

NFHS SOCCER UNIFORMS

Front View



A GAME JERSEY

1. Home Team:
 - Dark color contrasting white
 - If gray is used, view the gray-color scale for specific information (https://www.nfhs.org/media/4119415/gray_color_spectrum_soccer_uniform.pdf)
2. Visiting Team:
 - Solid white
 - No colored trims
3. All jerseys shall worn in the manner the manufacture intended it to be worn.
4. All team members shall wear the same color and style of uniform.
5. Appropriate-sized manufacturer's logo allowed.
6. Only names, patches, emblems, logos or insignias referencing the school are allowed on the jersey.
7. GOALKEEPER'S jersey must be distinctly different in color from that of team members and the opposing team.

B FRONT - GAME JERSEY NUMBER

1. All jerseys, including the goalkeeper, shall be numbered. Numbers shall not be duplicated.
2. The number shall be at least 4 inches in height (jersey or shorts).
3. The color of the number shall contrast with the color of the jersey or pants and be clearly visible.

Back View



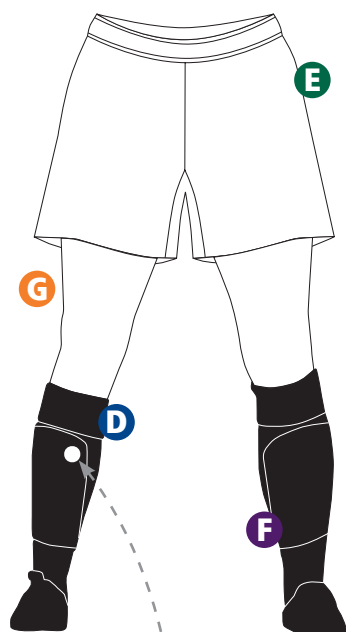
C BACK - GAME JERSEY NUMBER

1. All jerseys, including the goalkeeper, shall be numbered. Numbers shall not be duplicated.
2. The number shall be at least 6 inches in height.
3. The color of the number shall contrast with the color of the jersey or pants and be clearly visible.



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OTHER ITEMS



Manufacturer Certifies



D SOCKS

- Home Team:
 - Dark color contrasting white
 - Single dominant color
 - Does not need to match the jersey color
 - Both socks shall be the same color
- Visiting Team:
 - Solid white
- If tape or a similar material (Stays/straps) is applied externally to the socks above the ankle, it shall be a similar color of the sock.
- Manufacturer's logo on both sides of the socks is legal.
- The goalkeepers socks are not required to be the same color as their teammates, but different from the opposing teams.

E SHORTS

- May be of a color unlike that of the jersey. (**white shorts are not necessary with white jersey top**)
- May have an appropriately sized manufacturer's logo applied.
- Only names, patches, emblems, logos or insignias referencing the school are allowed on the shorts.
- The goalkeepers shorts or pants are not required to be the same color as teammates.

F SHINGUARDS

- Professionally manufactured.
- Age- and size-appropriate.
- Worn under socks.
- Worn with bottom edge no higher than 2 inches above the ankle.
- Must meet NOCSAE Standards at time of manufacture.
- NOCSAE seal and height range permanently marked on front of shinguard.
- May not be altered.

G UNDERGARMENTS: TIGHTS/LEG/KNEE & ARM SLEEVES

- If worn, similar length for an individual.
- Solid color, all alike for the team, if worn.
- Only names, patches, emblems, logos or insignias referencing the school are allowed on visible undergarments.

H HEAD COVERINGS

- Goalkeeper may wear soft-billed baseball-type hat or soft-billed visor.
- Soft-padded headgear is permitted.
- Medical or cosmetic required head coverings must be approved by state association.
- Religious required head coverings must be approved by the state association.

I MISCELLANEOUS

- Manufacturer's logo may not exceed 2¼ square inches or exceed 2¼ inches in any dimension.
- American flag may not exceed 2 inches by 3 inches.
- By state association adoption, commemorative or memorial patches placed on the jersey may not exceed 4 square inches.
- Armbands shall be worn on the upper arm by the team captain.
- Substitutes should wear distinguishing pinnies when warming up outside the team area.

HOME TEAM JERSEYS GRAY COLOR SPECTRUM CHART

Effective with the beginning of the 2021 Soccer Fall Season, the color gray and/or any other light colors being used for a home jersey, must meet the 70% shading of the main color being used in the jersey in order for it to clearly contrast with white.

