 60-minute limit) to be considered eligible for awards. This minimum does not include set up or take down time.
12. All One Act plays will be performed once for three judges. The same three judges will watch all entries.
13. If there is a question of student safety that arises for a One-Act Play, the school in question must provide documentation of approval from State Risk Management.
14. TIME PENALTIES: If a one-act play goes more than 30 seconds over or under the prescribed time limit, 35 points will be taken off of the team's sweepstakes score and the play becomes ineligible to place in the top 3. At the region level, this would also disqualify the play from advancing to state.

### PREPARING FOR THE STATE MEET

1. Each school participating in the state meet must qualify participants at a region meet following the rules and regulations outlined in the UHSAA handbook and yearbook.
2. Any contestant who misses a round or session of an event in the state theatre meet will not be eligible for a final rating or ranking.
3. There will be no entry fee charged at state meets.

### SANCTIONING ADDITIONAL INVITATIONALS (Not State or Region)

1. Regarding sanctioning of meets involving more than 4 schools, please refer to article VII of the UHSAA by-laws and section 15 of the Interpretations/ Guidelines portion of the UHSAA Handbook.
2. There may not be an entry fee of more than \$3.50 per student per day for any meet. A maximum of \$15.00 school entry fee per day may be charged for invitational meets if deemed necessary by the host school. Any exceptions must be approved by the executive committee of the UHSAA.
3. A contract is formed when participant entries are submitted to the state meet director and each "no-show" entry will be fined \$25.00. Invitational meets may also levy a \$25.00 fine for each "no-show" entry at UHSAA sanctioned events.

### CLASSICAL SCENES FROM PLAYS – 4 ENTRIES (up to 12 students)

#### What must it look like?

1. 2 – 3 participants per scene
2. 3 – 6 minutes long (if any narration is used it must be included in the time limit)
3. Scenes from published scripts written for the stage
4. Published prior to the year 1900
5. Costumes and hand props may be used but are not required.
6. All Classical Scenes must provide a source submission (play title, author and publishing company) to the meet director (ie. Region or State Representative) before competing. This is to ensure that all scenes are from published plays.
7. INTRODUCTIONS: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.

#### ALLOWED

- Published plays
- Original published texts
- Direct translations of original texts
- Costumes, hand props

#### NOT ALLOWED

- Vaudeville skits, television or film scenes about the time period but not written in the time period
- Adaptations of original texts
- Plays written after 1900 even if the author was writing before 1900 as well
- Large scenic elements

**CONTEMPORARY SCENES FROM PLAYS - 4 ENTRIES (up to 12 students)****What must it look like?**

1. 2 – 3 participants per scene
2. 3 – 6 minutes long (if any narration is used it must be included in the time limit)
3. Scenes from published scripts written for the stage
4. Published after the year 1900
5. Costumes and props may be used but are not required.
6. All Contemporary Scenes must provide a source submission (play title, author and publishing company) to the meet director (ie. Region or State Representative) before competing. This is to ensure that all scenes are from published plays.
7. INTRODUCTIONS: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.

**ALLOWED**

- Published STAGE plays
- Costumes, hand props

**NOT ALLOWED**

- Vaudeville skits, television or film scenes
- Original student written scenes or scenes from unpublished original work
- Large scenic elements

**MUSICAL THEATRE SCENES - 4 ENTRIES (up to 16 students)****What must it look like?**

1. 1 – 4 participants per scene
2. 2 – 6 minutes long (if any narration is used it must be included in the time limit)
3. Scenes from published scripts written for the stage
4. Scene must include sung vocal music
5. Costumes and props may be used but are not required.
6. Proof of permission to perform selections is no longer required.
7. INTRODUCTIONS: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.

**ALLOWED**

- Published scenes written for the stage
- The performers may use pre-recorded music or live music, but must provide their own accompanist or means to play recorded music or live music. Schools are no longer required to provide pianos for musical theatre rounds
- Each entry may have one person to run equipment for playing recorded accompaniment.
- Scene dialogue at the beginning or end of the song
- Costumes, hand props

**NOT ALLOWED**

- Works from film, poetry, fiction, or standard popular song lyrics are not permitted
- Back up tracks with back up vocals included in the tracks
- Acapella scenes are not allowed
- Large scenic elements

**HUMOROUS MONOLOGUES - 4 ENTRIES (up to 4 students)**

- 1 participant per monologue
- 2 – 6 minutes long (if any narration is used it must be included in the time limit)
- Monologues are one person taking the part or role of one character. The character speaks only one part, but can act or react as though other characters are present. All elements come through one character.
- A humorous monologue should be humorous
- A monologue can be from a published or an original work.
- Costumes and hand props may be used but are not required.
- INTRODUCTIONS: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.

**ALLOWED**

- Published STAGE plays
- Original student written monologues
- Unpublished monologues
- Costumes, hand props

**NOT ALLOWED**

- Large scenic elements
- Stand up comedy routines

**DRAMATIC MONOLOGUES - 4 ENTRIES (up to 4 students)****What must it look like?**

- 1 participant per monologue
- 2 – 6 minutes long (if any narration is used it must be included in the time limit)
- Monologues are one person taking the part or role of one character. The character speaks only one part, but can act or react as though other characters are present. All elements come through one character.
- A dramatic monologue should be dramatic.
- A monologue can be from a published or an original work.
- Costumes and hand props may be used but are not required.
- INTRODUCTIONS: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.

**ALLOWED**

- Published STAGE plays
- Original student written monologues
- Unpublished monologues
- Costumes, hand props

**NOT ALLOWED**

- Large scenic elements

**PANTOMIME – 4 ENTRIES (Up to 8 students)****What must it look like?**

- 1-2 participant per scene
- 2 – 6 minutes long
- Each scene must develop a complete sequence or story.
- INTRODUCTIONS: Introductions for pantomime include the title of the piece only.

**ALLOWED**

- All black clothing must be worn
- Pre-recorded, instrumental music only. *Sound effects are allowed as a part of the instrumental music recording.*  
(Performers must provide their own means to play recorded music)
- Each entry may have one person to run the music for them
- One acting block, stool or chair per participant
- Students are allowed to touch each other in pantomime
- The introduction must only be the title of the pantomime

**NOT ALLOWED**

- Costumes, mime makeup
- Lyrics in music
- Live musicians
- Scenic elements
- Mouthing of words is not allowed (except “ooh” or “aaah” as they accompany facial expressions)
- No verbal narrative or explanation is allowed in the introduction

### How Does a Student Qualify for State?

1. For 3A, 4A, 5A & 6A, at the region level, competitors receiving 60 points or higher, qualify to move on to state competition regardless of their rankings.
2. For 1A & 2A at the region level, competitors receiving 55 points or higher, qualify to move on to the state competition regardless of their rankings.
3. At the region level, all pieces that advance to the final medals round will automatically qualify for state, even if they did not receive 60 or more points from their previous rounds.
4. At the region level, the top 3 ranked play entries will qualify for state regardless of their cumulative points. In addition, the 4th place ranked play will qualify for state IF they are within 5 points of the third-place qualifying play. In the rare event of a tie for the 4th place play tie (two plays get the exact same score and are within the 5 points from the 3rd place play) both plays will qualify for state.

### Judging Individual Events at UHSAA Region and State Theatre

1. A judge CANNOT be any individual who has previously worked with any participant in a theatre coaching capacity. In addition, relatives of any participant, coach, student-teacher or teacher may not judge the competition in any capacity, even if they do not judge the student they are related to. Judges cannot have attended high school with any participants. If they are related to any one of the participants in the competition, they are ineligible to judge the entire competition.
2. All judges must be out of high school for at least 3 years before judging. In the event that sufficient judges that meet the requirements cannot be found due to the rural or remote location of the competition, judges who more recently graduated from high school can be used as long as they did not attend the high school of any of the participating schools with the permission of the region representative.
3. Any contestant who knowingly allows themselves to be judged by any of the ineligible judges listed above, without informing the meet directors shall be ruled ineligible.
4. A judges meeting will be held prior to each meet where rules and regulations will be reviewed with ALL participating judges by the meet director ONLY. The format and content of this meeting MUST follow the agenda found on the UHSAA website.
5. All individual event pieces will be performed for three different judges in three different rounds of approximately 6 (but no less than 4) pieces per round. If there are not enough entries to slate pieces in 3 rounds, you may put them all in one.
6. Individual event judges will be paid at any meet, \$100 per half day, or/and \$200 for a full day.
7. At the region level, it is suggested that the 3 One-Act judges be acquired by 3 different schools. A One-Act judge is not allowed to judge in the same region 2 years in a row.
8. A judge's final rating must be round numbers between 1 – 25 per round for individual events and 1 – 50 per judge for the One Act plays.
9. Once each piece in a round has performed, judges will need to rank each entry based off of their scores. Remember, rankings do not affect sweepstakes scores or prevent a student from advancing to the State Competition. Rankings MUST be in order of the total point scores. 1st Place must be awarded to the piece with the highest total point score, 2nd place must be awarded to the piece with the second highest total point score. In the event of a tied score, the judge will use their discretion in ranking. So, as an example in a preliminary IE round, a judge's set of scores may look like the following: 1st Place (25 points), 2nd (25pts), 3rd (22pts), 4th (19pts), 4th (17pts). A judge's set of scores CANNOT look like the following: 1st Place (23points), 2nd (25pts), 3rd (23pts), 4th (19pts), 4th (17pts). If a judge makes a rank/score error, meet directors should give ballots back to the judge to either change rankings, or justify a change in point totals to support the chosen ranking.



10. The top 5-8 ranked pieces in each individual event will participate in a final medals round. This will be determined in the following manner: a performance's 3 rankings will be totaled and the 5-8 pieces with the smallest total ranking are chosen for the final medals round. If a clear break cannot be determined to separate 5-8 pieces that will advance based solely on rank, the highest numerical scores can then be used as a tie-breaker. Meet director will determine that number in advance.
11. In the final medals round, 3 judges watch all 5-8 performances together. When all have performed, each judge, without consulting with the other judges, ranks the pieces 1-6 (any piece lower than 6 also receives a 6).
12. In the medals round, 1st, 2nd, and 3rd Place in each individual event will be determined by adding up the rankings given from all three judges in the medals round. The lowest cumulative ranking wins 1st Place, second lowest, 2nd Place, third lowest, 3rd Place. "In the event of a tie, the meet director will return to the highest cumulative scores given on the medals round ballots and add those numerical scores as an additional level of evidence for placing. Highest scores will break the tie. Ties will be rare, but can happen.
13. Any school that does not provide the specified number of judges for the State meet will be fined. It is highly recommended that regions follow this guideline as well.
14. If one-acts and individual events are held on separate dates, you must not reveal any results until after all results are in. For example, don't announce who won the one-act competition until you can announce who won sweepstakes.
15. In all theatre meets, a judge must never be alone with a competitor and must always have another competitor, performer, judge, time keeper, parent or observer present in the room for protection of both the judge and the student.
16. Adherence to the time limits and subsequent consequences for time violations shall be followed. Time limits and procedures are posted on individual ballots and will be dealt with in the tabulation room by the meet director.
17. TIME PENALTIES for Individual Events: If a piece goes more than 10 seconds over or under the allotted time limit, 7 points will be taken off of the team's sweepstakes score for each round this occurs in. In addition, if this happens in two or more rounds to the same piece, that piece becomes ineligible to qualify for final medals rounds or receive any sort of medal. At the region level, this would also make the piece ineligible to advance to State.
18. Clerical errors in results may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest on behalf of an entry to the UHSAA within that time period. 72 hours after the conclusion of the meet, results will stand.
19. All judging exceptions may be made in extenuating circumstances by consensus of meet directors.

### **Judging the One Act Play Competition**

1. All One Act plays will be performed once for three judges. The same three judges will watch all entries.
2. One-act play judges will be paid at any meet, \$100 per half day, or/and \$200 for a full day.
3. At the region level, it is suggested that the 3 One-Act judges be acquired by 3 different schools. A One-Act judge should not judge in the same region 2 years in a row.
4. Participants should be scored according to the quality of their performance. Each judge should score rank individually without consulting other judges.
5. If one-acts and individual events are held on separate dates, you must not reveal any results until after all results are in. For example, don't announce who won the one-act competition until you can announce who won sweepstakes.

6. Once every play has been performed, judges will need to rank each play based off their scores. Remember, rankings do not affect sweepstakes scores or prevent a play from advancing to the State Competition. Rankings MUST be in order of the total point scores. 1st Place must be awarded to the play with the highest total point score, 2nd place must be awarded to the play with the second highest total point score. In the event of a tied score, the judge will use their discretion in ranking. So, a judge's set of scores may look like the following: 1st Place (50 points), 2nd (50pts), 3rd (46pts), 4th (42pts), 5th (42pts), 6th (41pts), 6th (39pts). A judge's set of scores CANNOT look like the following: 1st Place (47points), 2nd (49pts), 3rd (46pts), 4th (44pts), 5th (35pts), 6th (36pts), 6th (35pts). If a judge makes a rank/score error, meet directors should give ballots back to the judge to either change rankings, or justify a change in point totals to support the chosen ranking.
7. Judge's will rank plays 1-6 (any piece lower than a 6 also receives a 6). 1st, 2nd, and 3rd Place in One Act plays will be determined by combining the rankings given by all three judges. Lowest combined ranking takes 1st Place, second lowest ranking takes 2nd Place and third lowest ranking takes 3rd Place (this is similar to the medal rounds for individual events). In the event of a tie, the meet director will return to the highest cumulative scores given and add those numerical scores as an additional level of evidence for placing. (Ties may still happen!).
8. Consequences for time violations shall be taken care of in the tabulation room by the meet director. Time limits and procedures are posted on individual ballots. TIME PENALTIES: If a one-act play goes more than 30 seconds over or under the prescribed time limit, 35 points will be taken off of the team's sweepstakes score and the play becomes ineligible to place in the top 3. At the region level, this would also disqualify the play from advancing to state.
9. Clerical errors in results may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest on behalf of an entry to the UHSAA within that time period. 72 hours after the conclusion of the meet, results will stand.
10. Play judges for state meets will be secured by the classification representative or designee prior to the respective state meet. The classification representative will determine the order of the play performances for the state meet. All requests for special consideration in one-act play performance placement must be submitted by the coach of the school to the classification representative no later than one week prior to the state meet.

## AWARDS

1. At the state level, any piece receiving 65 points or above will receive a medal.
2. Region certificates, medals and trophies are decided upon by the individual regions.
3. 1st and 2nd Place will be awarded trophies for sweepstakes at the state level.
4. Judges will select up to 6 individual performers/groups/designers from the one-act plays for Outstanding Performance awards. Possible awards include, but are not limited to: Outstanding Lead Actor/Actress; Outstanding Supporting Actor/Actress; Outstanding Cameo Performance; Outstanding Ensemble; Outstanding Student Design (costumes, sound, props, etc...); Outstanding Student Director; Outstanding Character Actor/Actress; Outstanding Student Playwright; et al.
5. At the state level, the top 3 ranked plays will receive 1st, 2nd and 3rd Place plaques. All plays will receive certificates based on their overall scores.
6. All individual event pieces that advance to the final medals round will receive a Superior medal regardless of their ratings in their first 3 rounds.

## HOW ARE SWEEPSTAKES POINTS TABULATED?

1. Each individual event entry will receive points based on their ratings, up to 25 points per event, per round. Therefore, because each piece is judged 3 times, each entry can receive a maximum of 75 points towards the team's sweepstakes score.
2. Each One Act entry will receive up to 50 points per judge, 150 points total, toward sweepstakes.
3. At the state level, only the school's top 3 highest-scoring pieces in all of their events (humorous monologues, pantomimes, etc) will count towards their sweepstakes score (in addition to the One Act score). Even though in some events, they could possibly have qualified and brought 4 pieces total, only the top 3 pieces will count towards the school's sweepstakes score. Therefore, at the state level, a perfect sweepstakes score would be 1500 points. At a Region meet, because all four pieces in each category from each school can be counted towards Sweepstakes, a perfect score would be 1950.
4. 1st and 2nd Place will be awarded for sweepstakes at the state level.  
**NOTE:** Make sure and deduct the appropriate time violation penalties as described in the individual event and one-act play "Time Penalties" sections above.

## THE TABULATION ROOM

### What does it look like?

1. The tab room at state meets must include the following personnel:
  - A. Meet Director
  - B. Tabulation room assigned and paid workers
2. **NO TEACHERS** are allowed in the tabulation room.