

3A·4A·5A

2010

STATE CHAMPIONSHIPS

# SWIMMING

UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION



Cover Photo: Kristin Murphy - Deseret News



**DAMON G. MILLER, PRESIDENT**  
170 South Main St., 6<sup>th</sup> Floor  
Salt Lake City, UT 84101  
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Fx: (801) 534-6008

**TODD VIERRA, AREA MANAGER**  
1986 North Main Street  
North Logan, UT 84341  
Ph: (435) 787-9850  
Fx: (435) 787-9844

Greetings High School Activities Fans and Fellow Utahans!

On behalf of U.S. Bank and Les Schwab Tire Centers, welcome to today's championship event! U.S. Bank and Les Schwab are proud to partner together as the premier partners of the Utah High School Activities Association and the title sponsors of the UHSAA/U.S. Bank /Les Schwab Tire State Championships.

Both U.S. Bank and Les Schwab have a long tradition of supporting the communities where our customers and employees live and work. U.S. Bank is the largest financial sponsor of high school athletics in the nation and Les Schwab has been supporting young people for over 57 years. We both know that our kids are our future and we are extremely proud to demonstrate this commitment in Utah, where 130 member high schools serve more than 82,000 students, both in and outside the classroom.

At U.S. Bank and Les Schwab, we believe that participation in organized activities helps our young people do better in school, learn valuable life skills like cooperation, leadership and teamwork, and become even stronger contributors to our communities. Not only are the UHSAA programs vital to the development of our kids, they are also vital to our community.

In closing, we would like to extend our sincerest congratulations to all of the athletes, coaches, families and fans here today - just by participating, each and everyone is a winner. We look forward to our continued partnership with you in support of Utah's youth.

Sincerely,

Damon G. Miller  
President  
U.S. Bank Utah

Todd Vierra  
Area Manager  
Les Schwab Tire Utah

# SWIMMING & DIVING 2010

## UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION



### CONTENT

3	Executive Officers	6	5A State Swimming Meet
3	Board Of Trustees	7	State Diving Meet
3	Executive Committee	8	Academic All-State
4	3A State Swimming Meet	9	Boys Swimming State Champions
5	4A State Swimming Meet	10	Girls Swimming State Champions

### EXECUTIVE OFFICERS

Chairperson .....Anthony Hall, Board of Trustees  
 Chairperson ..... Craig Hammer, Executive Committee  
 Executive Director .....Rob Cuff

Assistant Director ..... Bart Thompson  
 Assistant Director .....Becky Anderson  
 Assistant Director ..... Kevin Dustin

### BOARD OF TRUSTEES

Region 1 ..... Dean Oborn  
 Region 2 .....Terry Bawden  
 Region 3 ..... Rick Bojak  
 Region 4 .....Sherril Taylor  
 Region 5 .....Anthony Hall  
 Region 6 ..... Alama Uluave  
 Region 7 ..... Guy Fugal  
 Region 8 ..... J. Collin Allan  
 Region 9 ..... Craig Seegmiller  
 Region 10 .....John Hullinger  
 Region 11 ..... Jim Fuller  
 Region 12 ..... Robert Garlick  
 Region 13 .....Lex Chamberlain  
 Region 14 ..... Arlin Ovard  
 Region 15 ..... Tom Hales  
 Region 16 ..... Dale Lamborn  
 Region 17 ..... Norm Allred  
 Region 18 ..... Dennis Timm  
 Region 19 ..... Bill Boyle  
 Region 20 ..... Ted Chidester  
 1A Principal .....Robert Park  
 2A Principal .....Kent Larsen  
 3A Principal ..... Ken Adams  
 4A Principal ..... Paul Schulte  
 5A Principal ..... Steve Park  
 Davis District Addition ..... Jim Clark  
 USRF ..... Dixie Allen

### EXECUTIVE COMMITTEE

Region 1	Scott Tennis	Viewmont High School
Region 2	Scott Bushnell	Murray High School
Region 3	Paul Argyle	West Jordan High School
Region 4	Mont Widerberg	Alta High School
Region 5	Darrell M. Eddington	Box Elder High School
Region 6	Paul Schulte	Highland High School
Region 7	George Bayles	Timpview High School
Region 8	John Penrod	Maple Mountain High School
Region 9	Larry Bergeson	Dixie School District
Region 9	Kevin Garrett	Cedar City High School
Region 10	Paul Sweat	Wasatch High School
Region 11	Travis McCluskey	Grantsville High School
Region 12	Dean Fowles	Delta High School
Region 13	Doug Jacobs	Kanab High School
Region 14	Jerre Holmes	North Summit High School
Region 15	Bob Peterson	San Juan High School
Region 16	Robert Park	Tabiona High School
Region 17	George Bruce	West Ridge Academy
Region 18	Robin Nielson	Dugway High School
Region 19	Nolan Johnson	Green River High School
Region 20	Betty Ann Rember	Panguitch High School
USOE	Martell Menlove	State Office of Education





SWIMMING & DIVING 2010  
**3A STATE SWIMMING MEET**

# 3A swimming state meet

FRIDAY, FEBRUARY 5

6:00 PM.....COACHES MEETING  
 6:30 PM.....GENERAL WARM-UP FOR ALL SWIMMERS  
 7:30 PM.....TIMED FINALS FOR EVENTS 1, 2, 3 AND 4

SATURDAY, FEBRUARY 6

4:00 PM.....GENERAL WARM-UP FOR ALL SWIMMERS  
 5:00 PM .....NATIONAL ANTHEM  
 PRESENTATION OF DESERET NEWS ACADEMIC ALL-STATE  
 SWIMMING FINALS EVENTS 6, 7, 8, 9, 10, 11 AND 12  
 PRESENTATION OF AWARDS.....PRESENTATION OF USCA AWARDS  
 DESERET NEWS STATE TROPHIES



Photo: Deseret News - Tim Hussin

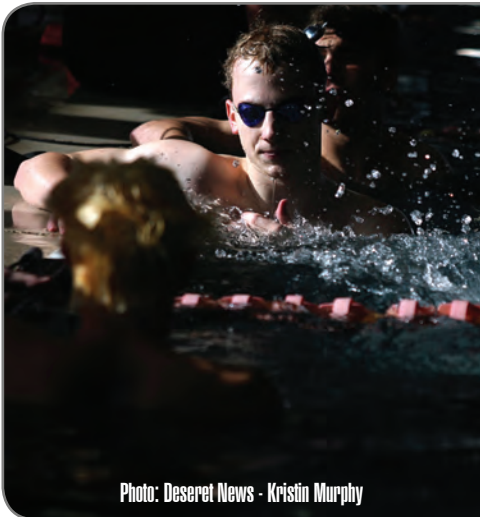


Photo: Deseret News - Kristin Murphy

MEET DIRECTOR:	JOE PEREIRA	
ANNOUNCER:	RUSS LAUBER	
REFEREE:	ROBYN PETERSON	
STARTER:	DAVID CRIMIN	
HEAD TIMER:	GLEN TAYLOR	
TIMING SYSTEM:	PATRICK PEREIRA	
COMPUTER:	BETTY PIZAC	
DECK OFFICIALS:	KRISTY BALLARD	ANNETTE BISHOP
	ADAM CALDWELL	JANET CHEVALIER
	ROBERT MORRIS	KRISTEN PEREIRA
	HOLLIE RAGLAND	
OVC:	CARRI OVIATT	WANE OVIATT
	TODD ROBERTS	BRIAN/CATHY VAUGHN
	KYLE WESTRA	
MEET COMMITTEE:	JOE PEREIRA	DAN MILLER
	LARRY SWIM	ROBYN PETERSON
	BECKY ANDERSON	

- | #  | EVENT                    |
|----|--------------------------|
| 1  | 200 yd Medley Relay      |
| 2  | 200 yd Freestyle         |
| 3  | 200 yd Individual Medley |
| 4  | 50 yd Freestyle          |
| 5  | Diving*                  |
| 6  | 100 yd Butterfly         |
| 7  | 100 yd Freestyle         |
| 8  | 500 yd Freestyle         |
| 9  | 200 yd Freestyle Relay   |
| 10 | 100 yd Backstroke        |
| 11 | 100 yd Breaststroke      |
| 12 | 400 yd Freestyle Relay   |



# SWIMMING & DIVING 2010

## 4A STATE SWIMMING MEET



# 4A Swimming state meet

FRIDAY, FEBRUARY 5

2:30 PM.....COACHES MEETING  
3:00 PM.....GENERAL WARM-UP FOR ALL SWIMMERS  
4:00 PM.....TIMED FINALS FOR EVENTS 1, 2, 3 AND 4

SATURDAY, FEBRUARY 6

10:00 AM.....GENERAL WARM-UP FOR ALL SWIMMERS  
11:00 AM .....NATIONAL ANTHEM  
PRESENTATION OF DESERET NEWS ACADEMIC ALL-STATE  
SWIMMING FINALS EVENTS 6, 7, 8, 9, 10, 11 AND 12  
PRESENTATION OF AWARDS.....PRESENTATION OF USCA AWARDS  
DESERET NEWS STATE TROPHIES



Photo: Deseret News - Jason Olson



Photo: Deseret News - Scott G. Winterton

MEET DIRECTOR: DAN MILLER  
ANNOUNCER: RUSS LAUBER  
REFEREE: ROBYN PETERSON  
STARTER: CORYANNE ARMSTRONG  
HEAD TIMER: CHARLIE ROBERTS  
TIMING SYSTEM: MELONY JONES  
COMPUTER: LIZ BELL  
RODGER BELL

DECK OFFICIALS: GLEN ANDRUS                      CHANIN GAMMILL  
KEN KIRKEBY                                  JUDY KIRKHAM  
WANE OVIATT                                  KEVIN RHODES  
LISA SIMMONS

OVC: ADAM CALDWELL                      CARRI OVIATT  
TERI RHODES                                  BRIAN/CATHY VAUGHN

MEET COMMITTEE: DAN MILLER                      JOE PEREIRA  
LARRY SWIM                                  ROBYN PETERSON  
BECKY ANDERSON

### TEAM SCORING

#### CHAMPIONSHIP FINALS

1ST ..... 20  
2ND ..... 17  
3RD ..... 16  
4TH ..... 15  
5TH ..... 14  
6TH ..... 13  
7TH ..... 12  
8TH ..... 11

#### CONSOLATION FINALS

9TH ..... 9  
10TH ..... 7  
11TH ..... 6  
12TH ..... 5  
13TH ..... 4  
14TH ..... 3  
15TH ..... 2





SWIMMING & DIVING 2010  
5A STATE SWIMMING MEET

# 5A Swimming state meet



Photo: Deseret News - Jason Olson

FRIDAY, FEBRUARY 12

3:30 PM.....COACHES MEETING  
4:00 PM.....GENERAL WARM-UP FOR ALL SWIMMERS  
5:00 PM.....TIMED FINALS FOR EVENTS 1, 2, 3 AND 4

SATURDAY, FEBRUARY 13

11:00 AM.....GENERAL WARM-UP FOR ALL SWIMMERS  
12:00 NOON .....NATIONAL ANTHEM  
PRESENTATION OF DESERET NEWS ACADEMIC ALL-STATE  
SWIMMING FINALS EVENTS 6, 7, 8, 9, 10, 11 AND 12  
PRESENTATION OF AWARDS.....PRESENTATION OF USCA AWARDS  
DESERET NEWS STATE TROPHIES

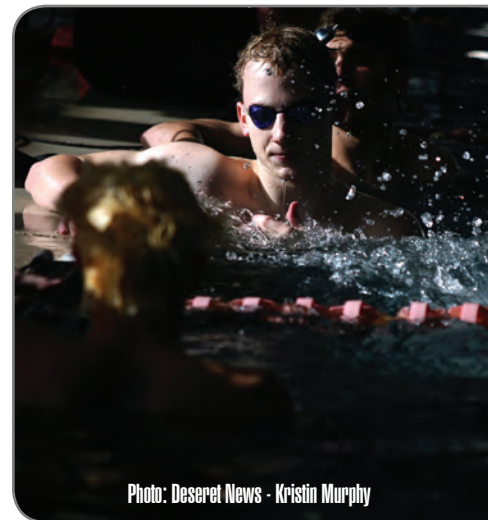


Photo: Deseret News - Kristin Murphy

MEET DIRECTOR: LARRY SWIM  
ANNOUNCER: DAN MILLER  
REFEREE: DEBBIE FLEISCH  
STARTER: KYLE WESTRA  
HEAD TIMER: LORI GATES  
TIMING SYSTEM: KATHY MCBRIDE  
COMPUTER: SHAUNA DURRANT  
LESLIE GARSO

DECK OFFICIALS: BRUCE BARCLAY JULIA GRAF  
MIKE JOHNSTON JO D O'NEAL  
SID TANNER SAM PAGE  
PAUL WELCH

OVC: CURTIS GRAF KEVIN GUY  
ROB MINER TODD ROBERTS

MEET COMMITTEE: LARRY SWIM DAN MILLER  
DEBBIE FLEISCH SHAWN MARSING  
BECKY ANDERSON

- | #  | EVENT                    |
|----|--------------------------|
| 1  | 200 yd Medley Relay      |
| 2  | 200 yd Freestyle         |
| 3  | 200 yd Individual Medley |
| 4  | 50 yd Freestyle          |
| 5  | Diving*                  |
| 6  | 100 yd Butterfly         |
| 7  | 100 yd Freestyle         |
| 8  | 500 yd Freestyle         |
| 9  | 200 yd Freestyle Relay   |
| 10 | 100 yd Backstroke        |
| 11 | 100 yd Breaststroke      |
| 12 | 400 yd Freestyle Relay   |





# STATE

# diving meet

THURSDAY, FEBRUARY 12

8:00 AM-9:00 AM.....WOMEN'S WARM-UP  
9:00 AM-11:00 AM.....WOMEN'S COMPETITION  
11:00 AM-12:00 NOON.....MEN'S WARM-UP  
12:00 NOON-2:00 PM.....MEN'S COMPETITION  
2:00 PM-2:30 PM.....COACHES MEETING

DIVING MEET DIRECTOR, JANET CHRISTENSEN





# SWIMMING & DIVING 2010 ACADEMIC ALL-STATE

## Deseret News

### 3A Girls Academic All-State

Mandee Miller	Ben Lomond
Davina Bosshardt	Emery
Mattie K. Bundy	Desert Hills
Veronica Hunsaker	Wasatch
Holly Hvidsten	Canyon View
Annie Knight	Richfield
Anna Moulding	Ben Lomond
Nikki Rogers	Emery
Emily White	Cedar City
Brescia Zachary	Wasatch

GPA: 3.962

### 3A Boys Academic All-State

Jake Clement	Emery
Colton Leavitt	Emery
Michael Chamberla	Richfield
Gabriel Campbell	Park City
Trent McLelland	Ben Lomond
Jordan Pinedo	Carbon
Wesley Roberts	Desert Hills
Roman Stead	Cedar City
Isaac Vincent	Juan Diego
Kyle Zortman	Canyon View

GPA: 3.957

### 4A Girls Academic All-State

Megan Wright	Box Elder
Tirzah Prince	Timpview
Rachelle Pope	Springville
Laura Mortenson	Sky View
Ashley Lee	Sky View
Rebecca Fitzgerald	Mountain View
Samantha Dischbein	Dixie
Rebecca R. Greene	Spanish Fork
Mariah Lohse	East
Rebecca Whitney	East

GPA: 3.998

### 4A Boys Academic All-State

Skyler Cowley	Mountain Crest
Hugh Miller	East
Jamison Gordon	Olympus
Daniel Parsons	Ogden
Ben Hopkins	Olympus
Tanner Gould	Bountiful
Calvin Clark	Springville
Ballin Parkinson	Spanish Fork
Luke Mirabelli	Highland
Kyler Hodgson	Bountiful

GPA: 3.999

### 5A Girls Academic All-State

Shandi Beckwith	Murray
Angela Bennion	Skyline
Malori Crossley	Roy
Nicole Harris	Brighton
Lauren Henrie	Viewmont
Samantha Hirschi	Jordan
Kaitlyn Lowder	Fremont
Shawna Meyer	Alta
Lynn Vu	Weber
Tiffany Bond	Alta

GPA: 4.0

### 5A Boys Academic All-State

Leland Broadhead	Hunter
Seth Huff	Kearns
Tyler Knighton	Syracuse
Mardi Mulia	Bingham
Chris Bailey	Lone Peak
Patrick Taylor	Lone Peak
Alan Brinkerhoff	Murray
John Peterson	Skyline
Skyler Peterson	Roy
Caden Taylor	Riverton

GPA: 3.997





# SWIMMING & DIVING 2010

## BOYS SWIMMING STATE CHAMPIONS



YEAR	5A	4A	3A
2009	Brighton	Springville	Ogden
2008	West Jordan	Springville	Ogden
2007	Skyline	Orem	Ogden
2006	Skyline	Murray	Logan
2005	Skyline	Logan	Judge Memorial
2004	Skyline	East	Judge Memorial
2003	Skyline	East	Judge Memorial
2002	Skyline	Cyprus	Tooele
2001	Skyline	Cyprus	Park City
2000	Taylorsville	Cyprus	Dixie
1999	Brighton	Highland	Cedar City
1998	Hunter	Highland	Cedar City
1997	Highland	Murray	Cedar City
1996	Brighton	Judge Memorial	Cedar City
1995	Brighton	Murray	Cedar City
1994	Brighton	Murray	Cedar City
1993		Brighton	Murray
1992		Brighton	Cedar City
1991		Brighton	Cedar City
1990		Brighton	Cedar City
1989		Skyline	Murray
1988		Brighton	Murray
1987		Brighton	Murray
1986		Brighton	Provo
1985		Brighton	Tooele
1984		Brighton	Tooele
1983		Brighton	Tooele
1982		Cyprus	Tooele
1981		Brighton	Cyprus
1980		Cottonwood	Cyprus
1979		Skyline	Cyprus
1978		Skyline	Cyprus

### YEAR .....CHAMPION

1977	Cyprus	1964	East	1951	Logan
1976	Cyprus	1963	Tooele	1947	Ogden
1975	Cyprus	1962	Tooele	1947	Ogden
1974	East	1961	Tooele	1944	Bear River
1973	Bountiful	1960	Tooele	1942	Granite
1972	Bountiful	1959	Tooele	1941	Granite
1971	Cyprus	1958	Tooele	1940	Granite
1970	Cyprus	1957	Tooele	1939	Granite
1969	Cyprus	1956	Tooele	1933	Granite
1968	East	1955	Tooele	1932	Granite
1967	East	1954	Granite		
1966	East	1953	Granite		
1965	Cyprus	1952	Granite		





# SWIMMING & DIVING 2010

## GIRLS SWIMMING STATE CHAMPIONS

YEAR	5A	4A	3A
2009	Skyline	Timpview	Judge Memorial
2008	Skyline	East	Park City
2007	Skyline	East	Judge Memorial
2006	Skyline	Timpview	Judge Memorial
2005	Skyline	Lone Peak	Judge Memorial
2004	Skyline	American Fork	Judge Memorial
2003	Skyline	Mountain Crest	Judge Memorial
2002	Skyline	Lone Peak	Park City
2001	Brighton	Lone Peak	Tooele/Cedar City
2000	Brighton	Murray	Cedar City
1999	Brighton	Lone Peak	Tooele
1998	Brighton	Lone Peak	Park City
1997	Brighton	Sky View	Park City
1996	Brighton	Judge Memorial	Park City
1995	Brighton	Murray	Cedar City
1994	Brighton	Murray	Cedar City
1993		Brighton	Judge Memorial
1992		Brighton	Cedar City
1991		Brighton	Murray
1990		Brighton	Murray
1989		Brighton	Murray
1988		Brighton	Murray
1987		Brighton	Murray
1986		Brighton	Springville
1985		Brighton	Springville
1984		Brighton	Provo
1983		Brighton	Murray
1982		Brighton	Timpview
1981		Cottonwood	Timpview
1980		Cottonwood	Cyprus
1979		East	Cyprus
1978		East	Cyprus
1977		East	
1976		East	





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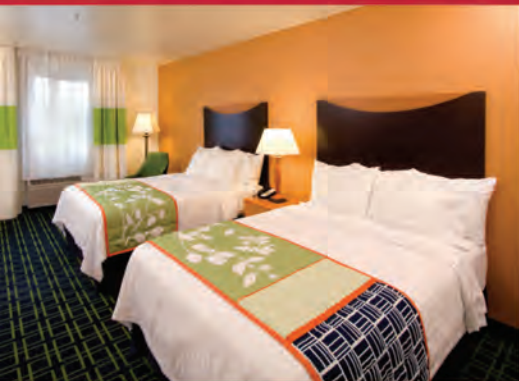
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School Championships...  
you'll cheer with **us**

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Greetings High School Activities Fans and Fellow Utahans!

On behalf of U.S. Bank and Les Schwab Tire Centers, welcome to today's championship event! U.S. Bank and Les Schwab are proud to partner together as the premier partners of the Utah High School Activities Association and the title sponsors of the UHSAA/U.S. Bank/Les Schwab Tire State Championships.

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In closing, we would like to extend our sincerest congratulations to all of the athletes, coaches, families and fans here today - just by participation, each and everyone is a winner. We look forward to our continued partnership with you in support of Utah's youth.

Damon G. Miller  
President  
U.S. Bank Utah

Todd Vierra  
Area Manager  
Les Schwab Tire Utah

# We're Going Green!

For the remainder of this school year, the UHSAA is going to try a new approach to state programs that will be both sensible and sensitive to the needs of our organization, patrons, participants and our ENVIRONMENT.

## The UHSAA is Going "ON-LINE"

- An electronic state program will be available in two different formats at [uhsaa.org](http://uhsaa.org).
- The Low Resolution Link (Web HTML Link): a smaller file, lower resolution.
- The Hi Resolution Link (Print-Ready PDF): large file, higher resolution.
- The Hi Resolution allows a keep-sake souvenir program to be printed at your home, office, or local print shop, without the pages of ads.
- The Low Resolution allows easy access for those who want to just browse.
- **Go to [uhsaa.org](http://uhsaa.org) and click on "STATE PROGRAMS."**

**"SWIMMING STATE PROGRAM" includes the 2010 State Diving Meet, UHSAA Academic All-State, Best On Record and Past Champions.**

